

NATL. AAU JR. 8-KILO X-C (& INT'L TRIALS) (Feb. 12, San Diego): Hal Schulz of Greenbrae and competing for West Valley TC, led his teammates to their second consecutive Jr. National title and qualified himself for the International Meet in Germany in March by placing third overall. Tim Holmes, next WVTC finisher, missed a spot on the team by only one place and five seconds. Rod Berry also placed in the top ten (10th). The top six spots earned trips to Germany: 1-Mark Spilsbury/Col 23:04, 2-Hunt/JT 23:10, 3-Schulz/WVTC 23:14, 4-Froelick/Tex 23:15, 5-Greer/Utah 23:25, 6-Fox/WVa 23:56, 7-Holmes/WVTC 24:01, 8-Trujillo 24:03, 9-Cotton 24:18, 10-Berry/WVTC 24:20, 11-G. Aguirre 24:26, 12-C. Assumma/RRR 24:27, 13-Pennrose/Az 24:34, 14-Bishop 24:39, 15-Young/GRR 24:40...19-Mike Van Horn/BC 24:51, 21-Greg Mandanis/WDS 24:55, 27-Joe Green/WVTC 25:12, 30-Harry Youkers/WVTC 25:19, 45-Boyd Tarin/WVTC 26:01, 49-Tom Schreck/WDS 26:11, 56-Danny Martinez/WDS 26:44, 75-Ray Wieand/WDS 29:02, 76-M. Jones/WDS 29:11...Teams: WVTC 2:02:06, Glendale Gauchos (Ariz.) 2:04:35, RRR 2:07:04, Goathill RR 2:07:05, Fullerton 2:08:21, SDTC 2:12:34, Woodside Str. 2:16:03. /Greg Mandanis & Ken Bernard/



Start of the PA-AAU 50-Mile Championships in Pine Grove (near Sacramento)...winner was Darryl Beardall (in Marin jersey near left of group) in 5:55:48. /Sue K. Perry/

IVANHOE 6-MILER (Feb. 12, Ivanhoe): 1-Gary Romesser/FPTC 28:53, 2-Carnahan/HSTC 29:12, 3-Higginbotham/HSTC 31:54, 4-Meyer/HSTC 32:23, 5-K. Hurst/WVTC 32:34, 6-Len Thornton/HSTC(40+) 32:54, 7-McPhail/Un 33:45, 8-Campbell/Un 33:46, 9-F. Delgado/Un(40+) 34:28. /3 Miles/ 1-Terry Taylor/HSTC 15:33, 2-R. Taylor/HSTC 15:48...Marcia Romesser/FPTC 19:19. /Dave Bronzan/

45:18, 6-Freyne 49:15, 7-Nieberlain 49:21, 8-G.Stansauk 49:36, 9-Smart 49:37.../46 finishers/. /Byron Richardson/

ALAMEDA COUNTY HEART ASS'N VALENTINE'S DAY RUNS (Feb. 13, Oakland): /5-Kilo/ (Open) 1-Paul Burke/DLSHS 15:31, 2-Fitzgerald/PMK 15:32, 3-Corona/Pinole 15:49, 4-Tucker/Okld 15:58, 5-Blasdel/Piedmont 16:02; (Masters) 1-Weggenmann/SF 17:12, 2-MacDonald/SF 17:14, 3-Austin/Berkeley 17:56; (Women) 1-Jenny Ray/Okld 19:42, 2-Salisbury/NGHS 19:48, 3-Bubanja/Piedmont 19:48; (Masters Women) 1-Jennifer Rogers/Berkeley 21:42, 2-E. Pedersen/SF 21:48, 3-Brieger/Berkeley 22:33. /10-Kilo/ (Open) 1-Brian Maxwell/Un 30:21, 2-Seaver/WVTC 30:41, 3-Wayne/NTC 30:47, 4-Thompson/Un 31:13, 5-Howell/Un 31:46; (Masters) 1-Ralph Bowles/WVJS 31:38, 2-Jensen/PMK 34:04, 3-McAbee/SF 35:36; (Women) 1-Roxanne Bier/SJC 35:05, 2-Way/Alameda 41:17, 3-Blankenship/SF 42:06; (Masters Women) 1-Ruth Anderson/NCS 41:32, 2-Carroll O'Conner/NCS 47:12.../1,183 finishers, both races/

SEASIDE MARATHON (TRAIL'S END) (Feb. 26, Seaside, Ore.): 1-Brian Maxwell/Nike TC 2:14:43 (PR), 2-John Bramley/Col 2:14:46, 3-Ron Wayne/Nike TC 2:17:59, 4-Zerzan/Ore 2:22:23, 5-Williams/Wash 2:22:50, 6-Devery/Ore 2:23:05, 7-Currie/BC 2:23:08, 8-Schamberger/BC 2:23:34, 9-Shaw/BC 2:23:45, 10-Manclark/Wash 2:24:17, 11-McIntosh/BC 2:26:27, 12-Tyson/Wash 2:27:26, 13-Skar/Wash 2:28:26, 14-Carter/Ore 2:28:48, 15-Oja/Ore 2:28:51, ... (other Calif. finishers) 56-Ron Medel 2:38:59, 62-Howard Labrie/SRRC 2:40:52, 71-Norm Secord 2:42:58, 96-James Rocha 2:48:44, 109-Bill Daniel 2:50:27, 120-George Crandall/SRRC(40+) 2:52:27, 144-Harry Cummins 2:55:49, 167-Keith Weaver 2:58:51, 177-Greg Davy 3:00:16, 189-Penny DeMoss/WVTC 3:02:35, 198-Bill Bednar 3:03:57, 206-Harold DeMoss/WVTC 3:04:31 (won husband/wife trophy with Penny), 209-Dick Gilchrist/SRRC 3:04:41, 228-Harold Tyvoll 3:08:13, 259-Bob Dickerson/SRRC 3:12:36, 261-Gerald Durrett 3:12:51, 282-Tom Meehl 3:15:12, 321-Michael Williams 3:19:21, 393-Chuck Ehlers/SRRC 3:27:05, 453-Alan Feuerwerker 3:33:32, 470-Keith Weaver 3:36:34, 479-Kit Fagan 3:37:49, 582-Joe Mendelsen 3:51:51, 793-Allen Schaad 4:43:12, 800-Maurice Gunderson 4:44:37.../808 finishers at least, with 808th at 4:47:33/ /Harold & Penny DeMoss/



NATL. AAU SR. 14-KILO X-C (& INT'L TRIALS) (Feb. 19, Alameda): Teams: AIA 92, Aggie RC 104 (only complete teams)...1-Michael Bordell/USAF-Colo. 42:47.8, 2-Tuttle/Tob 42:48.8, 3-Flanagan/CTC 42:55, 4-Sandoval/WVTC 43:15, 5-Wells/Un 43:43, 6-Wysocki/UNR 43:59, 7-Smead/AIA 44:02, 8-Jon Anderson/OTC 44:05, 9-Pfeffer/Un 44:17, 10-D. Waltmire/AIA 44:20, 11-Barbiracki/SFV 44:26, 12-Carnahan/HSTC 44:36, 13-Elk/USMC 44:39, 14-Smith/AIA 44:40, 15-Sutherland/Un 44:46, 16-Harms/AGRC 44:54, 17-Engel/BB 44:57, 18-Sweeney/AGRC 45:09, 19-Martinez/AGRC 45:17, 20-Woodward/Ore 45:18, 21-Rincon/DelawareSC 45:31, 22-Frickel/SFV 45:52, 23-Segura/NMTC 45:55, 24-Flores/AGRC 46:01, 25-Wayne/NTC 46:20.../43 finishers/ /DeCelle/

PA-AAU 50 MILE (Feb. 27, Pine Grove to Sacramento): - Veteran ultra-marathoner Darryl Beardall, 40, of Santa Rosa, held off a series of challenges by Don Choi, 28, of San Francisco, to win the PA-AAU 50-Mile Championship in 5:55:48, with second-place Choi at 5:59:59. Other finishers under seven hours were Bob Cooper (22) 6:04:19, Dave Cortez (19) 6:34:19, Ed Jerome (31) 6:35:48, Mike Souza (27) 6:45:23, Dean Metcalf (34) 6:56:57. Ruth Anderson (47), of Oakland, timed in 7:35:40, was the first woman finisher, taking 11th overall. Art Waggoner, 51, of Sacramento, won the men's masters division in 7:25:58. Top three teams were Woodside Striders "A", Buffalo Chips, and Woodside Striders "C". The Striders also collected the women's team trophy. The course was point-to-point over hilly terrain... (other finishers) 8-Mark Hoschler 7:10:10, 9-Dennis Letl/BC 7:24:13...12-Ralph Paffenbarger/NCS(40+) 7:39:42, 13-Jon Brown 8:22:09, 14-Phil Schaffner 8:30:49, 15-John Ellison 9:50:50, 16-Tommy Owen 9:50:53, 17-Karin Stok/WDS 10:00:20, 18-Peggy Stok/WDS 10:00:20, 19-Dave Ellison 10:00:30, 20-Brad Jacobs 10:00:30, 21-Skip Swannack/WDS 10:06:55, 22-Mike Ipsen/WDS 11:27:43, 23-Tony Stratohs 11:56+. /Paul Reese/

Mike Bordell leads Gary Tuttle on the way to a big win in the Sr. International X-C Trials in Alameda. /O'Rourke/

WASHINGTON'S BIRTHDAY RUN (Feb. 19, Ridgecrest): /8.0 Miles/ -- Places listed by 'fast time', not handicap position: 1-Mike Harrie 43:19, 2-Stansauk 43:51, 3-Richardson/WVTC 44:54, 4-Contreras 45:07, 5-Foose

PISMO CLAM FESTIVAL 5-MILER (Mar. 5, Pismo Beach): 1-Bob Nanninga/WVTC 26:13, 2-Beaton/SLDC 26:27, 3-Dabill/SCH 26:31, 4-Hansen/CP 27:04, 5-S.Dabill/SCH 27:36, 6-Lohse 27:40, 7-Hutchinson/CP 27:44...10-Gourley/CWTC 28:10, 13-John Perkins/LVDC (40+) 28:38, 63-Liz Bradley/CP 33:51.../131 finish/-Rosenfield

RECORD 192 TEAMS FINISH CHRISTMAS RELAYS (Dec. 19, Santa Cruz to Half Moon Bay): - The scene at the University of Santa Cruz resembled a miniature Bay-to-Breakers with the number of people running around. Entries of nearly 200 teams (7 persons each) made for a nearly fifth-percent increase over the previous year! Finally everything got started about ten minutes behind schedule, and the parade up the Coast Hiway began. Although records were not as abundant as in 1975 (when there was a tailwind), a total of six fell by the wayside (three legs and three divisional records). Benton Hart (Devlin's Falcons) of BYU completely annihilated Rich Kimball's year-old standard as he led off with a super-quick 48:15 over 10.052 miles (much of the first three miles is downhill, but still...). That chopped nearly a minute off the 1975 record, and dragged Emil Magallanes (48:45) and Eddie Cadena (49:01) under the old 49:09 clocking. Damon Wood managed the top time (23:34) on the 4.826-mile second carry, but fell way short of Fred Emerling's 1974 time of 22:50, the oldest mark of the relays. Huge chunks were taken from the old marks on the third and fourth legs by Pete Sweeney (26:39 for 5.477 miles) and Jim Nuccio (46:36 for 9.531 miles) respectively. The old records were 27:33 and 47:52 by Bob Bailey and Ron Wayne last year. Boyd Tarin (25:42 for 5.100 miles), Matt Yeo (23:35 for 4.507 miles) and Brian Maxwell (53:34 for 10.507 miles) had the fastest carries on the final three legs, all missing the 1975 records, held respectively by

George Stewart (24:15), Jim Warrick (22:31), and Terry Williams (50:24). The West Valley Joggers took apart the club record for masters as they clocked a strong 4:45:22, good enough for 29th place overall. The time was about two minutes below their 1975 time. A masters pickup team, composed mostly of WVTC'ers and calling themselves the Master-baters, clipped over ten minutes from the old divisional record with a quick 5:14:30. Only other standard that fell was the women's 'pickup' time, where Ophir Prison took off about 8 minutes with their 5:32:31. Members of the women's fastest team were: Pam Bast, Sally Edwards, Julie Mastain, Eileen Burger, Louise Adamson, Patty Kuphaldt, and Tina Anex. The men's team winner (overall) had Jack Bellah, Bill Seaver, Bill Spence, Jim Nuccio, Boyd Tarin, Doug Butt and Gerry Garcia. They were pressed most of the way by both the Aggie RC Pickups (4:15:43) and the Weedpatch Sniffers (4:16:24), managing to hold off repeated challenges with a final 4:13:52, well off their 1975 low of 4:07:45. Camino West (4:19:02), and a surprising WVTC Sub-Masters squad (4:20:27) took the next two spots, the latter team being composed of runners between 30 and 36. Things went smoothly during most of the race except for a few critical handoff points in Santa Cruz County when the CHP threatened to cancel the race if people didn't keep off the roadway (beyond the white bike-lane-line. For those of you who thought the threat was amusing, you might think better of pressing your luck next year, as the PA-AAU 30 Kilo was cancelled by the CHP midway through the race at Watsonville!! If everyone would use a little common courtesy and stay off the roadway unless actually running or accepting a handoff, we'd be a lot better off. We had to DQ a few teams for repeated violation of this rule. We'd welcome suggestions on how to alleviate the traffic...how about a staggered start next year (handicaps for various divisions?). If teams would try to bring a maximum of two cars to the start, that would also help, along with leaving the checkpoint area as soon as you drop your runner(s) off. But something has to be done (I doubt if we can ever impress the seriousness of the situation on the runners until it is actually cancelled some year). Let us hear from you now, while we have time to do a little planning...in five years we could have 400 teams if it keeps growing! We'd like to keep the same course if possible. *** Other Divisional Winners: Div. C (High School)--Carlmont H.S. 4:40:19; Div. G (Women's Club Team)--West Valley TC 5:33:45 (listed as 2nd in the results, before we found out the Ophir Prison team was actually 'pickup'; Div. D (Boy's Age-Group)--Arrow TC 6:10:09; Div. I (Masters Women)--NCSTC 6:19:26. --- Several other teams ran out of their division and screwed up the awards after they were handed out (we didn't discover this on raceday)...I think the rules are simple enough so that everyone should be able to figure out what division they are in. It doesn't matter whether it's plain cheating or just stupidity, but it makes things rough and unfair for everyone involved. Next year we may DQ teams that enter in the wrong division!!

*** Results: If you have not yet received a set of results from your 'team captain', get in touch...if you were on a pickup team and don't know your captain, send a stamped, self-addressed envelop for full results (no extra ribbons..they were mailed to captains with 7 sets of results). Sorry they took so long. It's been a busy few months with the Relays, the WV Marathon, and two NCR's, etc. Thanks for your patience. No splits are listed below since they are on the results sheet and take up an awful lot of extra space (I hope 36 pages is our limit!). Only the top 30 teams are listed: (Division letter follows team name). 1-WVTC/A 4:13:52, 2-AGRC 1st Graders/B 4:15:43, 3-Weedpatch Sniffers/B 4:16:24, 4-Camino West/A 4:19:02, 5-WVTC Sub-Masters/A 4:20:27, 6-Solano-Napa '71/B 4:29:06, 7-AGRC Kindergarteners/B 4:28:28, 8-Weedpatch Sniffers"B"/B 4:29:57, 9-Excelsior TC/A 4:31:13, 10-No Team Name/B 4:34:54, 11-SWEAT/A 4:35:04, 12-Chico RC/A 4:35:47, 13-Tamalpa/A 4:36:04, 14-'7 Times As Bad'/B 4:36:07, 15-Trojans+2/B 4:36:53, 16-Pamakids/A (DQ'd) 4:38:03, 17-Buffalo Chips/A 4:38:20, 18-Carlmont H.S./C 4:40:19, 19-Bonanno's Bunch/B 4:40:29, 20-Los Gatos Pacers/B 4:40:38, 21-Camino West "B"/A 4:40:39, 22-Sundance TC/A 4:41:20, 23-Desperados/B 4:42:19, 24-WVTC "B"/A 4:43:17, 25-Woodside Str./A 4:43:34, 26-Cruzers/B 4:43:45, 27-Ophir Prison Inmates "A-1"/A 4:44:43, 28-Mission San Jose HS/C 4:45:09, 29-West Valley J&S/E 4:45:22, 30-Pama Pickups #1/B 4:48:17.../192 teams finished/. *** T-SHIRTS: We had a lot of requests for T-shirts after we ran out and so we went and ordered 12 dozen more, but we still have 10 dozen!! How come nobody wants them? Next year we will not re-order after the race if we run out, as we get stuck with them. If you would like a shirt, please send \$3.50 (includes postage) to the NCCR & specify your size(s). Thanks for helping us unload our stock. /Jack Leydig, Bill Benz/



(Left) An Ophir Prison 'pickup' team were the "Fastest Foxes" at the Xmas Relays, upsetting a WVTC team, but missing the course record set in 1975. /Sue Perry Photo/ Gerry 'Geronimo' Garcia anchored the WVTC "A" Team in defending their title, although also shy of the 1975 standard. /L. Rorke/

TARIN UPSETS SWIFT FIELD AT CALIFORNIA '10' (Jan. 8, Stockton): - Running perhaps the best competitive race of his life, WVTC's Boyd Tarin, only 18 years of age, stormed to a very fast 50:21 clocking over the certified 10-mile Stockton road circuit. Not only was his time impressive, but his method of winning (strong last few miles) over favored competition was outstanding. In his wake he left Pepsi 20-Mile champ Pete Flores (50:28), Canadian Marathon champ Brian Maxwell (2:14 at Seaside) (50:41), and sub-2:20 marathoner Carl Swift (51:09). Roland Watson (51:58) was top sub-master in fifth place. Tarin led his teammates to an easy victory, as all scoring members (5) finished in the top 13 slots. Ross Smith set a new masters mark (54:58) in having a spirited battle with 50-plus Jim O'Neil (51:11). Another record was broken in the 13-15 age-group by John Marden, who went the distance in a quick 55:39. The women were led by Ophir's Sally Edwards, whose 64:28 was also a new course standard. Teri Hagerty of the sponsoring Sundance TC was next at 65:56, with teammate Karey Robinson following (66:33). Of a total of 314 finishers, over one-third of that group clocked under 60 minutes (108 of 'em!!). Temperatures were around 40 with no wind. /Frank Hagerty/

1-Boyd Tarin/WVTC	50:21	18-Gonzalo Aguilar/BC	53:39	35-Harry Youkers/WVTC	55:10	52-Jim Bowles/WVTC	56:41
2-Pete Flores/AGRC	50:28	19-John Swift/Downey HS	53:45	36-Richard Stiller/TRAC	55:11	53-Armando Zuniga/PBP	56:43
3-Brian Maxwell/Unat	50:41	20-Doug Butt/WVTC	53:48	37-Jim O'Neil/SFOC	55:12*	54-Roger Bryan/TRAC	56:46*
4-Carl Swift/AIA	51:09	21-Ron Newstadt/SHAPE	53:51	38-David Muela/ETC	55:13	55-Bob Myers/PMK	56:47
5-Roland Watson/WVTC	51:58	22-David Parish/WVTC	53:53	39-Chuck McMillian/Un	55:27	56-Ray Menzie/WVTC	56:52*
6-Fred Emerling/Un	52:14	23-Bob Miller/CWTC	53:54	40-Jake White/TRAC	55:31	57-Mike Souza/BC	57:16
7-Jim Sane/BC	52:21	24-Dave Vellequett/Un	53:57	41-John Marden/Un	55:39	58-Michael Healy/MH	57:19*
8-Al Hernandez/WVTC	52:25	25-Greg Mandanis/WDS	54:08	42-Kevin Hanson/Un	55:50	59-Jeffrey Wall/Un	57:23
9-Randy Sturgeon/WVTC	53:09	26-Bob Coulson/ARJC	54:19	43-Michael Gulli/Un	55:51	60-Gary Alderman/PMK	57:26
10-Steve Brooks/SHAPE	53:11	27-Frank Krebs/BC	54:26	44-Jan Makowski/SUND	55:55	61-Steve Thompson/BC	57:28
11-John Clary/TRAC	53:19	28-Frank Lemus/Un	54:30	45-Doug Rennie/BC	55:56	62-Jim Holben/WVTC	57:30
12-Pat Buzbee/SHAPE	53:22	29-Michael Conroy/ETC	54:33	46-Brian Bonner/LVRC	55:57	63-Frank Turner/Un	57:31
13-Jack Bellah/WVTC	53:23	30-Martin Qualle/Un	54:34	47-Robert Ogg/BC	55:58	64-Jim Cook/Un	57:31
14-Ron Hogland/CWTC	53:24	31-Kurt Vineyard/Un	54:35	48-Terry Hughes/Un	55:59	65-Joe Davis/DelCampHS	57:32
15-Tom Burns/Un	53:26	32-Stan Winkley/Un	54:39	49-Chris Martin/BC	56:15	66-Howard Iseri/Un	57:33
16-Bruce McInturf/Un	53:28	33-Ross Smith/WVJS	54:58*	50-Jeffrey Romiquiere/Un	56:19	67-Brian Mumera/SacTC	57:37
17-John Weidinger/ETC	53:35	34-Chris Munoz/SUND	55:00	51-Rich Matthews/Tamalpa	56:25	68-Mike Rowerdink/SUND	57:39

69-Keith Crowder/SUND	57:42	80-Ricky Buck/SUND	58:18	91-Mark Gallo/BC	59:00	***WOMEN***	
70-Edwin Jerome/TRAC	57:45	81-Rodger Stordahl/Un	58:19	92-Will Lovelace/PMK	59:05	171-Sally Edwards/Ophir	64:28
71-Kevin O'Connor/Un	57:53	82-Rick Browning/PBP	58:20	93-Mike Boitano/Un	59:06	190-Teri Hagerty/SUND	65:56
72-Brent Cushenbery/BC	57:54	83-Frank Custino/SUND	58:31	94-Eric Munoz/PBP	59:12	195-Karey Robinson/SUND	66:33
73-Joe Delgado/Un	57:55	84-Hoyt Walker/LVRC	58:36	95-Bruce Rider/WVJS	59:15	203-Kathy Way/Un	67:21
74-Chris Hamer/WVTC	57:56	85-Ed Peterson/Un	58:38*	96-Bryan March/Un	59:16	212-Debbie Hickman/SUND	68:16
75-Jack Betschart/BC	57:59	86-Steve Simpson/WVTC	58:40	97-Michael Loeffler/SHAPE	59:17	215-Ruth Anderson/NCS	68:55*
76-William Peck/Bakfld	57:59	87-Aaron Goldman/AGRC	58:44*	98-Roy Scellato/TRAC	59:18	222-Karen Pascoe/SUND	70:10
77-Terry Muller/TRAC	58:00	88-Larry Pugh/Un	58:45	99-Todd Bird/Un	59:18	229-Karen Diekmeyer/SUND	71:12
78-Ken Harrey/Un	58:05	89-Mike Raffanti/SUND	58:55	100-Tim Rostege/WVTC	59:19	234-Holi Himenes/WDS	71:35
79-Bill Catanese/Un	58:10	90-Frank Delgado/Un	58:56*	101-Ed Stromberg/BC	59:22	236-Peggy Stok/WDS	71:39

SERSHEN AND GUTHRIE TAKE DAISY HILL VICTORIES (Jan. 9, Rohnert Park): - Jan Sershen and Kent Guthrie blazed to pretty much solo victories in the 13.5 and 6.75-mile Daisy Hill runs. The Pacifica photographer who runs for Excelsior TC missed Ron Wayne's 1976 course best of 1:12:14 but still sped to a 1:13:16 with his nearest competition over a half-mile back at the tape (Pat Miller was runnerup in 1:16:51, edging out Ron Kunst's 1:16:59). Meanwhile, in the shorter low-key race, Kent Guthrie made a shambles of Bill Jensen's forty-plus record of 37:20, set in last year's race. His 34:58 was also good enough to win the race by almost a minute from Armand Moreno (35:49), who set a high school record while taking second. Judy Gumbs-Leydig clipped just over a half-minute from Caron Schaumburg's 1:31:49 time of two years ago with her 1:31:14. Today Caron finished as second woman, but some eight minutes slower than her old mark. In a tight masters race, Bob Malain (1:25:59) was a fairly comfortable winner over newcomer Colin Hermans (1:26:51) and James Jacobs (1:26:57). A total of 151 finished the twin races through hilly terrain near Sonoma State University under the able direction of Bob Lynde. Top finishers in both races follow. *(Bob Lynde/)*

1-Jan Sershen/ETC	1:13:16	11-Leo D'Acquisto	1:21:13	21-Larry Pugh	1:25:48	31-Dan Goodwin	1:29:32
2-Pat Miller/Un	1:16:51	12-Mike Cole	1:22:35	22-Robert Malain/NCS	1:25:59*	32-Dennis Doris	1:29:32
3-Ron Kunst	1:16:59	13-Gene Schaumburg/ER	1:23:10	23-Colin Hermans	1:26:51*	33-Gough Reinhardt/LVRC	1:29:49*
4-Hersh Jenkins/ER	1:17:41	14-Edward Lee	1:23:34	24-James Jacobs/NCS	1:26:57*	34-Craig Roland	1:30:35*
5-Danny Martinez	1:19:18	15-Jim Engle	1:24:10	25-Lee Damron	1:27:19	35-Tom Clancy	1:30:35
6-Danya Kasapliligil	1:19:39	16-Bill Posedel	1:24:20	26-Jack Hermann	1:28:06	***WOMEN***	
7-Roger Scott	1:20:00	17-Jim Howard	1:24:28	27-Dave Royal	1:28:11	36-Judy Gumbs-Leydig/WV1	1:31:14
8-Ken Scalmanini/PMK	1:20:41	18-Eric Peterson	1:24:45	28-Agostino Tarantino	1:28:42	56-Caron Schaumburg/ER	1:39:45
9-Mike Plummer/Chabot	1:20:51	19-Tim Chavez	1:24:51	29-Jack Ball	1:28:58	64-Irene Rudolf/WVTC	1:43:50
10-Glenn McCarthy/ER	1:21:12	20-Jesus Garcia	1:25:06	30-James Delaughter	1:29:10	67-Kim Daniels	1:44:06
1-Kent Guthrie/WVJS	34:58*	6-Jeff Smith	37:18	11-Frank Paula	38:36	16-Earl Norgard	41:37*
2-Armand Moreno	35:49	7-Rudy Balli	37:33	12-Ron Kesecker	39:18	17-Bill Flodberg/WVJS	43:01*
3-Mike Smith/PMK	36:37	8-David Sjostedt/VMTC	37:44	13-Tom Robinson	40:17	***WOMEN***	
4-Joseph Mouille	36:42	9-David Black	38:05	14-Colin Templeman/NCS	41:31*	35-Recesca Simmie	50:12
5-David Kruger	37:02	10-Fred Kenyon/VMTC	38:31	15-Jeff Jahn/VMTC	41:37	39-Donna Crowley	52:54



Bill Seaver, happy winner of first annual S.F. Zoo Run in 19:38. */Zoo News/*

HUGE FIELD SHOWS FOR ZOO RUN (Jan. 16, San Francisco): - Although it wasn't on the LDR Schedule and had only a short two-month notice to our subscribers, the word must have gotten out sufficiently, as nearly 600 started the newly-organized 4-mile road run. The fact that the Champagne Marathon drew nearly 400 didn't seem to make much difference...the DSE Double Muni Pier Race didn't have a lack of participants either (probably 300+). Bill Seaver cruised to an easy 16-second victory over Jan Sershen, as the WVTC'er averaged just under 4:55 per mile for the distance. Kent Guthrie repeated his victory of the previous week with a super-quick 20:41 to take his division by a full two minutes. Anne Hamilton of the Millbrae Lions was first woman across in 25:44, disposing of ultra-marathoner Skip Swannack, who clocked 26:21. No other divisions or award categories were on the results sheet. Following is a goodly number of the finishers. */Norm Gerahenz/*

13-Frank Goss/Fairfield	21:20	38-Ted Fehlhaber/BHS	23:21	63-Peter Nowick/CCSF	24:25
14-Michael Conroy/ETC	21:28	39-Ralph Gowen/WVTC	23:21	64-Tom Martz, Jr./DSE	24:26*
15-Terry Casey/ETC	21:40	40-Jeff Houston/Cal Ski	23:23	65-Raoul Kennedy/Un	24:32
16-Edward Lee/LVRC	22:01	41-Evan MacBride/BC	23:25	66-George Wortham/Un	24:33
17-Steven O'Brien/PMK	22:05	42-Keith Hastings/Un	23:29	67-Leeland Chu/Un	24:33
18-Bill Sevald/Un	22:19	43-Tom Masterson/DSE	23:32	68-Robert McCarty/Un	24:33
19-Hashim Bashiruddin/Un	22:20	44-Roy Scellato/TRAC	23:33	69-Thomas Tuite/Un	24:34
20-Mike Coke/GPPMB	22:22	45-Harvey Ferrill/Un	23:39	70-David Innes/Un	24:34
21-Erik Sausjord/Westmr	22:32	46-Chris Schenone/Un	23:40	71-Richard Clymer/Un	24:41
22-Neil Berg/Un	22:33	47-Russell Cotten/DSE	23:41	72-Mark Zembsch/Un	24:45
23-Ralph Worthington/Un	22:35	48-Allen Stanbridge/Un	23:42	73-Allan Berrin/Un	24:53
24-Paul Rice/MarinCath	22:40	49-John Foley/Orinda RR	23:43	74-Joseph Schieffer/Un	24:54
25-Robert Cushen/NCS	22:41*	50-Lee Schear/Un	23:47	75-Tim Crowley/Un	24:54
26-Michael Heim/DSE	22:43	51-Norman Boyd/JTC	23:51	76-Raymond Watts/SFS	24:56
27-Paul Horsfield/Un	22:46	52-Grady Wright/Un	23:53	77-Charles Conradi/Un	24:56
28-Don Capron/Tamalpa	22:49	53-Gerald Flynn/DSE	23:53	***WOMEN***	
29-Paul Weggenmann/Un	22:51*	54-James Jacobs/NCS	23:57*	100-Anne Hamilton/MLTC	25:44
30-Karl Machschesfes/Un	22:51	55-David Kornek/Un	24:03	115-Skip Swannack/WDS	26:21
31-Imre Hamer/SFS	22:53	56-Doug Yost/Un	24:06	131-Teresa Gilbreath/MLTC	26:56
32-Tom Mann/ETC	22:59	57-Stephen Baker/DSE	24:07	132-Liz Brown/MLTC	26:56
33-Philip McCarty/Un	23:07	58-Darrell Jeong/ETC	24:08	137-Patricia Brown/MLTC	26:59
34-Karal Bernd/Un	23:13	59-Michael Eshia/CCSF	24:14	144-Susan Bugler/MLTC	27:19
35-Marco Martin/PMK	23:18	60-David Wong/ShamrockTC	24:21	151-Nancy Pannell/PHHS	27:28
36-John Spriggs/Un	23:19	61-Allan Wells/Un	24:21	154-Colleen Fox/PMK	27:30
37-Leo Ruiz/Un	23:20	62-Thomas Aldana/Un	24:22	157-Eva Leong-Casey/ETC	27:34

STANFORD CARDIOLOGIST IN EASY "PAUL MASSON" VICTORY (Jan. 16, Cupertino): - Dr. Paul Thompson, a 29-year-old cardiologist at the Stanford Hospital, took it easy for the first five miles, then stepped up the pace dramatically by some 30-40 seconds per mile and was never headed as he maintained a one-mile gap he had established at about 15 miles. His 2:29:13 will be an automatic course record, as this is another new course with most of the hills removed. Joe McDevitt overtook teammate Jack Leydig in the last half mile after having to stop several times for the 'call of nature' in route, finishing strongly for a 2:35:32, 20 seconds to the good on third place. Mike Healy set a PR in running up an easy victory in the over-40 division, besting Tom Pierce, 2:47:55 to 2:56:18. Penny DeMoss dipped under three hours to an unchallenged victory over Arleen Mears (2:59:14 to 3:19:52). A good turnout



(Left) Start of the Paul Masson Champagne Marathon was cool and overcast, making for some quick starts just to keep warm. (Right) Stanley Forster of the Paul Masson Wine Cellars offers a drink of champagne to reluctant winner, Dr. Paul Thompson. /Photos by Sue K. Perry/



caused this to be the most successful Champagne Marathon to date, with a record (we think) 331 finishers. For comments on an official's fun-filled day working the course, see this issue's "Guest Editorial" by Joe Henderson. Below are listed all finishers below 3:10, as well as the top six women. /Dan O'Keefe/

1-Paul Thompson/Unat	2:29:13	25-Keith Mastin/Un	2:52:27	49-Don Dugdale/Un	2:58:16	73-Scott Allen/Un	3:06:11
2-Joe McDevitt/WVTC	2:35:32	26-David Bartholomen/Un	2:54:42	50-Jim Yaniglos/Un	2:58:51	74-Richard Mueller/Un	3:06:28*
3-Jack Leydig/WVTC	2:35:52	27-Joe Maher/Tamalpa	2:54:45	51-David Grennier/MerTC	2:58:52	75-Thomas Freeman/Un	3:06:29
4-Ted Quintana/WVTC	2:41:04	28-John Dressler/Un	2:54:58	52-Ed Price/SoqTC	2:58:55	76-Danny Moon/CY	3:06:57
5-Jim Bowles/WVTC	2:41:43	29-Douglas Rodamer/Un	2:55:35	53-Penny DeMoss/WVTC	2:59:14	77-Timothy Treacy/SFOC	3:07:03*
6-Michael Gulli/Un	2:42:06	30-Bruce Campbell/NPGS	2:55:50	54-Gil Hernandez/Un	2:59:20	78-John Sullivan/Un	3:07:09
7-Robert Myers/PMK	2:42:08	31-Harold Crangle/Un	2:55:53	55-Dana Bural/WVTC	2:59:20	79-William Lovelace/PMK	3:07:20
8-Burt Davis/SBAA	2:43:44	32-Lloyd Sampson/Un	2:55:55	56-Rudy Palli/LHS	2:59:32	80-James Rader/CLXRC	3:07:26
9-Richard Herzog/Un	2:44:49	33-Ken Takao/SUND	2:55:56	57-John Clary/Un	2:59:43	81-John Ulate/TRAC	3:07:26
10-Jeffrey Wall/Un	2:45:05	34-Ronald Sova/Un	2:56:02	58-Jake White/TRAC	2:59:44	82-Tom Marqua/Un	3:07:44
11-Dennis Anderson/Un	2:45:31	35-Jim Myers/Un	2:56:10	59-Alan Chesterman/Un	2:59:58	83-John Flather/TRAC	3:08:22*
12-Chris Hamer/WVTC	2:45:35	36-Tom Pierce/PMK	2:56:18*	60-David Paiva/Un	3:00:20	84-Nick Granados/Un	3:09:04
13-Santos Reynaga/WVTC	2:46:15	37-Herbert Butler/Un	2:56:21	61-Jeff Porto/MoreauHS	3:00:46	85-David Collins/Un	3:09:20
14-Glenn Pruitt/PMK	2:46:44	38-Robert Breeding/Un	2:56:24	62-Roger Bryan/TRAC	3:01:05*	86-Harry Blank/Un	3:09:27*
15-Mike Chastaine/WVTC	2:47:44	39-Dennis Kroll/Un	2:56:33	63-Malcolm Singer/Un	3:01:26	87-Mike Snedden/Un	3:09:37
16-Unknown Runner	2:47:44	40-Dwight Hendrix/Un	2:56:37	64-Jay Cook/Un	3:02:32	88-Ronald Kovacs/TRAC	3:09:40
17-David Fuller/HR	2:47:51	41-Brian Waterbury/SLDC	2:56:48	65-Bob Jeffery/Un	3:02:49	89-Tom Bales/WDS	3:09:53
18-Michael Healy/MH	2:47:55*	42-Richard Szekeres/BC	2:57:00	66-Jim Holben/WVTC	3:02:56	***WOMEN***	
19-Larry Sellers/Un	2:49:19	43-Allen Flemming/Un	2:57:14	67-Dan Hintz/WVTC	3:02:58	53-Penny DeMoss/WVTC	2:59:14
20-Michael Souza/BC	2:50:02	44-Mike Rowerdink/SUND	2:57:19	68-Rich Castro/CoITC	3:03:21	136-Arleen Mears/Un	3:19:52
21-Bob Paredes/CAMWST	2:50:13	45-Craig Harms/BGSU	2:57:20	69-Don MacIntosh/Un	3:03:26*	193-Virginia Collins/SLD	3:35:53*
22-John Armstrong/Un	2:51:06	46-Bob Alexander/IHS	2:57:36	70-Ed Dally/WVTC	3:04:18*	228-Valerie Reneau/Un	3:46:50
23-Gordon Stewart/Tam	2:51:48	47-Jim Blank/Un	2:57:40	71-Michael Fenner/Un	3:05:29	229-Cynthia Olavarri/Un	3:46:52
24-Ted Wilson/KJ	2:52:22	48-Andrew Lewis/Un	2:57:48	72-Phil Sanfilippo/WVJ	3:05:29	236-Priscilla Myers/PMK	3:50:40

MAXWELL WINS 20-KILO; GUMBS-LEYDIG & BOWLES SET NEW DIVISION RECORDS (Jan. 23, Portola Valley/Woodside): - Canadian Brian Maxwell showed good form in taking this year's version of the PA-AAU's 20-Kilo Championships in 63:01, but Jon Anderson's record of 61:34 (set in 1972 on a somewhat longer course) remained untouchable. Jim Nuccio ran with Maxwell up to the chute, but then failed to cross the finishline because he was not officially entered (we think?). Tony Sandoval also ran somewhere in the top five or so places, but unofficially. Bill Seaver had to kick hard to hold of teammate Bill Clark for second place in a fast 63:59, only three seconds in front. Times were generally fast with 16 under 68 minutes and 31 under 70 minutes! Ralph Bowles just edged ahead of Jim Shettler's 1976 course record of 69:12 by four seconds. Peggy Lyman's 79:57 time from 1974 also tumbled, when Judy Gumbs-Leydig sped to a 78:16, an average of 6:18 per mile. Peggy, second today, has returned to good form as she was also under her old mark with a 79:27. The runnerup in the masters men's division was ageless Ross Smith, only 18 seconds behind Bowles. Ruth Anderson was easily the masters women's winner at 1:28:35, ahead of Barbara Carlson's 1:35:49. West Valley TC defended its titles in both Sr. Men's & Women's team races, while the Pamakids and NorCal Seniors won the masters' equivalents. A good turnout of 267 (finishers) completed the 12.4 miler in warmish sunny weather. /Harold DeMoss/

1-Brian Maxwell/Un	1:03:01	18-Bob Darling/ETC	1:08:18	35-Richard Lenon/Un	1:10:59	52-Edward Lee/LVRC	1:14:12
2-Bill Seaver/WVTC	1:03:59	19-Daryl Zapata/WVTC	1:08:22	36-Tim Swezey/PMK	1:11:09	53-Peter Wood/NCS	1:14:15*
3-Bill Clark/WVTC	1:04:02	20-Doug Butt/WVTC	1:08:26	37-Wayne Glusker/WVTC	1:11:12	54-Bert Johnson/LVRC	1:14:40
4-Jan Sershen/ETC	1:04:16	21-John Sheehan/WVTC	1:08:31	38-Fred Frauens/Tamalpa	1:11:27	55-Richard Ratliff/Un	1:14:43
5-Matt Yeo/WDS	1:05:19	22-Greg Mandanis/WDS	1:08:43	39-Donald Day/Un	1:11:32	56-Ted Wilson/KJ	1:14:48
6-Al Hernandez/WVTC	1:06:01	23-Jake White/TRAC	1:08:51	40-Greg Jewett/PMK	1:11:40	57-Brent Cushenbery/BC	1:14:52
7-Mike Niemiec/WVTC	1:06:16	24-John Weidinger/ETC	1:09:03	41-Marc Lund/WVTC	1:12:01	58-Robert Wellek/Mont.	1:15:01
8-Roland Watson/WVTC	1:06:31	25-Francis Mason/Un	1:09:05	42-Danny Martinez/WDS	1:12:12	59-Mike Wheeler/Un	1:15:19
9-Denis O'Halloran/Un	1:06:38	26-Jim Howell/Un	1:09:06	43-David Cortez/WDS	1:12:12	60-Ed Jerome/TRAC	1:15:47
10-Bob Cooper/WDS	1:07:06	27-Ralph Bowles/WVJS	1:09:08*	44-Jesus Garcia/Un	1:12:27	61-Steve Deschler/PMK	1:15:51
11-Stacy Geiken/WDS	1:07:06	28-Bruce Wolfe/WVTC	1:09:12	45-Roger Bryan/TRAC	1:12:34*	62-Don MacDonald/PMK	1:15:54*
12-Paul Thompson/Un	1:07:18	29-Bruce Degen/Tamalpa	1:09:25	46-Don Flaten/Un	1:12:39	63-Tim Rostege/WVTC	1:16:00
13-David Elcer/Un	1:07:27	30-Ross Smith/WVJS	1:09:26*	47-Ray Menzie/WVTC	1:12:46*	64-Tom Mann/ETC	1:16:08
14-Clark Rosen/PMK	1:07:38	31-Mike Conroy/ETC	1:09:51	48-Michael Coke/GPPMB	1:13:17	65-Bob Malain/NCS	1:16:10*
15-John Routh/WDS	1:07:46	32-Kim Schaurer/Tamalpa	1:10:35	49-Clifford Stewart/PMK	1:13:21	66-Walt Basinger/PMK	1:16:12
16-Jack Leydig/WVTC	1:07:55	33-Mike Eash/ETC	1:10:39	50-Michael Duncan/WVTC	1:13:51	67-Steve Robinson/LVRC	1:16:26
17-David Muela/ETC	1:08:10	34-Ron Kunst/Tamalpa	1:10:51	51-Bob Myers/PMK	1:13:58	68-Mark Merry/WDS	1:16:38

69-Phil Sanfilippo/WVJS	1:16:39	79-Mike Brown/Un	1:18:04	89-Don Capron/Tamalpa	1:19:23	92-Peggy Lyman/WVTC	1:19:27
70-Don Dugdale/Un	1:16:40	80-Eric Munoz/Un	1:18:13	90-James Jacobs/Un	1:19:25*	108-Joan Ulyot/WVTC	1:21:24
71-Joel Caldwell/Un	1:16:44	81-Judy Gumbs-Leydig/WV1	1:18:16	91-Bill Lovelace/PMK	1:19:26	110-Kathy Himmelberger/WV1	1:21:40
72-Marcus Jones/WDS	1:16:51	82-Ed Dally/WVTC	1:18:23*	92-Peggy Lyman/WVTC	1:19:27	113-Louise Adams/Un	1:21:53
73-John Flather/TRAC	1:16:58*	83-Evan MacBride/BC	1:18:50	93-Jack Wiley/PMK	1:19:29	138-Skip Swannack/WDS	1:25:50
74-Mike Fenner/Un	1:17:19	84-Tom Robinson/DSE	1:18:55	94-Lenny Stein/Un	1:19:35	142-Kathy Way/Un	1:26:16
75-Ray Wieand/WDS	1:17:35	85-Marco Martin/PMK	1:18:56	95-John Ulate/TRAC	1:19:45	143-Pam Bast/Un	1:26:17
76-Harry Nothacker/Un	1:17:52	86-Leo Ruiz/Un	1:19:01	96-Allan Stanbridge/Un	1:20:00	160-Ruth Anderson/NCS	1:28:35*
77-Bill Catanese/Un	1:17:58	87-Gary Nielsen/Un	1:19:10	***WOMEN***		171-Irene Rudolf/WVTC	1:29:56
78-Don Roth/WVTC	1:17:58	88-Orval Osborne/WVJS	1:19:21	81-Judy Leydig/WVTC	1:18:16	182-Barbara Bike/Un	1:31:14

INNES IN TRINIDAD BEACH WIN (Jan. 29, Trinidad): - Humboldt State's Gordon Innes took this very popular Humboldt-area race (364 finishers this year!) in a fine 41:47...I'm not sure what the record is, but this was a couple of minutes better than Ron Elijah's winning time of last year. Ken Hammer was runnerup in 42:10, with Scott Peters a short distance back at 42:14 before a quarter-mile gap to the next place. Three top area high school runners had a super battle for that spot, as all came across within five seconds of each other...Dan Smith outleaned Carl Maxon by a second (45:23), with Glen Borland at 45:28...Jerry Wise also got into the prep act with an in-contention 46:36. Dick Gilchrist, back from his sabbatical, easily whipped Lenny Escarda for the masters honors, 49:51 to 51:22. Sue Grigsby shows she's improving at the longer distances as well as on the track with her big win over Marilyn Taylor, 52:51 to 54:42. Both were under the old record for women. /Dick Meyer/

1-Gordon Innes/HSU	41:47	19-Greg Davy	46:44	37-Phil Martien	49:11	55-Dave Swezey	50:58
2-Ken Hammer	42:10	20-James Harper	46:51	38-Joe Wesp	49:14	56-Don Ross	51:03
3-Scott Peters	42:14	21-Rick Smith	46:55	39-John Lilygren	49:19	57-Jerry Swartsley/SOS	51:08
4-Chris Speere	43:28	22-Bundy Phillips	47:12	40-Tom Hayes	49:29	58-Russ Knudsen	51:09
5-Chris Cole/HSU	43:34	23-Mark Elias	47:27	41-Russ Trytek	49:32	59-Jeff Hughart	51:12
6-Hersh Jenkins/ER	43:54	24-Jim Mansoor	47:37	42-Bob Bunnell	49:46	60-Paul Studer	51:13
7-Jerry Tucker/HSU	44:20	25-Bill Estes	47:45	43-Steve Romero	49:49	61-Tony Bettencourt	51:17
8-Dewayne Little	44:22	26-Stuart Scholl	47:53	44-Greg Johnson	49:51	62-Lenny Escarda	51:22*
9-Paul Heidi	44:38	27-Rich Brown	48:00	45-Rich Gilchrist/SRRC	49:51*	63-Craig Rose	51:22
10-Harry Cottrell	45:01	28-Gerry Searcy	48:05	46-Lyn Aase	50:10	***WOMEN***	
11-Scott Claypoole	45:08	29-Bert Van Duzer	48:09	47-Paul Peterson	50:18	88-Sue Grigsby/HSU	52:51
12-Mike Smith	45:11	30-Richard Welch	48:13	48-Mark Jennings	50:21	110-Marilyn Taylor/HSU	54:42
13-Ron Elijah	45:16	31-Dick Look	48:38	49-Craig Muir	50:23	131-Jane Wooten	57:20
14-Dan Smith	45:23	32-Wayne Arrison	48:48	50-Dick Meyer/SRRC	50:27	154-Marcy Dennison	59:03
15-Karl Maxon	45:24	33-Wayne Moss	48:56	51-Dave Thompson	50:32	173-Muneca Alcorn	60:39
16-Glen Borland	45:28	34-Rick Dewey	49:00	52-Bill Daniel	50:35	179-Jane McGrath	60:58
17-Matt Church	46:06	35-James Rocha	49:06	53-Mike Phillips	50:44	189-Jacquelyn Yapp	61:34
18-Jerry Wise	46:36	36-Mike Williams	49:10	54-Bill McCarthy	50:56	201-Jerry Elijah	62:37

ENGLISHMAN WINS PEACH BOWL PACERS 10-KILO (Jan. 30, near Marysville): - Dave Murphy, an English freshman at the University of Nevada at Reno, took the rolling hills and loose footing to his liking and came away with a solid victory over the likes of Pete Flores, among others. His 32:20 was just 20 seconds off the one-year-old mark set by San Joaquin Delta JC's Henry Perez. Had he more competition, the record might have gone, as Flores was some 49 seconds arrears. Roy Hognlund was another 7 seconds back, with high-schooler Tom O'Neil another 10 seconds behind. Kent Guthrie is making no bones about going after the NCCR LDR Masters Point Trophy for 1977, as he added another victory, crushing teammate Ross Smith's challenge by nearly two full minutes, 34:42 to 36:35. Smith's 36:19 record fell in the process. Sally Edwards' 41:26 was a mere two seconds under Diane Williams' record from last year, and she had good competition from Stacey Kearns, who did a fine 41:46. A whopping record 230 finished. /Ed Williams/



Mob scene at the start of the Peach Bowl Pacers 10K. /Bob Magnetti/

1-Dave Murphy/Nev-Reno	32:20	20-Stan Suderow/SolanoJC	35:19	39-Jack Betschart/BC	36:25	58-Peter Hanson/Ophir	38:03
2-Pete Flores/AGRC	33:09	21-Mike Smith/PMK	35:20	40-Rich Matthews/Tamalpa	36:29	59-Ken Takao/SUND	38:04
3-Roy Hognlund/CAMWST	33:16	22-Joe Domek/Un	35:21	41-Ross Smith/WVJS	36:35*	60-Eric Munoz/Un	38:08
4-Tom O'Neil/BC	33:26	23-Dan Martinez/WDS	35:23	42-Walt Schafer/ChicoRC	36:54	61-John Riddle/BC	38:15
5-Robert Cooper/WDS	33:50	24-Dave Cortez/WDS	35:24	43-Mickey Brodie/GDI	36:57	62-Larry Pugh/Un	38:21
6-Mike Emry/Un	34:09	25-Chris Hamer/WVTC	35:27	44-Berry Rounds/PBP	36:59	63-Robert Malain/NCS	38:23*
7-Bradley Brown/SUND	34:10	26-Richard Stiller/TRAC	35:30	45-Fred Arndt/St.Mary's	37:06	64-Joe Davis/Un	38:26
8-Rich Vasquez/DVTC	34:13	27-Frank Krebs/BC	35:36	46-Mark Seaman/Un	37:14	65-Chuck Schwartz/Un	38:28
9-Jon Higley/WVTC	34:23	28-Jeff Cowling/Un	35:39	47-Bob Woodliff/WVJS	37:15	66-Guy Ealey/AGRC	38:29
10-Robert Kuhn/Nev-Reno	34:39	29-Ray Castro/WDS	35:46	48-Walt Lange/BC	37:25	67-Larry Summer/BC	38:30
11-Pete Gaul/BC	34:40	30-Mark Magee/Un	35:48	49-John Mullin/DVTC	37:29	***WOMEN***	
12-Mike Bregante/SUND	34:41	31-Ave Underwood/BC	35:50	50-Chris Karis/SUND	37:38	108-Sally Edwards/Ophir	41:26
13-Kent Guthrie/WVJS	34:42*	32-Armando Zuniga/PBP	35:56	51-Paul Holmes/BC	37:39*	111-Stacey Kearns/PBP	41:46
14-Malcolm Maxwell/BC	34:44	33-James Logan/SUND	35:57	52-Robert Felsch/Un	37:40	125-Merrill Cray/ChicoRC	43:12
15-Mike Sophie/Solano JC	34:45	34-Tim Jordan/BC	35:59	53-Rich Antal/Un	37:41	133-Eileen Burger/AGRC	43:42
16-Mike Plummer/Chabot JC	34:50	35-Chuck McMillian/COM	36:03	54-Michael Coke/GPPMB	47:44	153-Peggy Stok/WDS	45:54
17-Mike Wright/Solano JC	34:59	36-Frank Goss/Un	36:06	55-Joe Ogden/DVTC	37:47	161-Karen Pascoe/WDS	46:44
18-Garry Green/BC	35:04	37-David Mineau/ChicoRC	36:15	56-Rick Browning/PBP	37:48	173-Maria Gutierrez/SUND	48:14
19-Bob Miller/CAMWST	35:08	38-Doug Rennie/BC	36:22	57-Dana Burall/WVTC	37:55	177-Regina Silva/SWEAT	48:30

FURTADO DEFENDS WOODSIDE 5-MILER TITLE--SETS RECORD (Feb. 6, Woodside): - WVTC's Sharon Furtado, winner of the 1976 NCCR Women's Point Trophy, took off quickly (5:20 first mile or thereabouts) and was never headed in cruising to a 29:07, taking 31 seconds off her 1976 record. Judy Leydig was some quarter-mile behind, but still ran a very commendable 30:17 ahead of teammate Peggy Lyman's 30:27. Ruth Anderson led the masters competitors in this 'women only' race with a fine 33:18, with Ruth Waters next at 36:04... Jeanie Kayser-Jones' presence was missed. A total of 142 finishers was a bit more than Penny DeMoss, the meet director, had bargained for and more awards had to be made, as all finishers got equal home-made 'DeMoss Designs' awards...next page. /P. DeMoss/

1-Sharon Furtado/WVTC	29:07	14-Terry Schneider	34:38	27-Teresa Vandiver	36:00	40-Celeste Scanlon	37:37
2-Judy Gumbs-Leydig/WVTC	30:17	15-Elizabeth Brown	34:38	28-Christiane Jackson	36:01	41-Judith Seiders	37:40
3-Peggy Lyman/WVTC	30:27	16-Patricia Brown	34:42	29-Ruth Waters/NCS	36:04*	42-Sandra Vaur	37:40
4-Penny DeMoss/WVTC	30:55	17-Susan Bugler	34:43	30-Carroll O'Conner/NCS	36:09*	43-Lorraine Jacobs	37:49
5-Joan Ulyot/WVTC	31:02	18-Louise Burns	34:44	31-Margaret Audley	36:12	44-Susan Laird	37:58
6-Kathy Himmelberger/WV	31:28	19-Annette Mungai	34:53	32-Devera Mason	36:13	45-Daphne Dunn	38:06
7-Skip Swannack/WDS	32:39	20-Peggy Stok/WDS	35:00	33-Pauline Vasquez	36:52	46-Sharon Fitzpatrick	38:14
8-Kathy Way	33:01	21-Barbara Pike	35:00	34-Leigh Gracey	37:08	47-Ann Cunningham	38:18
9-Ruth Anderson/NCS	33:18*	22-Robbe Tognotti	35:05	35-Martha Markle	37:10	48-Lydia Zele	38:19
10-Janet Calmels	33:48	23-Ellen Clark/WVTC	35:19	36-Jenny Platt	37:10	49-Hilary Bray	38:20
11-Victoria Blankenship	33:57	24-Helen Baushey	35:40	37-Miriam Gerard	37:19	50-Laurie Bangert	38:21
12-Jenny Ray	34:35	25-Camille Lee	35:44	38-Jamie Lynch	37:22	51-Cecelia Smith	38:23
13-Theresa Gilbreath	34:37	26-Mary Gaffield	35:47	39-Karen Himenes	37:36	52-Beth Ramos	38:25



(From Left) Ed Schelegle now has third-fastest winning time on West Valley Marathon course behind Mejia and Kardong with his fine 2:18:44. Tom O'Neil just missed Mitch Kingery's prep best with a 2:24:32. His father, Jim, raced to an age-51 best and together they teamed up to smash their father-son record by over 16 minutes. Judy Gumbs-Leydig set a big PR with her 2:53:49. Louise Adamson moved into second on the all-time Canadian list (only a minute off the record) with her 2:58:50. *All photos by Marcconi except far right by Lani Bader/*

SCHLEGLE GETS QUICK PR AT WEST VALLEY MARATHON; RECORDS FALL (Feb. 13, San Mateo): - Perfect conditions prevailed for the first 15 or so miles of the 7th Annual West Valley Marathon with super-thick, cooling fog keeping temperatures in the low-50's. But the sun finally burned away the protective layer, however, not before many PR's were set on this typically fast course. Ed Schelegle of UC Davis was an easy winner by over three minutes as he recorded the fastest winning effort since Don Kardong clocked a 2:18:05 back in 1972 (discounting Doug Schmenk's 2:15:48 during the Nationals in 1973 on this same course). Eddie Cadena was next in 2:21:54, and come-backing 33-year-old Gary Goettelmann grabbed third with a fine 2:22:24. The top seven runners ran to their best times ever, and it was like that all the way down the line. Tom O'Neil's 2:24:32 narrowly missed Mitch Kingery's prep record (set on this same course in 1973). He teamed up with his father, Jim, who set an age-51 best (2:35:48), to lower their own father-son best to an amazing 5:00:20. Jim was also the first master across the line, with Roger Bryan chopping quite a few minutes from his best-ever to come in second at 2:38:50. Judy Gumbs-Leydig took about 3-1/2 minutes from her previous best with a 2:53:49 and setting a course record in the process (old mark was 2:55:17 by Judy Ikenberry in the 1974 Women's Nationals). She and her husband Jack teamed up (with his 2:35:38) for another record, lowering the husband-wife combination to 5:29:27 from the previous best of 5:38:56 (by Dave & Kathy Himmelberger here last year)...if anyone knows of a better mark, please let us know. West Valley TC defended their team title by clocking 7:10:03 between Goettelmann, Fritz Watson, and Mike Niemiec...just a few minutes off the course record for teams. Excelsior TC & the Buffalo Chips grabbed the next two team spots. Just about everything went well, especially people's times...nearly 30% of all those who finished were under 3 hours! Full splits, certificates, and photos are currently being worked on and will be mailed out shortly (preliminary results without splits may be had by sending a stamped, self-addressed envelope to the NCCR). Thanks to all the 60-70 selfless people who helped to make this race the success that it was. Without your help, there would have been a lot fewer PR's...288 finishers (some unofficial). */Jack Leydig/*

1-Ed Schelegle/AGRC	2:18:44	21-Ragnar Thaning/WVTC	2:40:47	41-Phil Sanfilippo/WVJ	2:50:29	61-Jim Yaniglos/BC	2:55:06
2-Eddy Cadena/SLDC	2:21:54	22-Darryl Downey/SMT	2:43:24	42-Tom Robinson/Un	2:50:33	62-Frank Lee/Un	2:55:29
3-Gary Goettelmann/WV	2:22:24	23-Jesus Garza/Un	2:43:59	43-Ed Stromberg/BC	2:51:04	63-Michael Fenner/WVJS	2:55:33
4-Mike Niemiec/WVTC	2:22:54	24-John Armstrong/Un	2:44:00*	44-Dick Croteau/WVJS	2:51:47	64-Dwight Hendrix/Un	2:55:37
5-Tom O'Neil/BC	2:24:32	25-Mark Driscoll/Un	2:44:17	45-Ted Wilson/KJ	2:52:06	65-David Talmanson/NMC	2:55:44
6-Fritz Watson/WVTC	2:24:45	26-Peter Stein/TRAC	2:44:49	46-Steve Deschler/PMK	2:52:15	66-Jay Cook/Army	2:55:51
7-Matt Yeo/WDS	2:26:16	27-Gene Schaumberg/ER	2:44:55	47-Ray Batz/PMK	2:52:23	67-Ray Smith/TRAC	2:56:14
8-Jan Serhsen/ETC	2:28:35	28-Ray Menzie/WVTC	2:45:35*	48-Roy Scellato/TRAC	2:52:29	68-Thomas Kaufman/VRC	2:56:36
9-Jim Bowles/WVTC	2:29:16	29-Darryl Hamerton/Un	2:45:52	49-Jesse Adams/Un	2:52:31	69-Lorenzo Chambliss/Un	2:56:38
10-Lynn Mentzer/WVTC	2:33:00	30-Rich Stiller/TRAC	2:46:17	50-Tom Pierce/PMK	2:52:45*	70-Warren Moorman/PMK	2:56:44*
11-Bob Darling/ETC	2:33:35	31-Frank Nolan/Un	2:46:33	51-Ron Orsua/Un	2:52:53	71-Philip Lenihan/Un	2:57:04*
12-Mike Conroy/ETC	2:34:25	32-Larry Sellers/Un	2:46:35	52-Gary Alderman/PMK	2:53:24	72-Dennis Coulter/Un	2:57:13
13-Jack Leydig/WVTC	2:35:38	33-Kees Tuinzing/Tam	2:46:51	53-Mason Jones/SMT	2:53:28	73-Dean Metcalf/Un	2:57:21
14-Jim O'Neil/SFOC	2:35:48*	34-Tom Castro/Un	2:47:33	54-Mike Hollis/Un	2:53:35	74-Craig Harms/BGSU	2:57:36
15-Steve Palladino/Un	2:36:01	35-Kim Schaurer/Tam	2:47:49	55-John Ulate/TRAC	2:53:42	75-Leo Ruiz/Un	2:57:54
16-Dennis Dillie/WVTC	2:37:22	36-Terry Mullen/TRAC	2:48:43	56-Judy Gumbs-Leydig/WV2	2:53:49	76-Don Lucero/WVTC	2:58:23*
17-Pete Gaul/BC	2:38:18	37-Mike Healy/MH	2:48:54*	57-Lloyd Sampson/Un	2:54:21	77-Joe Sloan/OPHIR	2:58:24*
18-Roger Bryan/TRAC	2:38:50*	38-Allen Sandretti/Un	2:49:00	58-Mike Rowerdink/SUND	2:54:29	78-Harry Nothacker/Un	2:58:27
19-Doug Butt/WVTC	2:39:11	39-Ken Ganezer/STC	2:49:12	59-Leland Leonard/Un	2:54:44	79-Tom Mann/ETC	2:58:36
20-Michael Duncan/WVTC	2:39:41	40-Kevin Coulter/Un	2:49:44	60-Clyde Helms/Un	2:54:52	80-Robert Jeffery/Un	2:58:44

81-Louise Adamson/Un	2:58:50	88-Edwin Jerome/TRAC	3:02:21	95-Peter Demarais/Un	3:05:54	117-Pam Bast/Ophir	3:11:07
82-Steven Robinson/LVRC	3:00:17	89-Michael Loeffler	3:03:10	96-Carl Martin/WVJS	3:06:14*	161-Susan Craig/Un	3:24:16
83-Timothy Treacy/SFOC	3:00:42*	90-Dick Mayers/Un	3:03:29	97-Harry Cordeillos/PMK	3:06:16	170-Caron Schaumburg/ER	3:25:37
84-Don Capron/Tamalpa	3:00:54	91-Dennis Letl/BC	3:03:34	***WOMEN***		176-Ellen Clark/WVTC	3:27:23
85-Dale Nelson/Un	3:01:02	92-Art Waggoner/BC	3:03:34*	56-Judy Leydig/WVTC	2:53:49	183-Pat Whittingslow/PMK	3:28:09
86-Nicholas Winter/LVRC	3:01:22	93-John Dunlavey/PMK	3:03:54	81-Louise Adamson/Un	2:58:50	192-Barbara Pike/Un	3:29:33
87-Noel Linicome/Un	3:02:14	94-Mark Morris/ESL	3:05:27	106-Jeanie Kayser-Jones	3:07:00*	204-Barbara Carlson/NCS	3:32:18*

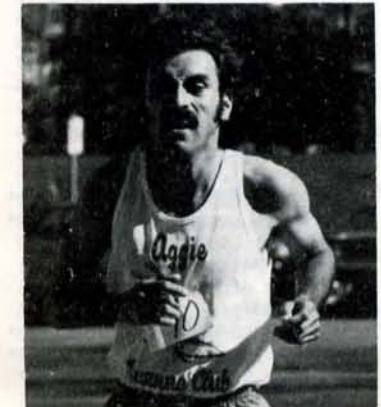


(Left to Right) Excelsior East End winners...Brian Maxwell (overall), Kent Guthrie (40+) & Roxanne Bier. /D. O'Rourke/

MAXWELL OUTKICKS KINGERY AT EXCELSIOR EAST END RUN (Feb. 20, San Francisco) - This race soon developed into a two-man contest for the top slot between Brian Maxwell (soon-to-be-victor of the Trails End Marathon) and Mitch Kingery (prep marathon record-holder). Over the final quarter-mile, it was Maxwell who dug deeper to open up a 5-second margin of victory. The exact distance is not known because of an error committed by one of the course guides, but his 39:30 for the approximate 7.6 miles is still awfully quick. The third place spot was equally close, and Roland Watson and Mark Proteau decided to tie it up, although looking at them sprint, you'd have thought they were doing battle. Kent Guthrie added yet another win to his 1977 string of masters victories with a 42:27, good enough for 8th place overall. He soundly defeated teammate Ralph Bowles (43:25) in the process. Roxanne Bier proved to be the class of the women's field, although she was challenged by Stanford's Ann Thrupp at several points. Her winning margin at the tape was 47:50 to 48:15... Vicky Bray was a distant third at 50:15. The Pamakids showed the only real interest in the team battle, grouping all their five scorers into the top 30 places. WVTC and the Woodside Striders grabbed the next two team slots. Rain started falling just as the last of huge field came in (377 of them). /Paul Koski, Tom Mann/

1-Brian Maxwell/Nike TC	39:30	26-Cliff Stewart/PMK	45:28	51-Ralph Worthington/Un	46:56	76-Mark Scheuer/PMK	48:50
2-Mitch Kingery/CAMWST	39:35	27-Jeff Smith/Un	45:34	52-George Ridout/Un	47:03	77-Leo Ruiz/Un	48:51
3-Roland Watson/WVTC	41:09	28-Tim Swezey/PMK	45:37	53-Bill Catanese/Un	47:04	78-Edward Lee/LVRC	48:55
4-Mark Proteau/Un	41:09	29-Raynold Wieand/WDS	45:39	54-Dan Hintz/WVTC	47:06	79-Steven O'Brien/PMK	48:56
5-Fred Maier/VMTC	42:05	30-Neil Berg/Un	45:41	55-Ed Jerome/TRAC	47:20	80-Kurt Mayne/Un	48:57
6-David Fuller/Hastings	42:15	31-Ray Menzie/WVTC	45:50*	56-Robert Coulson/Un	47:21	81-Grady Wright/Un	48:58
7-Mike Plummer/Chabot	42:24	32-Mike Davis/VSS	45:56	57-Alan Fioretti/Un	47:26	82-Scott Boes/Un	49:14
8-Kent Guthrie/WVJS	42:27*	33-Brian Miller/McAteer	45:59	58-William Jenney/DSE	47:28	83-Andy Coblenz/CalSki	49:19
9-Mike Smith/PMK	42:40	34-Mark Ford/Un	46:00	59-John Jamieson/Un	47:30*	84-Gough Reinhardt/LVRC	49:29*
10-Richard Guilfooy/Un	42:42	35-Pat Scannell/Un	46:04	60-Paul Holmes/BC	47:35*	85-Ralph Gowen/WVTC	49:39
11-Paul Thompson/Un	42:46	36-Dan Martinez/WDS	46:07	61-Bill Lovelace/PMK	47:36	86-Theo Jones/PMK	49:47
12-John Clary/Un	42:52	37-R. Randolph/DSE	46:12	62-Michael Helm	47:45	87-Tom Aldana/Un	49:53
13-Mike Conroy/ETC	43:24	38-Marco Martin/PMK	46:13	63-James Jacobs/NCS	47:46*	***WOMEN***	
14-Ralph Bowles/WVJS	43:25*	39-Fred Arndt/Un	46:21	64-Richard Lyman/Un	47:49	66-Roxanne Bier/SJC	47:53
15-Greg Jewett/PMK	44:23	40-Michael Coke/GPPMB	46:23	65-Harry Cross/WVTC	47:50	70-Ann Thrupp/Stanford	48:15
16-Jake White/TRAC	44:42	41-Ted Wilson/KJ	46:25	66-Roxanne Bier/SJC	47:53	93-Vicky Bray/SJC	50:15
17-William Smith/Un	44:51	42-Jon Gerrans/DSE	46:34	67-Tony Bettencourt/Un	47:55	101-Peggy Lyman/WVTC	50:35
18-Joseph Domek/Un	45:00	43-Larry Czelustowski/DSE	46:36	68-Tom Bennett/DSE	48:05	148-Skip Swannack/WDS	53:06
19-Brent Cushenbery/BC	45:06	44-Adrian Wong/Un	46:40	69-W.D. Frank/Un	48:09	162-Ruth Anderson/NCS	53:39*
20-Rick Rockwell/ETC	45:10	45-Tom Romeyer/SyrChg	46:40	70-Ann Thrupp/Stanford	48:15	167-Irene Rudolf/WVTC	53:55
21-Dick Ratliff/Hastings	45:13	46-Jeff Garrison/Un	46:41	71-Myron Neuramont/Un	48:40*	174-Gail Gustafson/Un	54:33
22-Dean McComb/Un	45:17	47-Lloyd Sampson/Un	46:46	72-Gary Crangle/Un	48:44	184-Julie Ortiz/Un	55:07
23-Jeff Wells/Un	45:24	48-Kent Heeringa/SDTC	46:51	73-Jeff Houston/CalSki	48:45	207-Cheri Williams/SJC	56:36
24-Pat Miller/Un	45:25	49-Keith Whittingslow/OC	46:54	74-Michael O'Donnell/Un	48:46	212-Pat Whittingslow/PMK	56:42
25-Bill Jensen/PMK	45:27*	50-Stan Anderson/DSE	46:55	75-Jim Saveliff/SanRafHS	48:47	213-Maya Spielman/Tamalpa	56:45

FLORES OUTLASTS PROTEAU AT MARTINEZ (Feb. 26, Martinez): Aggie ace Pete Flores had a bit of a scare thrown into him here, but managed to pull away from stubborn Mark Proteau over the last few miles in this popular 8.4(?) mile roller-coaster run. No room for wordiness: Guthrie won the over-40 race again, breaking Jim Shettler's 44:27 mark with a super-fast 43:32, good for fifth place. Francie Negri was top woman...no other records. Total of 220 finishers. /Luka Sekulich/



1-Pete Flores/AGRC	41:18	20-Bob Myers/PMK	46:18	48-Marvin Winer/WVTC	49:14
2-Mark Proteau/Un	41:33	21-William Smith	46:22	49-Edward Stabler	49:15*
3-Paul Burke/DeLaSalle	42:06	22-Bob Woodliff/WVJS	47:03	50-Mike Rowerdink	49:24
4-Rich Vasquez/DVTC	43:15	23-Bill Spence/WVTC	47:03	51-Ken Takao	49:24
5-Kent Guthrie/WVJS	43:32*	24-Kevin Reynolds	47:08	52-Danyal Kasapligil	49:43
6-Doug Butt/WVTC	44:28	25-Ross Rowley	47:10	53-Don Huff	49:47*
7-Dan Martinez/WDS	45:00	26-Gerald Werner	47:12	54-Bill Lovelace/PMK	49:54
8-Mike Gulli	45:02	27-Lloyd Sampson	47:14	55-Charles Askin	50:01
9-Craig Hochhaus	45:05	28-Ted Wilson/KJ	47:14	56-Allen Mahaney	50:02
10-Jim O'Neil/SFOC	45:09*	29-Mark Gallo	47:18	57-Bryan Holmes	50:05*
11-Doug Rennie/BC	45:21	30-Donald MacDonald/PMK	47:22*	58-Charles Erikson	50:07
12-Scott Molina	45:25	31-Tim Rostege	47:25	59-John Jamieson	50:07*
13-Greg Jewett/PMK	45:38	32-Paul Holmes/BC	47:35*	60-Mike Ard	50:17
14-David Zumwalt	45:50	33-Stephen Puryear	47:42	61-William Jenney	50:21
15-Terry Hughes	46:03	34-Dan Davidson	47:56	62-Scott Boes	50:30
16-Ken Hurst/WVTC	46:07	35-Tim Chavez	48:00	63-Wesley Hurlburt	50:33
17-Bryan March	46:08	36-Stan Anderson	48:13	64-Dan Rubio	50:56
18-Robert Felsch	46:13	37-Mike Ercolini	48:14	***WOMEN***	
19-Larry Pugh	46:15	38-Jesus A. Garza	48:15	115-Francie Negri	56:41
		39-Don Mason	48:25	124-Nina Beatie	58:13
		40-Jeff Smith	48:26	141-Carroll O'Conner/NCS	60:04*
		41-Jim Holdsen	48:37	147-Kathy Maloney	60:38
		42-Martin Wright	48:53	153-Kattrarini Brieger	61:24*
		43-David Rodrigues	48:56	178-Priscilla Myers/PMK	64:37
		44-Dennis Teeguarden/NCS	48:57*	180-Marj Heinlein/NCS	64:56*
		45-Jeff Houston	49:03	198-Jan Aycyn	69:27
		46-Gough Reinhardt/LVRC	49:07*	203-Thea Myers	72:37
		47-Jim Myers	49:13	204-Anne Skielbred	72:50

Pete Flores /Paul Allen Photo/

(World X-C, Continued) - /Women--5.1 Km./ 1-Valero-Omedes/SP 17:26, 2-Bragina/SU 17:28, 3-Romanova/SU 17:35, 4-Bondarchuk/SU 17:38, 5-Tomasini/It 17:44, 6-Katyukova/SU 17:46, 7-Ford/GB 17:47, 8-Kinsey/US 17:49, 9-Garrett/NZ 18:00, 10-Buerki/Switz 18:02, 11-Mills/US 18:03...14-Brown 18:07, 15-Neppel 18:08, 48-Brown-Heritage 18:58, 54-Forbes 19:04...Teams: USSR 15, USA 48, NZ 76, Poland 101, GB 118, WG 126. /Pete Cava, AAU/

MORRO BAY ROAD RUN (Mar. 26, Morro Bay): /5 Mi./ 1-Reynoso/CP 23:50, 2-Cadena/SLDC 23:50, 3-Warrick/CP 24:13, 4-Carnahan/FPTC 24:16, 5-Tracy/CP 24:19, 6-Dabill/SCH 25:32, 7-Higginbotham/Wings 25:35, 8-Arreola/SLDC 25:46, 9-Capriotti/CP 25:56, 10-Beaton/SLDC 26:18, 11-Nanninga/WVTC 26:18, 12-Rupp/STC 26:23...25-Coffey/SLDC(40+) 28:52, 29-Perkins/LVDC(40+) 29:27, 45-Liz Bradley/CP 33:19...60 finishers. /Stan Rosenfield/

NATL. MASTERS 15-KILO X-C (Mar. 27, Tapia Park, L.A.): /Men/ 1-Crum/STC 55:51, 2-E.Gookin/SDTC 56:16, 3-B.Gookin/SDTC 56:24, 4-Davis/MS 57:16, 5-Van Manen/SBAA 57:30, 6-Smartt/MS 57:58, 7-Fekker/STC 58:11, 8-Thompson/STC 58:17, 9-Sturak/MS 58:36, 10-Cronin/STC 58:44, 11-Rudberg/STC 58:54, 12-Stock/SDTC 59:21, 13-Holte/STC 59:30, 14-Fry/Un 60:17, 15-Clark/MS 60:36...23-Gil/STC(50+) 62:18, 29-Nagelschmidt/Un(50+) 63:17, 44-Seekins/STC(60+) 68:23, 45-Lowell/STC 68:30 /team results not available on finish sheet/. /Women/ 1-Stock/SDTC 66:21, 2-Anderson/NCS 67:08, 3-Gookin/SDTC 69:42, 4-Miller/STC 69:43, 5-Cartwright/SFV 73:26, 6-Wood/SDTC 74:12, 7-Brieger/PA 74:26, 8-Maricle/PA 75:56...95 finishers (both races). /Frank Freyne, Marty Maricle/

SPA-AAU 15-KILO X-C CHAMPS (Mar. 27, L.A.): 1-P.Ryan/GWAA 51:53, 2-Arquilla/AIA 52:22, 3-Cook/AIA 52:43, 4-Weeks/BB 52:57, 5-Durand/STC 53:19, 6-Rowley/CCAC 53:35, 7-Ocana/CCAC 54:23, 8-Duarte/Un 54:47, 9-Pontinen/SBAA 54:50, 10-Brotten/STC 54:54, 11-Hemphill/SBAA 55:13, 12-Adams/BB 55:24...122 finished. /Brennard/

DSE LEGION-OF-HONOR RUN (Apr. 3, San Francisco): /4.5 Miles/ 1-Reese/Army 23:26, 2-Niemiec/WVTC 23:34, 3-Hamilton 24:08, 4-Galli 24:36, 5-Myers/PMK 24:52, 6-Randolph 25:03...93-Gail Gustafson/Un 30:25, 122-Colleen Fox 31:53...420 finished. /DSE/

CONEJO 10-KILO (Apr. 9, L.A. Area): 1-Scobey/SFV 32:16, 2-White/OF 33:07, 3-Lorden/Un 33:28, 4-Miller/CCAC 33:50, 5-Young/Un 34:11, 6-Foose/SFV 34:22, 7-Burgasser/STC 34:37...18-Nicholson/STC(40+) 37:10, 43-Kathy Martin/STC 40:27...153 finished. /Comie Rodewald/

DSE NOB HILL RUN (Apr. 17, San Francisco): /2.4 Miles/ 1-Hamilton 14:06, 2-Danilson 14:44, 3-Scott 14:54, 4-Plymale/PMK 14:57, 5-Hershon 15:02, 6-Horning 15:10, 7-Nelson 15:14, 8-Vascesco 15:26, 9-Carlton 15:26, 10-Watkins 15:31, 11-Mortimer 15:35...52-Julie Ortiz 17:53, 54-Colleen Fox 17:54, 60-Diane Strada 18:10, 74-Jenny Ray 18:59...235 finished. /DSE Newsletter/

NORCAL DOES WELL AT BOSTON MARATHON (Apr. 18, Hopkinton, MA):

- This was a big year for participation at Boston...not only were there 3000+ official entries, but NorCal had its share of them, as can be noted from the results below. On our special Boston group (NCR), a record 50+ made the trip, including a contingent from *Runner's World Magazine*, who is doing a special on this year's run. Except for the heat, which caused most runners to be 5-10 minutes off their expected pace, the entire experience was pretty enjoyable. The only problem of great consequence was the problem at the start: too narrow & way too many runners, which reminded of 'Bay-to-Breakers mania'. Three NorCal men in the top 8, with Ron Wayne, in 4th, the top American. Brian Maxwell (3rd) and Chris Berka (8th) were the other two, and Berka led his WVTC team to third in the team battle, behind powerful Atlanta TC and Washington RC (Jim Bowles & Jack Leydig were the other two scorers). Joan Ulyot (7th) and Penny DeMoss (8th) placed well among the women, both running 3 hrs+. Judy Gumbs-Leydig looked a cinch for no worse than third going into the Newton Hills (running 2nd), but the hot weather got the better of her and she failed to finish. Results of all NorCal people that Joe Henderson and I could account for in looking over the results and asking around...if we missed someone, be sure to let us know. Also, the results may change, as these were 'preliminary'...and so goes another hot Boston (mostly upper 70's and higher): --- 1-Jerome Drayton/TOC 2:14:46, 2-Bally/Turkey 2:15:44, 3-Maxwell/Un-Canada 2:17:21, 4-Wayne/NTC 2:18:18, 5-Vin Fleming/GBTC 2:18:37, 6-Tom Fleming/NYAC 2:18:46, 7-Tuttle/TS 2:19:42, 8-Berka/WVTC 2:19:48, 9-Fultz/Un 2:20:44, 10-Pate/CTC 2:21:16, ...21-Kurrie/SFVTC 2:23:49, 38-Bowles/WVTC 2:26:41, 52-Thompson/NMC 2:29:25, 80-Paulson/SLT 2:32:13, 129-Leydig/WVTC 2:35:40, 140-Butterfield/BAA(40+) 2:36:11, 141-Nikcevic/Un 2:36:14, 199-Meyer/HSTC 2:40:09, 230-Goettelmann/WVTC 2:41:44, 259-McDevitt/WVTC 2:43:01, 261-Chaffee/ETC 2:43:05, 276-Stagliano/DSE 2:43:55, 289-Kruse/Un 2:44:26, 313-Stein/Un 2:45:21, 322-Olson/ChicoSt. 2:45:36, 462-Anderson/Svyle 2:50:21, 490-Rasmussen/Davis 2:51:00, 509-McManus/Berk 2:51:43, ??-Flory Rodd/NCS 2:52:14, ??-Ed Jerome/TRAC 2:52:43, 603-Sampson/Berk 2:53:54, 611-Stewart/SF 2:54:09, 633-Lenon/Woodside 2:54:51, ??-Hamer/WVTC 2:55+, 639-Whittings/Tow/SFVTC 2:55:05, 646-Nolan/Belmont 2:55:16, 661-Roland/SRosa 2:55:35, 711-Pawlak/SJ 2:56:37, 722-Helms/CM 2:56:55, 731-Kerr/SF 2:57:05, 834-Jeffrey/MP 2:59:41, 844-Wood/NCS 2:59:57, 851-Soubier/DSE 3:00:03, 882-Schafer/WVTC 3:00:54, 892-Lewis/SF 3:01:05, 894-Campbell/Carmel 3:01:08, 918-Johnson/Svyle 3:01:59, 932-Paffenbarger/NCS 3:02:24, 961-Cook/WVTC 3:03:04, 982-Daniel/SWEAT 3:03:34, 994-Treacy/SF 3:03:57, ??-Reynaga/WVTC 3:03+, 1018-H.DeMoss/WVTC 3:04:38, 1090-Cushner/SF 3:06:46, 1092-LaPierre/Tahoe 3:06:48, 1100-Richey/CRC 3:07:03, 1148-Dahl/Berk 3:08:33, 1155-Dugdale/Salinas 3:08:54, 1164-Dally/WVTC 3:09:23, 1169-Gillette/WVJS 3:09:43, 1198-Ruiz/SF 3:10:42, 1226-Hughes/PH 3:11:10, 1237-Holmes/BC 3:11:24, 1250-Peterson/Albany 3:11:47,



(Left to Right) NorCal runners did well at Boston this year, led by Brian Maxwell's 3rd place 2:17:21. /Sue Perry/ Right behind Brian came Ron Wayne (1st American) at 2:18:18; Chris Berka got a PR 2:19:48; Joan Ulyot was 7th woman (3:01:17). /Jeff Johnson/

1308-Staib/MatherAFB 3:13:11, 1315-Lenihan/SJ 3:13:21, 1326-Duncan/WVTC 3:13:40, 1355-Brock/SF 3:14:34, 1357-Fuller/LG 3:14:37, 1362-McManus/Okld 3:14:58, 1436-Henderson/RW 3:17:00, 1448-Rowerdink/Lodi 3:17:21, 1533-Sloan/Auburn 3:20:04, ??-Subotnick/WVTC 3:20+, ??-Buccowich 3:21+, 1640-Dunlavey/PA 3:23:42, 1651-Fox/WVJS 3:24:02, ??-Wilson 3:24+, ??-Moorman/PMK 3:25+, 1716-Greenberger/PA 3:25:39, 1746-Gault/SF 3:26:26, 1748-White/Colusa 3:26:35, 1790-Main/Belvedere 3:28:02, 1821-Wolinsky/Berk 3:29:20, 1839-Smith/SWEAT 3:29:59, ??-Helm 3:31+, 1865-Myers/WCrk 3:31:15, 1867-Guilfof/Ft.Ord 3:31:18, 1879-Waldo/CastroVly 3:31:53, 1939-Wright/Mont 3:34:32, 2037-Cuzzillo/NCS 3:39:43, 2072-Crangle/Okld 3:41:47, 2124-Zigant/WVTC 3:45:28, 2148-Myers/SF 3:47:17, 2156-Fish/Alameda 3:47:50, 2188-Albritton/SF 3:51:34, ??-Wurm 4:12+, ??-Levinson 4:32+, ??-Siitonen/NCS 4:45+.../Women/ 1-Miki Gorman/SFV 2:48:44, 2-Bevans/Baltimore 2:51:27, 3-Lorraine/ATC ??, 4-01-inek/Canada 2:56:17, 5-Matoecik/HE 2:57:09, 6-Forshee/MSU 2:59:05, 7-Ullyot/WVTC 3:01:17, 8-P.DeMoss/WVTC 3:01:45, 9-White/Wash Crk 3:04:10, 10-Sullivan/Hartford 3:04:47, 11-Petersen/LagunaBeach 3:05:08, 23-R.Anderson 3:11:45, 33-Bast/Sacto 3:14:24, 34-Daniell/Redding 3:15:32, 38-Gustafson/Un 3:20:36, ??-Cutler 3:43+, 83-Whittingslow/Okld 3:43:30, 84-Burns/Berk 3:43:36, 86-Sacker-mann/B'gale 3:44:02. (Note: Seems like women's times were really fouled up...two different sets in papers & another one from race director. We'll note important changes next time.)

/Joe Henderson, Jack Leydig, Phil Lenihan, & others/

BIDWELL CLASSIC RACES A HUGE SUCCESS (Mar. 5, Chico): - Chico's first-ever marathon, held concurrently with a half-marathon and a three mile, drew a total of 405 runners (all races) and started what the organizers hope will be the start of a top-flight, traditional race in the Northern California area. Pat Buzbee's 2:36:52 led the pack, as fairly warm (60's and low 70's) temperatures kept down the times somewhat, although much of the course was in the shade. Jake White of the Tax Reducers was a close second in 2:37:44, setting a club record in the process (we think). Another San Jose resident, Dan Leahy, grabbed over-40 honors with his 3:08:34. He was followed closely by Merrill Cray of Chico, the first woman finisher in 3:09:31, a personal best. Sally Edwards of Sacramento was a distant second at 3:18:42. Britt Brewer, also of Chico, was tops in the 10-13 division with a good 3:01:34. In all, 119 of the starters made it through the entire distance. At the half-marathon distance, WVTC's Ted Quintana, a student at Cal-State Hayward, took an easy 2-minute victory over Chico's David Wood in 1:08:29. Paul Holmes of Sacramento was first master in at 1:23:13, while Wendy Rosin (1:41:14) led all the women. Ted's teammate, Randy Sturgeon, took a fairly close victory over Gene Meyers, 14:25 to 14:33, at the three-mile distance. Kathleen Sullivan's 18:29 proved an easy winner for the women, and even bested the first master, Tom Jennie of Redding, who recorded an 18:33. Race-director Walt Schaffer didn't have the time to co-ordinate everything and run the marathon, but he slipped into the three mile and took sixth without a warmup. */Walt Schaffer/*

1-Pat Buzbee/Turlock	2:36:52	14-Santos Cervantes	2:53:39	27-Ed Wasp/S.F.	3:05:19	40-Pat Anthony/Stktn	3:14:56
2-Jake White/TRAC	2:37:44	15-David Moss	2:54:48	28-Gary Crangle/Pdmt	3:05:58	41-Charles Hansell	3:17:15
3-Byron Richardson/WV	2:41:09	16-Fraser Rasmussen	2:57:29	29-J. Lanzavecchia	3:06:33	42-Donald Hill/S.F.	3:17:18
4-Kerry Kilgore/SUND	2:43:14	17-Thomas Brown/Fresno	2:58:41	30-Pete Hanson/Colfax	3:08:20	43-Clyde Helms/CMadera	3:17:20
5-Frank Burk/Chico	2:47:16	18-Lenny Stein/S.F.	2:59:24	31-Dan Leahy/San Jose	3:08:34*	44-V.I. Wexner	3:17:25
6-Ed Stromberg/Sacto	2:48:13	19-Hank Dickerson/Ore	2:59:52	32-Mike Swanson/Sacto	3:09:11	***WOMEN***	
7-Bob Myers/PMK	2:49:27	20-Erwin Forbes	2:59:57	33-Don Mason/Fairfld	3:09:27	34-Merill Cray/CRC	3:09:31
8-Jeff Wall	2:50:42	21-Mike McLain/Madera	3:00:23	34-Merill Cray/CRC	3:09:31	46-Sally Edwards/OPHIR	3:18:42
9-Clifford Stewart	2:51:21	22-Britt Brewer/Chico	3:01:34	35-Bob Hedges/Sacto	3:10:01	47-Caron Schaumberg/VM	3:19:32
10-Mike Buzbee/YubaCity	2:51:31	23-Steve Crescenti	3:02:56	36-Michael Moore/Rodeo	3:12:00	49-Teri Hagerty/SUND	3:20:52
11-Ross Rowley/Stktn	2:51:46	24-Phil Wilder/Okld	3:04:03	37-Richard Keene/Berk	3:12:18	58-Karen Diekmeyer/SUND	3:27:09
12-Gene Schaumberg/VMT	2:51:50	25-Kent Ball/Chico	3:05:00	38-Tony Mezzapelle	3:13:42	65-Karen Gallagher	3:34:07
13-Larry Pugh	2:53:14	26-Don Richey/CRC	3:05:00	39-Larry Dion/Chico	3:14:12*	73-Bettina Brownstein	3:39:36
1-Ted Quintana/WVTC	1:08:29	12-Mike Rowerdink	1:18:05	23-Lenn Mackey/Chico	1:25:59		
2-David Wood/Chico	1:10:33	13-Tom Thomas	1:18:13	24-Richard Purdy/Davis	1:27:49		
3-Fred Veliz/FairOaks	1:12:22	14-Richard Stiller	1:18:32	25-Tom Wilson/Chico	1:28:39		
4-Tom Burns	1:12:55	15-Dick Look/Redding	1:18:52	26-Gary Lampson	1:29:30		
5-Kurt Graves	1:14:18	16-Tom Hayes/Redding	1:19:06	27-Johnny Wattenburg	1:29:47		
6-Frank Hagerty/SUND	1:14:39	17-Jeff Nicklaw	1:19:06	28-Andy Park/Chico	1:29:48		
7-Dirk Feenstra/Sacto	1:15:02	18-Jerry Swartsley/SOS	1:21:13	29-Robert Staib/Mather	1:30:01		
8-Doug Rennie/BC	1:16:11	19-Lyle Lough	1:22:12	***WOMEN***			
9-Roger Stordahl	1:16:21	20-Paul Holmes/BC	1:23:13*	56-Wendy Rosin/Chico	1:41:14		
10-Greg Durbin	1:17:15	21-Steve Daniels	1:23:36	64-Deni Luper/Chico	1:44:09		
11-David Mineau	1:17:55	22-Joe Henderson/R.W.	1:23:44	67-Sue Schnell/Stktn	1:44:28		
1-Randy Sturgeon/WVTC	14:25	19-Peter Castellanos	17:48	37-Charles Zappettini/SF	19:06*		
2-Gene Meyers/Chico	14:33	20-Gary Johnson	17:51	38-Dan Alarid/Elk Grove	19:06		
3-Michael Williams	15:19	21-Jeff Alaways/Chico	17:59	39-Robert Ross/Chico	19:28		
4-Lloyd Leighton	15:27	22-Mark Thomas/Chico	18:09	40-Ray Mahannah/Modesto	19:29*		
5-Peter Hallingsworth	15:54	23-Garrett Grant/Chico	18:22	41-Mason Nichols/Chico	19:38		
6-Walt Schaffer/CRC	16:10	24-John Rice/Chico	18:23	42-Richard Moreland	19:39		
7-Wayne Moss/Weaverv'le	16:18	25-Jim Howard/Redding	18:24	43-Clifford Williams	19:49		
8-Greg Williams/Chico	16:35	26-Kathleen Sullivan/CRC	18:29	44-Victor Beers/Paradise	19:56		
9-Ken Takao/Lodi	16:59	27-Joshua McKinney	18:32	45-Gregory Larson	19:59		
10-William Lionberger	17:10	28-Glen Bayley/Chico	18:32	46-Richard Crain/Alturas	20:05		
11-Bryon Taylor/Chico	17:11	29-Tom Jennie/Redding	18:33*	***WOMEN***			
12-Bill Willson/Chico	17:22	30-Steve Nicklow	18:35	26-Kathleen Sullivan/CRC	18:29		
13-Jim Myers/PMK	17:26	31-Richard Henneman	18:42	47-Kathy Kaiser/Chico	20:08		
14-Jack Frost/Redding	17:30	32-Tim Morrison/Davis	18:43	51-Kim Carter/Shasta	20:20		
15-Ivan Miller/Chico	17:35	33-Maurice Wiebelhaus	18:48	52-Patti Hosszit/Sacto	20:20		
16-Eric Iverson/Davis	17:36	34-Jamie Purganan	18:55	54-Tracy Zimmerman/Chico	20:30		
17-Glenn Reed/Redding	17:43	35-Joe Knox/Chico	18:56	61-Lynn Scheel/Chico	21:13		
18-Ron Harrison/Orland	17:44	36-Jim Nulty/Stktn	19:04	67-Michele McLain/Madera	21:27		



Merill Cray won Bidwell Classic Marathon. */Walt Schaffer/*

N.Y.C. MARATHON TOUR

The Boston Marathon (1977) is now history...the NCCR took over 50 California runners to this year's race at a big savings in airfare and plans are being made to make up a similar group for the New York City Marathon (also the Sr. & Masters Natl. AAU Marathon Championships this year). By the time this issue gets to you, we should have final plans together...so if you are remotely interested, please drop us a postcard and we'll send full details. Look to save about 25% on airfare...hotel is included in the package. We must all leave together, but you may stay as long as you like and come back via some other routing for only a small extra fee...please state your preference for leaving (Fri. or Sat.). The race is on Sunday.

CLARK SLOSHES TO VICTORY AT GARLAND RANCH RUN (Mar. 12, Carmel Valley) - Despite rainy conditions, a gratifying turnout of 131 made for a very successful race on this very challenging 10,000 meter x-country course. A steady rain (why does the little rain we get seem to fall on the weekends?) made the footing very tricky on an already difficult course. Bill Clark assumed a 14-second victory over Ft. Ord's Richard Guilfooy, with a slowish 36:36. Seventeen-year-old Craig Cushenburgh of the Buffalo Chips was third in 37:00. Perhaps the most surprising performance of the day was turned in by 16-year-old Ann Trason, who upended favored Sharon Furtado in a super time of 41:09, some 49 seconds ahead of her rival. Bill Flodberg's 41:27 was just over a minute in front of Richard Bawcom in the over-40 race. Another super effort was turned in by Mike Jones of the Soquel RC, who is blind. He was timed in 43:17 for 36th place overall. /Gary & Gail GoetteImann; Skip & Lynne Marquard/

1-Bill Clark/WVTC	36:36	14-David Garcia/Un	39:39	27-Richard Bawcom/Un	42:32*	40-Frank Dice/Un	43:39
2-Richard Guilfooy/Un	36:50	15-Ted Wilson/KJ	39:57	28-Dave Unger/Un	42:42	41-William Wade/Un	43:41
3-Craig Cushenburgh/BC	37:00	16-Marco Martin/PMK	40:15	29-Sean Flavin/PC	42:47*	42-Steve Hehner/Un	43:54
4-Joseph Day/Shrev.TC	37:33	17-Don Dugdale/Un	40:30	30-Scott Hall/Un	42:48	43-Robert Arce/DSE	43:56
5-Jim Hiserman/MPTC	37:37	18-Jay Cook/Un	40:49	31-Farnz Brazil/Un	42:50*	44-Ed Healy/AA	44:02*
6-Don Roth/Un	37:55	19-Mark Mondragon/Un	41:07	32-Keith Campbell/LVRC	42:53*	45-David Key/MPAC	44:08
7-Lloyd Sampson/Un	38:41	20-Ann Trason/Un	41:09	33-John McCrillis/TRAC	42:55	***WOMEN***	
8-Mark Driscoll/Un	38:42	21-John Brazzinsky/MPAC	41:17	34-Mark Rottman/MPAC	43:07	20-Ann Trason/Un	41:09
9-Craig Powell/BC	38:44	22-Bill Flodberg/WVJS	41:27*	35-Phil Wilder/Un	43:11	25-Sharon Furtado/WVTC	41:58
10-Robert Crowther/Un	39:04	23-Bud Chrisman/Un	41:38	36-Mike Jones/SoqRC	43:17	73-Vicki Blankenship	47:29
11-James Kee/Un	39:22	24-Jerry Costa/MVS	41:52	37-Art Riggs/Un	43:25	77-Gail Campbell/WVJS	48:16
12-Bruce Campbell/Un	39:25	25-Sharon Furtado/WVTC	41:58	38-Jan Senecal/Un	43:26	80-Barbara Wangoe/Un	48:48
13-Haywood Norton/Un	39:35	26-Thomas Freeman/Un	42:25	39-Roy Scellato/TRAC	43:32	93-Ellen Clark/WVTC	51:13

PA-AAU 50-KILO: LABRIE WINS TITLE--BRYAN SETS MASTERS RECORD (Mar. 20, Sacramento): - Darryl Beardall was the early leader here, passing 5 and 10 miles in 29:05 and 59:35, before Howard Labrie started pulling ahead shortly after. Coming through the turnaround in 1:32:45, a full minute up on his rival, Howie clipped of a 2:38+ marathon before finally recording 3:10:20 on a rather warmish day. Sometime shortly after 23 miles, Roger Bryan, a 2:38 marathoner, went by the faltering Beardall and sped on to a new PA masters record of 3:14:03. Beardall held on to third and a time of 3:19:19. Penny DeMoss defended her 1976 title by completing the 31+ miles in 3:53:39, five minutes over her world mark, set here last year. Don't know who the team winners were, as the scoring was disputed and we haven't heard any word otherwise yet. Looks like it was a battle between the Buffalo Chips and Tax Reducers. Somebody let us know! /33 finishers/ /A. Underwood/

1-Howard Labrie/SRRC	3:10:20	9-Jim Yaniglos/BC	3:46:13	17-Dieter Diekmeyer/SUN4	03:50*
2-Roger Bryan/TRAC	3:14:03*	10-Ross Rowley/SUND	3:51:25	18-Dee Baltzer/Un	4:04:20
3-Darryl Beardall/MH	3:19:19*	11-Fraser Rasmussen/BC	3:52:00	19-Ron Prior/OPHIR	4:06:00
4-Jim Bowles/WVTC	3:23:18	12-Dwight Hendrix/Un	3:52:40	20-Hal Baker/BC	4:11:07
5-Ed Jerome/TRAC	3:28:11	13-Penny DeMoss/WVTC	3:53:39	21-Jack Wiley/PMK	4:14:42
6-Mike Souza/BC	3:33:00	14-Marc Hoschler/BC	3:55:18	22-Richard Cooper/Navy	4:15:38
7-Tom Hannickel/OPHIR	3:39:25	15-John Ulate/TRAC	3:55:24	23-Robert Ogg/BC	4:19:47
8-Bill Peck/Bak.TC	3:44:59	16-Art Waggoner/BC	3:57:08*	24-Vic Crosetti/TRAC	4:22:15*

RECORDS TUMBLE AT BUFFALO STAMPEDE (Mar. 20, Sacramento): Four very tough records fell by the wayside during the popular 10-miler, held concurrently with the PA-AAU 50-Kilo over the past few years. Brian Maxwell and Jim Nuccio had the race pretty much to themselves right from the start as they decided to intentionally tie it up at the end in a course-record time of 50:18, edging Ron Elijah's 1975 mark by 4 seconds. Kent Guthrie smashed George Martin's masters standard by nearly a full minute, as he cruised to a 53:51, good enough for 14th overall. Jim O'Neil lowered his own 50-and-over mark by a huge margin with his 55:55 (57:38 was the old record). Ruth Anderson was the other record-breaker in the women's veteran class, knocking a minute and a half from her 1976 time. Merrill Cray of Chico was the women's winner overall, however, clocking 65:43, well off the 63:44 set last year by Karen Bain. Other division winners were: 30-39--Frank Krebs 53:44; 19-Under Women--Nina Beatie 70:34; 13-19--David Colbert 56:18; 12-Under--Harold Kuphaldt 71:05. This year's race attracted a record 300+ runners (288 finished). /Abe Underwood/

1-Brian Maxwell/NikeTC	50:18	30-Brian Bonner/LVRC	56:30	59-Mark Burch/CRC	59:44	88-Harold DeMoss/WVTC	63:14*
tie-Jim Nuccio/WVTC	50:18	31-David Mineau/CRC	56:34	60-Jack Nelson/Un	59:48	89-Larry Pugh/Un	63:24
3-Dave Boyet/AGRC	51:48	32-Edward Kelley/CRC	56:42	61-Hoyt Walker/LVRC	59:55	90-Jeremiah Russell/BC	64:13*
tie-Mark Proteau/AGRC	51:48	33-Ron Holloway/Un	56:51	62-Kurt Schroers/SUND	59:56	91-Ken Takao/SUND	64:21
tie-Peter Sweeney/AGRC	51:48	34-Doug Essary/Army	57:01	63-Lyle Freeman/Un	59:58	92-Mike Rowerdink/SUND	64:22
6-Adam Ferreira/HH	52:10	35-Kevin Hanson/HH	57:05	64-Mark Gallo/BC	59:59	93-Rich Pardy/Un	64:28
7-Ed Schelegle/AGRC	52:14	36-Walt Schafer/CRC	57:11	65-Ted Brock/BC	60:04	94-Dana Larsen/Un	64:39
8-David Wood/CRC	52:44	37-Bob Coleman/Un	57:16	66-Skip Seebeck/Un	60:09	95-Wesley Hurlbert/Un	64:47
9-Jon Higley/WVTC	53:11	38-Robert Bourbeau/WVJS	57:18*	67-Danyal Kasapligil/Un	60:23	96-Neilson Bettencourt/Un	64:53
10-Ron Elijah/Un	53:19	39-Michael Garrett	57:29	68-Chuck Nichols/BC	60:28	97-Mike Loeffler/Un	64:54
11-Jim Howard/BC	53:37	40-Jim Holben/WVTC	57:39	69-Britt Brewer/CRC	60:35	98-Derl Crowder/Un	64:56*
12-Frank Krebs/BC	53:44	41-Rick Rockwell/ETC	57:42	70-Barry Anderson/Un	60:37	99-Thomas Reed/ER	64:58
13-Russell Jones/ShoreAC	53:49	42-Ray Menzie/WVTC	57:45*	71-Jeff Nicklow/OPHIR	60:48	100-Jim Krajeirik/Un	65:02
14-Kent Guthrie/WVJS	53:51*	43-Tim Rostege/WVTC	57:46	72-Robert Jamieson/Un	60:58	101-Dave Davis/BC	65:10*
15-Harry Ellis/AGRC	53:55	44-Rick Edson/BC	57:46	73-Tom Callander/Un	61:08	102-Don Spickelmier/BC	65:11
16-Fred Veliz/Un	54:16	45-Ed Stromberg/BC	57:49	74-Doug Carroll/Un	61:16	103-Dan Davidson/BC	65:12
17-Bruce Rider/WVJS	54:22	46-Mike Eash/ETC	58:03	75-Evan MacBride/BC	61:23	104-Web Chadwick/Un	65:12
18-Bob Cooper/WDS	54:53	47-Gary Alderman/PMK	58:18	76-John Dressler/LVRC	61:24	***WOMEN***	
19-Gary Green/BC	55:08	48-Paul Holmes/BC	58:29*	77-Scot Hunter/Un	61:46	107-Merrill Cray/CRC	65:43
20-Tom Burns/HH	55:14	49-Bill Fairwell/Un	58:30	78-Sammy Trujillo/Un	61:57	135-Ruth Anderson/NCS	68:03*
21-Doug Butt/WVTC	55:27	50-Jesus Garza/Un	58:36	79-Gary Crangle/Un	62:02	139-Karen Diekmeyer/SUND	68:31
22-Keith Crowder/WVJS	55:34	51-Greg Durbin/Un	59:00	80-Mike Swanson/Un	62:20	149-Madeleine Roese/AGRC	69:30
23-Greg Jewett/PMK	55:48	52-Joe Kattenhorn/BC	59:01	81-Jim Finnegan/BC	62:28	183-Gail Campbell/WVJS	72:33
24-Rudy Dressendorfer/AGRC	55:50	53-Robert Felsch/Un	59:22	82-Robert Hedges/BC	62:30	190-Bettine Brownstein/BC	74:08
25-Jim O'Neil/SFOC	55:55*	54-Terry Mullen/TRAC	59:26	83-Gough Reinhardt/LVRC	62:48*	197-Deryl Elijah/Tam	74:37
26-John Kleinbach/ETC	56:00	55-Mike Catlin/AGRC	59:31	84-Charlie Eiriksson/Un	62:56	204-Karen Gallagher/ER	76:19
27-Joseph Day/Shrev.TC	56:04	56-Scott Ellis/Un	59:33	85-Wes Fujii/Un	63:01	210-Sue Schnell/SUND	77:38
28-Doug Rennie/BC	56:10	57-Larry Sumner/BC	59:38	86-Tony Baccelli/Un	63:04	218-Sally Edwards/Un	78:15
29-David Colbert/Un	56:18	58-Mike LaPierre/BC	59:42	87-Steve Mahab/Un	63:07	221-Ellen Coleman/Un	78:49



Howard Labrie winning the PA 50-Kilo title. /Jim Engle/

GUTHRIE TAKES WIND-BLOWN LAKE MERCED MASTERS RACE (Mar. 27, San Francisco) - "Point" leader, Kent Guthrie, missed Jim Shettler's course mark by some 30 seconds but still handily won the annual NorCal Seniors TC's race around Lake Merced. His 26:49 was considerably slower than what he had expected, but all times were affected by a strong wind that lashed the backside (final 2 miles) of the 4.95 mile loop course. Jerry Lewis of the sponsoring club was 11 seconds back, upsetting 1976 LDR Point Leader, Ralph Bowles, by 15 seconds. Jim O'Neil was easily the class of the 50-and-over field with his 27:18 in fourth, while Carl Martin's 29:49 placed next in that group. Ageless Ed Preston, who just turned 60 recently, clipped off a fine 30:35 to easily outclass his competition in that division (Ray Mahannah's 33:29 was next). Jeanie Kayser-Jones annexed the women's title with her 32:32, far ahead of Ruth Waters' 35:12. Ruth Dettering's 37:33 took the 50-plus trophy. Virginia & Seymore Collins defeated Marge & Ed Heinlein (68:17 to 70:22) in the husband-wife team battle, while Wally Hanson grabbed 70-and-over honors at 43:52. The fact that the Natl. Masters 15-Kilo was held the same day in L.A. didn't seem to effect the turnout (172 finishers, men and women). This is perhaps one of the largest all-masters races in the country...any other contenders? /Jack Bettencourt/

1-Kent Guthrie/WVJS	26:49	19-Tim Treacy	30:15	37-Peter Woodward	31:54	55-Bob Daniel	33:18
2-Jerry Lewis/NCS	27:00	20-Mike Korbholz	30:20	38-Sig Ketterer	31:55	56-Jerry Watson	33:20
3-Ralph Bowles/WVJS	27:15	21-Jim Nicholson/NCS	30:21	39-Doug Moore	32:13	57-Peter Sorensen	33:24
4-Jim O'Neil/SFOC	27:18	22-Don Huff	30:22	40-Jim Collins	32:25	58-Ray Mahannah/NCS	33:29
5-Ulrich Kaempf/TRAC	28:09	23-Stu Ruth	30:30	41-John Elliott	32:27	59-Peter Dahl	33:33
6-Ken Napier/WVJS	28:17	24-Bryan Holmes/WVJS	30:32	42-Ed Heinlein/NCS	32:30	60-Dick Greene	33:36
7-Don MacDonald/PMK	28:26	25-R.P. Mueller	30:34	43-Walt Byrd	32:31	61-John Dougherty	33:41
8-Pat Cunneen/PMK	29:02	26-Ed Preston	30:35	44-Jeanie K-Jones/PMK	32:32	***WOMEN***	
9-Norm McAbee/NCS	29:08	27-Phil Paulson/PMK	30:36	45-Jim McRae	32:43	44-Jeanie K-Jones/PMK	32:32
10-Jack Jamieson	29:18	28-Richard Austin	30:39	46-Jerrold Glendenning	32:46	86-Ruth Waters/NCS	35:12
11-Bob Cushen/NCS	29:21	29-Earl Norgard	30:40	47-Seymore Collins	32:51	91-Virginia Collins	35:28
12-Paul Wegeman	29:28	30-Richard Houston/NCS	30:44	48-Gail Wetzork	32:53	102-Carroll O'Conner/NCS	36:54
13-Bill Bugler	29:35	31-Sam Roake	30:52	49-Dave Bradwell	32:56	109-Ruth Dettering/NCS	37:33
14-Carl Martin/WVJS	29:49	32-Warren Moorman/PMK	31:05	50-Bob Clark	32:59	113-Marge Heinlein/NCS	37:52
15-James Jacobs/NCS	29:53	33-Preston Hill	31:21	51-Arnold Knepper	33:07	123-Elaine Pedersen	38:35
16-Don Carpenter	29:55	34-Tokihiko Suyehiro	31:25	52-Allan Smith	33:12	125-Catherine Smith	38:44
17-Mike Stafford	30:00	35-John Naylor	31:32	53-Harry Hill/WVJS	33:13	126-Nancy Schell	38:46
18-Mike Murphy	30:07	36-Hans Roenau/MH	31:51	54-Carl Gingrich	33:15	132-Claudia Shenefield	39:56

COOPER WINS ILSANJO 10-MILER: BEARDALL AND CRAY BLITZ DIVISION RECORDS (Mar. 27, Santa Rosa) - Woodside Strider ace, Robert Cooper, known more for his feats at the longer distances, was quite at home here in the hilly Lake Ilsanjo x-country run, clocking a good 55:59, although well off Hans Templeman's 1975 course standard of 54:16. Hersh Jenkins was about 100 yards back in 56:18. Santa Rosa's own Darryl Beardall clobbered the masters record (61:57 by Bill Jensen in 1975) with his 57:10, which was good enough for fifth overall. Craig Roland was a distant second at 62:11, beating Bob Malain's 64:00. Most of the over-40 crowd chose the Lake Merced run today (see above). Merrill Cray came down from Chico to improve on her own course mark of 69:41 by recording a quick 68:30. Her nearest opposition was about a mile back. Mike Plummer's 56:51 set a new junior division mark, as the top three finishers were under Dean Behrman's 1975 time of 60:35. Steve Rypins clipped the 13/under record of 71:45 (Jim Myers - 1976) in good fashion with his ultra-quick 68:31. Valley of the Moon TC, the sponsoring club, walked off with team honors, scoring a 70 to 169 victory over their local rivals, the newly-formed Empire Runners. /Fred Kenyon; Tad Woliczko/

1-Robert Cooper/WDS	55:59	12-Tim Swezey/PMK	59:27	23-Tom Lamrie/Un	61:57	34-Gough Reinhardt/NCS	66:39*
2-Hersh Jenkins/ER	56:18	13-Joe Merville/Un	59:33	24-Craig Roland/Un	62:11*	35-Marvia Pettey/Un	66:49
3-Mike Plummer/WV-Chabot	56:51	14-Gene Fitzgerald/PMK	59:42	25-Robert Felsen/Un	62:29	36-Tom Clancy/ER	66:52
4-Tad Woliczko/PMK	56:54	15-Larry DeWitt/VMTC	59:52	26-Dave Zumwalt/Un	63:03	37-Bob Johnson/Un	67:01
5-Darryl Beardall/MH	57:10*	16-Dave Sjostedt/VMTC	60:13	27-Jack Hackmann/VMTC	63:51	38-Ralph Single/Un	67:13
6-Kim Baez/Unat	57:43	17-Ed Jerome/TRAC	60:22	28-Bob Malain/NCS	64:00*	39-Dave Innes/Un	68:00
7-Pat Miller/NikeTC	57:51	18-Fred Kenyon/VMTC	60:40	29-Dennis Doris/Un	64:30	40-Larry Arata/Un	68:01
8-Roger Scott/ER	57:53	19-Ross Rowley/SUND	60:56	30-Dave Warren/ETC	64:38	***WOMEN*** (Div. Place Only)	
9-Fred Maier/VMTC	58:07	20-Ron Kesseecker/VMTC	61:03	31-Don Madronich/Un	64:58	1-Merrill Cray/CRC	68:30
10-Doug Rustad/Unat	58:19	21-Mickey Brodie/Un	61:06	32-Dave Larsen/DSE	65:17	2-Gail Campbell/WVJS	75:37
11-Greg Jewett/PMK	58:47	22-Stan Andersen/Un	61:43	33-Joe Camisa/Un	65:28	3-Beckie Simmie/VMTC	78:29

PROTEAU EASY WINNER AT INSPIRATION POINT (Apr. 2, Berkeley) - A crowd of 200-plus distance runners showed up for the first running of the Inspiration Point 7.6 Miler. Mark Proteau of the Aggie R.C. had little trouble in establishing an early lead and went on to win in 38:58, a full 200 m. ahead of Army's Cliff Reese. A great time was had by all, which included T-shirts to all participants and two kegs of beer at the finish. Since no divisions were noted in the results, we're just guessing on who took over-40 honors, but I suspect that Bryan Holmes' 46:27 in 47th place was tops, followed by Richard Austin in 48:00. Anyone having an idea of the top six masters should contact the NCCR immediately, as we can't count the race in our LDR "Point Race" unless we find out. It appears that Ruth Anderson took the women's title in 52:13, almost a half-mile ahead of her nearest opposition. That's all the info we've got...only names and times were given...anyone have a set of printed results? /Terry Hughes/



Start of the First Annual Inspiration Point Race. /T. Hughes/

1-Mark Proteau/AGRC	38:58	14-Brian Bonner	42:50	27-Ross Montello	44:44	38-Marvin Winer/WVTC	45:41
2-Cliff Reese/Army	39:38	15-Mike Wheeler	42:53	28-Kurt Wayne	44:51	39-Jack Ball	45:50
3-Ken Scalmanini/PMK	40:04	16-John Sproul	42:54	29-William Jenney	44:53	40-Orville Fisher	45:56
4-Bob Wolfe/BAA	40:37	17-Neil Berg	42:58	30-Doug Varn	44:57	41-Jeff Houston	45:58
5-Greg Jewett/PMK	41:03	18-Win Sale	43:08	31-Tom Robinson	45:02	42-Michael O'Donnell	46:06
6-Tom Coniglio	41:05	19-Harry Cross/WVTC	43:09	32-Pat Miller/NikeTC	45:02	43-Christopher Grampp	46:07
7-Michael Duncan/WVTC	41:39	20-Ted Wilson/KJ	43:18	33-Dan Hintz/WVTC	45:03	44-David Sampson	46:09
8-Steve O'Brien	41:54	21-Bryan March	43:43	34-Kevin Coulter	45:07	45-Dave Larson	46:17
9-Homer Latimer	42:14	22-Robert Turnbull	43:49	35-William Lovelace	45:10	46-Ignatius de Villiers	46:17
10-Mike Eash/ETC	42:15	23-Hoyt Walker	44:17	36-Dave Unger	45:35	47-Bryan Holmes/WVJS	46:27*
11-Gary Alderman	42:20	24-Dennis Coulter	44:20	37-David Moon	45:37	48-Michael Korbholz	46:29
12-Jim Holben/WVTC	42:43	25-Bill Frank	44:30				
13-Lloyd Sampson	42:48	26-Tom Mota	44:33				

49-Paul Curry	46:43	55-Michael MacKenzie	47:28	61-Mike Griffith	48:15	67-Jim Patterson	49:33
50-Mark Scheuer	46:53	56-Gary Chan/WVTC	47:34	62-Jeffery Rogers	48:42	***WOMEN***	
51-David Horning	46:55	57-Pete Schoener	47:47	63-Richard Mayers	48:42	92-Ruth Anderson/NCS	52:13*
52-Don Huff	47:09	58-G. McDaniels-Thomas	47:57	64-Brad Kearns	48:44	137-Judith Narte	55:59
53-Thomas Burns	47:09	59-Richard Austin	48:00*	65-Pete Werbel	48:54	138-Liz Ray	56:00
54-John Foley	47:18	60-Lee Sorenson	48:06	66-Robert Arce	49:09	179-Amy Wulfig	62:53

RECORDS TUMBLE AT ARROW 10K (Apr. 3, Sunnyvale): - Bill Clark broke away from a tight pack of teammates Bill Seaver and Mike Pinocci over the final mile of this super-flat course in Moffett Industrial Park to win by 4 seconds and set a new course standard in the process, pulling the other two under Jan Sershen's 31:13 record too. His 30:57 also broke his division mark (30-39) of 31:51. Kent Guthrie wasted little time in picking up another victory with a quick 33:15, pulling Ulrich Kaempf (34:10) under Ken Napier's old mark as well (34:49, in last year's first running of the race). Penny DeMoss took a victory over some pretty classy competition that included Arrow TC's Kerry Brogan and sub-3 hour marathoners Peggy Lyman and Judy Leydig, but her 39:07 was way shy of Roxanne Bier's 37:01. She did, however, set a (20-29) division record. The other two marks that fell went to Carl Martin (36:42), who pulled two others in the 50-plus division under the old mark, held by Vic Crosetti (40:53), and to Robert Smith, whose 36:05 broke Dan Gonzales' mark (36:56) in the 13-16 age-grouping. A total of 218 finished the 6-mile plus race in sunny weather (about 70°). There was a 3-Kilo race in conjunction with the longer one, and Mark Frise of Sunnyvale was the hands-down winner in 10:11.8, with Helen Floyd next at 12:51. Gary Woodruff (12:56) and Joe Kennedy (12:57) were also under thirteen minutes ...15 finishers were listed, although there may have been more? /Jerry Lewis/

1-Bill Clark/WVTC	30:57	27-Egil Krogh/DIRT	35:44	53-Rudy Escobedo/Un	37:37
2-Bill Seaver/WVTC	31:01	28-Rob Bates/Un	35:47	54-Robert Jeffory/Un	37:38
3-Mike Pinocci/WVTC	31:12	29-Ron Orsua/Un	35:55	55-Anthony McDonald/WVTC	37:48
4-Gary Goettelmann/WVTC	31:49	30-John Ulate/TRAC	35:57	56-Daniel Garcia/Un	37:48
5-Bruce Rider/WVJS	32:35	31-Robert Smith/Un	36:05	57-Skip Marquard/WVTC	38:08
6-Paul Thompson/Un	32:41	32-Kurt Sterling/Un	36:06	58-Lorenzo Chambliss/Un	38:28
7-Roland Watson/WVTC	32:51	33-David Garcia/TRAC	36:07	59-Walt Van Zant/WVJS	38:49
8-John Clary/TRAC	32:55	34-Gary Grellman/Un	36:32	60-Edward Vocke/Un	38:55*
9-Tad Woliczko/PMK	33:04	35-Ben Sawyer/Soquel RC	36:34*	61-Derl Crowder/WVJS	39:04*
10-Kent Guthrie/WVJS	33:15*	36-Malcolm Stewart/Un	36:37	62-Penny DeMoss/WVTC	39:09
11-Jake White/TRAC	33:23	37-Don Dugdale/Un	36:40	63-Steve Tamagni/Un	39:15
12-Bill Meinhardt/WVJS	33:33	38-Carl Martin/WVJS	36:42*	64-Rich Henke/Un	39:23
13-Dennis Tracy/WVTC	33:36	39-Santos Reynaga/WVTC	36:43	65-Kerry Brogan/Arrow	39:26
14-Joe Day/Shrev. TC	34:19	40-Ivar Siniega/Un	36:44	66-Clives Davies/Un	39:28
15-Richard Stiller/TRAC	34:26	41-Roy Scellato/TRAC	36:51	67-John Warren/Un	39:29
16-Keith Crowder/WVJS	34:30	42-Bruce Carradine/DIRT	36:52*	68-Brian Bergstrom/Arrow	39:30
17-Ulrich Kaempf/TRAC	34:40*	43-James Moore/ETC	36:56	69-Peggy Lyman/WVTC	39:31
18-Ramsay Thomas/WVTC	34:54	44-John Brazinsky/MPAC	36:58	70-Keith Campbell/LVRC	39:35*
19-David Sullivan/Navy	34:55	45-Robert Ernst/Un	37:03	***WOMEN***	
20-Tim Rostege/WVTC	35:05	46-Myron Nevraumont/Un	37:05	62-Penny DeMoss/WVTC	39:09
21-Pat Miller/Nike TC	35:10	47-Nicholas Winter/LVRC	37:06	65-Kerry Brogan/Arrow	39:26
22-Wayne Plymale/PMK	35:11	48-Richard Lyman/Un	37:08	69-Peggy Lyman/WVTC	39:31
23-Danya Kasapligil/Un	35:12	49-Peter Wood/NCS	37:10*	75-Judy Leydig/WVTC	39:48
24-Robert Wellick/MPAC	35:26	50-James Jacobs/NCS	37:16*	102-Barbara Pike/Un	41:54
25-Michael Healy/DIRT	35:28*	51-Richard Shirk/Un	37:26	108-Gail Campbell/WVJS	42:27
26-Larry Hildenbrand/Un	35:37	52-Terry Mullen/TRAC	37:32	118-Michelle Miller/CY	43:13
				130-Diana Rossman/Arrow	44:45
				137-Skip Swannack/WDS	45:13
				144-Lisa Pelszynski/Arrow	45:59



Bill Clark, winner of the Arrow 10K, shown leading teammate Bill Seaver in the PA Sr. X-C Championships last fall. They finished in that order again today. /Tim Smith/



Start of the Livermore 8.5 Mile Run. /Don Homan Photo/

division winners were: Carl Martin (54:38) in the 50-and-over bracket; Jack Vicory (55:00) in the 18-and-under category (new division this year). A total of 257 finished this ever-popular race in the foothills around Livermore. /Tom Jefferson/

1-Bill Seaver/WVTC	44:10	24-Gary Alderman/PMK	50:51	47-Chuck Askin/Un	53:45	60-Reggy Babel/Un	55:45
2-Bill Clark/WVTC	44:57	25-E. Hurtado/OPD	50:53	48-Joe Camisa/Un	53:50	61-Rich Ludt/Un	55:46
3-Tom Laris/WVTC	45:18	26-Nicholas Winter/LVRC	50:55	49-Dennis Coulter/Un	54:21	62-Gary Chan/WVTC	55:47
4-Dave Parish/SJCC-WVTC	46:42	27-Mark Lund/WVTC	51:04	50-Tim Pettibone/LVRC	54:34	63-Larry Shaw/LVRC	55:50
5-Bill Spence/WVTC	47:24	28-Dick Cordone/Un	51:09	51-Carl Martin/WVJS	54:38*	64-Server Sadik/LVRC	55:55
6-Mark Proteau/AGRC	47:28	29-Boyd Tarin/Nev-WVTC	51:15	52-Bryn Barnard/LagunaTC	54:42	***WOMEN***	
7-Jake White/TRAC	47:33	30-Hoyt Walker/LVRC	51:34	53-Dick Ryon/LVRC	54:44	93-Ruth Anderson/NCS	59:40*
8-Kent Guthrie/WVJS	47:48*	31-Bill Dunlop/LVRC	51:47	54-Jack Vicory/CHTC	55:00	108-Gail Campbell/WVJS	61:10
9-Keith Crowder/WVJS	48:28	32-Bert Johnson/LVRC	51:49	55-Dave Unger/Un	55:11	112-Karen Diekmeyer/SUND	61:34
10-Patrick Miller/Un	48:39	33-Rey Corona/Un	51:59	56-Ed Fuller/Un	55:20	162-Carroll O'Conner/NCS	67:19*
11-Greg Jewett/PMK	48:52	34-Bob Woodward/Un	52:04	57-Dieter Diekmeyer/SUN	55:29*	173-Colleen Fox/PMK	68:14
12-Brian Bonner/LVRC	49:08	35-Kurt Mayne/Un	52:08	58-Derl Crowder/WVJS	55:30*	174-Mary Gaffield/Un	68:18
13-Don Flaten/Un	49:13	36-Malcolm Stewart/Un	52:30	59-Jim Wurm/Un	55:39	175-Sue Schnell/SUND	68:19
14-Ulrich Kaempf/TRAC	49:36*	37-Roy Scellato/TRAC	52:40				
15-Burt Davis/SBAA	49:53	38-Paul Holmes/BC	52:44*				
16-Roger Bryan/TRAC	50:01*	39-Clark Danielson/Un	52:58				
17-Richard Stiller/TRAC	50:19	40-Steven Robinson/LVRC	53:04				
18-Tim Rostege/WVTC	50:23	41-Robert Ernst/Un	53:06				
19-Mike Wheeler/PMK	50:37	42-Bryan Holmes/WVJS	53:09*				
20-Ross Rowley/SUND	50:38	43-John Dressler/LVRC	53:16				
21-Ed Lee/LVRC	50:39	44-Kevin Coulter/Un	53:21				
22-Wayne Plymale/PMK	50:40	45-Bill Lovelace/PMK	53:28				
23-Jerry Lewis/NCS	50:50*	46-Gough Reinhardt/LVRC	53:38*				

LATE GNUS

OTHER RESULTS: More on these next issue with listings of top finishers--Ernie Rivas won the Avenue of the Giants Marathon in 2:23:35 with over 1000 starters...Ron Wayne approached the Golden Park 8-Mile record with a 40:08... (results were a mess because of unofficial runners & I'm still working on them)...Correction: Ann Thrupp won DSE Lake Merced Run on 3/13 in 29:48 (not Joan Ulyot)...New World Record in marathon by Chantal Langlace (France) in 2:35+ (no details).

MAYOR'S MARATHON (June ??, Anchorage, Alaska): 1-Nat Goodhue(36) 2:35:45, 2-Denkewalter 2:39:52, 3-Brewster(16) 2:43:14, 4-Johansen 2:43:54, 5-Nyboer 2:45:56, 6-Langdon 2:47:33, 7-Yazzie 2:48:15, 8-Galea(15) 2:49:50, 9-Hablutzel 2:50:29, 10-Bryden 2:50:51, 11-Burkhardt 2:50:54, 12-Bell 2:51:00, 13-Haley(45) 2:52:59...173 finishers. /Kiwanis Club of Anchorage/

PAJARO DUNES BEACH RUN (June 5, Manresa Beach): /10.07 Miles/ 1-Watkins/MPC 55:48, 2-Watson/WVTC 55:51, 3-Nickols 60:03, 4-Adams 60:44, 5-Williams 61:08, 6-Sawyer 62:00...29-Kim Baer 77:53...47 finishers. /Don Amiri/

OCEAN TO CREEK RUN (June 5, Carpinteria): /7.20 Mi./ 1-Chuck Smead/AIA 37:11, 2-Hayes/AIA 38:10, 3-Brown/BB 38:24, 4-Ebner 38:24, 5-Alexander/BB 38:28, 6-Scobey/Un 38:30, 7-Lee/CCAC 38:47, 8-Weeks/BB 39:19, 9-Perez/AZTL 39:22, 10-Entz/BB 39:40, 11-Santizo 39:53, 12-Fisanotti 40:05, 13-Simons 40:08, 14-Askren /AZTL 40:26, 15-Wise/SBAA 40:36...43-Vasquez/AZTL 44:35 (1st 40+), 93-Vicki Cook/RRR 51:02, 103-Beth Milewski/VCTC 52:21... 215 finishers. /John Brennan/

DEANZA CUP X-C RACE (June 6, Cupertino): /2 Mi.+/ 1-Hildenbrand/GE 10:23, 2-Avila/REI 10:24, 3-Meinhardt/GE 10:25, 4-Galloway/GE 10:39, 5-Lattery/TD 10:46, 6-Specker/GE 10:54 (these are re-sults of the growing 'Industrial League' races). /Norm Shaskey/

CENTRAL CALIF. A.A.U. ONE-HOUR RUN (June 11, Visalia): 1-Steve Kelley/FPTC 11-630, 2-Bronzan/HSTC 11-494, 3-Hartig/FPTC 11-425, 4-Meyer/HSTC 11-324, 5-Garza/HSTC 11-311, 6-Cox/FPTC 11-208, 7-Lyon/FPTC 10-1380, 8-Campbell/Un 10-1223, 9-Van Dellen/HSTC(40+) 10-1161...Renee Ortiz/Un 8-953, Heller/HSTC 8-930...39 finished.

STAGECOACH RUN (June 18, Jacksonville, Ore.): /13.5 Mi./ 1-Smead /AIA 1:13:30, 2-Hill 1:16:41, 3-Cole/HSU 1:18:00, 4-Brown/HSU 1:18:09, 5-Farley 1:18:38, 6-Elias/HSU 1:19:37, 7-Pentland 1:20:52, 8-Davy 1:22:15, 9-Pietrzak 1:23:07, 10-Glidden 1:23:36 ...48-Jennifer Daniell 1:39:19...119 finishers. /Dick Meyer/

PA-AAU MASTERS TWO-HOUR RUN (June 18, San Mateo J.C.): /Nat'l. Postal/ 1-Aaron Goldman(45) 19-224, 2-McAbee 18-1373, 3-Houston (55) 18-892, 4-Lucero/WVTC 17-1476, 5-Ruth Anderson/NCS 17-324, 6-Walker 17-240, 7-Ketterer 17-102, 8-Campbell/LVRC 16-1372, 9-Paul/WVTC 16-1126, 10-Collins 16-969...13-Carroll O'Conner/NCS 14-1726, 16-Kay Atkinson(60)/NCS 12-110...17 finishers. /Ruth Anderson/

SPA-AAU TWO-HOUR RUN (COASTAL SECTION) (June 18, San Luis Obispo): 1-Dave Askren/AZTL 21-101, 2-Alfaro/AZTL 20-703, 3-Brizuela /AZTL 19-900, 4-Casper/SLDC 18-646, 5-Rosenfield/SLDC 18-573, ...12-Spangler(78)/SLDC 15-211...19 finishers. /S. Rosenfield/

RON WAYNE TROUNCES GOOD FIELD AT GOLDEN GATE PARK 8-MILER (April 10, San Francisco): - Known more for his marathon exploits, Nike TC's Ron Wayne showed he was very competitive over a shorter distance too, as he warmed up for his fourth place Boston Marathon finish (next week) with a solid 40:08 victory over Gerry Garcia & Jim Nuccio, who tied for second. Although he missed Nuccio's and Wayne Badgley's 39:50 course standard (1975), he helped pull along a fast field, with the first four places being the next fastest times (besides the record) ever on this course. Kent Guthrie wiped out another masters record with a superb 43:39 (Ross Smith's 1973 time of 44:37 was the old one), exactly a minute ahead of teammate Ralph Bowles, the next over-forty finisher. Amazing Ann Thrupp of Stanford demolished the women's field with a very fast 48:14 standard, almost two minutes below Sharon Furtado's 50:03 of 1976, and three minutes ahead of Judy Leydig (51:12). Ruth Anderson (55:08) was top masters woman...430 finished. /Leydig/

HOWARTH PARK-SPRING LAKE RUN (June 18, Santa Rosa): /4.3 Mi./ 1-Pete Flores/AGRC 24:02.5, 2-Kesecker 24:44, 3-Kenyon/VMTTC 25:02, 4-Hackmann/VMTTC 25:13, 5-Miller 25:30, 6-Judson 25:36, 7-Leoni 26:16, 8-Ealey 26:42, 9-Hoyt 27:27, 10-Chan/WVTC 27:55, ...18-J. Dana(40+) 29:39, 26-R. Simmie 31:55 (1st woman)... 35 finishers. /Darryl Beardall/

USTFF NATL. JR. INVIT. 6-MILE (TRACK) (June 25, Lompoc): 1-Steve Alvarez/CoachellaVly 29:10.2, 2-Rod Berry/WVTC 29:13.2, 3-Ortiz/Kenn-Bar 29:15.3, 4-O'Neil/Jesuit-BC 29:39.6, 5-Holmes /WVTC-Downey 29:41.0, 6-Creer/SLC 29:52.0, 7-Weston/Fia 29:53, 8-Rios/LennoxHS 29:58.0, 9-Gaul/Jesuit-BC 29:59.0, 10-Farrell /ARJC 30:06, 11-Love/CWTC-Carlmont 30:27.0, 12-Gookin/Phry-SD 30:40.0, 13-Young/CosMesa 30:46.0, 14-Ebner/BA 30:55, 15-Devery/Salem,Ore. 31:03. /Joe Sciame/

LOMPOC DISTANCE CARNIVAL (June 25-26, Lompoc): /4.9 Mi. Road Race/ 1-Schanke/MTC 22:04, 2-Williams/MTC 22:08, 3-Hansen/MTC 22:48, 4-Meyer/HSTC 22:54, 5-Nanninga/WVTC 23:37, 6-Tracy/CP 24:20, 7-Weston/FiaHS 24:29, 8-Casper/SLDC 24:50, 9-Lange/BC 25:17, 10-Alarcon/Un(40+) 25:19...14-Lynch/HSTC(40+) 26:11; /Women's Invit. 3000m/ 1-Graham/WVTC 9:39.9, 2-Olrich/WVTC 9:49.7, 3-Trason/MPTC 10:05.3. /Joe Sciame/

MARIN COUNTY 100 x 1-MILE RELAY (June 25, Larkspur): The race was sponsored by the Dipsea Indian Racing Team (DIRT) & the Pacific Sun, with Mike & Mary Healy doing the organization. A new record of 9:38:14 for a mixed team was the result...the fastest mile was Colin Chapman's 4:40, while Sara Sweeney did a 5:25 to top the women (21 of them). /Mike & Mary Healy/

PIONEER STAMPEDE (July 4, Pioneer): /4.4 Mi./ 1-Frank Custino 24:55, 2-Lambie 25:10, 3-Chalmers 25:42.../Jr. Men, 13-18/ Schultz 33:12.../Women/ Altman 36:40.../Boys & Girls, 12-Under/ Kelly Davenport 57:29...21 entrants. /Tom Lambie/



Early stages of the USTFF Jr. 6-Mile that saw nine runners go under 30 minutes (Steve Alvarez leads here). /Joe Sciame/

1-Ronald Wayne/NTC	40:08	25-Jim O'Neil/SFOC	44:48*	49-Rick Rockwell/ETC	46:43	73-Norm McAbee/Un	48:33*
2-Gerry Garcia/Army-WVTC	40:21	26-Mike Smith/Chab	44:54	50-Gerard Honore/Un	46:45	74-Stan Anderson/Un	48:46
3-Jim Nuccio/WVTC	40:21	27-John Notch/Un	44:54	51-Jeff Farmer/Chabot	46:54	75-Ralph Gowen/WVTC	48:59
4-Bill Seaver/WVTC	40:29	28-Bryan Gieser/WDS	44:55	52-Mike Wheeler/PMK	46:58	76-David Morning/Un	49:04
5-Jan Sershen/ETC	41:44	29-Mitch Wasterlain/WVTC	44:55	53-Mike Healy/DIRT	46:59*	77-Yoram Hanfling/Un	49:05
6-Mike Niemiec/WVTC	41:49	30-Tim Swezey/PMK	44:58	54-Ross Rowley/SUND	47:01	78-Dan Hintz/WVTC	49:09
7-John Sheehan/WVTC	41:51	31-Steve O'Brien/PMK	45:03	55-Doug Peck/AGRC	47:02	79-Bryan Holmes/WVJS	49:13*
8-Steve Dean/Un	42:14	32-David Callnon/Un	45:25	56-Adrian Wong/Un	47:15	80-John Hawkes/Un	49:16
9-Bill Spence/WVTC	42:31	33-Wayne Plymale/PMK	45:27	57-Mike Fanelli/Un	47:21	81-Joe Camisa/Un	49:17
10-Jack Leydig/WVTC	42:45	34-Doug Butt/WVTC	45:31	58-Keith Whittingslow/OC	47:23	82-Gordon Stewart/TAM	49:36
11-Roland Watson/WVTC	42:58	35-Chris Turney/Un	45:33	59-George Ridout/TAM	47:28	***WOMEN***	
12-Tad Woliczko/PMK	43:14	36-Raymond Randolph/PMK	45:35	60-Edward Lee/LVRC	47:36	70-Ann Thrupp/Stanford	48:14
13-Ernie Rivas/PMK	43:18	37-George Green/PMK	45:39	61-William Jenney/Un	47:39	122-Judy Leydig/WVTC	51:12
14-Mike Plummer/Chab-WVTC	43:21	38-Tim Lavelle/Un	45:40	62-Doug Essary/Army	47:51	133-Kathy Himmelberger/WV	52:05
15-Bob Darling/ETC	42:28	39-Tom Adams/Un	45:44	63-Tom Robinson/PMK	47:55	151-Joan Ulliot/WVTC	53:10
16-John Aguilar/SJD	43:33	40-Don Roth/Un	45:57	64-Frank Nolan/Un	47:58	152-Sanora Gadwood/UOP	53:14
17-Tom Burns/Un	43:36	41-Bob Myers/PMK	45:58	65-Alex Aguilar/Un	47:59	167-Gail Campbell/WVJS	54:37
18-Daryl Zapata/WVTC	43:37	42-Rich Govi/TAM	45:59	66-Dan Lavelle/SFOC	48:01	175-Ruth Anderson/NCS	55:08*
19-Kent Guthrie/WVJS	43:39*	43-Tim Rostege/WVTC	46:01	67-Ivar Sienega/Un	48:04	184-Peggy Lyman/WVTC	55:37
20-Paul Thompson/Un	44:07	44-Marc Driscoll/Un	46:05	68-William Lovelace/PMK	48:05	193-Karen Diekmeyer/SUND	56:07
21-Tim Donovan/SBAA	44:15	45-Jeffrey Wall/PMK	46:28	69-Jim Logan/SUND	48:33	195-Gail Gustafson/Un	56:15
22-Boyd Tarin/WVTC	44:34	46-Homer Latimer/Un	46:33	70-Ann Thrupp/Stanford	48:14	200-Peggy Lavelle/MLTC	56:31
23-Ralph Bowles/WVJS	44:39*	47-Ed Jerome/TRAC	46:34	71-Peter Stein/TRAC	48:29	204-Pat Whittingslow/PMK	56:51
24-Joe Day/Shrevpt TC	44:47	48-Ray Menzie/WVTC	46:35*	72-Wm. DeMartin/UCSF	48:30	214-Kathy Armbruster	57:47



Leaders at half-way in the G.G. Park 8-Miler, left to right: Gerry Garcia, Jim Nuccio, Ron Wayne, and Bill Seaver. Ray won in 40:08. /Lois Gowen/



(Left) Ann Thrupp clipped nearly two minutes from the old course record at the Golden Gate Park 8-Miler with a quick 48:14. /Lois Gowen/ (Above) Start of the same race. /Lani Bader/

PINOCCI AND SERSHEN IN EASY SPRING RIDGE VICTORIES (Apr. 17, Milpitas): /6.07 and 10.76 Mi./ - Mike Pinocci and Jan Sershen repeated as victors in the Cupertino Yearlings' Spring Ridge Run, both winning by over 10-seconds per mile, but neither approached their 1976 course marks of 31:57 and 62:48. Kent Guthrie meanwhile seemed intent on obliterating every masters record on the book to Ann Trason's 41:29 with her 39:13. Other records were hard to come by, as only Kerry Brogan's 88:41 (14-17 girls) and Louis Stojanovich's 97:15 (9/under boys) were faster than previous times, both coming on the long course. Ralph Bowles got within 17 seconds of Ulrich Kaempf's 70:48 to cop the masters title in the 10-miler. Actually, Vicky Bray holds the fastest female time for the 6-miler at 39:00 (set in 1976), but Karen's 39:13 did set a new 'women's' division standard. This race's popularity seems to be growing, even with it's steep hill (on the longer run). A total of 109 finished the short run, while 49 ran 10 miles. /Lantrum/

1-Mike Pinocci/WVTC	33:00	9-Don MacDonald/PMK	37:52*	17-Myron Neuraumont	40:12*	25-Dave Harbour	42:01
2-Steve Brooks/Stn.St.	34:10	10-Robert Wellick	38:07	18-Carl Martin/WVJS	40:19*	26-Richard Adler	42:15
3-Bruce Rider/WVJS	34:20	11-Richard O'Dell	38:22	19-Jim Myers/PMK	40:30	***WOMEN***	
4-Roland Watson/WVTC	34:32	12-Steve Fuller	38:28	20-Derl Crowder	40:41*	14-Karen Nachbar/CN	39:13
5-Tad Woliczko/PMK	34:41	13-Evencio Hurtado	38:53	21-David Collins	41:00	33-Rosemarie Lagunas	43:15
6-Kent Guthrie/WVJS	35:15*	14-Karen Nachbar/CN	39:13	22-Don MacIntosh	41:02	42-Cathy Demmelmaier	44:02
7-Bob Myers/PMK	36:50	15-Manny Mahon	39:38	23-Steve Simpson/WVTC	41:22	51-Skip Swannack/WDS	45:00
8-Jerome Lewis/NCS	37:06*	16-Timothy Olson	39:43	24-Cliff Collins	41:33	62-Michelle Miller	46:15
1-Jan Sershen/ETC	64:12	5-Ray Menzie/WVTC	72:25*	9-Richard Scott	77:13	13-Jeffrey Tindall	81:20
2-Pat Buzbee	66:29	6-Jesus Garza	74:47	10-Gough Reinhardt/LVRC	79:39	***WOMEN***	
3-Keith Crowder/WVJS	69:01	7-William Lovelace/PMK	75:22	11-Charles Bannan	80:35	21-Kerry Brogan/Arrow	88:41
4-Ralph Bowles/WVJS	71:05*	8-Joe Salazar	75:23	12-Bob Malain/NCS	81:05*	45-Carol Gleason	114:22

RIVAS AND TAYLOR GRAB 'AVENUE' VICTORIES (May 1, Weott): - After being down by 1:45 at twenty miles (to Michael Merrell's 1:47:20), Ernie Rivas worked his way up from fourth to pull off another victory at this every-growing marathon (over 1000 entries this year...still awaiting full results at this time, July 17). His 2:23:35 was only a few seconds off his 1976 winning time of 2:23:17, but his margin of victory was a bit bigger this time (13 seconds, vs. 9 last year!), besting Ed Strabel of Colorado in the process. Third-placer, Daryl Zapata, set a big PR of 2:24:18 while moving up from fifth at 20 miles. Third NorCal finisher was Bob Cooper, whose 2:26:11 was also a personal best. Marilyn Taylor lowered her best time also in winning the women's division at 3:01:15, about a half-mile ahead of Sue Krenn of San Diego, who clocked 3:04:58. Ruth Anderson didn't match her best time, but a 3:09:44 for a 47-year-old woman is super in anyone's books. In between Krenn and Anderson was newcomer Karen Rosenblatt (3:05:18) of Davis. The masters competition was fierce, although the finishers weren't all that close. Three broke 2:40, led by Canada's Stewart Fall, who did 2:33:54, besting LaJolla's Dave Worthen, who notched a quick 2:36:11. Amazing 54-year-old Ed Almeida started out swiftly (57:35 at 10 miles), faltered to 1:59:25 at 20 miles, but held on to notch a great 2:39:02 for 34th overall. Ray Menzie was top NorCal master with a 2:41:28, indicating he is well on his way to a full comeback after his disabling bike accident last summer. Depth was noticeably present in this year's run, with 205 under three hours. /Dick Meyer/

1-Ernie Rivas/PMK	2:23:35	25-Dick Ratliff/S.F.	2:36:55	49-Roger Scott/Cotati	2:43:07
2-Ed Strabel/Colorado	2:23:48	26-Frank Krebs/BC	2:37:13	50-Rodney Mowbray/SRosa	2:43:19
3-Daryl Zapata/WVTC	2:24:18	27-Tom Lunne/Berk	2:37:43	51-Jerry Tucker/Arcata	2:43:27
4-Alan Kerr/B.C.	2:24:44	28-Kim Schaurer/TAM	2:37:45	52-Robt. Lawrence/M.V.	2:43:36
5-Robert Cooper/WDS	2:26:11	29-David Mineau/Chico	2:37:47	53-Rod Smith/Redding	2:43:54
6-Tom Lee/Pasadena	2:27:32	30-Thomas Robt. Kempf	2:37:48	54-John Popoff/Ariz	2:44:08
7-Michael Merrell/Ore	2:27:45	31-Atkins Chun/S.F.	2:38:13	55-Randy Belzer/Syn	2:44:30
8-Ron Nabers/Colorado	2:28:39	32-Doug Rennie	2:38:50	56-Gary Alderman/WCrk	2:44:36
9-Pat Buzbee/Turlock	2:28:43	33-Bryan Gieser/WDS	2:38:56	57-Wm. Dunlop/Livmre	2:44:51
10-Mark Proteau/AGRC	2:28:58	34-Ed Almeida/SDTC	2:39:02*	58-William Jenney/Berk	2:45:07
11-Chris Cole/HSU	2:29:05	35-Joe Maher/TAM	2:39:13	59-Joseph Day/ShrevTC	2:45:09
12-Kevin Heaton/SD	2:30:43	36-Audun Endestad/M.L.	2:39:25	60-Ted Wilson/KJ	2:45:10
13-Keith Forman/Wash	2:30:54	37-Ed Stromberg/Sacto	2:39:38	61-Jerry Hall/Stanford	2:45:18
14-Joe Burgasser/CCAC	2:31:08	38-Bundy Phillips/Arc.	2:39:47	62-Walt Basinger/S.F.	2:45:21
15-Brian Bonner/LVRC	2:31:17	39-Howard Moody/S.D.	2:39:48	63-Michael McKeown/SD	2:45:22
16-Jack Case/Porterville	2:32:29	40-Bruce Rider/WVJS	2:39:51	64-Bill Peck/Wasco	2:45:36
17-Keith Crowder	2:33:01	41-Scott Claypoole	2:41:02	65-Larry Dzelusta/Pac	2:45:54
18-Mike Buzbee/Y.C.	2:33:01	42-Ray Menzie/WVTC	2:41:28*	66-John Botke/SBarbara	2:46:11
19-Stewart Fall/B.C.	2:33:54*	43-James Harper/Arcata	2:41:35	67-Bert Johnson/Sytle	2:46:12
20-Geoff Pietsch/Miami	2:34:17	44-Rick Brown/Arcata	2:41:45	68-Terry Casey/ETC	2:46:33
21-David Worthen/L.J.	2:36:11*	45-Ron Medel/Eureka	2:41:47	69-Jesus Garza/SRosa	2:46:43
22-David Fuller/S.F.	2:36:29	46-Fred Forsberg/Sacto	2:42:38	70-Marc Lund/WVTC	2:46:47
23-Bob Coleman/Berk	2:36:33	47-Steve Cole/Wash	2:42:42	71-Russ Kiernan/M.V.	2:46:51
24-Greg Jewett/PMK	2:36:47	48-Dick Look/Redding	2:42:48	72-John Dressler/Lvrme	2:47:01



Ernie Rivas defended his 1976 Avenue of the Giants Marathon title in 2:23:35. /D. O'Rourke/

73-Mike Souza/RLinda	2:47:05
74-Tom Rothhaar/S.D.	2:47:07
75-Joe Kattenhorn/O'vle	2:47:09
76-Jack Hackmann/VMTC	2:47:13

...More on next page...

77-Dave Prokop/SanJose	2:47:23	100-Don MacIntosh/NCS	2:50:22*	123-Edward Fenner/Lafay	2:53:03*	146-Jonathan Brown/Sac	2:54:59
78-Gene Schumberg/ER	2:47:34	101-Bill Hanselmann/Ore	2:50:30	124-Thomas Palmer/Okld	2:53:06	147-Richard Buxton/Laf	2:55:15
79-Richard Welch/Arcata	2:47:51	102-Mike Dibos/S.Diego	2:50:34	125-Theo Jones/PMK	2:53:16	148-Tom Purkiss/M.L.	2:55:22
80-Pete Savitz/S.D.	2:47:54	103-Rudy Dressendorfer	2:50:46	126-Bill McCarthy/Arc	2:53:21	149-Bryan Haupt/Bakfld	2:55:29
81-Howard Will/III.	2:47:55	104-Rob Bates/Arcata	2:50:47	127-Aaron Goldman/Davis	2:53:23*	150-Dieter Diekmeyer	2:55:31*
82-Ross Rowley/SUND	2:47:59	105-Rick Edson/Davis	2:50:51	128-Mike Conroy/ETC	2:53:26	151-Timothy Treacy/OC	2:55:44*
83-Karl Maxon/Eureka	2:48:14	106-Dan Williams/Berk	2:50:59	129-Torrence Parsons	2:53:27	152-Harry Cross/WVTC	2:55:47
84-Thomas Bowen/Fresno	2:48:19	107-Chuck Daniels/Reno	2:51:00	130-Roy Scellato/Syvle	2:53:28	153-Ivan Rarick/Sacto	2:55:57
85-Wil Sale/Albany	2:48:25	108-Greg Hubbard/Frfrx	2:51:11	131-Ray Fletcher/Stfd	2:53:29	154-Werner Brandt/Arc	2:55:58
86-Zeke Mazur/S.D.	2:48:41	109-Robert Weillck/Sal	2:51:11	132-Mark Burch/Chico	2:53:31	155-Jim Holben/WVTC	2:56:02
87-Tom Hayes/Redding	2:48:45	110-Terry Noyes/Slean	2:51:12	133-Robt. Frederick	2:53:49	156-Gary Martin/Stnfrd	2:56:03
88-Robt. Anderson/Stan.	2:48:46	111-Michael Wheeler/WCrk	2:51:33	134-Fraser Rasmussen	2:53:54	157-Raney Hall/Watsvle	2:56:05
89-George Crandell/SRRK	2:48:51*	112-Tom Mota/Oakland	2:51:34	135-Ron Kesecker/SRosa	2:54:00	***WOMEN***	
90-Wm. Daniel/Arcata	2:48:54	113-Craig Roland/ER	2:51:35*	123-Mark Hines/S.F.	2:54:04	214-Marilyn Taylor/Arc	3:01:15
91-Marc Hoschler/Sacto	2:49:16	114-Paul Holmes/BC	2:51:43*	137-Bob Darling/ETC	2:54:30	237-Sue Krenn/SDTC	3:04:58
92-Mike Bregante/Stktn	2:49:34	115-Walt Van Zant/WVJS	2:51:49	138-Lorenzo Chambliss	2:54:32	242-Karen Rosenblatt	3:05:18
93-Rick Dewey/Arcata	2:49:35	116-Hans Roenau/TAM	2:51:57*	139-Bob King/Glendale	2:54:34	288-Ruth Anderson/NCS	3:09:44*
94-Fred Kenyon/VMTC	2:49:45	117-Hoyt Walker/LVRC	2:52:18	140-Gary McIntosh/Ore	2:54:39	323-Karen Diekmeyer	3:13:11
95-Phil Sanfilippo/WVJS	2:49:46	118-Jon Blasingame/Sac	2:52:38	141-Marvin Winer/WVTC	2:54:40	358-Vicki Blankenship	3:15:18
96-Jerry Berkouf/LaMesa	2:49:47*	119-Jim Carr/Concord	2:52:52	142-Fred Millard/S.D.	2:54:42	389-Sandy Gadwood/E.C.	3:18:18
97-Cowman/Olym.Vly.	2:49:52	120-Tom Robinson/S.F.	2:52:56	143-Orin Dahl/Berkeley	2:54:44*	409-Arleen Mears/SJC	3:19:53
98-Robt. Hedges/Sacto	2:49:53	121-Harry Cottrell/Mckv	2:52:57	144-Jack Zarkarian	2:54:49	426-Donna Gookin/SDTC	3:21:36*
99-James Logan/Stktn	2:50:10	122-Greg Nelson/Reno	2:53:02	145-Michael Fenner/Syvle	2:54:59	449-Linda Data/Fresno	3:23:17

MAXWELL EDGES SEAVER AT ANGEL ISLAND; GUTHRIE AND GUMBS-LEYDIG SET RECORDS (May 7, Angel Island):

Cal's distance coach, Brian Maxwell, just a few weeks off a third-place Boston Marathon finish, had his hands (feet?) full on this one with Bill Seaver making a determined bid to close a one-second gap. Brian's 23:43 clocking was way off Ron Wayne's 1976 course mark of 23:07 for the 4.78-mile loop of the island. It was basically a two-man race, as Englishman Pete Hamilton was a distant 24:32 in third. Kent Guthrie had his work cut out for him in setting a new masters record, as his 25:36 was only 8 seconds under Jim Shettler's 1975 time. However, he left his nearest competitor, Mike Healy (27:12), more than a quarter-mile back to fight it out with Bill Jensen, who did 27:14. Judy Gumbs-Leydig also bested the course mark (for women), with a good 29:13, twelve seconds better than Diane Williams' 1974 winning pace. Judy likewise had little competition, as teammate Kathy Himmelberger was runnerup in 30:00+. For some unknown reason, the race results have only about ten percent (or less) of the times listed, so we don't know her exact time. Seems like a little better job could have been done!! You'll have to interpolate to get as close as you can to your actual time (it gets worse further down the line). /The Guardsmen/



(Above) Start of the Angel Island Run, with more than 1300 finishers! /Sharon Gowen/
(Right) Brian Maxwell winning the same race, just a second in front of Bill Seaver. /Perry/



1-Brian Maxwell/NTC	23:43	29-Ross Rowley/SUND	-----	57-G. Chapman	27:55
2-Bill Seaver/WVTC	23:44	30-Kees Tuinzing/TAM	27:04	58-R. Greenwald	-----
3-Pete Hamilton/ETC	24:32	31-R. DeGlymee	-----	59-J. Sourr	-----
4-Bob Bunnell/TAM	24:58	32-Ted Wilson/KJ	-----	60-T. Smith	-----
5-C. Flaten	25:15	33-B. Linsott	-----	61-M. Coode	-----
6-Dave Himmelberger/WVTC	-----	34-L. Sandson	-----	62-D. Lyon	-----
7-E. Everend	-----	35-Mike Healy/DIRT	27:12*	63-E. Wenan	-----
8-Kent Guthrie/WVJS	25:36*	36-T. Lunne	-----	64-E. Richardson	28:10
9-Frank Boutin/Stanford	-----	37-Bill Jensen/PMK	27:14*	65-H. Rosen	-----
10-C. Otis	-----	38-Bruce Carradine/DIRT	-----*	66-Dennis Kroll	-----
11-F. Forsberg	-----	39-Larry Sumner	-----	67-J. Bossell	-----
12-T. Hughes	26:01	40-M. Feise	-----	68-Gordon Stewart/TAM	-----
13-Don Chaffee/ETC	26:10	41-R. Doubell	-----	69-Strause	-----
14-R. Herzog	-----	42-Cardiasmanos (sp?)	27:21	70-S. Vukajlovich	-----
15-Ray Orwig/WVTC	-----	43-Craig Roland/ER	-----*	71-D. O'Regan	-----
16-C. Poynter	-----	44-Nick Vogt/GSTC	-----	72-D. White	28:26*
17-C. Hinds	26:18	45-T. Mullen	-----	73-B. Hastings	-----
18-D. Hersh	-----	46-J. Vicory	-----	74-K. Krause	-----
19-B. Lawrence	-----	47-Bob Malain/NCS	27:30*	75-C. Niehoff	-----
20-Tim Rostege/WVTC	-----	48-N. Berg	-----	76-J. Martin	-----
21-Dick Cordone	26:26	49-Steve Deschler/PMK	27:38	77-R. Fragnlis	28:34
22-P. Reese	-----	50-K. Mayne	-----	78-S. Botta	-----
23-D. Kraus	26:35	51-J. Moore	27:44	79-M. Stubblefield	-----
24-J. Coburn	-----	52-D. McCormack	-----	80-R. Hoffman	-----
25-D. Zielke	-----	53-J. Miller	-----	81-O. Mulford	28:43
26-Unknown Runner	26:45	54-Harry Skandura	-----	82-A. Standridge	-----
27-J. Enscoe	-----	55-R. Sova	-----	***WOMEN***	
28-E. Krogh	26:52	56-J. Cook	-----	106-Judy Gumbs-Leydig/WVTC	29:13

148-Kathy Himmelberger/WV	-----
156-Pam Bast	30:17
189-Carolyn Tiernan/WVTC	30:47
256-Vicki Blankenship	-----
339-Chris Fox	-----
347-Kathy Brieger/NCS	34:45*
348-Marty Maricle/NCS	34:46*

GEIS & LEYDIG ARE BAY-TO-BREAKERS VICTORS (May 15, San Francisco): /7.63 Mi./ - Anticipating the crowd's false start, many of the top runners got fairly decent starts this year...actually, most were caught unawares, warming up a block or so ahead of the crowd. When the mob broke about eight minutes prematurely, Paul Geis, Jim Nuccio, and a good number of others, took off to keep from being trampled by the 12,000+ warm bodies that composed, officially and otherwise, this year's Bay-to-Breakers 'happening'. Judy Leydig was the top official woman entry in 47:38, with teammate Kathy Himmelberger an even minute back in a near rerun of the previous week's battle. Darryl Beardall, running his best race here in some time, grabbed 39th spot for the top masters' position (41:20). Geis' 37:03 was a new course record, but doesn't mean much since no one knows how far he ran. (See top of next page for more...)

West Valley defended its team title by placing five runners in the top 25 places. Below are listed some of the top finishers, although there are many discrepancies in times (including my own). So, for what they're worth, here they are, reprinted from the *S.F. Examiner*, the sponsoring newspaper. Although it gets more and more discouraging to battle the crowd each year, it's still a lot of fun...as long as you don't take it too seriously!!

1-Paul Geis/Un	37:03	36-Lou Patterson/AIA	41:02
2-Jim Nuccio/WVTC	37:50	37-Roland Watson/WVTC	41:13
3-Jon Sutherland/C.Nrthr	38:37	38-Homer Latimer/Un	41:14
4-Gary Tuttle/TS	38:47	39-Darryl Beardall/MH	41:20*
5-Bill Moran/Un	38:53	40-Jack Lawson/Modesto	41:23
6-Brian Maxwell/BodyAmmo	38:58	41-Joe Ballard/Un	41:35
7-Darren George/AIA	38:59	42-Henry Perez/SUND	41:41
8-Dave Smith/AIA	39:01	43-Chuck Harris/Un	41:42
9-Pat Tyson/CNW	39:07	44-Don Ocana/CCAC	41:43
10-Bill Clark/WVTC	39:09	45-Harold Celms/Stanford	41:44
11-Jerry Garcia/Army-WVTC	39:11	46-Jose Renteria/PTC	41:45
12-Bill Seaver/WVTC	39:18	47-Lester Mina/AGRC	41:51
13-Steve Palladino/CWTC	39:22	48-Tom Wheeler/Un	41:55
14-Dennis Dierckman/TTC	39:24	49-Paul Gaetano/HMC	41:56
15-Pete Sweeney/AGRC	39:24	50-Rudy Dressendorfer/AGRC	42:00
16-Mike Niemiec/WVTC	39:28	51-David Fuller/Un	42:06
17-Cliff Rees/Army	39:29	52-Ed Avol/BB	42:07
18-Pete Hamilton/England	39:34	53-Bill Meinhardt/WVJS	42:08
19-Angelo Martinez/AGRC	39:52	54-Dick Ratliff/Un	42:09
20-John Moreno/CWTC	39:59	55-Mike Lennemann/FPTC	42:15
21-Paul Cook/AIA	40:05	56-Wayne Plymale/PMK	42:16
22-Czerwony Capri/AGRC	40:06	57-Atkins Chun/Cal	42:17
23-Pete Flores/AGRC	40:11	58-Jon Beaton/SLDC	42:18
24-Daryl Zapata/WVTC	40:12	59-Dave Muela/ETC	42:19
25-Ken Scalmanini/SFPC	40:13	60-Craig Corey/WVTC-Stfrd	42:28
26-John Currie/Kajaks-BC	40:14	61-Jack Leydig/WVTC	42:29
27-Jim Scorgie/Kajaks-BC	40:23	62-Doug McLean/WVTC	42:37
28-Dennis Tracy/WVTC	40:32	63-Tim Swezey/PMK	42:38
29-Mark Proteau/AGRC	40:39	64-Wolf Mashohn/LGRR	42:39
30-Gary Goettelmann/WVTC	40:44	65-Bryan Gieser/WDS	42:40
31-Dick Weeks/BB	40:46	66-Keith Strodl/Un	42:41
32-Phil English/WSU	40:52	67-Mike Conroy/ETC	42:42
33-Bill Spence/WVTC	40:53	68-Mike Eash/ETC	42:56
34-Bob Lange/CWTC	40:54	69-Steve Barr/BC	42:57
35-Paul Fletscher/LIAC	40:55	70-Dennis Trujillo/Army	42:58



The top of the Hayes Street Hill at Bay-to-Breakers...note the stranded buses along with a couple of runners. /Lloyd Gowen/

71-Rick Woods/Kajaks-BC	43:01	90-Alan Swenson/Un	43:37
72-Tom Coniglio/Army	43:01	91-Steve Adams/BB	43:45
73-Kim Schaurer/TAM	43:02	92-Gary Galloway/Un	43:47
74-Jim Lee/RFD	43:03	93-Jon Enscoe/Un	43:48
75-Jim Ditaria/Un	43:04	94-Steve Specker/Un	43:55
76-Dick Cordone/Un	43:10	95-Brian Baumruk/Un	43:56
77-Doug Peck/WDS	43:11	96-Cedric Sutton/Un	43:57
78-Philip Kay/Un	43:12	97-Ray Bonner/Un	43:58
79-Jim Langley/Un	43:13	98-Joe Taxiera/AGRC	44:00
80-Dean McComb/Un	43:14	99-Marty Bernstein/Un	44:01
81-Richard Lenon/Un	43:15	100-Rob Laxson/Woodland	44:02
82-John Geer/WC	43:16	101-Ross Rowley/SUND	44:03
83-Clark Danielson/DSE	43:24	102-Jim Hadder/Florida TC	44:09
84-Bob Nanninga/WVTC	43:28	103-Terry Casey/ETC	44:10
85-Mike Eck/Un	43:29	***WOMEN***	
86-Glen Pruitt/Un	43:30	269-Judy Gumbs-Leydig/WV	47:38
87-Raymond Randolph/PMK	43:31	324-Kathy Himmelberger/WV	48:39
88-Greg Jewett/PMK	43:32	333-Judy Camerlengo/Un	48:49
89-Greg Szanto/SAS	43:36	443-Carol Urish/CTC-Texas	50:41

BROOKS WINS ARMED FORCES DAY 5-MILER (May 21, Sharpe Army Depot, Stockton): - Stanislaus State's Steve Brooks took a 15-second margin of victory over come-backing Henry Perez of Sundance TC, who has only raced a few times in the past year. Steve's 24:46 goes as a record for this first annual affair. The little-publicized race drew a good-sized field that saw 137 finishers. Roger Bryan came from San Jose to grab the masters prize from San Francisco's Don MacDonald, 27:49 to 28:16. Debbie Hickman of the sponsoring club clocked 32:17 in downing top masters runner, Ruth Anderson, who had 32:51. The Tax Reducers AC placed their five scorers in the top 18 places to take the team title, even though Sundance's fifth man was in 17th spot. I take that back, after refiguring, I get a tie score, 54-54, with Sundance coming out the winner with a higher fifth-placer. But, by adding total team time, TRAC comes out on top by one second: 2:14:59 to 2:15:00!!! Now that's what I call a close battle. On a dual meet basis, Sundance comes out on top, 27-28. You decide who won! /Bruce Adams/

1-Steve Brooks/Un	24:46	22-Arthur Felix/SUND	28:43
2-Henry Perez/SUND	25:01	23-Ross Rowley/SUND	28:43
3-Ken Danz/Un	25:20	24-Sergio Aguilar/Un	29:09
4-Bradley Brown/SUND	26:05	25-Ken Lehman/Un	29:11
5-Bruce Rider/Un	26:08	26-Raoul Perez/Un	29:12
6-Claus Pedersen/TRAC	26:11	27-Richard Cooper/Navy	29:21
7-Jake White/TRAC	26:17	28-Max Perez/SUND	29:48
8-John Swift/Un	26:28	29-Dieter Diekmeyer/SUND	29:53*
9-Rich Stiller/TRAC	26:29	30-Mike Rowerdink/SUND	29:54
10-Carl Swift/AIA	26:45	31-Kerry Kilgore/SUND	30:00
11-David Sullivan/Navy	27:02	32-Gonzalo Aguilar/Un	30:01
12-Steve Thompson/Un	27:07	33-Derl Crowder/SUND	30:01*
13-Brent Cushenbery/BC	27:16	34-Pete Richardson/WVTC	30:10*
14-Roger Bryan/TRAC	27:49*	35-Ronald Prior/OPHIR	30:11
15-Mike Bregante/SUND	27:52	36-Tony Chan/SUND	30:20
16-Keith Crowder/SUND	27:52	37-Michael Corbholz/DSE	30:37*
17-Rick Buck/SUND	28:10	***WOMEN***	
18-Terry Mullen/TRAC	28:13	53-Debbie Hickman/SUND	32:17
19-Don MacDonald/PMK	28:16*	57-Ruth Anderson/NCS	32:51*
20-Tim Nicks/AngelsCamp	28:22	64-Karen Diekmeyer/SUND	34:21
21-Jim Logan/SUND	28:36	73-Sue Anderson/SUND	35:32

Photos From Races Past and Present



Susan Perry
Photography

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LATE GNUS

SCHEDULING: - Got the following too late for our scheduling section: (July 31 - Pear Fair 2 & 10 Miles, Courtland (nr. Sacramento), 9 am...contact Jeff Bogle, Fleet Feet, 2408 "J" St., Sac'to 95816, Ph. 916/442-3338). **Alameda All-Comers T&F Meets:** July 30 & Aug. 6 only...must have competed in two previous meets to compete in final meet on 8/6; Age-Groups; starts at 11 am (approx.) at College of Alameda. --- **PHOTO DISPLAY:** Local road race pics by Sue Perry at Home Federal Savings in Sausalito (on Bridgeway) thru Aug. 15. She also has 15 rolls from S.F. Marathon...contact at above phone if interested in seeing. --- **SPONSORS NEEDED:** Still need a club or individual to put on PA-AAU Sr. & Masters X-C (see LDR Hndbk. for dates)...call Harold DeMoss (415/941-8975)...two separate dates!

CLARK NIPS SEAVER IN EXCITING GOLDEN GATE CHARITY RACE (May 22, Ft. Baker to S.F.): 7.6 Miles? - In one of the most exciting finishes this year, Bill Clark outkicked teammate Bill Seaver to win by less than a second over a somewhat lengthened course (long?) in 30:41. The proceeds benefited the Big Brothers & Big Sisters organizations, and from the 1000+ entrants, it was a super success...except for the mess at the finishline, where runners came through so fast that quite a lot of backup occurred. In addition, a large number of unofficial runners made things more difficult on the timers as many unregistered runners got their times recorded but then walked away without taking a finish-stick, thus throwing times out of order. Brian Maxwell was in the race with less than a few hundred yards to go, but he evidently misjudged the finish and dropped back, thinking he had a longer distance to go. Clark and Seaver got a quick jump on him that he couldn't close, and he finished some six seconds back. Kent Guthrie was his usual self in grabbing his untempted masters title this year without a loss, recording a fine 32:49 in eighteenth. Ever-improving Ulrich Kaempf was slightly less than a minute back, defeating an off-form Jim O'Neil, 33:41 to 34:14, for the runnerup slot in that division. Judy Leydig got a terrible start and didn't get into first until the bridge, but won the women's division going away, 38:59 to 39:42 for runnerup Kathy Himmelberger. Pax Beale had his usual assortment of special divisions, based on 'invitations' from the previous year's NCCR Point Total standings, thus giving some good runners a chance to prove the validity of the 'rankings'. The runners mentioned above were considered without consideration to these 'special divisions'. Following are only about the first half of the finishers due to lack of space. As promised (our donation to the race, so results wouldn't have to be mailed out), we will still list all finishers, but lack of space in this issue has forced us to wait until next time for the rest of them...sorry about that! - Note: We did not mark all masters runners with our customary '*' because they were not noted in the results. We did mark those that came to mind. Those who did not turn in their sticks/tags were omitted from the list below, along with obvious errors in placings that your editor caught. Hope you can read the small print! /Fax Beale, Carl Jensen/

1-Bill Clark/WVTC	30:41	27-Dan Hersch	34:14
2-Bill Seaver/WVTC	30:42	28-Jim O'Neil/SFOC	34:14*
3-Brian Maxwell/BA	30:47	29-Jeff Wall	34:15
4-Pete Hamilton/ETC	30:54	30-Clyde Helms	34:16
5-Steve Palladino/CW31:21		31-Ray Randolph	34:17
6-Jan Sershen/ETC	31:22	32-Don Chaffee/ETC	34:18
7-Mike Niemiec/WVTC	31:56	33-Ray Bonner	34:19
8-Steve Kelley/FPTC	32:01	34-Jim Hadder	34:26
9-Bob Bunnell/TAM	32:02	35-Lawrence	34:31
10-Bob Lange/CW	32:03	36-Lloyd Sampson	34:32
11-Jack Leydig/WVTC	32:19	37-Cliff Stewart	34:49
12-Tom Preston	32:23	38-Rob Ripplinger	34:50
13-Ron Eljah	32:29	39-Bill Sevald	34:51
14-Doug McLean/WVTC	32:29	40-Bill Jensen/PMK	34:54*
15-Kim Schauer/TAM	32:37	41-Mike Buckingham	35:01
16-Bill Spence/WVTC	32:42	42-De Blymes	35:02
17-Bob Darling/ETC	32:48	43-Ray Menzie/WVTC	35:03*
18-Kent Guthrie/WVTS	32:49*	44-Egill Krough	35:04
19-Corona	33:03	45-Hoyt Walker	35:05
20-Mike Plummer/WVTC	33:18	46-Jeff Farmer	35:10
21-Ulrich Kaempf/TRAC33:47*		47-George Ridout	35:11
22-Joe Maher/TAM	34:00	48-Russ Kiernan	35:12
23-Terry Hughes	34:05	49-Rich Matthews	35:14
24-Tom Confoglio	34:10	50-Bob Myers/PMK	35:18
25-Michael Hagen	34:11	51-Mike Faneli	35:19
26-Terry Casey/ETC	34:13	52-I. deVilliers	35:20

53-Ross Rowley/SUND	35:22	166-John Hirsch	39:12
54-Pat Palmer	35:23	167-Harry Jones	39:13
55-Kesacker	35:26	168-Mike Murphy	39:14
56-Rich Greenwald	35:31	169-Paul Orgeron	39:15
57-Chapman	35:32	170-Jonathan Colby	39:16
58-Mike Giordano	35:33	171-Mayers	39:17
59-Bob Malain/NCS	35:36*	172-Roy Eisenhardt	39:18
60-Ted Wilson/KJ	35:39	173-Bryan Kovacs	39:19
61-Hoffman	35:40	174-Mark Zembsch	39:20
62-Gene Spake	35:43	175-Paul Micenheimer	39:20
63-Ed Jerome/TRAC	35:47	176-Jerry Nelson	39:21
64-Bob Wharton	35:49	177-Gustafson	39:23
65-Sonny Reynaga/WV	35:50	178-Clifford	39:26
66-Kurt Mayne	35:53	179-Butchart	39:30
67-Dennis Teeguarden	35:57*	180-Francis Tortigian	39:32
68-Frank Lemus	35:59	181-Morgan Chu	39:34
69-Dave Larson	36:01	182-John Nakahata	39:35
70-Welch	36:02	183-Walt Thomason	39:40
71-James Jacobs/NCS	36:05*	184-K. Himmelberger	39:42
72-Wong	36:06	185-Jim McRae	39:43
73-Mike Noonan	36:08	186-Tom Mulkeen	39:45
74-Paul Armstrong/WV	36:12	187-Pfeiffer	39:47
75-Gene Fitzgerald/PK36:14		188-Smith	39:48
76-Maynard Hershon	36:19	189-Wong	39:49
77-Laurie Watson	36:20	190-Bob Sands	39:58
78-Edward Greub	36:21*	191-Ed Donahue	39:59
79-G. McD-Thomas	36:25	192-Moran	40:00
80-Brian McCurdy	36:26	193-Michael Kennedy	40:02
81-Roy Scellato	36:28	194-Tom Everett	40:04
82-Gerard Meyers	36:29	195-Jack Byrd	40:06
83-Joe Camisa	36:35	196-Jim Scannell/PMK	40:09*
84-Gary Grellman	36:36	197-Wm. Gregory	40:10
85-John Carleton	36:36	198-Steve O'Neil	40:11
86-Hurley	36:37	199-Serrano	40:15
87-Joe Ortiz	36:38	200-Chris Boome	40:19
88-Jack Gioglio	36:45	201-Paul Reese/BC	40:20*
89-Lyon	36:46	202-Jay Jacobson	40:20
90-John Laue	36:49	203-Gerald Flynn	40:21
91-Dennis Kroll	36:54	204-Joe Dana	40:27
92-David Avery	36:54	205-Mike Griffith	40:28
93-Raoul Kennedy	36:54	206-Jack Simonton	40:31
94-Richard Craig	36:54	207-David Berkedal	40:32
95-Jim Carr	36:55	208-Harry Genant	40:33
96-Raul Mendel	36:55	209-Robt. Pringle	40:34
97-Roger Major	36:55	210-Brendan Cottrell	40:35
98-Bryan Haupt	37:00	211-Hugh Fulmer	40:39
99-S.A. Richardson	37:01	212-Pete Alexander/PK40:40	
100-Tim Warner	37:02	213-Richard Adler	40:41
101-Tim Chavez	37:09	214-Mike Lohnberg	40:43
102-Mike Mraz	37:11	215-Paul Bragstad	40:44
103-John Foley	37:17	216-Flores	40:45
104-Dave Gratton	37:19	217-Jim Cross	40:47
105-Leventon	37:26	218-Walt Schorno	40:48
106-Hernandez	37:27	219-Tom Harries	40:49
107-Roy Gonzales	37:28	220-Chip Conradi	40:51
108-Nicholson	37:28	221-Dixon	40:55
109-Carlos Jacobo	37:29	222-Sullivan	40:57
110-Tim Treacy/DC	37:32*	223-Lucker	40:59
111-Dick White	37:34	224-David Hansen	41:00
112-Orin Dahl	37:36*	225-Sharip	41:01
113-Dave Rodriguez	37:37	226-Therrien	41:03
114-Tom Martuscell	37:39	227-David Renaker	41:04
115-Richard Diderson	37:39	228-Peter Fisher	41:06
116-Phil Gonzales	37:42	229-Rick Holderness	41:08
117-Jim Doran	37:44	230-Marty Foster	41:10
118-Thomas Knight	37:45	231-Ray Gatchalain	41:11
119-Nelson Nugent	37:46	232-Van Alen	41:12
120-Mike Timberling	37:47	233-Doug Fischer	41:13
121-Jim Myers	37:48	234-Mike Henderson	41:14
122-Greg Thomas	37:49	235-Mike McClure	41:15
123-Lorenzo Chambliss	37:51	236-Gail Campbell/WVJ41:16	
124-Thomas Reed	37:57	237-R.D. Caughron	41:17
125-Ron Treabess	37:58	238-Mike Korholz	41:18*
126-Shane	38:01	239-Ronald Shaheen	41:19
127-Michael O'Donnell	38:02	240-McAllister	41:20
128-Dave Mulford	38:03	241-George Gibson	41:21
129-Dan Dierken	38:06	242-Mark Ashizawa	41:28
130-Ralph Gowen/WVTC	38:07	243-Shirley Matson	41:29
131-Paul Gaten	38:08	244-Sue Miller/WVTC	41:30
132-Glen Jacoby	38:09	245-Burney Matthews	41:32
133-Gustafson	38:09	246-Kevin Bench	41:33
134-Tim Wehr/Jamp	38:12	247-Eric Peterson	41:34
135-Mike Mackenzie	38:18	248-Ron Kovacs	41:35*
136-Leo Ruiz	38:19	249-Alan Kornhauser	41:35
137-Alan Swartz	38:20	250-Daryl Coon	41:35
138-Zechlin	38:25	251-Finne	41:39
139-Dave Tovar	38:26	252-Bob Donnell	41:41
140-David Black	38:27	253-James Burke	41:41
141-Steve Lyons	38:36	254-Brian McBride	41:42
142-Jeff Hayes	38:39	255-Peter Strotz	41:42
143-Jeff Tindall	38:40	256-John Price	41:43
144-Dave Branning	38:40	257-Ward	41:44
145-Rob Alemany	38:43	258-Craig Bucy	41:45
146-Montenegro	38:44	259-Greg Aronson	41:46
147-Doughty	38:45	260-Jerry Wendt	41:49
148-Gordon Stewart	38:46	261-Norm Shaskey	41:50
149-Mark Jensen	38:47	262-Caroline Walker	41:51
150-Gary Chan/WVTC	38:49	263-Tom Zavortink	41:51
151-Mike Brown	38:51	264-Loren Black	41:55
152-De Urloo	38:52	265-Walfgang Zech	41:57
153-Tom Dresser	38:53	266-Dave Fraser	41:58
154-Daniel Zocchi	38:55	267-Paul Nadeje	41:58
155-Judy Leydig/WV	38:59	268-Jim Collins	41:59
156-Brian Healy	39:00	269-Joseph Bracken	42:01
157-Don Huff	39:01	270-John Hartman	42:02
158-Ed Healy	39:04	271-Paul Turnbull	42:03
159-Bob Gehl	39:05*	272-Chris Blum	42:04
160-John Dugan	39:06	273-Peter Cooney	42:05
161-Dave Steindorf	39:07	274-R.H. Bernstefin	42:06
162-Thomas Chuey	39:08	275-Tom Sheehan	42:07
163-Tom Martz, Jr.	39:09	276-T.K. McManus, Jr.	42:09
164-Bettencourt	39:10	277-Stan Morner	42:10
165-Don Wunn	39:11	278-Andy Finn	42:12

279-Weil	42:13	392-Dave Weill	45:12
280-Stephen Hill	42:14	393-Bob Siebenhaar	45:13
281-Terry Clarke	42:15	394-Bob Whitlock	45:14
282-Chad Breshears	42:21	395-Kevin Kelley	45:15
283-Lonnie Cason	42:21	396-Nick Ninos	45:16
284-Thomas Burns	42:21	397-Kaer	45:16
285-Jim Carney	42:22	398-Guy Wulfiner	45:19
286-Peter Morris	42:22	399-Bob Rolston	45:20
287-Allen Franklin	42:25	400-Peblor	45:21
288-Ken Southworth	42:25	401-Skip Swannack	45:22
289-W.P. Biggs	42:25	402-Joe Davis	45:23
290-Gary Carleton	42:26	403-Phil Conley/WVTC	45:24
291-Eugene Young	42:30	404-Michael Nurre	45:25
292-K. Bollinger	42:30	405-William Smith	45:26
293-Francis Hager	42:30	406-Owen	45:27
294-Chuck Birdsall	42:31	407-Gail Gustafson	45:29
295-Mike Thompson	42:31	408-Narvaez	45:30
296-Tim Goode	42:33	409-Arthur Fulton	45:33
297-N. Epanchin	42:35	410-Frog Kennedy	45:35
298-Terry Finnigan	42:37	411-Gee Sherwin	45:36
299-Paul Kellman	42:39	412-Peter Stewart	45:37
300-Sheldon Gersh	42:41	413-Anderson	45:38
301-Horan	42:44	414-Ron McAllister	45:39
302-Sam Thomas	42:45	415-Allan	45:40
303-Shannon Denos	42:46	416-Robert McAllister	45:41
304-Bill Zigmant/WV	42:48*	417-Jim Hickman	45:43
305-Stan Hayden	42:50	418-Jim Dower	45:49
306-Thurman Cheatham	42:50	419-Elaine Miller	45:50
307-Phelan	42:51	420-Ray Skjelbred	45:51
308-Michelle Miller	42:58	421-Bill James	45:53
309-Jay Miner	42:59	422-Woodie Hoffman	45:53
310-Dave Corporand	43:00	423-Lu Gonzalez	45:53
311-Walter Ebrecht	43:00	424-Joseph Campi	45:54
312-Paul Heidt	43:01	425-Allen Armstrong	45:54
313-Gerry March	43:02	426-Lorenzo Casados	45:55
314-Robert Binder	43:03	427-Scott Neely	45:56
315-Joe Walton	43:10	428-Sheldon Hartzat	45:57
316-Jim Oleyar	43:17	429-Lawrence	45:59
317-Ron Schroth	43:21	430-Reid	46:01
318-John Blankenship	43:23	431-Bill Reinka/WVTC	46:03
319-Robert Faberman	43:25	432-Cunningham	46:04
320-Ray Mahannah	43:26*	433-Martin	46:05
321-William Helm	43:27	434-Greg Friedel	46:06
322-Perry Burr	43:28	435-Greg Gabor	46:07
323-Schopman	43:29	436-Tom Stewart	46:09
324-Donald Cohon	43:30	437-Neison	46:10
325-Mark Betzina	43:31	438-Dan Barki	46:11
326-Chris Caul	43:32	439-Harry Silsby	46:12
327-Dennis Woodruff	43:33	440-Benjie Medina	46:14
328-Pat Whittingslow	43:34	441-Talbot Peterson	46:15
329-K. Whittingslow	43:37	442-Jack Meylink	46:18
330-Steve West	43:38	443-Russ Pillard	46:19
331-Peter Dahl	43:39*	444-Ivans Laversons	46:20
332-Jerry Hopponen	43:40	445-T.J. Egans	46:21
333-Paul Bush	43:41	446-Jerome Tarmann	46:21
334-Zack Caldwell	43:43	447-Houghton	46:22
335-Bevier	43:44	448-Shelly Sack	46:23
336-Otto Sommerauer	43:45*	449-Dana Tryde	46:24
337-Tim Drescher	43:46	450-Alex Bangert	46:25
338-Tom Cote	43:47	451-Neck	46:26
339-Gove	43:48	452-Yamada	46:27
340-Jeff Wallach	43:49	453-Steve Cheatham	46:28
341-Rich Condon	43:50	454-Marjo Sanchez	46:29
342-Mike Horst	43:51	455-Richard Hayden	46:30
343-Michael Smith	43:51	456-Chris Knipp	46:31
344-Gray	43:52	457-Harry Cordellos	46:32
345-Stan Dittman	43:54	458-Theo Jones	46:33
346-Coggan	43:55	459-Don O'Connell	46:34
347-Elliott Henderson	43:56	460-Mike Kelly	46:35
348-Polanco	43:57	461-Rich Shorkey	46:36
349-Gerrans	43:59	462-Jack Pike	46:37
350-McColm McLorg	44:05	463-Brian Mulholland	46:38
351-Irene Rudolf/WVTC44:06		464-Don Sarver	46:39
352-Teasdale	44:07	465-Earl Norgard	46:47
353-Bruce Dingwall/PK44:08*		466-Bricker	46:49
354-Holloway	44:09	467-Fred Flowers	46:50
355-Stephen Ley	44:10	468-John Franck	46:50
356-Paul Friant	44:12	469-Maidlow	46:50
357-Steve McKinney	44:14	470-Gawronski	46:51
358-John Glover	44:16	471-Duncan Newell	46:51
359-Jess Chavez	44:18	472-Mike Kissingour	46:51
360-Pauline Vasquez	44:20	473-Bill Shanahan	46:52
361-Inaki O'Kelly	44:22	474-Ed Kuczmarski	47:01
362-Terry Chavez	44:24	475-Maurice Hamilton	47:04
363-James Fyffe	44:25	476-Lefty Conover	47:04
364-Fred Dunn	44:27	477-Moore	47:04
365-Norman Geimer	44:28	478-Tom Culligan	47:05
366-Art Edelman	44:30	479-Charles O'Neil	47:05
367-Mike Fogel	44:31	480-Jim Richwine	47:06
368-Jose Manoat	44:31	481-Brock Settlemier	47:08
369-Bill Poore	44:32	482-Frank Trette	47:09
370-Bob Epstein	44:35	483-Elaine Pedersen	47:10
371-Jeff Forman	44:37	484-Bob Peterson	47:10
372-Frank Schleifer	44:38	485-Jim Platt	47:10
373-Clayton	44:39	486-Anthony Piales	47:11
374-Bob Zembsch	44:40	487-Gary Burns	47:12
375-J. Waterbury	44:41	488-Lane	47:15
376-Ken Cole	44:43	489-Simmie	47:16
377-Mary Gaffield	44:46	490-Jenny Ray	47:17
378-Pan McCarrie	44:50	491-Allan Power	47:18
379-J. Cian	4		

LONG DISTANCE RESULTS

AROUND THE BAY IN MAY (May 28, Costa Mesa): - /10.0 Miles/ 1-Brian Hunsaker/CDM 52:29, 2-Ruger 52:59, 3-Carlson 53:56, 4-Ocana/CCAC 54:15, 5-Eiler 55:33, 6-Fisanotti 55:41, 7-Sayward/AATA 55:51, 8-Duarte 56:02, 9-Sandoval/VHS 56:11, 10-Greenberg 56:13...26-Alarcon(40+) 60:25, 28-Piper/CDM(40+) 60:34, 31-Fry/HB(40+) 61:11...112-Hael (1st woman) 68:10.../342 finishers/
/John Brennan/

DSE DIAMOND HEIGHTS 4-MILER (May 30, San Francisco): 1-Mike Niemiec/WVTC 21:15, 2-Hamilton/ETC 21:05, 3-Robertson/WVTC 21:10, 4-Hornstra 21:11, 5-Bashiruddin 21:18, 6-Gull 21:19, 7-Randolph 21:31, 8-Nowak 22:14, 9-Rowley/SUND 22:15, 10-Kilgore/SUND 22:19, 11-Chaffee/ETC 22:19, 12-Jensen/PMK(40+) 22:26, 13-Jenny 22:30, 14-Kilian 22:31, 15-Murphy 22:43...62-Gail Gustafson 27:00, 89-Irene Rudolf/WVTC 28:11, 90-Pat Whittingslow/PMK 28:16, 92-Skip Swannack/WDS 28:18 /271 finished/. */DSE News/*

SEA KING BACK BAY RUN (June 5, Corona Del Mar): - /9.0 Miles/ 1-Hunsaker/CDM 44:48, 2-Kurrie/SFV 46:00, 3-Arce 46:32, 4-Cook/AIA 46:38, 5-Ellis 46:53, 6-Alexander/CCAC 47:31, 7-Caldwell/AIA 48:05, 8-Kendall/Oxy 48:09, 9-Calvano/NBHS 48:53, 10-Dowling 49:14, 11-Pagliano/GWAA 49:23, 12-Ferguson 49:26, 13-Greenberg 49:28, 14-Burgasser/STC 49:56, 15-Cronin/STC(40+) 50:11...20-Rudberg/STC(40+) 51:24, 72-Ruth Caldwell 56:52, 103-Lorry Blanco 59:27, 106-Kathy Martin/STC 59:35.../279 finished/. */Blair/*

DSE SUMMER SOLSTICE RUN (June 18, Lake Merced, S.F.): - /4.95 Miles/ 1-Mark Proteau/AGRC 24:52, 2-Niemiec/WVTC 24:54, 3-Ser-shen/ETC 24:54, 4-Leydig/WVTC 25:44, 5-Darling/ETC 25:50, 6-Duffy/Reno 26:09, 7-Corona 26:10, 8-Gormley 26:14, 9-Notch 26:56, 10-Wheeler 27:03, 11-Cross/WVTC 27:06, 12-Donahue/ETC 27:07, 13-Deschler/PMK 27:33, 14-Jenny 27:39, 15-Danielson 27:41...64-Judy Leydig 30:09, 103-Joan Ulyot 31:58.../402 finishers/.

HIDDEN VALLEY OVER THE HILL 11.5-MILER (June 19, Camarillo?): - 1-John Breneman 61:44, 2-Lee/CCAC 62:38, 3-Wendler 63:20, 4-Hemphill/SBAA 65:26, 5-Hitt/AIA 65:37, 6-Durand/STC 66:43, 7-Ebner/LAE 67:06, 8-Smallen 67:13...14-Efron(40+) 69:21, 23-Parker/STC(40+) 72:26...45-Terry Hom/SMTC 79:50, 52-Nancy Elick /RRR 81:38.../112 finishers/. */Connie Rodevald/*

DSE KENNEDY DRIVE 4.7-MILER (June 25, San Francisco): 1-Ken Phelps/WVTC 24:22, 2-Hornstra 24:23, 3-Conroy/ETC 24:24, 4-Salazar 24:29, 5-Green 25:04, 6-Hastings 25:07, 7-0'Brien/PMK 25:17, 8-Gleason 25:18, 9-Sellers 25:21, 10-Sevald 25:32, 11-Millar 25:43, 12-Moore 25:55, 13-Deschler/PMK 26:05, 14-Jensen/PMK(40+) 26:05, 15-Garza 26:19...43-Peggy Lyman/WVTC 28:30, 48-Morijo Connelly/PMK 28:44, 69-Ruth Anderson/NCS(40+) 30:21.../352 finishers/. */DSE Newsletter; Tom & Louise Burns/*



(Left) Mark Proteau edged Mike Niemiec and Jan Ser-shen in a very close DSE Lake Merced Run. */Sue Perry/* (Right) Ken Phelps won an even closer victory over Rich Hornstra and Mike Conroy at the DSE Kennedy Drive Run. */Jim Engle/*

BASIN BLUES 5 AND 15-KILO RUNS (June 25, Sylmar): /5-KM./ 1-Tom Lee/CCAC 15:23, 2-T. Babiracki/SFV 16:29, 3-Tyler 16:47, 4-Foose /SFV 16:56, 5-Gill 16:59...31-Perez/STC(40+) 19:52, 33-Cathy Fulkerson/PV 20:16, 34-Becky Villalvazo/RRR 20:27, 36-Carol Flurnoy 20:39. /15-KM./ 1-Gary Romesser/FPTC 49:02, 2-Canchola /SFV 49:04, 3-Alexander/ELA 49:27, 4-Frickel/SFV 49:30, 5-Hayes/AIA 49:47, 6-Cook/AIA 50:32, 7-Sutherland/CN 50:48, 8-Kushner/GWAA 50:54, 9-Kondos 51:05, 10-McDermott 51:33, 11-Chaidez/Un 51:46, 12-Durand/STC 52:33...22-Efron(40+) 56:12, 36-Sue Kinsey/LATC 58:46, 68-Vicky Cook/SURR 64:01.../149 finished/. */Brennan/*

VALLEY OF THE FLOWERS MARATHON (June 26, Lompoc): 1-Mike Sayward

2:34:31.8, 2-Watkins/MPC 2:36:14, 3-Levinson/STC 2:45:17, 4-Seeger 2:45:37, 5-Ortiz/KennHS 2:45:38, 6-Botoc/SB 2:45:40, 7-Ellis 2:46:00, 8-Johanson 2:46:22, 9-Williams/Scrz-SRC 2:47:11, 10-Hartley 2:49:33, 11-Hurt 2:49:45, 12-Gormley/S.F. 2:50:18, 13-Cook/WVTC 2:50:18, 14-Kathy Jewell 2:50:34, 15-McAllister/WTC 2:50:39, 16-Rowley/SUND 2:51:36...21-Alarcon(40+) 2:56:20, 24-Susan Peterson 2:56:30, 30-Jerome/TRAC 3:00:58, 43-Fugett/DSE(40+) 3:11:58.../147 finishers/. */Joe Sciame/*

VALLEY OF THE FLOWERS HALF-MARATHON (June 26, Lompoc): 1-Steve Kelley/FPTC 69:24, 2-Feenstra/Sac'to 70:23, 3-White/OF 70:38, 4-McComb 71:23, 5-Nunez/LVDC 71:56, 6-Hemphill/SBAA 72:38, 7-King/OCTC 73:14, 8-Smallen 74:13, 9-McCarry/Sac'to 74:15, 10-Close/LBSTC 74:46...14-Garcia/SanJose 76:19, 20-Lange/BC 78:18, ...40-Ann Trason/MPTC 81:41.../247 finishers/. */Joe Sciame/*

DSE DOUBLE LAKE MERCED RUN (July 3, San Francisco): 1-Homer Latimer 49:33, 2-Conroy/ETC 50:58, 3-Muela/ETC 51:37, 4-0'Brien/PMK 52:46, 5-Daniels 53:24, 6-Browne 53:29, 7-Casey/ETC 53:32, 8-Hildreth 53:40, 9-Sevald 54:10, 10-Hidalgo 55:15, 11-Churney 55:15, 12-Bashiruddin 55:39, 13-Owen/WVTC 55:49, 14-Rowley/SUND 56:11, 15-Hamilton 56:12, 16-Pierce/PMK(40+) 57:06...74-Gail Gustafson 65:38, 78-Pat Whittingslow/PMK 65:44, 81-Vicki Blankenship 65:57, 83-Teresa Gilreath 66:16.../279 finishers/.../9.4 Miles/. */DSE Newsletter/*

DSE BAKER'S BEACH 4-MILER (July 4, San Francisco): 1-Pete Ham-ilton/ETC 23:26, 2-Martinez 23:41, 3-Bashiruddin 24:22, 4-Mota 24:31, 5-Thomas 25:10, 6-Hoffman 25:10, 7-Smith 25:16, 8-Lyman 25:22, 9-Lenschau 25:25, 10-Chaffee/ETC 25:34...15-Huff(40+) 26:53...40-Joan Ulyot/WVTC 28:25, 52-Peggy Lyman/WVTC 28:50, 80-Pat Whittingslow/PMK 31:09.../212 finishers/. */DSE News/*

HEALDSBURG 10-KILO (July 4, Healdsburg): 1-Tim Williams/Oregon 31:24, 2-Latimer/Un 32:19, 3-Peterson/ER 34:27, 4-Goubeau 35:12, 5-Leoni 37:03, 6-Scannell 36:17, 7-Fogg 36:24, 8-Sanchez 37:03, 9-Lyons 37:33, 10-Tsarnes 37:46...Kim Daniels/ER 43:27, Margaret Oakes 44:07. */Glenn McCarthy/*



Start of the Kenwood 10-Kilo, won by Jim Nuccio. */Jim Engle/*

KENWOOD 10-KILO RECORD FALLS TO NUCCIO (July 4, Kenwood): - WVTC's Jim Nuccio easily handled NorCal "Point Leader", Brian Maxwell, clocking a swift 31:13 to better his 1975 record by 12 seconds. Darryl Beardall likewise handed Bill Jensen a defeat in the masters competition, as he clipped Jensen's 1975 standard by 39 seconds with a 35:27. Caron Schaumberg made it a threesome as she had little trouble with Beckie Simmie, winning handily in 44:09, just a minute off Kathy Costello's mark from 1975. We do not have complete results (as yet), and so we're not listing them in 'column form'. Anyone having a complete set, please send them to us for next issue...about 125 runners completed the run. /OPEN/ 1-Nuccio/WVTC 31:13, 2-Maxwell/BASC 32:20, 3-George/AIA 33:27, 4-Woliczko/PMK 33:50, 5-Clifford/Cal-BASC 34:10, 6-Zapata/WVTC 34:33, 7-Moreno/VMTC 34:52, 8-Jenkins/ER 35:10, 9-Berry/Cal 35:21, 10-Swezey/PMK 35:39; /MASTERS/ 1-Beardall/MH 35:27, 2-Jensen/PMK 36:32, 3-Holmes/BC 36:46, 4-Manwaring 42:04, 5-Dana 42:47, 6-Theodoroff/NS 43:51; /WOMEN/ 1-Schaumberg/ER 44:09, 2-Simmie/VMTC 44:33, 3-Ackley/ER 45:56, 4-Schneil/SUND 48:33, 5-Hollingworth/VMTC 50:05. */Fred Kenyon; Glenn McCarthy/*

CORONADO HALF-MARATHON (July 4, Coronado): 1-Thom Hunt 65:54, 2-Pullen 67:24, 3-Camp 67:32, 4-Myers 68:49, 5-Cumming 69:19, 6-T. Kelley 69:21, 7-R. Burch 69:49...more on page 23...

25-Michael Swanson	37:52	33-Grady Wright	38:46	41-Bruce Adams	39:14	***WOMEN***	
26-Jim Lenechan	37:53	34-Keith Whittingslow/OC	38:49	42-Robert Tramball	39:18	37-Penny DeMoss/WVTC	39:05
27-Harry Skandera	38:03	35-Gough Reinhardt/LVRC	38:51*	43-Bob Butchart/PMK	39:21	71-Teri Hagerty/SUND	41:41
28-Bill Catanese	38:17	36-John Gilbert	38:53	44-Steve Lyons	39:30	79-Ruth Anderson/NCS	42:23*
29-David Barni	38:29	37-Penny DeMoss/WVTC	39:05	45-Harold DeMoss/WVTC	39:48*	82-Joan Ulyot/WVTC	43:02
30-Jesus Garza	38:30	38-Ken Phelps/WVTC	39:08	46-Brad Stasek	39:54	85-Peggy Lyman/WVTC	43:09
31-Ron Treabess	38:39	39-Gary Chan/WVTC	39:09	47-James Dean	39:57	95-Gail Gustafson/Un	44:19
32-Dieter Diekmeyer/SUND	38:40*	40-Joe Camisa	39:11	48-Robert Cummings/WVTC	40:15	113-Karen Diekmeyer/SUND	45:49

CLARK REPEATS AT WATERMELON INFERNO (July 30, Oakland): - With temperatures hovering in the 90's, the annual Watermelon (8.4 Mile) Run in Oakland's Chabot Regional Park turned into a near disaster with probably half the starting field dropping out at the end of the first of two loops...this was no doubt a smart move, as at least one person was seriously affected by the less than ideal conditions (see 'Letters to the Editor'). The LDR Handbook had printed the incorrect date (corrected in the NCCR but the word didn't get out to at least 30 who finished the following day in a 'fun run'), so the starting field was small anyway. The heat chased others away, as the weather service reported it to be the hottest day of the year. Bill Clark took another shot at his two-time title and defended it quite easily with a 46:42 win, well off Tom Hale's 43:16 which was set in 1974, a cooler year. Clayton Valley High senior, Craig Hochhaus, was runnerup in 48:49. Kent Guthrie weathered the high temperatures well to upend Ralph Bowles by almost four minutes, 49:49 to 53:44, well off Ken Napier's 48:16 of 1973. Laurie Crisp, to be a junior at Modesto's Downey High, won the women's division at 60:27, as the only other finisher was about 3 miles back. One of the casualties today was super submaster Homer Latimer who started out too fast in the heat. He was a close second to Clark at the halfway point and then decided to shut down his engines on the second loop after starting to get 'chills' from the heat. Scott Molina won the race the following day in 44:46 (different course?). Only the Saturday race will count in the NCCR "Point Race". /Bob DeCelle/

1-Bill Clark/WVTC	46:42	7-Rich Mathews	51:10	13-Jim Barkovick	57:44	19-Michael Coke/GPPMB	59:41
2-Craig Hochhaus/Un	48:49	8-Doug Butt/WVTC	53:12	14-Hashim Bashiruddin	58:04	20-K. Glen	59:49
3-Pete Flores/AGRC	49:04	9-Ralph Bowles/WVJS	53:44*	15-L. Arata	58:09	21-Steve Hurst/Downey HS	60:19
4-Kent Guthrie/WVJS	49:59*	10-Bob Miller/CW	54:15	16-L. Samlon	58:30	***WOMEN***	
5-Dennis Tracy/WVTC	50:24	11-Jerry Lewis/Un	54:40*	17-Bill Lovelace/PMK	58:35	22-Laurie Crisp/DowneyHS	60:27
6-Ray Kindle/ATC	50:28	12-Dennis Kroll/Un	55:05	18-Dean Harper	58:58	57-Mary Gaffield/PMK	84:26

HART CONTINUES WIN STREAK AT AMERICAN RIVER 10-KILO (Aug. 6, Rancho Cordova): - Although missing Adam Ferreira's 31:45 course standard (is it the same course?), WVTC's undefeated Benton Hart had little trouble in keeping zeros in the loss column with a 32:06 to 32:35 over Sundance's and New Zealand's Wayne Badgley. Pete Flores followed closely (32:43) in third. Paul Holmes continued to make rapid improvement with a victory over Roger Bryan (35:33 to 35:40) in the over-40 class, and Laurie Crisp took the top woman's time at 40:13, besting Kathy Adams' 1976 mark by two seconds in the process. Judy Leydig was second at 40:56, but was unaware that any female runner was ahead of her until she saw the printed results several weeks later because the race was split into two starts, with the 18-and-unders running first, followed several minutes later by the women's division (it's not known if these staggered starts affected the competition in other divisions). June Chun, who had the third best time (41:03), also started in the lead group. It would probably be best to start all the girls/women together in the future for the sake of 'competition'. A record 211 finished the tough race which winds along the American River through several miles of very loose sand. /Al Withers/

1-Benton Hart/WVTC	32:06	26-Abe Underwood/BC	35:53	51-Austin Angell/SLTTC	38:02
2-Wayne Badgley/SUND	32:35	27-Peter McCarry/Un	36:07	52-George Vosmera/Un	38:08
3-Pete Flores/AGRC	32:43	28-Lyle Freeman/Un	36:15	53-Bruce Adams/SUND	38:11
4-Eric Wolfe/Un	32:56	29-Tom Arnez/CB	36:15	54-Mike Moss/CB	38:16
5-Gary Sutherland/CB	33:28	30-Ed Stromberg/BC	36:18	55-Jim Carr/SLTTC	38:20
6-Gary Dobrenz/Un	33:59	31-John Lindeman/JHS	36:25	56-Peter Hanson/OPHIR	38:26
7-Jim Bowles/WVTC	34:01	32-Dan Spickelmier/BC	36:27	57-Jeff Nicklaw/CB	38:29
8-Frank Turner/Un	34:07	33-Ross Rowley/Un	36:31	58-Steve Hurst/Un	38:29
9-Art Baudendistel/Un	34:12	34-Randy Hansen/OPHIR	36:34	59-Tracey Booth/CB	38:32
10-Eric Winje/Un	34:16	35-Hinson Chun/HB	36:49	60-Jim Finnegan/BC	38:33
11-Tim Jordan/BC	34:26	36-Ken Harvey/Un	36:49	61-Paul Hamer/Un	38:40
12-George Valuska/SacSt	34:28	37-Joe Katterhorn/BC	36:53	62-Doug Matheson/Un	38:46
13-Bill Hurst/Un	34:34	38-Terry Hodgkin/Un	36:56	63-David Maxwell/CB	38:47
14-Nick Kantar/Un	34:37	39-Ty Walker/Un	37:03	64-Pete Schoener/BC	38:58
15-William Fairwell/Un	34:44	40-Daniel Smolich/Un	37:08	65-Ken Mattson/CB	38:59
16-Gerald Chun/HB	35:13	41-Ray Maldonado/Un	37:19	66-Dave Davis/BC	39:01*
17-Chris Hamer/WVTC	35:16	42-Richard Skekeresh/CB	37:19	67-Pete Foggo/Un	39:03
18-Walt Lange/BC	35:18	43-Art Waggoner/BC	37:19*	68-Earl Hardy/Un	39:06
19-Doug Rennie/BC	35:22	44-John Clark/BC	37:21*	***WOMEN***	
20-Kerry Kilgore/Un	35:26	45-Mike Swanson/Un	37:30	83-Laurie Crisp/Un	40:13
21-Paul Holmes/BC	35:33*	46-David Overoye/Un	37:34	90-Judy Leydig/WVTC	40:56
22-Brent Cushenbery/BC	35:38	47-Bob Martinez/Un	37:42	91-June Chun/HB	41:03
23-Roger Bryan/TRAC	35:40*	48-Daven Chun/HB	37:46	113-Madalyn Roese/Un	43:25
24-Bob Hedges/BC	35:42	49-Perry Linn/BC	37:50	114-Patty Kuphaldt/OPHIR	43:26
25-Jim Holben/WVTC	35:45	50-Chris Shultz/CB	37:55	121-Sally Edwards/OPHIR	43:58



Benton Hart, shown winning at Holy City here, remained undefeated with a 32:06 victory at the American River Run at Rancho Cordova. /Sue Perry/

MAXWELL, BOWLES AND BIER SHARE "STEAKS" VICTORY (Aug. 6, Belmont): - The first annual Belmont Steaks (yup, meat for prizes...and nice ones too!) was a real hit as 308 finished the rugged 8.93 mile course in the Belmont hills. Cal's cross-country coach, Brian Maxwell, competing for the newly-formed Body Ammo Sports Club, was a hands-down winner with a quick 46:59, a good quarter-mile in front of Steve Palladino. Ralph Bowles had a much closer confrontation in the masters race, besting Ulrich Kaempf by only 21 seconds with an automatic 51:27 division record. High schooler Roxanne Bier started out very fast and maintained her initial lead, scoring an impressive one minute victory over Penny DeMoss with her 57:49. Kevin Farey slipped past Dan Martinez (51:15 to 51:20) to wind up with a win in the 18-and-under class. Other divisional winners: Boys' 14/Under--Alan O'Reilly 58:37; Girls' 14/Under--Cathy Demmelmaier 68:54; Women's 40/Over--Martha Maricle 68:48. /Ken Israel/ --More results on next page--

1-Brian Maxwell/BASC	46:59	5-Michael Duncan/WVTC	49:53	9-Dewayne Little/SRRC	51:09	13-Ralph Bowles/WVJS	51:27*
2-Steve Palladino/CW	48:22	6-Paul Mello/CW	49:55	10-Kevin Farey/CW	51:15	14-Jim Cook/Un	51:30
3-Al Hernandez/WVTC	48:49	7-Mike Miller/CW	50:13	11-Dan Martinez/WDS	51:20	15-Richard Guilfooy/MPAC	51:33
4-Bob Miller/CW	49:49	8-Mike Plummer/WVTC	51:04	12-Jeff Cowling/Un	51:23	16-Kevin O'Connor/CW	51:37

17-Ulrich Kaempff/TRAC	51:48*	32-Roy Scellato/TRAC	55:00	47-Gary Crangle/Un	56:48	62-Ken Israel/WVJS	58:04
18-Jeff Romiguere/Un	51:57	33-Greg Wimmer/Un	55:05	48-Keith Whittingslow/OC	56:52	63-Stan Ross/CW	58:06
19-Richard Antal/Un	52:08	34-Peter Ild/Un	55:18	49-John Ulate/TRAC	56:54	64-Dave Hull/CW	58:06
20-Richard Stiller/TRAC	52:13	35-Andy Takaha/CW	55:20	50-Joe Camisa/PMK	56:56	65-Kurt Mayne/Un	58:06
21-Jeff Farmer/Un	52:20	36-Raymond Aver/LGP	55:22	51-Dan Lavelle/SFOC	57:04	66-Tom Knight/Un	58:07
22-Brian Hurdal/CW	52:57	37-Kevin Coulter/Un	55:23	52-Danilo Sanchez/CW	57:05	67-Clyde Bernal/Un	58:08
23-Timothy Lavelle/Un	52:59	38-Orin Dahl/Un	55:34*	53-Leonard Sperandeo/Un	57:08	68-Harold DeMoss/WVTC	58:18*
24-Greg Thomas/DSE	53:18	39-David Edelstein/CW	55:50	54-Bill Lindsell/Un	57:08	69-John Soubier/DSE	58:20*
25-Gilbert Dean/CW	53:23	40-Don Dugdale/Un	55:52	55-William Flodberg/WVJS	57:11*	***WOMEN***	
26-Glenn Dean/Un	53:35	41-Bill Brusher/Un	56:09	56-Dale Nelson/DSE	57:38	59-Roxanne Bier/SJC	57:49
27-Robert Welck/MPAC	53:41	42-Marty Post/Un	56:16	57-Christopher Hickey/Un	57:39	79-Penny DeMoss/WVTC	58:46
28-Gary Grellmann/SCS	53:43	43-Jim Hunter/Un	56:23	58-William Jenkins/Un	57:40	162-Gail Gustafson/Un	65:58
29-Robert Weaver/CW	53:45	44-Greg Romiguere/Un	56:23	59-Roxanne Bier/SJC	57:49	173-Skip Swannack/WDS	67:13
30-Jerry Lewis/Un	54:26*	45-Peter Stein/TRAC	56:31	60-Richard Cooper/Un	57:56	188-Martha Maricle/TAM	68:48*
31-Frank Ruona/Un	54:43	46-John Hawkes/Un	56:32	61-Olin Boschker/Navy	58:02	189-Cathy Demmelmaier/SJC	68:54

CHANGED CHECKPOINTS CAUSE CONFUSION AT TAHOE RELAYS (Aug. 13, Lake Tahoe): - A last minute change in two-thirds of the exchange points caused top teams to lose precious minutes in getting their troops to unknown rendezvous locations. Most notably was the 9-10 minutes lost by WVTC's third-place team which cost them the team title and a close race with "Shelley's Drugs", an unofficial team of all altitude-trained runners from South Tahoe. Their exact time is not known... we've seen it listed as 6:30 and 6:38, but the former is most likely more correct. See "Letters to the Editor" for more details on what happened. West Valley still salvaged the "Club" division, as Fresno Pacific and Aggie RC each had one or two non-members running for them. Fresno was the official overall winner at 6:45:33, followed closely by the Aggie at 6:47:28 and WVTC in 6:48:12. Since no splits were kept and all the checkpoints were new, the only item of interest that we know about is Benton Hart's excellent first leg record of 61:07. This broke Gary Tuttle's 1976 record by 6 seconds. Mike Pinocci was close behind at 61:20. The WVTC "Masters" won the over-40 trophy with a team composed of 5 WVTC'ers and 2 non-members (a legal combination since there were no separate club/pickup divisions in either masters or womens categories). Their time of 8:03:38 did not approach the 7:41:05 set by WVJS in 1974. WVTC's all-time 6:24:43 from 1975 also stood, but since legs are different now (I have no idea how long they are...does anyone?), this year's winning time is also a 'record' of sorts. The Aggie TC women's team took an extremely close win from Ophir's women...9:24:50 as compared to 9:25:10. WVTC's ladies squad was next at 9:29:05 but lost many minutes when the fifth runner made a wrong turn and headed a mile or more toward Truckee! WVTC's 1976 time of 8:22:08 was not even remotely approached. A total of 90 teams finished this year's run. *NOTE: - Race Shirts were sold out prior to the race (300 of 'em) and no more will be ordered...sorry!* /Robert DeCelle/



1-Fresno Pacific #1	6:45:33	19-Cal SqRt Sundevils	7:51:15
2-Aggie R.C. "A"	6:47:28	20-Sundance 3 PO's	7:55:45
3-West Valley TC "A"	6:48:12	21-Who is Who TC	7:59:59
4-Camino West "A"	6:53:30	22-WVTC Masters	8:03:38
5-Aggie R.C. "B"	7:06:31	23-Tamalpa Hawks "B"	8:03:55
6-High Sierra TC	7:16:12	24-So. Lake Tahoe HS	8:04:30
7-West Valley TC "B"	7:17:13	25-Los Gatos Pacers A	8:05:22
8-Heineken Harriers	7:18:50	26-Fresno Pacific #3	8:07:45
9-Woodside Striders	7:24:30	27-Buffalo Chips "B"	8:08:51
10-Fresno Pacific #2	7:25:05	28-Tax Reducers AC	8:10:03
11-Camino West "B"	7:25:40	29-Tahoe No Names	8:20:23
12-Buffalo Chips "A"	7:30:22	30-Sundance R2's	8:20:30
13-Lake Merritt Jogrs	7:30:25	31-Aggie RC	8:21:10
14-Davis No Names	7:30:28	32-Canadian Bacon	8:25:20
15-Aggie R.C. #3	7:33:10	33-Ophir Prison "A"	8:25:21
16-Humboldt	7:43:44	34-Lick HS "A"	8:29:00
17-Tamalpa Eagles "A"	7:44:18	35-Camino West "C"	8:30:30
18-Northern Nevada AC	7:49:17	36-Aggie RC "7X"	8:33:50

(Top) Unofficial winning team at the Robert E. DeCelle, Jr. Memorial (Tahoe) Relays was Shelley's Drugs (l-r): Mike Pinocci, Tracy Smith, Tom Von Ruden, Bernard Rose, John Paulson, John Halberstadt, & Steve Brown. (Bottom) Steve Palladino leads Maxwell, Hernandez, and unidentified runner in early stages of Belmont Steaks Run... Roxanne Bier won women's division of that race. /Photo credits in same order: Keith Coming, Don Melandry, Joe Barile/

LATE GNUS

RESULTS: - Well, looks like I ran out of room again. I still have results from: Redwood Shores Biathlon, Daly City 10-Kilo, Top-of-the-State 7-Miler, Lafayette Rim Run, and the Alameda X-C Carnival. Not enough for another 4 pages so we'll include them next time. Some preliminary results to keep your interest up: Doug McLean edged teammate Craig Hochhaus by 6 seconds in the Redwood Shores Biathlon, with Don Roth clocking the same time as Craig in a very tight battle (29:33 for 4-mile run and 400-meter swim). Jerry Lewis (34:09) and Roxanne Bier (35:47) won the masters & women's divisions, respectively. Wayne Badgley nipped John Moreno at the Daly City 10-Kilo (race was actually 9.835 Km.), 30:11 to 30:18, while Ralph Bowles (32:40) and Judy Leydig (36:26) won the masters and women's races there. Pat Finn (40:23) and Rick Martinez (40:41) placed one-two at the Top-of-the-State 7-Miler in Weed. Paul Burke, headed for Cal this fall (we think), was an easy winner at the Lafayette Rim Run...37:30 to 38:44 over Jeff Cowling. Kent Guthrie had a pretty tight battle with Ralph Bowles in the masters race, coming out on top 39:08 to 39:22 (placing 4th & 5th overall!). Nancy Pannell (51:17) was first woman home. Bill Seaver (37:57) won the Alameda X-C Carnival, which was changed in time and location. *** NOTICE: - Because of the fire danger this year, no smoking will be allowed anywhere in the Crystal Springs X-C Course (Belmont) area. Thanks for being careful!

Coronado Half-Marathon (Cont'd.)...8-Mosher 69:54, 9-Buckingham 69:57, 10-Nolasco 70:14, 11-Roy 70:28, 12-Varley 71:05, 13-Rigdon 71:25, 14-Cour 71:32, 15-Akiyama 71:42...45-Almeida/SDTC (55) 75:26, 66-E. Gookin/SDTC(40+) 77:23, 274-Bridget Bohan 86:48, 315-Melanie Woodworth 88:36.../1599 finished! /SDTC/

FIRECRACKER RUN (July 4, Concord?): - /5.1 Miles/ 1-Bill Spence/WVTC 27:33, 2-Molina 27:34, 3-Zumwalt 28:57, 4-Alderman 29:15, 5-Myers/PMK 29:21, 6-Coleman 29:47, 7-Martin/PMK 29:58, 8-D. Williams 29:58, 9-J. Myers/PMK 31:19, 10-Butchart/PMK 31:52, 11-Byrd(40+) 31:52...15-Paulson/PMK(40+) 33:36, 17-Ruth Anderson/NCS(40+) 33:55, 18-Linda Robinson 34:03.../47 finished/.

SPA-AAU 15-KILO CHAMPIONSHIPS (July 4, Santa Barbara): 1-Gary Tuttle/BHS 46:42, 2-Romesser/FPTC 46:52, 3-Cadena/SLDC 47:05, 4-Smead/AIA 47:33, 5-Carlson/CCAC 47:34, 6-Hayes/AIA 47:38, 7-Alexander/ELATC 47:51, 8-G. Aguirre/SBAA 47:52, 9-Chambliss/BF 47:59, 10-Canchoia/SFV 48:12, 11-Hanson/CCAC 48:36, 12-Kurrle/SFV 48:39, 13-Lee/CCAC 48:42, 14-Martinez/AIA 49:01, 15-Cook/AIA 49:04, 16-Dulaney/AIA 49:11, 17-Chaidez/CN 49:16, 18-Entz/BB 49:26, 19-B. Alexander/CCAC 49:31, 20-Koppes 49:52, 21-Ocana/CCAC 49:55, 22-Donovan/SBAA 50:03, 23-Colley/SURR 50:09, 24-Santizo 50:19, 25-Cisneros/PTC 50:35...53-Smartt/BHS 53:35, 58-Bartek/SBAA 54:10, 65-Rudberg/STC 54:25, 68-Cronin/STC 54:53, 148-Vickie Cook/RRR 61:00, 171-Wanda Burke/SBAA 62:58.../370 finishers/. /John Brennan/

PONDEROSA RIDGE RUN (July 9, Spooner Summit, No. Lake Tahoe): /10 Miles/ 1-John Paulson 63:26, 2-Brown 63:58, 3-Jones 67:47, 4-Dobrenz 70:44, 5-Peck 72:44.../17 finishers/. /David Price/

GRIFFITH PARK 13-KILO TEAM RUN (July 9, Los Angeles): 1-Gerardo Canchoia/SFV 43:38, 2-Carlson/CCAC 43:47, 3-Smead/AIA 44:00, 4-Silva 44:43, 5-Frickel/SFV 45:19, 6-Parks 45:31, 7-Cook/AIA 45:40, 8-Moffitt/AZTL 45:44, 9-Meyer 45:48, 10-Lee/CCAC 46:08, 11-Hayes/AIA 46:20, 12-Estrada 46:49...31-Cronin/STC(40+) 49:21, 34-Efron(40+) 49:50, 39-Rudberg/STC 50:13, 69-Miki Gorman/SFV 53:27, 119-Pam Firestone 56:39.../283 finished/. /Tom Cory/

DSE LAND'S END RUN (July 10, San Francisco): /3.5 Miles/ 1-Mike Spino 17:16, 2-Millar 17:19, 3-Swezey/PMK 17:22, 4-Casey/ETC 17:41, 5-Hamilton/ETC 17:41, 6-Horning 18:13, 7-Jenny 18:32, 8-Wong 18:47, 9-Thacker 18:53, 10-Esses 19:10...41-Maryetta Boitano 22:20, 65-Eva Casey 23:55, 70-Kelly Cunneen 24:17...163 finisher/. /DSE Newsletter/

THE GREAT RACE (July 16, Rancho Cordova): - This ever-growing race, which consists of a cyclist, kayaker, and runner, had a total of 188 finishing teams this year over the 19-mile course. The bikers go 9 miles, kayakers 4.5 miles, and the runners anchor with a 5.5-mile stint. This year's race was HOT, with temperatures into the 90's. Overall winners were James McKinstry, Andy Toro, and Ron Wayne, competing for the Body Ammo Sports Club. Their 1:25:14 was not a record, but the team had a comfortable 46-second victory margin. Other placers and divisional winners listed below: 1-BASC 1:25:14, 2-Big Bubba's Ice Cream Kids /Peck, Bolger, Yeo/ 1:26:00, 3-The Weeds No Grass /W. Weed, J. Weed, B. Weed/ 1:26:10, 4-Cyakrun III /Brunn, Buer, Harms/ 1:27:41, 5-Best of Alpine West & Ophir Prison /Barton, Reimers, Mebust/ 1:28:30, 6-P.A.L. /Linowski, Allen, Proteau/ 1:29:00, 7-The Flukes /Fitzgerald, Roberts, Hornig/ 1:29:17, 8-Elegant Rampage /Brink, Snell, Batha/ 1:29:32, 9-Heineken Harriers /Shadoan, Brulingame, Ferreira/ 1:29:48, 10-Synergy III /Johnson, Evans, Sweeney/ 1:30:00; /Masters/ 13-The Rammers /Pickett, Hemmersbach, O'Neil/ 1:30:38, 23-Maybe /Sweet, Gade, Hayman/ 1:34:50, 28-Deliverance + 2 /Burke, Campbell, Napier/ 1:36:42; /18 & Under/ 25-Triple Turtle Trotters /Cimini, Thompson, Watt/ 1:36:15, 30-The Wild Men /Clarke, Cross, Shultz/ 1:37:08, 31-The Defenders /Szekeres, Smith, Szekeresh/ 1:37:50; /Div. C/ 33-Quick /Spangler, Ammon, Hooker/ 1:37:58, 89-Placerville Trio /Lomax, Sharpe, Micholson/ 1:46:17, 91-Strollers /Allen, Hart, Sutherland/ 1:46:18; /Div. M/ 44-Team from the Paper /Hamilton, McKenna, Bawles/ 1:39:15; /Women/ The Newcomers /Kendrick, Buer, Anex/ 1:41:59, 62-Club North /Trujillo, Webster, Nachbar/ 1:42:33, 74-Willow Creek Racquet Club /Claugus, Malohm, Adams/ 1:43:52, 78-Wine, Winning & Song /Bortfeld, Sunderland, Lyman/ 1:44:30; /Div. E/ 127-Stockton Ludes /Felix, Atwood, Pogg/ 1:53:18. /Tom McClelland/

SPA-AAU COASTAL SECTION ONE-HOUR RUN (July 16, San Luis Obispo): 1-Ivan Huff 10-921, 2-Root 10-179, 3-Zacrep 10-138, 4-Casper 10-66, 5-Rosenfield 9-1625...18-Jean Spierling 8-144, 19-Paul Spangler(78) 7-1735, 20-Sterling(64) 7-1408, 22-Lisa Veron(9) 7-468...26 finishers. /Stan Rosenfield/

LAKE TAHOE MARATHON (July 17, Incline Village): 1-John Paulson /SLT 2:38:04, 2-Jones/Nev 2:40:55, 3-Dobrenz 2:50:15, 4-Wayne/BASC 2:51:27, 5-Bowles/WVTC 2:51:45.../Masters/ 1-Art Waggoner /BC 3:26:12, 2-B. Holmes/WVJS 3:30:49, 3-Reese/BC(60+) 3:31:03; /Women/ 1-Maureen Johnson/Reno 4:25:51.../91 finishers/. /David Price/

MORRO BAY TO CAYUCOS 6-MILER (July 23, Morro Rock): 1-Ed Cadena /SLDC 30:44(Rcd.), 2-Hartig/FPTC 31:12, 3-White/OF 31:16, 4-Martinez/AIA 31:27, 5-Arce 31:36, 6-Santizo/SBAA 31:59, 7-Arquilla/AIA 32:07, 8-Butler 32:10, 9-Huff/SLDC 32:14, 10-Leano 32:34, 11-Haake/SBAA 32:28, 12-Thornton/HSTC 32:52, 13-Nanninga /WVTC 32:53, 14-Djabayan/HSTC 33:00, 15-Caldwell/AIA 33:02... 60-AIarcon(40+) 35:13, 64-Thornton/HSTC 35:18...138-Ruth Caldwell 37:51, 143-Kathy Jewell/CTC 38:00.../661 finishers/. /Stan Rosenfield/

CHEYENNE FRONTIER DAYS MARATHON (July 24, Cheyenne, Wyo.): - 1-Richard Bishop/Wyo 2:35:55, 2-Anaya/NM 2:37:17, 3-Farwell/I11 2:37:22...15-Link/Co(40+) 3:01:08, 35-Mary Matson/SD 3:16:48...50-Bob Myers/Walnut Crk. 3:28:08, 81-Bob Lineberger/SLO 3:54:43...115 finishers. /Greg Niemiec/

DESERET NEWS MARATHON (July 24, Salt Lake City): 1-Demitrio Cabanillas/Mex 2:21:20, 2-Nabors/Co 2:25:53, 3-Naylor/SLC 2:32:38, 4-Sahneyah/Az 2:37:32, 5-Janicki/Az 2:37:57, 6-Paul Cummings/TS 2:40:42...16-Efron/Northridge(40+) 2:50:14, 37-Dennis Egley/Syvlle(50+) 3:02:13...169-Phipps/Hwyd 3:44:25, 246-Wilson/Moraga 4:05:52.../309 finishers/. /Keith West/

IRVINE 15-KILOMETER TEAM RACE (July 24, Irvine): 1-Gary Romesser/FPTC 47:23, 2-Carlson/CCAC 47:41, 3-Frickel/SFV 48:45, 4-Lee/CCAC 49:37, 5-Cook/AIA 50:18, 6-B. Alexander/CCAC 50:26, 7-Reeder 51:26, 8-Appell 51:43, 9-King 52:01, 10-Levinson 52:17...13-Smartt/TS(40+) 53:18, 19-Cronin/STC(40+) 54:24, 89-Sue Peterson 61:29, 109-Vickie Cook/SURR 63:17.../200 finishers/. /Dave Sills/

TROUT CREEK X-COUNTRY RACE (July 30, Lake Tahoe): /5.2 Miles/ 1-Doug Peck 29:52, 2-Stapleton 30:14, 3-Dobrenz 30:32, 4-Jerry Chun/Hawaii 31:16, 5-Jennings 32:30, 6-Angell/SLT 32:32, 7-Price/SLT 32:40, 8-Peldsus 33:56, 9-Jordan/WVTC 34:38, 10-Simmons 34:54. /Juniors/--1-Carr 32:50, 2-H. Chun 33:05, 3-D. Chun 33:18, 4-Maas 34:09. /Women/--1-Judy Graham/WVTC 34:56, 2-June Chun 36:46, 3-Joanne Shearer 40:03. /Austin Angell/

ALL-COMERS 10,000-METER TRACK RACE (Aug. 5, So. Lake Tahoe): 1-Mike Pinocci/WVTC & Bernard Rose 30:28.1, 3-Smith 31:18, 4-Brown 31:08, 5-Kissin/WVTC 31:43, 6-Paulson 31:51, 7-Dobrenz 34:19, 8-Peck 35:24, 9-Wells 35:36, 10-Kirby 35:44. /A. Angell/

PLANKTON FESTIVAL 3-MILER (Aug. 20, Avila Beach): 1-Luis Arreola/SLDC 15:09, 2-Nanninga/WVTC 15:16, 3-Raynes/CP 15:29, 4-Root/SLDC 15:53, 5-Funk/CP 15:55, 6-Hutchinson/CP 15:56, 7-Casper/SLDC 16:01, 8-Hernandez/SLDC 16:02, 9-T. Arreola/SLDC 16:05...30-Nicholson/STC(40+) 17:28, 33-Coffey/SLDC(40+) 17:43, 54-Barbara Hasson/Tex 19:02, 55-Barbara Arreola/SLDC 19:05, 77-Jean Spierling(50+) 21:20.../122 finishers/. /S. Rosenfield/

ALAMEDA X-COUNTRY CARNIVAL (Sept. 3, Alameda): /6.07 Miles/ - 1-Bill Seaver/WVTC 37:57, 2-Romiguere/Un 38:02, 3-Kindle/ATC 38:08, 4-J. Romiguere/Un 39:30, 5-McCormick/Un 39:40, 6-Payne /AGRC 40:02, 7-Urtiaga/Un 40:12, 8-Sigmon 41:30, 9-Anisman/Un 42:11, 10-Flagg 42:38, 11-Jensen/Un 42:45, 12-Doran/WVJS 43:02, 13-Orgeron/Un 43:19, 14-Kuta/Un 43:46, 15-Casillas/Un 43:52... /Masters/ 1-King/ATC 46:22, 2-Chavez/DSE 50:28; /Female/ 1-Kathy Adams/Un 48:36, 2-Gail Campbell/WVJS 49:13, 3-Pat Whittingslow/PMK 51:10. /2.29 Miles/ - /Boys/ 1-Mark Ragsdale/AGRC 21:40, 2-Smith/DSE 24:59; /Girls/ 1-Sharon Yaninek/SJC 22:18.../43 finishers in long race; 6 in short race/. Note: - Race location was changed (as well as starting time) a few weeks before. Very few checked with meet director and many turned up at old location/time, thus causing a very small entry field for this race. /Robert DeCelle/

VIDEO FOR RUNNERS

SEE YOUR STRIDE ON VIDEO-TAPE IN SLOW MOTION WITH INSTANT REPLAY! NOMINAL FEE ON A SLIDING SCALE. -- OCT. 16TH AT MITCHELL PARK IN PALO ALTO FROM 10 TO 2. SPONSORED BY PALO ALTO RECREATION DEPT. -- FOR INFORMATION OR RESERVED TIMES, CONTACT: ELLEN TIMOTHY (PH. 415/328-0615).

VALENTINE'S DAY RUN RESULTS (Feb. 13, Oakland): - Partial results were listed in issue #64. The race director never did send us a complete set of results, but Ralph Bowles responded to our pleas for a complete set and so we're listing results a bit deeper below, although obviously a bit late. A total of 821 finished the shorter (5-Km.) run, while 351 tried double that distance and finished. Thus, well over 1000 runners participated in the two runs! Alameda County Heart Association was the sponsor. /Bowles/

1-Paul Burke/Un	15:31	12-Anthony Lopes	16:54	23-Mike Stubblefield	17:41	34-Kurt Porter	18:08
2-Gene Fitzgerald/PMK	15:32	13-Danny Hernandez	16:56	24-Wesley Fujii	17:42	35-Charles Lawson	18:09
3-Rey Corona	15:49	14-Don Hickman	16:57	25-Chet Hodges	17:43	36-Dave Larson	18:16
4-Ben Tucker	15:58	15-John Malarkey	16:58	26-Danny Cervantez	17:48	37-Kirk Grace	18:17
5-Kevin Blasdel	16:02	16-Stephen Puryear	16:59	27-Michael Moles	17:49	38-Bill Dunaway	18:18
6-Larry Nazel	16:14	17-Bob Alexander	17:01	28-Paul Navarro	17:54	***WOMEN***	
7-Harry Cross/WVTC	16:22	18-R. Randolph	17:10	29-Richard Austin	17:56*	90-Jenny Ray	19:42
8-Bill Spence/WVTC	16:25	19-Paul Weggenmann	17:12*	30-Evan Golder	17:57	99-Karen Salisbury	19:48
9-Mathew O'Brien	16:37	20-Donald MacDonald/PMK	17:14*	31-Robert Cerf	18:00	100-Diana Bujanja	19:48
10-John Embody	16:38	21-Neil Berg	17:37	32-Marvin Winer/WVTC	18:04	125-Terry Gellner	20:22
11-Larry Washington/WVTC	16:48	22-Michael O'Donnell	17:40	33-Paul Curry	18:05	126-Tina Chee	20:23
1-Brian Maxwell/NTC	30:21	13-Haywood Norton	34:16	25-Larry Dzelusta	35:26	37-Keith Hastings	36:31
2-Bill Seaver/WVTC	30:41	14-George Green	34:27	26-Stu Gruendl/WVTC	35:35	38-William Jenney	36:47
3-Ron Wayne/NTC	30:47	15-Dan Moore/LVRC	34:35	27-Norman McAbee	35:36*	39-Jack Citrin	36:48
4-Paul Thompson/Un	31:13	16-Greg Jewett/PMK	34:45	28-Bill Shyvers/WVTC	35:40	40-James Myers/PMK	37:18
5-Ralph Bowles/WVJS	31:38*	17-Glen Walder	34:56	29-Ramon Navarro	35:55*	41-Russell Wright	37:22
6-Jim Howell/Un	31:46	18-David Fike	35:01	30-Frank Hennefer/WVTC	35:59	***WOMEN***	
7-Ray Orwig/WVTC	31:59	19-Thomas Verela	35:02	31-Mark Wegner	36:04	22-Roxanne Bier/SJC	35:05
8-Richard Owen/WVTC	32:28	20-Patrick Palmer	35:03	32-John Shellenberger	36:10	104-Kathy Way	41:17
9-John Notch	32:41	21-Hoyt Walker	35:04	33-Edward Peterson	36:21*	109-Ruth Anderson/NCS	41:32*
10-Brian Bonner	33:12	22-Roxanne Bier/SJC	35:05	34-James Jacobs/NCS	36:23*	120-Vicki Blankenship	42:06
11-Burt Davis	33:41	23-Larry Vasquez	35:08	35-Gerald Flynn	36:25	160-Deryl Elijah	44:25
12-Bill Jensen/PMK	34:04*	24-Tim Rostege/WVTC	35:20	36-Gough Reinhardt/LVRC	36:30*	173-Celeste Scanlon	45:00



Start of the S.F. Heart Association Runs in Golden Gate Park, which saw over 1000 finishers in three races. /Lois Gowen/

(in minutes:seconds), following their names. Winners in the 'fast time' standings of each race were: (5K) Rich Stiller - 16:09; (10K) Brian Maxwell - 31:19; (15K) Ron Wayne - 48:46. Course was the popular 5-Km. loop at the west end of Golden Gate Park. All races started together and finished together...tags determined which race you were in. /Don Cummings/

FIRST ANNUAL S.F. HEART ASSOCIATION RUNS A SUPER-SUCCESS (May 1, San Francisco): - In a monumental task for first-time race conducting, the S.F. Heart Association did a super job of organization. With handicap divisions based on age (by each year!) and sex, it was very timeconsuming in getting out the results, but well worth the wait. Only unforeseen problem was a few people who obviously were registered for 10-Kilos and ran only one lap instead of two. At least three of these finishers managed to work their way into the top 10 finishers, as placed by handicap time. The race directors failed to catch them, but we are leaving them unlisted, as they are obvious errors...there may be others as well, but we failed to detect most of them. Finishers in each of the 5, 10, and 15-kilo races are listed in order of 'handicap finish', but their 'actual' times are listed, along with handicap time' standings of each race were: (5K) Rich Stiller - 16:09; (10K) Brian Maxwell - 31:19; (15K) Ron Wayne - 48:46. Course was the popular 5-Km. loop at the west end of Golden Gate Park. All races started together and finished together...tags determined which race you were in. /Don Cummings/

1-Larry Guinee/2:30	17:01	10-Tom Coniglio/0:00	16:24	19-Yule Coise/4:00	21:32	28-Steve Lem/0:00	18:15
2-Dan Hernandez/1:45	16:20	11-Richard Owen/WV/0:00	16:33	20-Jeff Balada/0:00	17:34	29-Mike Stubblefield/0	18:15
3-Judy Leydig/WVTC/3:00	18:17	12-Denis Mohun/1:00	17:40	21-Carlos Hortiz/0:00	17:31	30-Cathleen Sanford/6:00	24:21
4-Don Pickett/TAM/3:15	18:41*	13-Dale Bryan/1:00	17:43	22-Rick Lyman/0:00	17:36	31-Chris Goode/2:30	21:01
5-Todd Watkins/3:15	18:43	14-Teri Woodmanse/6:36	23:34	23-Mark Jensen/1:42	19:18	32-Jimmy Harlan/5:35	24:07
6-Richard Stiller/0:00	16:09	15-Clyde Helms/0:00	17:00	24-David Bradwell/2:30	20:10	33-Willie Frazier/2:15	20:48
7-Sarah Hill/8:57	25:11	16-Ralph Worthington/0	17:11	25-Dave McCormack/0:00	17:51	34-Darci Childers/5:42	24:16
8-Howard Machek/2:30	18:47	17-Gilbert Hernandez/1	18:16	26-Louis Pearlman/0:00	17:54	35-Mark Sands/0:00	18:36
9-Mark Johnson/6:25	22:46	18-Dave Oleyar/7:15	24:29	27-Tim Goode/1:15	19:21	36-Inaki O'Kelly/1:45	20:25
1-Michelle Miller/17:54	41:11	13-Bill Jensen/PMK/3:00	37:55*	25-Bob Kroninger/8:30	45:07*	37-Bill Robinson/3:30	41:30
2-Pauline Vasquez/15:54	43:36	14-Gail Campbell/6:00	41:05	26-Ralph Gowen/WV/2:00	38:40	38-Jeff Hicks/5:00	43:05
3-Brian Maxwell/0:00	31:19	15-Ron Peterson/3:30	38:37	27-Thomas Varela/0:00	36:56	39-Scott Carpenter/12:50	50:58
4-Mel Shine/17:30	48:53*	16-Phil Spear/0:00	35:17	28-Joe Therrien/2:00	39:06	40-Robert Evans/11:10	49:18
5-Otto Sommerauer/11:30	43:13*	17-Conor O'Kelly/12:50	48:11	29-Tom Mann/etc/0:00	37:10	41-Steve Scarich/0:00	38:09
6-Roger Bryan/TRAC/2:30	34:58*	18-Ralph Webb/5:00	40:28	30-Julie Ortiz/6:00	43:12	42-Peter Knoblich/0:00	38:14
7-Jack Leydig/WVTC/0:00	32:41	19-Rodger Johnson/3:30	39:11	31-Darrin Machik/8:00	45:14	43-John Boschoci/4:00	42:17
8-Jake White/TRAC/0:00	33:56	20-Gary Grellman/0:00	35:52	32-Thomas Gilmore/0:00	37:17	44-Charles Becker/0:30	38:52
9-Jim Myers/PMK/8:00	41:57	21-Heliodoro Perez/2:00	37:55	33-Ronald Nemeth/0:00	37:25	45-Bob Butchart/PMK/2:00	40:22
10-Curtis Caughey/0:00	34:34	22-Dan Davidson/0:00	35:59	34-Gary Chan/WVTC/0:00	37:27	46-Brian Nicke/8:00	46:27
11-Donald Ashley/0:00	34:34	23-Fred Dunn/6:00	42:04	35-Dick Peterson/2:00	39:34	47-Daniel Thacker/0:00	38:28
12-Dudley Zappettini/9:30	44:25	24-Bob Hoffman/3:30	38:36	36-Richard Keene/0:00	37:55	48-Richard/Crymer/0:00	38:32
1-Flory Rodd/12:45	58:41*	14-David Muela/etc/0:00	52:08	27-Howard Iseri/1:30	56:28	40-Thomas Willis/0:00	57:16
2-Ron Wayne/NTC/0:00	48:46	15-Doug Black/0:00	52:50	28-Glen Walder/0:00	55:00	41-Joe Camisa/0:00	57:33
3-Ralph Paf'brgr/13:30	62:21*	16-Burt Davis/0:00	52:59	29-Milt Schiffman/23:15	78:16*	42-Tommy Greer/0:00	57:53
4-Dennis Teegarden/6:45	55:37*	17-Eugene Young/11:15	64:19*	30-Norm McAbee,Jr./0:00	55:05	43-Charles Swanson/0:00	58:09
5-Homer Latimer/1:30	50:38	18-John Sheehan/0:00	53:18	31-Bill Sevald/0:00	55:07	44-Tom Martz,Jr./5:15	63:33
6-Bob Gehl/9:45	58:57*	19-Jeffrey Wall/0:00	53:32	32-Chuck Birdsall/11:15	66:26*	45-Leo Ruiz/0:45	58:18
7-Kay Atkinson/29:42	79:57*	20-Tim Rostege/WV/0:00	53:37	33-Raoul Kennedy/7:30	60:42	46-Gary Temple/0:00	58:38
8-Bill Brace/10:30	60:57*	21-George Green/0:00	53:40	34-Don Chaffee/1:30	57:16	47-Mark Schever/0:00	58:55
9-Ken Scalmanini/0:00	50:29	22-William Smith/0:00	53:51	35-Pat Whit'slow/9:54	65:44	48-Karen Scannell/10:48	69:48
10-Sig Ketterer/10:30	61:18*	23-Keith Whit'slow/1:30	55:28	36-Bill Demartini/0:00	56:02	49-Dennis Kroll/0:00	59:19
11-Ray Patterson/0:00	51:36	24-Thomas McGee/6:30	60:33	37-H. Bashirudden/0:00	56:05	50-Diane Strada/9:00	68:22
12-Ivan Staneff/18:15	70:15	25-David Paiva/5:15	59:30	38-Ruth Deering/21:36	78:29*	51-Richard Mayers/0:00	59:29
13-Peggy Lyman/WVTC/9:00	61:02	26-Jim Hadler/0:00	54:30	39-Darrell Jeong/0:00	57:16	52-Richard Stovel/0:00	59:32

MORE GOLDEN GATE CHARITY RUN RESULTS (May 22, San Francisco) — In last issue we listed the first 500 finishers, and now we're listing the final 430. We've omitted anyone who didn't bother to turn in their finish stick and are listing only those times that have a corresponding name next to them in the results. We accidentally omitted Carroll Holthaus in last issue. He finished in 155th with a time of 38:57 for 10-kilometers. *(Carl Jensen; Paz Beale)*

501-Jim Warren	47:29	604-Guy Doran	49:59
502-Milee McClellan	47:30	605-Priscilla Myers	50:02
503-David Van Noy	47:31	606-Mike Stahz	50:03
504-Robert Sheehy	47:32	607-Ken Watson	50:04
505-Robert Bohannon	47:33	608-Richard Crutchlow	50:05
506-Terry Clark	47:34	609-Vic Avila	50:06
507-Ron Kreutzer	47:35	610-Ray Patterson	50:07
508-Walt Schliemann	47:36	611-John Rice	50:08
509-Robert Matulac	47:38	612-Ben Little	50:08
510-Slater	47:39	613-Ralph Hall	50:09
511-John Mohr	47:40	614-Amy Wulffing	50:09
512-H. Eppinger	47:41	615-Kathy Ray	50:10
513-Connor O'Kelley	47:43	616-S.C. Hoffheins	50:11
514-Neil Gielegem	47:50	617-Angelo Festa	50:12
515-Ghris Goode	47:51	618-Gengler	50:13
516-Walter Williams	47:52	619-Jim Turner	50:14
517-Richards	47:53	620-Wayne Money	50:15
518-Tom Salisbury	47:55	621-Don Schell	50:16
519-Larry Fritzman	47:56	622-Carol Holderness	50:17
520-Joe Camporeale	47:57	623-Steven Brough	50:19
521-Al Kruezeberger	47:58	624-Yamada	50:20
522-Stephen Nichols	48:01	625-Margo Elson	50:21
523-Carl Landers	48:02	626-Kevin O'Kelley	50:22
524-Mike Mulhern	48:03	627-Carolyn Green	50:22
525-Jim Plake	48:04	628-Eleanor Green	50:23
526-Lanceford Chong	48:05	629-Dan Potter	50:27
527-Yngve Ramstad	48:06	630-Maurice Holloway	50:28
528-Ludwig	48:07	631-George Hinkle	50:29
529-Marvin Brooks	48:08	632-Greg Santa Ana	50:33
530-Anderson	48:09	633-Stark	50:34
531-Nancy Schell	48:10	634-Thea Myers	50:35
532-Steve Cole	48:11	635-Bruce Haupt	50:36
533-Greg Bodwalk	48:12	636-Miller	50:37
534-Frank Smith	48:13	637-David Ramstad	50:39
535-Kathy Maloney	48:14	638-Tom McGe	50:40
536-Marin Albion	48:21	639-O'Donnell	50:41
537-Bob Bishop	48:22	640-Joe Pittitti	50:42
538-Michael Heaney	48:23	641-Bob Walker	50:44
539-Nudelman	48:28	642-Fred Kennelly	50:45
540-Foss	48:29	643-Green	50:46
541-Jeff Gates	48:30	644-Peterson	50:46
542-Jack Dusay	48:31	645-John Di Luzio	50:47
543-Robert Myers	48:35	646-Howard Chapman	50:48
544-Cindy Standley	48:37	647-Heblon	50:48
545-Blanchar	48:39	648-Paul Flores	50:48
546-Ray Arce	48:40	649-Paul Feistharm	50:48
547-Robert Arce	48:40	650-Mike Feistharm	50:49
548-Lisa Shattuck	48:41	651-Wilde	50:49
549-Anne Bower	48:44	652-Michael Miller	50:49
550-Bill Shore	48:45	653-Liz Ray	51:01
551-Pat McCarthy	48:46	654-Jerry Lewis	51:08
552-Stol	48:47	655-Herb Foster	51:08
553-Bob Davis	48:48	656-John Foster	51:09
554-Don Meyns	48:49	657-Chuck Smith	51:09
555-Houghton	48:50	658-Robert Hane	51:22
556-Jack Simpson	48:56	659-James Byrne	51:25
557-Daniels	48:57	660-Mark Bush	51:26
558-W. Gaffield	48:57	661-Steve Musser	51:30
559-Libby Bangert	48:58	662-Andy Edmondson	51:33
560-Chris Nishimura	48:59	663-Rapf	51:34
561-Ed Koebrich	49:00	664-Tom Martz	51:35
562-Thomas	49:00	665-Jack Fleming	51:36
563-J.H. Laws	49:01	666-Marvin Jacoby	51:37
564-Dan Gawronski	49:02	667-Larry Demas	51:37
565-Rehag	49:03	668-Ben Anderson	51:38
566-Robert Corwin	49:04	669-Jack Rosevear	51:40
567-Mike Hayden	49:05	670-Bernie Stevens	51:45
568-Robert Rolston	49:06	671-Sampson	51:46
569-Bob Bowe	49:07	672-N.A. Hannon	51:47
570-Charles Lee	49:08	673-Patrick Shelby	51:47
571-Larry Tuccio	49:09	674-Eric Shelby	51:48
572-Anthony Chavez	49:10	675-Michael Britz	51:49
573-Gary Ray	49:11	676-Joe Sham	51:52
574-Charles Ernst	49:12	677-Ed Pattillo	51:53
575-Dwight Wygant	49:13	678-Bitting	51:54
576-Ray Cabler	49:14	679-Pete Birrer	51:55
577-Barbara Carlson	49:15	680-Marlys Hayden	51:56
578-Lanny Fielder	49:16	681-Dinah Fogel	51:57
579-Henry Lores	49:17	682-Mario Macaluso	52:01
580-Dunn	49:18	683-Richard Sobrero	52:01
581-Bob Tsubamoto	49:19	684-John Fruth	52:06
582-Neil Mahoney	49:20	685-Dave Jacoby	52:07
583-Bob Kroninger	49:28	686-Ron Rouda	52:08
584-Ralph Bartholomew	49:29	687-John Bannister	52:08
585-Charles Tyler	49:30	689-Anixt	52:09
586-Margaret Donahue	49:31	690-Alan Lewin	52:09
587-John Anderson	49:31	691-Martz	52:10
588-Marianne Strotz	49:32	692-Christine Hopf	52:10
589-David Nasaw	49:33	693-Laury Belzer	52:10
590-Peter Sapienza	49:41	694-Mike Guingona	52:11
591-Gordon James	49:42	695-Lee Chastaine	52:12
592-Laurie Bangert	49:42	696-Kauffold	52:13
593-Mathis	49:43	697-Joe Ryan	52:14
594-Tom Peterson	49:43	698-Willie Frazier	52:18
595-Pete Reckas	49:48	699-Persky	52:21
596-Blair	49:49	700-Dee Jacobson	52:22
597-Smith	49:51	701-Steve Wintner	52:23
598-Claude McEntyre	49:51	702-David Nurte	52:25
599-Peter Nakahata	49:52	703-Susan Caughron	52:26
600-Champagne	49:52	704-Mike Meyer	52:27
601-Jim Bisbee	49:53	705-Bill Ryan	52:28
602-Glen Schultz	49:55	706-Holley Wysong	52:29
603-Kennedy	49:56		

707-Doug Hartley	52:29	820-Rhodes	59:07
708-Jane Terry	52:33	821-Chuck Erb	59:08
709-Lori Parrish	52:34	822-Ulla Root	59:09
710-Peter Kimball	52:34	823-Jeff Atkinson	59:17
711-Bob Wallace	52:35	824-Dave Lukaszewski	59:27
712-Mike Bangert	52:36	825-Judy Bailey	59:50
713-Isis	52:36	826-Myles Abbott	59:51
714-David Salaver	52:37	827-Judith Rosenwald	60:05
715-Salley Morner	52:54	828-Beth Richardson	60:07
716-Moeglich	52:55	829-Rose Roskilly	60:08
717-Doug Gary	53:05	830-William Walsh	60:09
718-Candy Naughton	53:12	831-Pat Hamilton	60:10
719-Don Schultz	53:13	832-Kent	60:24
720-Fran Crawford	53:13	833-Jim Ryan	60:28
721-Laurie Sanders	53:14	834-John Kelleher	60:30
722-Trudy Perkins	53:22	835-Don Baird	60:33
723-Don Parkhurst	53:37	836-Gayle Shaffer	60:34
724-Ross	53:38	837-Bonn	60:38
725-Ray	53:39	838-Marcus	60:39
726-Dan Green	53:41	839-Patti Bannister	60:40
727-Steve Nasstrom	53:45	840-Chuck Barker	60:41
728-Stoane	53:48	841-Meihaus	60:41
729-Ben Wells	53:48	842-Julie Settlemyer	60:52
730-Chuck Travis	53:55	843-Jane Martz	60:58
731-Bob Bahr	53:56	844-Vriethoff	61:03
732-Milton Schiffman	53:56	845-Alice Dingwall	61:10
733-Randy Hurd	53:56	847-Valerie Welk	61:20
734-Kathy Chamberlain	54:10	848-Bailowitz	61:32
735-Jeanne Shlegeris	54:11	849-E. Mallant	61:56
736-Steve Flores	54:12	850-Claudia Kaw'nski	61:57
737-Lessie Neidling	54:13	851-Jeff Wendt	61:58
738-Russ Erb	54:14	852-Mandy McManus	62:15
739-Clare Dower	54:16	853-Mike Malinowski	62:16
740-Mark Conway	54:18	854-Melody Lew	62:24
741-Lee McDaniels	54:19	855-Tera WV	62:30
742-Kay Atkinson	54:20	856-Robin Barnato	62:31
743-Jane Rigney	54:22		
744-Raye Byrne	54:26		
745-Rod Matthews	54:27		
746-Dave Smith	54:28		
747-Craig Powers	54:29		
748-Mike Waltz	54:30		
749-Michael Goude	54:31		
750-Ferguson	54:33		
751-Roger Kahane	54:35		
752-John Gillick	54:36		
753-Mary Gillick	54:37		
754-Gerry Maloney	54:39		
755-Anne Skjelbred	54:40		
756-Patrick Walsh	54:42		
757-Leo Altonzo	54:43		
758-Chris Flores	54:44		
759-Henry Bellaci	54:44		
760-Roger Anawalt	54:44		
761-Richard Oku	54:45		
762-Lisa Spielman	54:47		
763-Terry Yee	54:48		
764-Peter Bank	54:50		
765-Kuchek	54:51		
766-Ed Ross	54:57		
767-Britt Thomas	54:58		
768-Richard Mohs	54:59		
769-Iris Meyers	55:00		
770-Aguirre	55:15		
771-Debbie Alvine	55:20		
772-Carla Ludug	55:26		
773-Scott Holland	55:28		
774-Pat Flowers	55:44		
775-Sandra Caldwell	55:45		
776-Darla Oliver	55:45		
777-Sally Ride	55:46		
778-Rusty Coleman	55:55		
779-Rich Patterson	55:56		
780-Rita Beacock	55:57		
781-Steve Parsons	55:58		
782-Matthew Bush	55:58		
783-Mike Green	55:59		
784-Powers	56:05		
785-Albert Lewis	56:06		
786-Laura Neck	56:07		
787-Bob Firestone	56:08		
788-Andrew Fluegelman	56:08		
789-Bev Richardson	56:09		
790-Candy Burnstein	56:12		
791-Cimino	56:19		
792-Steve Morehouse	56:20		
793-P. Forbrache	56:49		
794-James Walsh	56:50		
795-Randy Mayers	56:52		
796-Bill Boyle	57:04		
797-Dan Greene	57:16		
798-Roseann DiCiano	57:17		
799-Tim Good, Jr.	57:17		
800 Sylvia Moberg	57:18		
801-Carolyn Clark	57:19		
802-Steve Ruby	57:20		
803-Elaine Hocking	57:24		
804-Jarva Petrovich	57:35		
805-Ron Ault	57:36		
806-Rusty Valena	57:40		
807-David Fraser	57:51		
808-Roseann DiCiano	57:52		
809-Peek	57:53		
810-John Wolf	57:58		
811-Orfila	58:00		
812-Marty Wick'nhr	58:00		
813-Kathern Kirchen	58:01		
814-David Peritz	58:36		
815-Fred	58:39		
816-Bill Lee	58:55		
817-Katherine Dusay	58:56		
818-Richard Schiller	58:58		
819-Monique Weil	58:59		



(Top) Kathy Himmelberger won women's title at PA-AAU Hour Run; (Middle) Ralph Bowles dominated the master's division at the same race; (Bottom) Start of that race at Lowell High School track (fast heat). Results on next page. *(Dennis O'Rourke Photo)*

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CLARK OUTKICKS SEAVER IN EXCITING HOUR RUN (May 28, San Francisco): - Because of commencement at San Francisco State, the PA-AAU One-Hour Run Championships were moved hastily across the street to Lowell High School, and a small group (34 finishers) proceeded to fight an annoying wind and a rather loose track surface. Under the circumstances, the results were quite respectable, as a total of 8 runners broke 11 miles, and nearly 50 percent of the finishers broke 10 miles. The less than ideal conditions took a large toll of runners (many quit early in the race), and after a short time it became a two-man race for first. With about 45 seconds to go, Bill Seaver jumped teammate Bill Clark and looked headed for a sure victory. But with less than 100 yards to go, Clark made a convincing move of his own and then held off Seaver by a mere 2 yards, recording 11 miles, 1233 yards. West Valley TC was an easy team winner with Excelsior TC second. Ralph Bowles grabbed the masters title (10-878) over Ray Menzie by exactly a quarter mile as Ray held on for a mile or so when Ralph lapped him. Roger Bryan was another 100 yards back. Kathy Himmelberger was the only sr. woman finisher at 9 miles, 413 yards, while Ruth Anderson was the only masters woman (8-1291). /Frank Donahue/

1-Bill Clark/WVTC	11-1233	7-Jan Sershen/ETC	11- 121	13-Roger Bryan/TRAC	10- 329*	19-Norm McAbee/Un	9-1349*
2-Bill Seaver/WVTC	11-1231	8-Ernie Rivas/PMK	11- 48	14-Bill Sevald/Un	10- 143	20-Ed Jerome/TRAC	9-1247
3-Kirk Randall/Un	11- 542	9-Bob Darling/ETC	10-1336	15-Tim Powell/BC	10- 54	21-Tom Mann/ETC	9-1230
4-Gary Goettelmann/WV	11- 511	10-Ralph Bowles/WVJS	10- 878*	16-Steve Megee/Un	10- 0	***WOMEN***	
5-Mike Niemiec/WVTC	11- 376	11-Mike Eash/ETC	10- 568	17-Raul Mendez/Un	9-1643	27-Kathy Himmelberger	9- 413
6-Roland Watson/WVTC	11- 330	12-Ray Menzie/WVTC	10- 438*	18-Burgess Johnson/Un	9-1521	30-Ruth Anderson/NCS	8-1291*



(Above) Start of the 1st Annual Lake Merced Relays, sponsored by the Pamakids. (Right) Hal Schulz hands off to Brian Maxwell on final leg around the lake for winning "Golden Bears". /Don McLandry/

FIRST PAMAKID RELAYS DRAW 112 TEAMS (June 11, San Francisco): - Located in an ideal area for a relay (around the Lake Merced bikepath), this first annual event drew a good turnout of over 100 5-person teams. The advertised distance had been 4.7 miles/leg, but Sheldon Gersh, the PA-AAU LDR Standards Chairman measured it afterwards and came up with 4.492 miles (22.46 miles for the entire relay). The winning "Golden Bears" team, composed mostly of Univ. of California runners, including the coach, Brian Maxwell, was an easy winner over Tamalpa, 1:52:23 to 1:54:51. That works out to exactly 5 minutes per mile. Other divisional winners were: (Div. B - Women Only: Pleasant Hill Rams 2:37:27); (Div. C - Masters Men: Magnificent Five 2:17:45); (Div. D - Mixed 3 Men with 2 Women and/or Kids 13/Under: James Lick 2:16:23); (Div. E - Mixed 3 Men over 33 with 2 Women and/or Kids 13/Under: Fox's Bunch 2:13:49). A terrific race...no traffic; no logistical problems of making sure your team members got to their proper relay exchange spots (they were all the same place). /Pat Cunneen & Jon Mohr/

Note: - Overall places are listed below (by division).

DIVISION A				21-New York Speedsters	2:11:36	32-S.F. Under 20 Yrs.	2:16:41
1-Golden Bears	1:52:23	11-Quackers	2:07:14	***DIVISION B***		34-Pama Dogs	2:16:57
2-Tamalpa Runners	1:54:51	12-Rockville Runners	2:09:20	75-Pleasant Hill Rams	2:37:27	38-Sunrise Trail Runner	2:17:59
3-Camino West TC	1:57:32	13-Turk St. RC	2:09:49	90-Sundance Girls	2:42:52	42-Excelsior "B"	2:20:40
4-Excelsior TC "A"	1:57:55	14-12 O'Clock Shadows	2:10:49	92-Foxy Five 40 Yrs+	2:44:06	48-Dead Cat in the Rd.	2:25:27
5-Aggie RC Bonzos	1:58:31	15-Skyliners	2:10:56	***DIVISION C***		52-Feats	2:26:31
6-Pamakid "A"	1:59:46	16-Maranon	2:10:57	37-Magnificent Five	2:17:45	60-S.M.C.C.	2:31:23
7-DeAnza Striders	2:02:06	17-Hasting Runners	2:10:58	55-Foothill Masters	2:28:46	***DIVISION E***	
8-Green Greeks	2:05:53	18-Creed Ranch	2:10:59	***DIVISION D***		25-Fox's Bunch	2:13:49
9-Canyon TC	2:06:33	19-Flying Tigers	2:11:14	30-James Lick	2:16:23	35-Afternoon Delight	2:17:03
10-Foothill + 2 Pamas	2:07:06	20-Blazers	2:11:34				



A record(?) field of 350+ starts the Holy City Run. /Sue Perry/

GUTHRIE CLOBBERS MASTERS STANDARD AT HOLY CITY, HART AND BRAY COME CLOSE (June 26, Holy City): - Bill Clark knocked a minute off his PR for the course while pushing teammate Benton Hart to a near record (17 seconds off Angelo Martinez' 1976 standard) of 47:32 over this popular run, now in its 16th year. But it was Kent Guthrie who stole the show as the undefeated masters runner (for 1977) blitzed Ross Smith's 1975 mark of 51:39 with a super-quick 50:46, grabbing 17th overall in a talent laden field. Darryl Beardall's runnerup time of 51:35 was also under the old mark. Vicky Bray kicked away over the last few miles of downhill to notch a convincing victory over Judy Leydig, 57:59 to 58:37, to capture the women's title, missing Sue Munday's 1975 record by a mere 10 seconds. Top high schooler was Nick Nickols, who completed the 9.08-mile out-and-back course in 50:56 to best his nearest competition by 46 seconds (Paul Swinney). Other division winners were: Bob Malain (50+) 57:33, Carroll O'Connor (40+ Women) 68:57, & Mike Matthews (13/Under) 64:50..341 finished./Ken Napier/

1-Benton Hart/WVTC	47:32	7-Mike Niemiec/WVTC	48:38	13-Roland Watson/WVTC	50:13	19-Keith Kruse/Un	51:03
2-Bill Clark/WVTC	47:39	8-John Sup/WVTC	48:58	14-Boyd Tarin/WVTC	50:23	20-Dave Fuller/Un	51:11
3-Tom Laris/WVTC	48:05	9-Gary Goettelmann/WVTC	49:17	15-Bruce Rider/WVJS	50:27	21-Bill Meinhardt/WVJS	51:22
4-Steve Palladino/CW	48:08	10-Greg Elia/FPTC	49:53	16-Steve Brooks/Un	50:37	22-Dennis Tracy/WVTC	51:22
5-Bill Seaver/WVTC	48:30	11-John Moreno/CW	50:02	17-Kent Guthrie/WVJS	50:46*	23-Darryl Beardall/MH	51:35
6-Mitch Kingery/CW	48:34	12-Hank Lawson/Un	50:07	18-Nick Nickols/Un	50:56	24-Paul Swinney/CW	51:42

25-Rich Guilfooy/MPAC	51:55	41-Phil Sanfilippo/WVJS	53:30	57-Mike Catlin/AGRC	55:47	73-Don Dugdale/Un	56:55
26-Eddie Tico/WVJS	52:00	42-Robert Welck/MPAC	53:31	58-Dennis Kroll/Un	55:54	74-Dave Maldonado/Un	56:56
27-Ted Pawlak/LGP	52:15	43-Ross Smith/WVJS	53:35*	59-Dave Edelstein/LIH	56:01	75-Danny Hernandez/Un	57:03
28-Ulrich Kaempf/TRAC	52:18*	44-Drew Paulin/WVJS	53:35	60-Jerry Landrath/Un	56:03	76-Don Richey/CRC	57:05
29-Terry Hughes/Un	52:25	45-Dave Castro/LGP	53:40	61-Andy Takaha/CW	56:05	77-Jeff Smith/Un	57:23
30-Keith Crowder/WVJS	52:26	46-Rich Antal/Un	54:27	62-Phil McCarty/Un	56:09	78-Gil Hernandez/Un	57:30
31-Ralph Bowles/WVJS	52:27*	47-Roger Bryan/TRAC	54:37	63-Mike Gourley/CW	56:10	79-Jim Doran/WVJS	57:30
32-Jeff Cowling/Un	52:28	48-Steve Fuller/WDS	54:40*	64-Mark Driscoll/Un	56:15	***WOMEN***	
33-Mike Chastaine/Un	52:33	49-Joe Salazer/Un	54:50	65-John Hilbrand/LGP	56:16	86-Vicky Bray/SJC	57:59
34-Mike Macallaid/Un	52:53	50-Sheldon Larson/CW	54:57	66-Greg Wimmer/CW	56:20	97-Judy Leydig/WVTC	58:37
35-Gerald Slivsager/Un	53:03	51-Curt Hutchings/LGP	55:05	67-Brian Hurda/Un	56:25	106-Penny DeMoss/WVTC	59:05
36-John Hellman/WVTC	53:04	52-Glenn Pruitt/PMK	55:10	68-Myron Nevraumont/Un	56:26*	145-Marilyn Taylor/Un	61:57
37-Greg Lyon/FPC	53:15	53-Jesus Garza/Un	55:10	69-George Gilbert/Un	56:27	175-Gail Campbell/WVJS	64:00
38-Greg Jewett/PMK	53:16	54-Lloyd Sampson/Un	55:24	70-Alex Gomez/Un	56:31	195-Sharon Metcalf/AGRC	66:04
39-Tom Gleason/Un	53:19	55-Dave Zermer/LGP	55:33	71-Dave Avery/Un	56:35	230-Carroll O'Conner/NCS	68:57*
40-Jeff Winkler/Un	53:20	56-Gary Grellmann/Un	55:43	72-Wil Reinhart/MPAC	56:38	251-Virginia Collins/WVJS	70:20*

MAXWELL, BEARDALL AND CAMPBELL TAKE EXCELSIOR BEACH RUN HONORS (July 2, San Francisco): - Brian Maxwell captured this popular beach run (actually only about half is on the sand) by a twenty second margin over Englishman Peter Hamilton, 33:36 to 33:56, but was a long ways off John Halberstadt's 1975 mark of 32:25. Likewise, masters winner Darryl Beardall missed the late Jim Shettler's 35:41 standard, also set in 1975, but had little trouble winning his division, 36:20 to 38:58 for Paul Holmes. Gail Campbell was an unpressed winner in the women's race, besting Skip Swannack by nearly two minutes, 43:59 to 45:46. Judy Leydig's 42:07 from 1975 likewise remained intact. Camino West took a close victory over the Los Gatos Pacers in the team race, as perennial power WVTC failed to finish a full team. Other divisional winners were--Women 19/Under: Sharon Yanick 47:41; Women 20-29: Gail Campbell 43:59; Women 30-39: Skip Swannack 45:46; Women 40/Over: Carroll O'Conner 49:55; Men 19/Under: David Castro 36:54; Men 20-29: Brian Maxwell 33:36; Men 30-39: Bruce Degan 35:22. A smaller group (196) than usual finished the race. /Mike Conroy/



Brian Maxwell wins Excelsior Beach Run. /Arne Skjelbred/

1-Brian Maxwell/BASC	33:36	20-Tom Gleason/Un	38:24	39-Alan O'Reilly/LGP	41:17
2-Peter Hamilton/ETC	33:56	21-Ross Rowley/SUND	38:39	40-Loren Hill/LGP	41:25
3-Dave Hull/CW	35:20	22-David Moon/TSRC	38:45	41-Ed Adams/Un	41:29
4-Bruce Degan/Tamalpa	35:22	23-David Lermer/LGP	38:55	42-Brad Lichtenstein/Un	41:30
5-Humberto Hernandez/WV	36:01	24-Paul Holmes/BC	38:58*	43-Todd Watkins/DSE	41:38
6-Darryl Beardall/MH	36:20*	25-John Hillbrink/LGP	39:05	44-Evan MacBride/BC	41:44
7-David Castro/LGP	36:54	26-George Gilbert/ETC	39:16	45-Richard Mayers/Un	41:48
8-Steve Fuller/WDS	37:09	27-Jim Nicholson/PMK	39:29*	46-Dennis Wilkins/Un	41:57
9-Bob Miller/CW	37:11	28-Ralph Worthington/Un	39:33	47-Al Stanbridge/PMK	41:59
10-Dale DeWhitt/LGP	37:13	29-Chuck Frosolone/Un	39:36	48-Jeff Houston/Un	42:08
11-Bob Love/CW	37:17	30-Tim Chalmers/Un	39:45	49-Dennis Egly/Un	42:16*
12-Bill Sevald/PMK	37:21	31-Roy Scellato/TRAC	40:11	50-Timothy Morse/Un	42:29
13-Phil Kay/TAM	37:35	32-Joe Camisa/PMK	40:17	51-Loren Castro/BAA	42:30*
14-Wes Hildreth/Un	37:46	33-Tom Dorst/LGP	40:37	52-Steven Twesten/Un	42:43
15-Sheldon Larson/CW	37:52	34-Mart Post/Un	40:45	53-Ed Tico/WVJS	42:51
16-Curt Hutchings/LGP	37:56	35-Leo Ruiz/Un	40:55	54-Richard Houston/NCS	42:57*
17-Ray Aver/LGP	37:57	36-Jesus Garza/Un	41:06	55-Bob Gehl/DSE	43:06*
18-Jim Moore/ETC	38:04	37-William Smith/Un	41:09	56-Rob Alemany/PMK	43:11
19-Jeff Smith/CW	38:08	38-Craig Shore/LGP	41:15	57-Marvin Pettet/Un	43:16

WOMEN

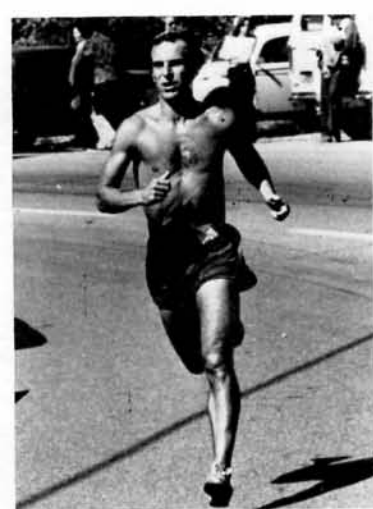
64-Gail Campbell/WVJS	43:59
78-Skip Swannack/WDS	45:46
98-Sharon Yanick/SJC	47:41
111-Pat Whittingslow/PMK	48:27
113-Elaine Miller/PMK	48:39
122-Karen Diekmeyer/SUND	49:37
125-Carroll O'Conner/NCS	49:55*

QUANTITY AND QUALITY MAKE FIFTH ANNUAL FOLSOM 10-KILO A SMASHING SUCCESS (July 3, Folsom): - This affair, which was once merely a 'time trial' for the Buffalo Chips to decide on Tahoe Relays teams, has blossomed into one of the larger and more quality-laden races on the NorCal summer circuit. A total of 44 runners were under 35:00 (5:38/mile) over the rolling course, and 253 finished. Bob Deis, a Fresno State runner (via American River JC) who's done 13:50 for 3-miles, was a fairly convincing winner over Camino West's Steve Palladino, coming out on top by nearly 100 yards. His 31:17 missed Mitch Kingery's 30:40 time of last year. Paul Holmes of the host club pulled something of an upset in downing Ross Smith, 34:27 to 34:50, to take the over-40 title. Myron Nevraumont ran a good third in 35:51. The women's race was very exciting, as Kathy Adams managed to hold onto her early lead to stave off the late challenges from Teri Hagerty (37:47) and Judy Leydig (37:50) with her course record 37:38...the top seven(!) broke Sally Edward's 1976 standard. Holmes broke Ty Hadley's 35:41 record of last year. /Frank Krebs & Doug Rennie/

1-Robert Deis/FSU	31:17	26-Dale Fuller/Un	33:47	51-Ty Walker/Un	35:52
2-Steve Palladino/CW	31:32	27-Adam Ferreira/Un	33:56	52-Marc Hoshler/BC	35:54
3-Noel Hitchcock/Un	31:44	28-Gordy Vredenberg/BC	34:02	53-Don Spickelmier/BC	35:56
4-Bill Weed/Un	31:51	29-Doug Rennie/BC	34:10	54-Dan Davidson/BC	36:02
5-Bob Cooper/WDS	31:56	30-Ken Harvey/Un	34:11	55-Chuck Nichols/BC	36:05
6-Richard Langford/Un	32:42	31-Mike Souza/BC	34:12	56-Art Waggoner/BC	36:07*
7-Jim Bowles/WVTC	32:45	32-Frank Hagerty/SUND	34:13	57-Tim Hicks/BC	36:12
8-Boyd Tarin/WVTC	32:48	33-Mike Brown/Un	34:14	58-Jeff Smith/CW	36:14
9-Frank Turner/Un	32:50	34-Mark Reese/BC	34:15	59-John Myers/Un	36:25
10-Fred Veliz/Un	32:53	35-Fred Fursberg/BC	34:19	60-William Starks/Un	36:44
11-Jim Dietler/Un	32:55	36-Larry Sumner/BC	34:23	61-David Schumacher/Un	36:48
12-Tim Jordan/BC	32:58	37-Paul Holmes/BC	34:27*	62-David Overoye/Un	36:50
13-Mike Wright/Solano JC	32:59	38-Michael Sophie/Solano	34:31	63-Walt Lange/BC	36:51
14-Earl Lagomarsino/Un	33:05	39-Bob Hedges/BC	34:32	64-Wes Fujii/Un	36:55
15-Chris Little/BC	33:09	40-Brent Cushenbery/BC	34:33	65-Bob Cox/SUND	36:59*
16-Jeff Cowling/Un	33:10	41-Mark Gallo/BC	34:44	66-Jim Finnegan/BC	37:01
17-Mile Miller/CW	33:12	42-Ross Smith/WVJS	34:50*	67-P.J. Downey/Un	37:02
18-Kevin Hanson/Un	33:13	43-Abe Underwood/BC	34:59	68-Pete Schoener/BC	37:11
19-Chris Hamer/WVTC	33:24	44-Rick Batha/Un	35:08	69-Dave Davis/BC	37:15*
20-Danny Martinez/WDS	33:32	45-Michael Chastaine/Un	35:19	70-Aaron Goldman/AGRC	37:22*
21-Mitch Kingery/CW	33:33	46-Randy Fairchild/BC	35:22	71-Ken Mattson/CB	37:23
22-Bill Fairwell/Un	33:35	47-Peter McCarty/Un	35:31	72-Gil Tarin/WVJS	37:26*
23-Kurt Vineyard/SolanoJC	33:40	48-Tom Arnez/CB	35:38	***WOMEN***	
24-Frank Krebs/BC	33:45	49-Ray Castro/WDS	35:42	81-Kathy Adams/Un	37:38
25-Erik Winje/Un	33:46	50-Myron Nevraumont/Un	35:51*	83-Teri Hagerty/SUND	37:47



Folsom runnerup, Steve Palladino. /Sue Perry/



HART BLASTS RECORD AT REDWOOD CITY'S PARADE RUN (July 4, Redwood City): - BYU's Benton Hart did a solo 14:28 to easily capture the 5,000-meter run in downtown Redwood City. Taking the lead from the gun, he had left his nearest competition, 37-year-old Tom Laris, 47 seconds behind at the finish tape. Mike Niemiec was a close third, just 3 seconds back of Laris, making it a sweep for West Valley TC. Kent Guthrie continued his unbeaten streak as a master for 1977. In fact, the only race he has lost locally to another master since he made the big step last year was to Darryl Beardall in the Natl. Masters AAU X-C last November. His 16:00 clocking today was good enough for a 26-second margin over Jerry Lewis. Unfortunately, there were some mixups on the 3-loop course when a number of runners who had only completed two laps decided to run for the finishline, simply following other runners who were headed that way. It's not clear who ran short, but the third and fourth place masters runners do not ring a bell with me...perhaps someone could verify it they did in fact run the full distance (they are Wally Hall and John Gramfitt). The women were led by Penny DeMoss, who was an easy winner (by over a minute) at 18:30. I thought that Gail Campbell ran and finished second, but she wasn't listed (perhaps she ran unofficially?). Carroll O'Conner was the leader in the women's masters division. Below are listed top finishers in each age-group. There were 292 finishers. /Sten Mawson/

Runnerup in Redwood City's 4th of July Parade Run, Tom Laris, shown taking third here at the Holy City Run. /Mike Fenner/

3-Sandy Smith	22:47	9-Jim Jurkovich	16:34	2-Dennis Tracy/WVTC	15:31
4-Adrienne Rogers	22:49	10-Greg Wimmer	16:35	3-Jake White/TRAC	15:56
WOMEN 40-49		11-Glenn Dean	16:40	4-John Clary/TRAC	15:58
1-Carroll O'Conner/NCS	21:14	12-Scott Flagg	16:40	5-Harry Cross/WVTC	16:24
2-P. Strand	21:52	13-Ian Waters	16:40	6-Colin Flynn	16:28
WOMEN 50/OVER		14-Jack Kurr	16:40	7-Tim Rostege/WVTC	16:30
1-Nancy Bean	26:07	15-Gilbert Hernandez	16:40	8-Bob Woodliff/WVJS	16:40
BOYS 11/UNDER		***MEN 18-29***		9-Terry Mullen	16:40
1-John Foley	17:56	1-Benton Hart/WVTC	14:28	10-Russell Montello	17:19
2-Andy Jennings	18:44	2-Mike Niemiec/WVTC	15:18	11-Joe Sciamie/Lompop	17:21
3-Michael Kennedy	19:13	3-Dave Hull/CW	15:45	12-Al Stanbridge/PMK	17:32
4-Drew Brodeur	19:19	4-Terrence Boynton	15:55	13-Roy Scellato	17:43
5-Gannon Myall	19:28	5-Mark Luevano	16:03	14-Dale Nelson	17:45
BOYS 12-13		6-J.B. Bettencourt	16:12	15-Thomas Knight	18:02
1-Donald Aviles	18:14	7-Joe Salazar	16:18	16-Sen Mawson	18:08
2-Mack Williams	18:18	8-Joe Green/WVTC	16:25	***MEN 40-49***	
3-Brian Bergstrom	19:10	9-Bob Miller/CW	16:32	1-Kent Guthrie/WVJS	16:00
4-Brett Longo	19:17	10-Jim Moyles	16:40	2-Jerry Lewis/Un	16:26
5-Chris Hibbard	19:18	11-Michael Young	16:40	3-Wally Hall	16:38
BOYS 14-17		12-Dennis Urtiaga	16:42	4-John Gramfitt	17:37
1-Peter Dolan	16:06	13-Jeff Romiguere	16:49	5-Ken Paul/WVTC	18:08
2-Marcus Jones	16:14	14-Conrad Suhr	16:53	6-Timothy Goode	18:23
3-Phil McCarty	16:18	15-Thomas Bartasi	16:55	7-Don Lucero/WVTC	18:55
4-John Rembau	16:20	16-Peter Jensen	16:57	8-Ralph Franzen	19:
5-Danny Hernandez	16:23	17-Neil Berg	16:59	9-Ron Niedrauer/WVJS	19:09
6-Gilbert Dean	16:27	18-Burgess Johnson	17:08	***MEN 50/OVER***	
7-Eric Davies	16:29	***MEN 30-39***		1-Dennis Egley	18:20
8-Dave Bosley	16:31	1-Tom Laris/WVTC	15:15	2-Rich Mueller	18:32

GIRLS 11/UNDER	
1-Sharon Yanick/SJC	19:36
2-Michelle Miller	19:54
GIRLS 12-13	
1-Jackie Lewis/Arrow	21:59
2-Tia Turnbull	22:56
GIRLS 14-17	
1-Terry Schneider	19:36
2-Nina Peticolas	19:50
3-Lori Medlen	20:15
4-Lydia Zele	21:14
WOMEN 18-29	
1-Penny DeMoss/WVTC	18:30
2-Cheryl Bundy	19:37
3-Molly Newlon	20:18
WOMEN 30-39	
1-Skip Swannack/WDS	19:57
2-Juely Peterson	22:40

HART NIPS ROMESSER AT LAFAYETTE 10-KILO; ANOTHER RECORD FOR GUTHRIE (July 9, Lafayette): - Benton Hart continued his undefeated streak by nipping red-hot Gary Romesser of Fresno Pacific TC, 30:46 to 30:53, and Kent Guthrie continued his onslaught of masters records with a convincing 220-yard victory over teammate Ralph Bowles, erasing another course standard (Dennis Teegarden's 36:26 from way back in 1974) in the process with a quick 34:17 and 18th overall. Little Roxanne Bier also continued her undefeated streak for 1977 on the roads with a quarter-mile victory over Judy Leydig, 38:32 to 39:47. She narrowly missed Sue Munday's 1975 mark of 38:31. Carroll O'Conner won another title in the women's masters division with a 46:45, over two minutes in front of teammate Kathy Brieger. Rod Berry annexed the high school title with his 32:47 and ninth overall. The top junior boy was Zach Caldwell (40:52), while Sharon Yaninek recorded 43:06 to win the junior girls' title. Jim Nuccio's 30:29 from 1975 still stands as the course record. Today's race saw a finishing field of 250. /Mike Foley/

1-Benton Hart/WVTC	30:46	19-Dan Martinez/WDS	34:30	37-Bryan Holmes/WVJS	37:24*	55-Bill McCleary/Un	38:40
2-Gary Romesser/FPTC	30:53	20-Ray Corona/BASC	34:31	38-Mike Buckingham/ORR	37:25	56-Evan Custer/ORR	38:49
3-Peter Hamilton/ETC	32:00	21-Jeff Cowling/Un	34:53	39-Leonard McDowell/PMK	37:40	57-Ron Peck/NCS	38:52
4-Boyd Tarin/WVTC	32:07	22-Terry Casey/ETC	34:57	40-Bill Brusher/Un	37:46	58-Leonard Sperandio/CW	38:57
5-Martin Dean/SMTC	32:11	23-Ralph Bowles/WVJS	35:03*	41-Ed Grueb/ORR	37:53*	59-Dennis Egley/Un	39:01*
6-Mike Emry/AGRC	32:15	24-Terry Hughes/Un	35:11	42-Larry Washington/WVTC	37:57	60-Brune Williams/LHS	39:19
7-Phil Hornig/WVTC	32:36	25-Jack Knebel/ORR	35:14	43-Hal Crangle/Un	38:01	61-John Jamieson/Un	39:23*
8-Rod Berry/WVTC-RdwdHS	32:47	26-Ray Castro/WDS	35:29	44-David Maldonado/Un	38:03	62-Ken Israel/WVJS	39:25
9-Mark Proteau/AGRC	32:55	27-Jeff Farmer/Un	35:30	45-Brad Kearns/Keystone	38:08	63-Chuck Askin/Un	39:37
10-Craig Elia/FPTC	33:04	28-Tom Downs/Un	35:31	46-Steve Salandez/Un	38:11	***WOMEN***	
11-Devon Flynn/Axemen TC	33:11	29-Robert Paredes/CW	35:33	47-Tim Chavez/WDS	38:12	54-Roxanne Bier/SJC	38:32
12-Mike Plummer/WVTC	33:32	30-Wolk Goubau/Un	35:56	48-Brad Lichtenstein/Un	38:13	64-Judy Leydig/WVTC	39:47
13-Dennis Tracy/WVTC	33:35	31-Paul Holmes/BC	36:05*	49-Wes Hurlbert/Un	38:19	69-Cheri Williams/SJC	40:11
14-Craig Hochhaus/CVHS	33:40	32-Jeff Smith/CW	36:09	50-Lee Sorenson/ORR	38:25*	74-Carolyn Tiernan/WVTC	40:39
15-Bob Spielman/TCTC	33:55	33-Allen Robertson/Un	36:22	51-Marv Winer/WVTC	38:26	77-Vicky Bray/SJC	40:54
16-Mark Greenough/WVTC	34:02	34-Wayne McClish/Un	36:47	52-Glen Jacoby/Un	38:29	100-Mary Gaffield/PMK	42:47
17-Scott Molina/DLVHS	34:06	35-Rich Antal/Un	36:58	53-Robert Cummings/Un	38:30	105-Eileen Jackson/BTC	43:03
18-Kent Guthrie/WVJS	34:17*	36-Ignatius de Villiers	37:04	54-Roxanne Bier/SJC	38:32	106-Sharon Yaninek/SJC	43:06

SAN FRANCISCO MARATHON A HUGE SUCCESS (July 10, San Francisco): - After some very close brushes with either cancellation or course changes, the First Annual Pamakid San Francisco Marathon went ahead as scheduled with hardly a hitch. It was essentially 'runners day', as traffic was rerouted so that there were absolutely no cars along the entire length of the course. Although the weather was a bit warmer than expected, times were generally good considering some fairly decent hills in the latter stages of the race. And if the times weren't super, the number of participants certainly was...over 1000 starters and 841 finishers! Overall winner was Athol Barton, a New Zealand native now living in Reno. His 2:24:59 is an automatic course record. He led the last 20 miles and was never challenged. Runnerup was Les Myers of the Charthouse TC (San Diego area) in 2:27:46, with Bob Cooper (Woodside Striders) next at 2:28:29. Ulrich Kaempf scored a big win in the over-40 class with a swift 2:42:46, ahead of Gordon Gane's surprising runnerup position (2:47:17). Tena Anex chopped nearly three minutes from her best with a 2:53:20 and a four-and-a-half minute

victory margin over Penny DeMoss (2:57:53), who got a PR by 4 seconds! Pat Cutler was an unexpected third at 3:09:15. Ruth Anderson was somewhat off her usual self, but still won her division (masters women) by nearly twenty minutes with a 3:19:11. Chris Little of Sacramento ran a very strong 2:41:12 to take the under-16 division by nearly a mile and a half. West Valley, led by Daryl Zapata, Bill Clark, and Gary Goettelmann, captured the team title (PA Championships), with Sundance & Pamakids following. WVTC also won the women's race with the Pamakids second. In the masters race it was Pamakids on top, followed by West Valley Joggers & Striders and the Tax Reducers AC. Ruth Anderson led the NorCal Seniors to the masters women's team title (with Frances Sackerman & Barb Carlson). /Jim Scanlon/



(Left to Right) Third-placer Bob Cooper is elated with his finish. Tena Anex moved into third on all-time PA list with 2:53:20. /Lani Bader/ Early in the race (l-r): Bob Cooper, Gary Goettelmann, Bill Clark, Les Myers, Daryl Zapata & Bob Bunnell./Conning/

Following are all finishers under three hours and leading women finishers.

1-Athol Barton/Un	2:24:59	34-Kevin Coulter/Un	2:48:18	67-Robert Hoffman/Navy	2:54:45	100-Jay Helgerson/Mo.	2:59:14
2-Les Myers/Charthouse	2:27:46	35-John Notch/Un	2:48:23	68-Mike Catlin/AGRC	2:55:00	101-Brad Gallup/WarrenTC2	2:59:19
3-Bob Cooper/WDS	2:28:29	36-Don Ramirez/Synanon	2:48:29	69-Bill Sevald/PMK	2:55:13	102-Harry Braaksma/Canda	2:59:19
4-Daryl Zapata/WVTC	2:28:54	37-George Green/PMK	2:48:42	70-John Routh/Un	2:55:23	103-Ronald Johnson/USMC	2:59:19
5-Bill Clark/WVTC	2:29:14	38-Ed Stromberg/BC	2:49:00	71-Mike Souza/BC	2:55:28	104-Kevin Hanson/Un	2:59:21
6-Pete Flores/AGRC	2:30:12	39-Marc Hoschler/BC	2:49:16	72-Joe Maher/TAM	2:55:29	105-James Howard/BC	2:59:27
7-Wayne Badgley/SUND	2:30:44	40-Andrew Lewis/WVJS	2:49:21	73-Gary Nielsen/Un	2:55:31*	106-Karl Ludwig/DSE	2:59:30
8-Gary Goettelmann/WV	2:31:34	41-David Avery/Un	2:49:30	74-Dennis Kroll/Un	2:55:43	110-Don Lucero/WVTC	2:59:33*
9-Homer Latimer/Un	2:34:53	42-Ross Smith/WVJS	2:49:42*	75-Don Chaffee/ETC	2:55:46	108-Hans Roenau/TAM	2:59:35*
10-Ted Pawlak/LGP	2:35:45	43-Michael Niles/Un	2:50:14	76-Gordon Stewart/TAM	2:55:52	109-Mack Forbes/SWEAT	2:59:36
11-Jeff Wall/PMK	2:36:00	44-Ross Rowley/SUND	2:50:35	77-Kees Tuinzing/TAM	2:55:53	110-Don Lucero/WVTC	2:59:55*
12-Bob Bunnell/TAM	2:37:21	45-Ian Mickle/Un	2:50:45	78-Frank Ruona/Un	2:56:00	111-Jeff Richman/Un	2:59:56
13-Jim Howell/Un	2:38:40	46-Edward Cohn/Un-Ore.	2:50:54	79-Tom Pierce/PMK	2:56:07*	112-Marcus Jones/Un	2:59:57
14-Mike Conroy/ETC	2:39:26	47-Roger Major/DSE	2:50:56	80-Michael O'Dannell/Un	2:56:13	113-Art Waggoner/BC	2:59:58*
15-Larry Sellers/TAM	2:40:01	48-Marty Post/Un	2:51:48	81-Lawrence Cabral/Un	2:56:31	114-Phil Sanfilippo/WVJS	3:00:10
16-Kerry Kilgore/SUND	2:40:03	49-Jim Yaniglos/BC	2:51:50	82-Thad Smith/Un	2:56:34	115-Michael Cain/Un	3:00:13
17-Ray Bonner/TSRC	2:40:58	50-Mark Hines/DSE	2:52:06	83-Pete Schoener/BC	2:56:41	116-Harold Rosen/Un	3:00:18
18-Christopher Little	2:41:12	51-Kim Schaurer/TAM	2:52:13	84-Fred Wellman/Un	2:56:47	***WOMEN***	
19-Jerry Petersen/ORRC	2:41:36	52-Keith Whittingslow	2:52:20	85-Dave Mulford/DSE	2:56:52	59-Tena Anex/AGRC	2:53:20
20-Greg Jewett/PMK	2:42:28	53-Ted Wilson/Un	2:52:45	86-Art Riggs/Un	2:57:20	88-Penny DeMoss/WVTC	2:57:53
21-Ulrich Kaempf/TRAC	2:42:46*	54-Pete Demaris/WCV	2:52:55	87-James DeMartini/Un	2:57:39	182-Patricia Cutler/Un	3:09:15
22-Richard Guilfooy/MPAC	2:43:53	55-Gene Schaumberg/ER	2:53:00	88-Penny DeMoss/WVTC	2:57:53	208-Caron Schaumberg/ER	3:13:16
23-Allen Sandretti/Un	2:44:13	56-Tom Mota/PMK	2:53:03	89-Donald Hill/Un	2:58:03	240-Joan Ulliyot/WVTC	3:17:10
24-Bob Myers/PMK	2:45:21	57-Bruce Jones/Un	2:53:04	90-Michael Brown/Un	2:58:10	265-Ruth Anderson/NCS	3:19:11*
25-Ernie Rivas/PMK	2:45:44	58-Michael Garrett/Un	2:53:07	91-Andy Coe/Un	2:58:12	268-Gail Gustafson/Un	3:19:22
26-Chris Hamer/WVTC	2:45:48	59-Tena Anex/AGRC	2:53:20	92-Joe Camisa/PMK	2:58:26	294-Pat Whittingslow/PMK	3:22:37
27-Tim Nikvech/Chabot	2:46:12	60-Fraser Rasmussen/BC	2:53:35	93-Fred Coleman/Un	2:58:30	330-Lucy Shapiro/DSE	3:25:23
28-Terrance Noyes/Un	2:46:43	61-Bart Simmons/Un	2:53:38	94-Vic Weber/Un	2:58:39*	337-Judith Harte/LVRC	3:26:54
29-Phillip Kay/Un	2:46:51	62-Kevin Brown/Un	2:53:49	95-Oren Fletcher/Un	2:58:47	353-Morijo Connelly/PMK	3:28:04
30-Beau Willis/Un	2:47:04	63-Ralph Caballero/USMC	2:53:51	96-Walt Basinger/PMK	2:58:49	354-Jane Sowersby/PMK	3:28:05
31-Gordon Gane/LVRC	2:47:17*	64-David Zunwalt/Un	2:53:57	97-Edward Peterson/Un	2:58:52*	362-Karen Scannell/PMK	3:28:25
32-Dave Muela/ETC	2:48:05	65-Edwin Jerome/TRAC	2:54:37	98-Bob Bekes/NMC	2:59:08	371-Barbara Wangoe/Un	3:29:08
33-John Colson/CCPM	2:48:09	66-Glenn Pruitt/PMK	2:54:44	99-Philip Storrer/Un	2:59:10	372-Carol Young/Un	3:29:10

HART AND SAWYER IN RECORD FELTON RUNS (July 10, Felton): - Benton Hart rolled on to a course record over the rugged "Race to the Redwoods" course (6.9 miles) in scenic Felton, near Santa Cruz. His 36:31.6 eclipsed Hans Templeman's 36:56 which had stood for two years. John Moreno came close to the record in runnerup spot with his 37:03. Newly turned masters runner Ben Sawyer was off to a good start with a one-minute victory over Myron Nevraumont and a new division record, taking nearly two minutes off of Ulrich Kaempf's 1975 time of 43:13. Marilyn Taylor, newly transplanted from Humboldt State, scared Sue Neary's 46:53 mark of 1975 with her 47:00 as runnerup Skip Swannack trailed by over three minutes. In the 17-and-under category, Paul Swinney of Camino West won the tightest battle of the day over teammate Bob Love, 39:27 to 39:38, with two others less than ten seconds back. A heavy turnout, despite the S.F. Marathon (held on the same day), saw 360 complete the distance. /Bruce Jones/

1-Benton Hart/WVTC	36:32	15-Michael Miller/CW	39:55	29-Ben Sawyer/SoqRC	41:18*	43-Nick Granados/Un	42:01
2-John Moreno/CW	37:03	16-Mike Williams/SoqRC	40:03	30-Fred Acosta/Un	41:28	44-Mike Tally/LGP	42:09
3-Bob Arce/Un	37:32	17-Mike Chastaine/Un	40:15	31-Glenn Dean/CW	41:42	45-Myron Nevraumont/Un	42:10*
4-Darren George/AIA	37:52	18-G. Slibsager/Un	40:16	32-Patrick Shane/Un	41:45	46-Sheldon Larson/CW	42:14
5-Matt Sommer/Un	37:52	19-Frank Lemus/Un	40:20	33-Tim Rostege/WVTC	41:50	47-Jim Thylin/Un	42:17
6-Steve Palladino/CW	38:21	20-P. Churney/Un	40:23	34-Alex Bonner/Un	41:56	48-Mark Morris/ESL	42:22
7-Dave Hull/CW	39:21	21-Gilbert Dean/CW	40:40	35-Steve Fuller/WDS	41:56	49-David Zermer/LGP	42:43
8-Larry Hidalgo/Un	39:26	22-Bob Miller/CW	40:42	36-Tom Adams/Un	41:56	50-Greg Wimmer/CW	43:03
9-Paul Swinney/CW	39:27	23-Barry Newton/Cal	40:42	37-C. Hutchings/LGP	41:56	51-Andy Takaha/CW	43:16
10-Jose Barragan/LGP	39:28	24-Michael Macallair/Un	40:42	38-Brian Hurdal/CW	41:56	52-Steve Simpson/WVTC	43:25
11-Phil Dolan/Un	39:37	25-Jack Reime/Un	40:47	39-Chris Cummings/Un	41:56	53-Bill Flodberg/WVJS	43:32*
12-Bob Love/CW	39:38	26-J.D. Castro/LGP	40:48	40-Gary Grelman/Un	41:56	54-Sonny Reynaga/WVTC	43:43
13-Phil McCarty/Un	39:45	27-Keith Kruse/Un	41:07	41-John Hellman/WVTC	41:58	55-Paul Doughty/CW	43:48
14-John Marden/Un	39:47	28-D. DeWhitt	41:17	42-J. Hilbrink/LGP	42:01	56-Lanny Nelson/Un	43:51

57-Rick Pearson/Un	43:57	63-Michael Gruber/WVJS	45:01	69-Paul Sebesta/JGN	45:19*	143-Deena Pearson/Un	50:27
58-Bill McCarthy/Un	44:11	64-Rich Henke/ESL	45:03	70-Dan Dierken/Un	45:24	155-Carolyne West/MPAC	51:23
59-Tracy Carpenter/Un	44:27	65-Loren Hill/LGP	45:06	71-Robert Plant/Un	45:34	156-Dulcy Shroeder/Un	51:27
60-Joey Dose/Un	44:28	66-Craig Shore/LGP	45:09	***WOMEN***		157-Mickey Shana Barger/Un	51:32
61-Chuck Frosolone/Un	44:37	67-L. Nightingill/Un	45:13	86-Marilyn Taylor/Un	47:00	178-Lindy Hayes/SJC	52:52
62-Bob Blonder/WVJS	44:54	68-Robert Colborn/Cal	45:15	129-Skip Swannack/WDS	50:12	180-Cathy Demmelmaier/SJC	53:03

SPENCE AND BUGLER'S WIN FOSTER CITY LEVÉE RUN (July 16, Foster City): - This year times were way off those of last year (different course?), as both quality and quantity seemed substantially down from 1976. Bill Spence was a solid victor over Joe Salazar, 33:48 to 34:53 over the 10-kilometer course. Last year's winning time by Bill Clark (29:58) was nearly four minutes quicker. Sprinter-turned-harrier Tim Rostege, who was running 100's in the low ten's last year, finished third with a solid 35:30 performance. Bill Bugler copped the masters trophy with a 39:12 to Don Lucero's 40:31, while Bill's daughter Susan annexed the girls' 11-14 division and was top female overall as well. Her 46:52 just edged Deena Pearson's 47:00. A total of 165 finished. /Bob Fields/

1-Bill Spence/WVTC	33:48	14-William Lindsell/Un	38:21	27-Tom Mann/ETC	40:26	40-James Mullany/Un	41:43
2-Joe Salazar/Un	34:53	15-Bob Robinson/Un	38:35	28-Don Lucero/WVTC	40:31*	41-William Mason/Un	42:08
3-Tim Rostege/WVTC	35:30	16-Tom Beach/Un	38:43	29-Robert Robinson/Un	40:36	42-James Batz/PMK	42:15
4-George Gilbert/Un	35:43	17-Rene Rivera, Jr./Un	38:55	30-Thomas Knight/Un	40:38	43-Ken Paul/WVTC	42:21*
5-Mark Greenough/WVTC	35:49	18-Mike Honeywell/Un	39:04	31-Norman Shaskey/Un	40:45	44-Edward Syrett/Un	42:26
6-Terrence Robinson/Un	36:11	19-Glen Harda/Un	39:11	32-Allan Peterson/Un	40:49	45-Ted Brodd/Un	42:33
7-Brian Millar/McAteerHS	36:37	20-Bill Bugler/Un	39:12*	33-Chuck Vogt/FCRJ	40:50	***WOMEN***	
8-Mark Ford/Un	36:48	21-Steve Dean/Un	39:27	34-Steve McCain/PMK	40:51	77-Susan Bugler/Un	46:52
9-Chris Cummings/Un	36:59	22-Mike Millward/WVTC	39:32	35-John Harada/Un	40:56	80-Deena Pearson/Un	47:00
10-William Diaz/Un	37:04	23-Al Stanbridge/PMK	39:38	36-Dennis Lem/Un	40:57	84-Devie Nelson/Un	47:30
11-Joe Becerra/ETC	37:21	24-Roger Stirm/Un	39:42	37-Robert Gehl/DSE	41:02*	104-Judy Peterson/DSE	49:56
12-Bruce Gouveia/Un	37:49	25-Gary McNair/Un	40:21	38-Christopher Sager/Un	41:28	106-Susan Laird/Un	50:00
13-Andy Takaha/CW	38:04	26-Rick Pearson/Un	40:25	39-Michael Korbholz/Un	41:37*	115-Judy Wiseman/Un	52:25

HEAT CHALLENGES STAR-STUDED FIELD AT PA-AAU 15-KILO (July 17, Los Altos Hills): - In what was perhaps the finest field ever assembled for a Pacific Ass'n Championships, WVTC's Jim Nuccio knocked off nearly every local bigname around despite temperatures that went into the 80's. Some notable who started the race but succumbed either to the heat or personal ailments were: Benton Hart & Paul Geis. Hart had a touch of the flu and called it quits after one lap. Thru 5-kilometers it was a four-man race, with Nuccio, American 5000m record-holder Duncan Macdonald, and South Africans Bernard Rose and John Halberstadt coming thru well ahead of the field. At the 10K point, Macdonald had dropped well off the searing pace, while the others remained tightly bunched as the pace quickened. Somewhere on the backside of the 3-mile loop, Nuccio put in a back-breaking effort and left his two challengers a full 220 back at the tape, notching an excellent 45:40 over the lengthened (now certified) course. Macdonald was another 28 seconds back. Indicating the quality of the field (despite the heat), the top ten cracked 49 minutes (5:15/mile). Kent Guthrie almost saw his win-streak come to an end with teammate Ralph Bowles holding a sizeable margin going into the last mile, but the 1976 NCCR Masters Point Winner became confused and accidentally began another loop of the course while Kent continued on to the finish for a 52:22 win. Dave Stern, who has been laid up with a persistent groin injury since last December, made his 1977 'debut' and showed he is ready for better things with a 53:40 for runnerup spot, hauling down Ulrich Kaempff in the final stages of the race. Ann Wotherspoon, known more for her track exploits, raced to a big lead with a rapid 18:20 at 5K, with teammates Vicky Bray (18:27) and Roxanne Bier (18:33) in close attendance. At two laps, Ann had a 50-second lead over Vicky and Penny DeMoss, who had moved up strongly, closing the gap by 30 seconds. Ann increased her margin to 55 seconds at the finish with a fine 58:03, with Penny DeMoss holding off a fast-closing Judy Leydig (58:58 to 59:04). Vicky Bray faltered to fourth (60:15), while Roxanne Bier called it a day before halfway. Ruth Anderson's 65:24 won the women's over-40 title by nearly 5 minutes from Carroll O'Conner (70:17). WVTC took both the men's and women's team titles, while the NorCal Seniors annexed the masters women's top spot. There were no complete masters men's teams! Camino West and Excelsior were second and third in the men's division, while the San Jose Cindergals and Pama-kids followed the WVTC women. Despite the heat, a fairly large group of 213 completed the run. /Bill Clark & Ellen Clark/

1-Jim Nuccio/WVTC	45:40	20-David Vellequette/Cal	51:33	39-Bert Johnson/LVRC	54:21	58-Edward Lee/LVRC	56:22
2-John Halberstadt/Un	46:16	21-Kevin Farey/CW	51:40	40-Donald Day/Un	54:30	59-Jack Kurr/CW	56:49
3-Bernard Rose/Un	46:16	22-Paul Mello/CW	51:51	41-Rich Matthews/TAM	54:41	60-R.D. Franklin/LLRC	56:57
4-Duncan Macdonald/WVTC	46:44	23-Mike Plummer/WVTC	52:01	42-Ben Sawyer/SoqRC	54:47*	61-David Avery/Un	57:21
5-Brian Maxwell/BASC	47:13	24-Kent Guthrie/WVJS	52:22*	43-Mike Conroy/ETC	54:51	62-Bill Catenese/DIRT	57:36
6-John Moreno/CW	48:00	25-Randy Hale/SUND	52:34	44-Phil Sanfilippo/WVJS	55:02	63-Curt Hutchings/LGP	57:38
7-Jan Sersten/ETC	48:18	26-Steve O'Brien/PMK	52:43	45-Andrew Lewis/WVJS	55:05	64-Robert Wellck/MPAC	57:41
8-Peter Hamilton/ETC	48:24	27-Jack Dixon/SUND	53:21	46-Dan Moore/LVRC	55:07	65-Nicholas Winter/OVRC	57:46
9-Rick Brown/SRRC	48:26	28-Edward Tico/WVJS	53:36	47-Glen Pruitt/PMK	55:12	66-Frank Ryona/Un	57:51
10-Tom Laris/WVTC	48:51	29-Dave Stern/WVTC	53:40*	48-Hoyt Walker/LVRC	55:20	***WOMEN***	
11-Mike Niemiec/WVTC	48:56	30-Ulrich Kaempff/TRAC	53:49*	49-Greg Hubbard/TAM	55:24	69-Ann Wotherspoon/SJC	58:03
12-Chris Hughes/JT	49:18	31-Keith Kruse/Un	53:51	50-Terrence Casey/ETC	55:37	77-Penny DeMoss/WVTC	58:58
13-Al Hernandez/WVTC	50:22	32-Frank Lemus/Un	53:55	51-John Hilbrink/LGP	55:44	78-Judy Leydig/WVTC	59:04
14-Kirk Duncan/KCTC	50:43	33-Brian Bonner/LVRC	53:56	52-Greg Wimmer/CW	55:46	87-Vicky Bray/SJC	60:15
15-Roland Watson/WVTC	50:54	34-Jerry Lewis/Un	54:10*	53-Gary Alderman/PMK	55:49	104-Marilyn Taylor/Un	62:16
16-Steve Slawson/BASC	51:01	35-Hank Lawson/CW	54:13	54-Myrton Nevraumont/Un	56:04*	107-Joan Ulyot/WVTC	62:38
17-Dennis Tracy/WVTC	51:05	36-Michael Miller/CW	54:14	55-Ted Wilson/Un	56:06*	109-Morijo Connelly/PMK	62:46
18-Dave Hull/CW	51:05	37-Terry Hughes/Un	54:14	56-Ernie Rivas/PMK	56:10	126-Peggy Lyman/WVTC	64:27
19-Mitch Kingery/CW	51:08	38-Raymond Aver/LGP	54:19	57-Dennis Kroll/Un	56:15	131-Ruth Anderson/NCS	65:24*

PETE SWEENEY RUNS TO VICTORY AT MARIN HEADLANDS (July 23, Ft. Cronkite area): - Under foggy conditions, Aggie RC's Peter Sweeney disposed of all opposition on Tamalpa's newly routed 5.6-miler through the southern tip of Marin County. His 31:27 will go as an automatic course record. Wayne Badgley was a well-beaten second at 31:48. Bob Malain, who just entered Div. II masters competition this past year, didn't seem to mind the handicap. He not only won his division, but wound up the best over-40 finisher too. Bruce Carradine was some 22 seconds arrears. The largest margin of victory, however, was chalked up by Women's LDR Chairperson, Penny DeMoss, who took a stunning 37th place overall (out of 226 that finished) in 39:05, while Teri Hagerty, her nearest opponent, was nearly a half-mile behind in 41:41. Never-aging Ruth Anderson, now 47, was the third female at 42:23. Host club Tamalpa won a narrow team victory over Stockton's Sundance TC, 2:54:22 to 2:55:25 (or 49-55 using points). /Kees Tuinzing/

1-Peter Sweeney/AGRC	31:27	7-Frank Hagerty/SUND	34:42	13-Ross Rowley/SUND	35:38	19-Robert Malain/NCS	36:56*
2-Wayne Badgley/SUND	31:48	8-Rich Matthews/TAM	34:52	14-Egil Krogh	35:52	20-George Gilbert	37:05
3-Richard Govi/TAM	32:29	9-Joe Salazar/Un	34:54	15-Don Chaffee/ETC	36:06	21-Gordon Stewart/TAM	37:06
4-Mike Niemiec/WVTC	32:43	10-Kees Tuinzing/TAM	35:16	16-Russ Kiernan/TAM	36:08	22-Bruce Carradine/DIRT	37:18*
5-Bob Miller/CW	32:59	11-David Horning	35:31	17-Ken Takao/SUND	36:38	23-Mike McEntire	37:37
6-Michael Sweeney	33:28	12-Bob Govi/TAM	35:37	18-Mike Rowerdink/SUND	36:39	24-Don Pickett/TAM	37:44*

(Natl. H.S. Postal, Cont'd) Sophs besides Soto are: Trujillo, Read, Bergkamp, Marson, and Judson... a total of six in the top 30 finishers! Steve Strangio was top junior (Holladay is a senior). Gustavo Garcia of Merced (9:49.9) was first frosh. /GIRLS/ HMB 59:14.0, Merced 62:22, Soquel 62:40, Carlmont 62:59, San Carlos 63:06. 1-Crowley/Ov 10:59.6, 2-Crisp/Downey 11:01.5, 3-Nieto/Mer 11:11.2, 4-Schmidt/HMB 11:19, 5-Figliomeni/Sar 11:35, 6-Siegman/HMB 11:42, 7-Schneider/SCz 11:50, 8-Goldthorpe/HMB 11:50, 9-Bettencourt/HMB 11:53, 10-Fox/Hom 11:53.5, 11-Nayares/Downey 11:54, 12-Huber/SC 12:01, 13-Vaughan/SC 12:03, 14-Spence/Soq 12:07, 15-Blake/OG 12:13, 16-Pearson/SLV 12:13, 17-Worth/OG 12:14, 18-Polanini/Carl 12:15, 19-Sanchez/Wat 12:16, 20-Gretchen/Soq 12:16, 21-Strangio/MJSJ 12:16, 22-Chavez/Cup 12:20, 23-Hughs/Mer 12:20, 24-Baker/Hom 12:22, 25-Jengsten/Carl 12:26. /A total of 69 runners broke 10 minute! /B. Hotchkiss/

GOLDEN GATE CONFERENCE CHAMPIONSHIPS (Nov. 4, Rocklin): Teams: SJCC 49, CSM 66, WVC 68, DVC 83, DeAnza 124. 1-Mello/CSM 19:59, 2-Pincombe/CSM 20:10, 3-Paulin/WV 20:11, 4-Fabris/SJ 20:15, 5-Avrit/WV 20:27, 6-Green/CSM 20:39, 7-Sechrist/SJ 20:43, 8-Parish/SJ 20:44, 9-Salazar/SJ 20:46, 10-Searls/DV 20:48, 11-Criner/DV 20:50, 12-Cassara/F 20:52, 13-McQueeney/DA 20:53, 14-Grimes/DA 20:54, 15-Dowling/DV 21:00. /WOMEN/ Teams: Canada 27, Fthl 49, CSM 65, Chabot 79. 1-Munday/SJ 18:08, 2-Powers/DA 18:23, 3-Dobbs/Fthl 18:45, 4-Naylor/DA 19:29, 5-Cortez-Connolly/Can 19:37, 6-Brucker/CSM 20:05, 7-P.Stok/Can 20:21, 8-Newlon/CSM 20:25, 9-K.Stok/Can 20:30, 10-Knott/Can 20:41. /Dave Shrook/

AIAW WESTERN REGIONALS (Nov. 5, Berkeley): Teams: CSN 27, UCLA 40, Stanford 96, Hawaii 105, UCSB 129, CSLB 130, Cal 176. (Top 3 teams and top 10 individuals not on top 3 teams qualify for Nationals). 1-Brown/CSN 17:38.4, 2-Kinsey/CSN 17:42, 3-Troffer/CSN 17:50, 4-Thrupp/S 18:04, 5-Broderick/UCLA 18:17, 6-Heinmiller/UCLA 18:23, 7-Scatena/CSN 18:49, 8-Weston/UCLA 18:49, 9-Abare/SDS 18:57, 10-Chisam/UCLA 19:00, 11-Jewel/CSLB 19:04, 12-Robertson/H 19:05, 13-Fournoy/UCLA 19:06, 14-Metteer/Cal 19:18, 15-Dandoy/CSN 19:09, 16-Dendo/UCSB 19:10, 17-Jackson/UCLA 19:12, 18-Soderholm-Difatte/S 19:16, 19-Pagala/H 19:31, 20-Kemp/S 19:34.../57 finishers/. /Vern Gambetta/

CCAA CHAMPIONSHIPS (Nov. 5, Bakersfield): Teams: CP-SLO 31, CSN 44, CSLA 63, CP-Pomona 110, CSBak 118. 1-Schankel/SLO 30:10.6, 2-Rubino/CSLA 30:28.5, 3-Kingery/SLO 30:40.8, 4-Simons/CSLA 30:47, 5-Munoz/CSN 30:58, 6-Packer/CSN 31:02, 7-Traba/CSN 31:16, 8-Aldridge/SLO 31:20, 9-Bray/SLO 31:22, 10-Arreola/SLO 31:24, 11-Burch/CSB 31:33, 12-Burns/CSN 31:40, 13-Ruiz/CSLA 31:42, 14-Wendler/CSN 31:49, 15-Lugo/CSN 31:51. /Steve Miller/

LONG DISTANCE RESULTS

WHARF-TO-WHARF RUN (July 24, Santa Cruz to Capitola): - A few days ago I received the 'complete results' of the fifth annual race from meet director, Wayne Fontes. After three letters and two phonecalls, I had expected a bit more than what I got... a list of the top ten finishers in each of the six divisions! But...that's not all. There were not even any finish times for any of the runners...except Benton Hart's 27:48 winning time, which was a course record by 24 seconds (Hans Templeman held the old mark in 1975). They also mentioned in passing that the first girl finisher was Terri Schneider in 34:05. True, she was the first 'girl' finisher (high school division), but Judy Leydig was the first female, and her time was 34:05...not Terri's! Since no times were given, I have no way of knowing the top four women (or top ten overall) for the NCCR Point Race... if anyone could help here, please let me know. I am sure that for a \$3.00 entry fee (\$4.00 late entry), the meet promoters could at least have mailed results to all the finishers. I am sure they 'made a bundle' on the race, since T-shirts were being sold and all the drinks at the finishline had been donated by the 7-11 Stores of Santa Cruz. And Harold DeMoss recently informed me that they were complaining about paying the regular 10 percent of their entry fees to the A.A.U! My suggestion is that all of you who ran should flood Mr. Fontes with phonecalls and letters (106 Cliff Av., Capitola, CA 95010) (Ph. 408/475-3627...home) until we get some results, or drive him crazy in the process! I know that they had places and times at the finish because they read them off when presenting awards. In addition, I would suggest that those of you who would like to protest this do so by not attending the race next year. I think it's about time runners started doing something about the obvious ripoffs that are occurring in some of our local runs. I am sure they will keep happening unless we do something collectively to stop them. I'd appreciate any further comments in this regard as "Letters to the Editor". Thanks for your help.

(Wharf-to-Wharf, Cont'd.) - I won't list too much in the way of results because they don't really mean too much without times...and even then they are only meaningful within their divisions. /OPEN/ 1-Benton Hart/WVTC 27:48, 2-Bob Deis/FSU, 3-John Moreno/CW, 4-Darren George/AIA, 5-John Sup/WVTC 6-Bill Clark/WVTC, 7-Rudy Munoz/Nev-R, 8-Tom Smith/WVTC, 9-Tom Laris/WVTC, 10-Matt Sommer/Un. /MASTERS/ 1-Paul Holmes/BC, 2-Roger Bryan/Un, 3-Ken Napier/WVJS, 4-Myron Nevraumont/Un, 5-Len Thornton/HSTC, 6-Carl Martin/WVJS, 7-Maynard Orme/WVJS, 8-Derl Crowder, 9-Rod McKenzie, 10-Ed Dally/WVTC. /WOMEN/ 1-Judy Leydig/WVTC 34:05, 2-Judy Graham/WVTC, 3-Marilyn Taylor/Un, 4-Gail Campbell/WVJS, 5-Sue Grigsby/HSU, 6-Skip Swannack/WDS, 7-Barbara Wangoe, 8-Lindy Hayes, 9-Carol Young, 10-Dena Wallace. /HS BOYS/ 1-Paul Burke/DLS, 2-Steve Strangio/WVTC, 3-Nick Nickols/Hollister, 4-John Marden/MJSJ, 5-Scott Thornton. /HS GIRLS/ 1-Terri Schneider/SCz, 2-Deena Pearson/SLV, 3-Cathy Demme/maier 4-Lori Medlen, 5-Jody Cobb. /13-UNDER/ 1-Mike Kennedy, 2-Brian Marler, 3-Steve Goettelmann/WVTC, 4-Gannon Myall, 5-Michelle Miller. /Wayne Fontes/ (Approx. 1600 finishers!)

DSE FT. POINT RUN (July 24, San Francisco): /3.7 Mi./ 1-Mike Spino 18:10, 2-Gormley 18:28, 3-Jim Moore 18:40, 4-(not known), 5-Abbell 19:23, 6-Lavelle 19:25, 7-Thomas 19:26, 8-Jensen/PMK (40+) 19:30, 9-Deschler/PMK 19:33, 10-Smith 19:36...47-Pat Cutler/Un 22:58, 79-Pat Whittingslow/PMK 24:21, 84-Elaine Miller 24:32...380 finishers. /Tom & Louise Burns/

DSE GOLDEN GATE BRIDGE RUN (July 30, San Francisco): /4 Mi./ 1-Pete Hamilton/ETC 23:34, 2-McVeigh 24:07, 3-Cross/WVTC 24:37, 4-Horning 24:57, 5-Gilbert 24:59, 6-Parry 25:16, 7-Wong 25:46, 8-O'Donnel 25:53, 9-Knight 26:00, 10-Thacker 26:06...56-Cindy Chapman 29:31, 83-Colleen Fox 30:14, 107-Carroll O'Conner/NCS 31:18...360 finishers. /Tom & Louise Burns/

DSE OCEAN BEACH RUN (July 31, San Francisco): /6 Mi./ 1-Clark Rosen/PMK 30:15, 2-Lavelle 31:13, 3-McVeigh 31:23, 4-Bashirudin 31:25, 5-J. McVeigh 31:41, 6-Thomas 31:51, 7-Casey/ETC 32:08, 8-Jensen/PMK(40+) 32:21, 9-Berg 32:33, 10-Burton/STC 56...54-Phyllis Olrich/WVTC 36:49, 57-Pat Cutler 37:26, 60-Ruth Anderson/NCS(40+) 38:13, 86-Swannack/WDS 40:08, 98-Pat Whittingslow/PMK 40:56...352 finishers. /Tom & Louise Burns/

PEAR FAIR ROAD RACE (July 31, Courtland): /10.3 Mi./ 1-Dean/Un 54:13, 2-Schelegle/AGRC 54:50, 3-Sweeney/AGRC 55:36, 4-Borga 56:10, 5-Boyet/AGRC 57:13, 6-Ferreira 56:36, 7-Bowles/WVTC 58:20, 8-Krebs/BC 58:53, 9-Winje 59:26, 10-O'Neil/SFOC(50+) 59:46, 11-Summer 60:02, 12-Hamer/WVTC 60:16, 13-Vredenburg 60:17, 14-Feenstra 60:26, 15-Rennie/BC 61:07, 16-Baudendistel 61:15, 17-Colbert 61:17, 18-Lange/BC 61:31, 19-M.Reese 62:00, 20-Hedges 62:03...147 runners. /Jim Bowles/

IRVINE PARK 5-MILER (Aug. 7, Irvine?): 1-Joe Carlson/FCAC 23:50, 2-Konigh/ICC 24:09, 3-Wilson/JT 24:12, 4-Cook/AIA 24:16, 5-Estrada 24:48, 6-Rios 25:01, 7-Appell/OCTC 25:04, 8-Avila 25:12, 9-Levinson/STC 25:23, 10-O'Hara 25:28, 11-Kendall /Oxy 25:36, 12-Edds 25:39, 13-Hughes/SFV 25:40, 14-Kovatch 25:45.../Masters/ 1-John Davis/Un 25:28, 2-Cronin/STC 27:13, 3-Vasquez/AZTL 28:17, 4-Winton/STC 28:55, 5-Freedman/LVTC 29:20.../Women/ 1-Susie Sanchez/RRR 27:49, 2-Jennie Cervantes /RRR 30:05, 3-Irons/Un 32:00, 4-Vollmer/PCR 32:08, 5-Blanco/Un 32:15...400 runners. /Bill Holt; John Brennan/

HUNTINGTON BEACH DISTANCE DERBY (Aug. 13, Huntington Beach): /10.0 Mi./ 1-Ralph Serna/UCI 50:10, 2-Colley 51:20, 3-Nolosco 51:46, 4-Forrester/SMTC 52:29, 5-Kurrie/SFV 52:38, 6-Greifinger 53:13, 7-Unknown 54:10, 8-Crowell 54:12, 9-Jones 54:40, 10-Willis 54:45, 11-Haralson 55:01, 12-Caldwell 55:18, 13-Kester 55:19, 14-Alfaro/AZTL 55:20, 15-Gerson 55:24...45-Sue Sanchez/RRR 58:35, 105-Kathy Jewell 63:33, 110-Sue Peterson 63:54...332 finishers. /Bob Thrall; John Brennan/

DSE PRACTICE DIPSEA (Aug. 14, Mill Valley): /6.8 Mi./ 1-Latimer 49:38, 2-Pruitt 56:51, 3-Lee 57:07, 4-Lawrence 58:37, 5-Bennett 59:33, 6-Wall 59:37, 7-Bashiruddin 60:41, 8-Dresser 60:47, 9-Larson 61:03, 10-Mohr/PMK 61:06...57-Louise Burns/NCS 70:16, 68-Jane Sowersby 72:15...214 finishers. /T. & L. Burns/

PIKES PEAK MARATHON (Aug. 14, Manitou Sprgs., CO): (ROUNDRIP) 1-Rick Trujillo/CO 3:46:21, 2-Ken Young/AZ 3:47:40, 3-McDonald /CO 4:02:44...20-Hicks/AngelsCamp 4:46:03, 41-Standing/S.F. 5:05:04, 56-Waggoner/BC 5:16:59, 62-Miller 5:21:31, 77-Houston /NCS 5:31:15, 95-Stromberg/BC 5:39:43, 107-J.Houston/Cal 5:46:31, 117-Fox/WVJS 5:54:49, 119-Burke/SF 5:58:49, 128-Hannickel/Loomis 6:05:29, 138-Lola Houston/NCS 6:16:15...More---

(Pikes Peak Marathon, Cont'd.) 153-Forehand/Sacto 6:33:51, 166-Martin/Fresno 6:56:37, 169-Pyne/SF 7:00:54, 174-Nourse/Oakland 7:05:27, 180-Letl/Cool 7:15:10, 185-Burleigh/SF 7:30:12, 188-Martha Poppy/Atherton 7:42:54, 189-Gwinn/Rocklin 7:44:01, 194-Jane Johnson/Fresno 8:04:29, 199-Stratta/SF 8:59:00, 200-Deanne Gwinn/Rocklin 9:08:24, 201-Marjori Hannickel/Loomis 9:08:24. (ASCENT ONLY) /WOMEN/ (16-19) 2-Sue Miller/WVTC 4:17:04; (20-29) 11-Gwinn/Rocklin 4:35:20, 16-Johnson/Fresno 5:00:42, 23-Wickenheiser/Palo Alto 6:09:25; (30-34) 8-Hill/Sac'to 7:25:00; (35-39) 6-Standley/Sac'to 5:25:55 (also did 8:04:30 for roundtrip), 7-Laird/MVw 5:25:56; (40-49) 2-Poppy/Atherton 4:01:00, 3-Houston/NCS 4:07:52, 5-Shenefield/Mill Vly 4:43:04, 7-Walker/Oakland 5:50:00; (50-59) 2-Hannickel/Loomis 5:15:33, 3-Marsh/NCS 6:11:12; (60/Over) 1-Atkinson/NCS 5:54:56. /MEN/ (16-19) 28-Houston/Cal 3:27:27, 34-Hannickel/Loomis 3:36:45; (20-29) 1-David Casillas/Illinois 2:12:24 (fastest ascent), 58-Miller/Aptos 3:25:12, 115-Martin/Fresno 4:17:33; (30-34) 7-Hicks/AngelsCamp 2:59:47, 15-Stromberg/BC 3:10:20, 64-Forehand/Sac'to 4:13:48, 73-Gwinn/Rocklin 4:31:15, 77-Yount/Campbell 4:47:51, 85-Brent/SF 6:10:45; (35-39) 6-Standing/SF 3:15:40, 37-Fritzlan/Sausalito 4:16:45, 41-Nourse/Oakld 4:36:16; (40-49) 30-Burke/SF 3:51:05, 37-Pyne/SF 4:17:21, 41-Letl/Cool 4:28:02, 44-Burleigh/SF 4:46:57, 49-Stratta/SF 5:41:41; (50-59) 1-Waggoner/BC 3:05:12, 6-Houston/NCS 3:30:16, 8-Fox/WVJS 3:34:17, 9-Hannickel/Loomis 3:43:50, 11-Wirick/Sac'to 3:48:47, 23-Sekulich/NCS 4:34:33, 27-Johanson/Larkspur 5:26:47; (60/Over) 2-Cole/SF 4:18:09, 4-Werten/SF 4:21:51, 5-Stack/DSE 4:35:00 (also did roundtrip in 7:00:00). /Rudy Fahl/

PRACTICE DIPSEA (Aug. 21, Mill Valley): /6.8 Mi./ 1-Kees Tuinzing/TAM 53:19, 2-Schaurer/TAM 54:13, 3-Stagliano 56:20, 4-Pickett/TAM 56:29, 5-Schoenerger 56:34, 6-Krogh/TAM 57:46, 7-Larsen 57:55, 8-Hastings 58:43, 9-Greenwald 59:05, 10-Roenau/TAM 60:02 ...20-Linda Broderick 62:48, 52-Cindy Chapman 67:34, 90-Judith Harte 72:06...257 finishers. /Tom & Louise Burns/

SANTA MONICA 10-KM. (Aug. 27, Santa Monica): 1-Dave Babiracki/SFV 29:26, 2-Tuttle/TS 29:29, 3-Lee/CCAC 30:12, 4-Wagenbach 30:49, 5-Forrester/SMT 31:00, 6-Butler 31:06, 7-Jones/SMT 31:11, 8-Scobey/Un 31:25, 9-Engel/BB 31:30, 10-Greifinger/SMT 31:35, 11-Caldwell/AIA 31:48, 12-Jones/SBAA 31:49, 13-Whalen/SMT 31:54, 14-Nolasco/JT 31:57, 15-Lawson/STC 32:27...20-Bruce Rider/WVJS 32:45.../Masters/ 1-Smartt/TS 33:50, 2-Bartek/SBAA 34:50, 3-Vasquez/AZTL 35:34.../Women/ 1-Vicki Cook/SURR 35:56, 2-Carol Cook/ISU 36:06...328 finishers. /Mary Esposito/

GOLDEN EMPIRE X-C (Aug. 27, Penn Valley): /MEN/ (9/U) 1-Smith/VMT 7:02, 2-Flage/CB 7:27; (10-11) 1-Haggard/VMT 8:22, 2-Gunderson/VMT 8:23; (12-13) 1-Brewer/CRC 10:54, 2-Marler/CB 11:43; (14-15) 1-Dahlquist/VMT 15:37, 2-Peavy/GSTC 16:06; (16-17) 1-Turner/ColfaxHS 19:21, 2-Will/Un 20:59; (18-34) 1-Flores/AGRC 27:07, 2-Boyet/AGRC 27:07, 3-Hamer/WVTC 28:33, 4-Bowles/WVTC 29:00, 5-Vogt/GSTC 29:16, 6-Holben/WVTC 30:18; (35/Over) 1-Smith/WVJS 29:49, 2-Hanson/Ophir 31:27, 3-Turner/Un 31:37, 4-Malain/BC 31:59; /WOMEN/ (9/U) 1-Deckard/GSTC 10:05; (12-13) 1-Denison/CN 12:23; (14-15) 1-Roberts/WS 16:18; (16/Over) 1-Bain/CN 23:23, 2-Warga/CN 23:30; (35/Over) 1-C-Smith/NCS 42:10, 2-Brewer/CRC 48:42. /Calvin Piston/

DSE FT. POINT RUN (Aug. 28, San Francisco): /3.7 Mi./ 1-Mike Porter/WVTC 18:44, 2-J.McVeigh 19:20, 3-Gormley 19:31, 4-Casey/ETC 19:51, 5-Jensen/PMK(40+) 19:56, 6-Wong 19:59, 7-Robinson 20:00, 8-Millar/McAtee 20:01, 9-Kearns 20:04, 10-Fanelli 20:15 ...48-Peggy Lyman 23:05, 74-Skip Swannack/WDS 23:56, 79-Gail Gustafson/Un 24:05, 83-Pat Whittingslow/PMK 24:09...371 finishers. /Tom & Louise Burns/

DSE BIATHLON (Sept. 3, San Francisco): 1-Rob Hatch 24:42, 2-Spano 24:50, 3-Scott 26:05, 4-Horning 26:07, 5-Lambie 26:17, 6-Stanbridge 26:30, 7-Unknown 26:31, 8-McDonald 26:50, 9-Rogers 27:37, 10-Notch/LMJS 27:42...43-Cheryl Houston 36:29, 44-Diane Major 36:38, 46-Susan Allen 37:03, 54-Maryetta Boitano 38:44...111 finishers. /Tom & Louise Burns/

BASS LAKE HALF-MARATHON (Sept. 3, Bass Lake): /13.2 Mi./ 1-Steve Kelley/FPTC 1:11:34, 2-Homer Latimer/Un 1:12:00, 3-Meyer/Un 1:15:07, 4-Case/HSTC 1:15:20, 5-Taylor/WTC 1:16:02, 6-Hulce/FPTC 1:17:00, 7-Lohse/HHS 1:18:26, 8-S.Thornton/HSTC 1:19:21, 9-Lung/FPTC 1:20:02, 10-Taylor/WTC 1:20:18...14-L.Thornton/HSTC (40+) 1:23:06, 17-Delgado/FPTC(40+) 1:24:49, 41-Linda Datz/FPTC 1:37:51, 48-Jennifer Heaton/Un 1:44:16...76 finished. /CTN/

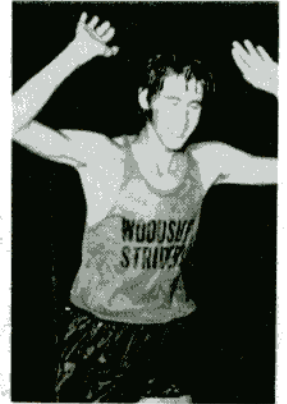
BALBOA PARK 8-MILER (Sept. 3, San Diego): 1-Pullen/JT 41:40, 2-Kelly 41:51, 3-Peterson 42:09, 4-Cour/SBTC... (more---)

5-Nolasco 42:55, 6-Mosher 43:01, 7-Rigdon/SDTC 43:11, 8-R. Burch 43:22, 9-Lebold 43:30, 10-S. Burch 43:47...79-Ann Wotherspoon/SJC 50:48, 101-Sue Krenn/SDTC 52:28...369 finishers. /SDTC Newsletter/

DSE LAKE MERCED RUN (Sept. 4, San Francisco): /4.95 Mi./ 1-Jan Sershen/ETC 25:13, 2-Rivas/PMK 25:24, 3-Wheeler 26:19, 4-Mazoney 26:21, 5-Parades/LGP 26:21, 6-Lavelle 26:29, 7-Sevald/PMK 26:48, 8-Wall 26:53, 9-Bashiruddin 27:01, 10-Casey/ETC 27:03...13-Jensen/PMK(40+) 27:14, 91-Mary Mapeili 31:54, 94-Pat Cutler/Un 32:38, 115-Dana Booth 33:01, 122-Gail Gustafson 33:15...487 finishers. /Tom & Louise Burns/

MT. BALDY RUN-TO-THE-TOP (Sept. 5, L.A. Area): /8 Mi./ 1-Ray Hughes/SFV 65:12, 2-Chase/Un 65:58, 3-Freemoth 68:22, 4-Colley 70:56, 5-Grosz/CCAC 71:08, 6-Blum 71:18, 7-Simonian 71:42, 8-Freriks 72:13, 9-Schaller 72:42, 10-Borbon 72:57...21-Ed Gookin/SDTC(40+) 79:16, 23-Effron/CCAC(40+) 80:25, 88-Sue Conroy 1:44:26...124 finishers. /Gary Wilson; John Brenman/

NATL. AAU 50-MILER (Sept. 10, Santa Monica): /Track run/ 1-James Czachor/NYAC 5:26:54, 2-Moffitt/AZTL 5:34:16, 3-Marshall/HAA 5:43:17, 4-Bob Cooper/WDS 5:45:12, 5-Levinson/STC 5:56:24, 6-Dave Prokop/Un 6:10:34 (Canadian Rcd.), 7-Abe Underwood/BC 6:14:17, 8-Pearson/FFRR 6:15:01, 9-Sheeran/STC(50+) (AR) 6:15:28, 10-Alfaro/AZTL 6:22:10, 11-Eroen/STC(40+) 6:24:07, 12-Wade/SDTC 6:27:32, 13-Jose Cortez/WDS 6:40:05, 14-Judy Ikenberry/RRR 6:44:43 (WR), 15-Fay/Un 6:52:05...21-Paul Reese/BC (60+) 7:16:29 (AR), 22-Doug Peck/WDS 7:17:14, 28-Donna Gookin/SDTC(40+) 7:38:33. Teams: STC 19:27:48, WDS 19:42:31; (Masters) STC 21:18:26. (32 finishers) /Tom Sturak/



Bob Cooper finished 4th at the Natl. AAU 50 Mile Championships in a time of 5:45:12. /R.A. Beehler/

NIKE/OREGON T.C. MARATHON (Sept. 11, Eugene, Ore.): 1-Jeff Wells/Texas 2:13:15, 2-Kardong/CNW 2:14:22, 3-Smead/AIA 2:14:39, 4-Wayne/BASC 2:15:04, 5-Halberstadt/SA 2:15:18, 6-Hensley/Ore 2:16:54, 7-Harper/JT 2:17:05, 8-Pinocci/WVTC 2:17:33, 9-Rose/SA 2:17:46, 10-Lodwick 2:17:47, 11-Atkins/CNW 2:18:18, 12-Hatfield/WVATC 2:20:03, 13-Canchoia 2:21:50, 14-Galloway/ATC 2:22:15, 15-Anderson(Jr.) 2:23:03...17-Kurrie/SFV 2:25:17, 19-Stawson/BASC 2:25:51, 31-Kim Merritt 2:37:57 (AR), 32-Bryan Maxwell/BASC 2:37:58, 34-Rocha 2:39:06, 51-Gayle Barron 2:48:34, 65-Sue Peterson 2:53:38, 71-Lisa Lorrain/ATC 2:55:15, 82-Joan Ulyot/WVTC 2:58:28...251 finishers. /Geoff Hollister/

ROHNERT PARK RUNS (Sept. 11, Rohnert Park): /5.8 Mi./ 1-Doug Rustad 29:14, 2-Sjostad 30:45, 3-Haslam(40+) 30:49, 4-Peterson 33:41, 5-Alves 36:01...28 finishers. /13.1 Mi./ 1-Hersh Jenkins/ER 1:12:23, 2-Reichle 1:15:00, 3-McCarthy/ER 1:16:28, 4-Kesecker 1:17:11, 5-Schaumberg 1:18:35...44 finishers. /D.Eck/

LA FIESTA X-C RACES (Sept. 17, Grover City): /4 Mi./ 1-Bob Nanninga/WVTC 21:14, 2-Mitchell/SLDC 21:20, 3-Trimble/Un 21:32, 4-Casper/SLDC 22:24, 5-Weich/SLDC 22:40...9-Cline/SLDC (40+) 23:42, 11-Coffey/SLDC(40+) 24:07, 21-Laura McCarthy/SLDC 28:19...31 finishers. /Stan Rosenfield/

FALSE START RUINS BRIDGE-TO-BRIDGE RESULTS (Sept. 18, San Francisco): /7 Mi.+/- A backfiring motorcycle caused several hundred runners to 'jump the gun', while most of the crowd of 3000 runners in the City Sports/KNBR sponsored race waited until the 'official' start some ten minutes later. However, there was no way to tell who started in what group and so it turned into a 'fun-run' with results being quite meaningless. Wayne Badgley broke away from Mike Pinocci (tired from the previous week's 2:17+ marathon effort) over the last few miles to score a rather easy victory, while Judy Leydig, who started in the second group, had the fastest time (actual), but other runners in front of her (in the first group) got the awards. A list of finishers was run in City Sports, but we won't run them here because they don't mean much (no times).

MAD RIVER RUN (Sept. 18, Blue Lake): /6.0 Mi./ 1-Gordon Innes 32:32, 2-Little 32:35, 3-Dyer 32:35, 4-Kovach 33:15, 5-Arrison 33:44, 6-R. Innes 34:05, 7-Cottrell 34:17. /Diak Meyer/

SPA-AAU 20 KILO CHAMPIONSHIPS (Sept. 24, Los Angeles): Teams: AIA, Aztlan, STC. 1-Chuck Smead/AIA 62:28, 2-Waltmire/AIA 62:54, 3-Smith/AIA 62:58, 4-Romesser/FPTC 63:10, 5-Dulaney/AIA 63:37, 6-Chambliss/BB 63:43, 7-Hughes/SFV 65:10, 8-Hayes/AIA 65:23, 9-Kurrle/SFV 65:25, 10-Padgett/AIA 65:34, 11-Swift/AIA 66:16, 12-Frickel/SFV 67:16, 13-Moffitt/AZTL 67:56, 14-Durand/STC 68:17, 15-Rupp/STC 69:08, 16-Kendall/Oxy 69:16, 17-Duarte/Un 69:25, 18-Coventry/STC 69:35, 19-Hemphill/SBAA 70:08, 20-Pagliano/GWAA 70:15...24-Effron/CCAC(40+) 71:33, 26-Brennand/SBAA(40+) 71:42, 27-Smartt/MS(40+) 72:01, 72-Sue Peterson 80:24, 80-Terry Hom/SMTC 81:45...159 finishers. /Tom Cory; Brennan/

NATL. AAU MASTERS 25 KILO CHAMPIONSHIPS (Sept. 24, Medford, OR): Teams: WVJS, BC, SOS. 1-Kent Guthrie/WVJS 1:26:17, 2-Ralph Bowles/WVJS 1:26:50, 3-Ellis/WA 1:27:05, 4-Pietsch/FL 1:27:19, 5-Parsons/WA 1:29:10, 6-Stern/WVTC 1:29:15, 7-Smith/WVJS 1:30:21, 8-Menzie/WVTC 1:31:18, 9-Davis/OR 1:31:47, 10-Healy/TAM 1:32:06, ...12-Holmes/BC 1:33:04, 16-Pierce/PMK 1:35:28, 18-Holmes/WVJS 1:36:17, 19-Nicholson/PMK 1:36:20, 21-Napier/WVJS 1:36:52, 22-Escarda/SRRC 1:37:39, 23-Jacobs/NCS 1:38:22, 24-Daniell/SWEAT 1:38:45, 25-Betschart/BC 1:38:48, 27-Byrd/PMK 1:40:05, 29-Waggoner/BC 1:40:34, 31-Russell 1:42:20, 32-Flodberg/WVJS 1:42:32, 37-Ruth Anderson/NCS 1:44:12, 41-Smith/SWEAT 1:49:00, 42-Letl/BC 1:49:18, 43-Walker 1:50:38, 46-Geurtsen 1:55:38, 47-Martha Marie/NCS 1:57:12, 48-Cuzzillo/NCS 1:57:54, 53-Schultz/SWEAT 2:01:38, 59-Catherine Smith/Reno 2:07:57, 64-Abbe/Redding 2:16:32...66 finishers. /Jerry Swartsley/



Nick Marshall finishing the Pepsi Tahoe 72-Miler in a quick 10:41. /A. Underwood/

Mike Chatterton (30 miles). /Charles Mersereau/

PEPSI-TAHOE 72-MILER (Sept. 24, Lake Tahoe): - Nick Marshall of Camp Hill, Pennsylvania, took the lead after thirty miles and finished in 10:41, well ahead of the 12:16 recorded by Mike Williams of Santa Cruz, but well off Don Choi's 9:45 record. What was remarkable about the performance was the fact that Nick had competed in (and finished third) the Natl. AAU 50-Miler just two weeks previously. Harvey Cain (47) of Sacramento won the masters division, taking fifth overall in 15:31. Only repeat performer was Harry Siitonen of San Francisco who clocked 17:18, some four hours faster than in 1976. The race attracted 18 starters, and seven of them finished, with most of the non-finishers going 30-40 miles. 1-Nick Marshall/PA 10:41:18, 2-Williams/SCZ 12:16:41, 3-Evans/Truckee 14:06:43, 4-Lyda/Truckee 14:16:41, 5-Cain/Sac to 15:31:20, 6-Siitonen/SF(40+) 17:18:29, 7-Nakama/Chico 17:55:40...Carl Toepfner (54 miles), Ed Jerome (50 miles), Bob Woodliff (46 miles), John Cover (45 miles), Dennis Godby (40 miles), Tate Miller (40 miles), Terry Chatterton (40 miles), Elmer Taylor (40 miles), Mike Fowle (32 miles), John Paulson (30 miles),

SPRINGBANK ROAD RACES (Sept. 25, London, Ontario): /4.5 Miles/ 1-Duncan Macdonald/WVTC 19:28 (Rcd), 2-Staynys/MDAC 19:41, 3-Lindsay/Mich 19:57, 4-Rose/MDAC 20:04, 5-E.Fikes/PPC 20:09. /12 Miles/ 1-Bill Rodgers/GBTC 54:31 (Rcd), 2-Rojas/CTC 55:52, 3-Drayton/TOC 56:21, 4-Stewart/GB 56:48, 5-Hollander/GLTC 57:42, 6-Lavalee/NAC 57:58, 7-Hughson/TOC 58:10, 8-Simmons/GB 58:16, 9-Fanelli/Un 58:31, 10-Bannon/TOC 58:38. /WOMEN'S 4.5 Miles/ 1-Brenda Webb/Tenn 22:43, 2-Cook/ISU 23:57, 3-Craven/Ohio 24:01, 4-MacHarg/OhioTC 24:02, 5-Lavalee/NAC 24:14. /Dave Prokop/

BEAR FOOT RACE (Sept. 25, Bear Valley): /10 Km./ 1-Homer Latimer 35:29...Holly Beattie/Tahoe 52:46 (other results not available). /Jan Pavelius/

CITY TO PORT RUN (Sept. 25, San Luis Obispo): /10 Miles?/ 1-Mitch Kingery/CP 61:01, 2-Schankel/CP 62:15, 3-Bray/CP 62:16, 4-Weed/CP 62:27, 5-Arreola/SLDC-CP 62:55, 6-Rubio/CP 63:07, 7-Trimble/CP 63:20, 8-Stock/CP-WVTC 63:25, 9-Nanninga/WVTC 64:45, 10-Mandanis/CP-WDS 64:45...81 finishers. /Stan Rosenfield/

WISKEYTOWN LAKE RELAYS (Sept. 25, Whiskeytown): /20.5 Miles/ (4-person teams) - Fifty-two teams entered this year, as compared to 22 in 1976. The SWEAT "A" team came in first in a time of 1:54:58, composed of Lee Ferrero, Rick Sanders, Jim Price and Tom Klausner. First Masters team (5th overall) was the West Valley Joggers in 2:09:23, just back from the Natl. 25-Kilo the day before in Medford, Oregon. The team members included Bryan Holmes, Ken Napier, Bill Flodberg and Ralph Bowles. First women's team was the Chico Running Club, composed of Merrill Cray, Suzan Condon (other names not available). They recorded a fine 2:30:26 for 24th spot. First 30-39 team was SWEAT (4th overall) in 2:08:28 (Jim Middleton, Tom Hayes, Wayne Moss and Glenn Reed). Scott Claypoole of SWEAT ran the entire distance along in 2:14:47 for tenth place overall! /Len Edholm/

DSE DALY CITY HILL RUN (Sept. 25, Daly City): /6.2 Mi./ 1-John McVeigh 40:13, 2-Gormley 40:19, 3-Swezey/PMK 40:30, 4-Sevald/PMK 40:37, 5-Jensen/PMK(40+) 41:38, 6-Lisowek 41:56, 7-Horning 42:37, 8-Chaffee/ETC 42:54, 9-Bashiruddin 43:17, 10-Aldana 43:35, 11-Jerome 43:37...33-Pat Cutler 48:34, 72-Janet Calmels 54:32...149 finishers. /Tom & Louise Burns/

HARVEST FESTIVAL 10-MILER (Oct. 1, Arroyo Grande): 1-Jim Hirsman/SLO 57:38, 2-Reynoso/SLO 57:38, 3-Arreola/SLO 59:05, 4-Lozano/SLO 60:00, 5-Mena 60:10, 6-Beaton/GC 61:43, 7-Cline/GC (40+) 62:16, 8-Coffey/SantaMaria(40+) 62:55, 9-DeNike/AG 64:03, 10-Vernon 65:24, 11-Rosenfield/SLDC 67:34...25-Amber Papp/SLO 78:26, 26-Beth Schultz/SLO 78:26...48 finished. /Rosenfield/

YOSEMITE PARK RUN (Oct. 8, Yosemite): /4.6 Mi./ (Men) 1-Kilgore/SUND 26:41, 2-Rowley 27:18, 3-Duke 27:32; (Masters) 1-Peterson/Laton 27:45, 2-Toabe/HSTC 29:24, 3-LaCasse/LosGatos 31:27; (Women) 1-Thomas/Fresno 37:11, 2-Cook/Clovis 31:06, 3-Toabe 43:17. /3.35 Mi./ (Men) 1-Patterson/Okld 20:50; (Women) 1-Duke/Okld 28:31, 2-Huddleson/Okld 29:29, 3-Keller/Clovis 29:54; (Masters Women) 1-Corbo/Fresno 32:25, 2-Kuhl/Fresno 33:34, 3-Barnes/Fresno 37:28. /Jim Martin/

NATL. AAU MASTERS 15 KILO CHAMPIONSHIPS (Oct. 9, Columbus, OH): 1-Harris/Mich 50:38, 2-Olrich/Ky 51:20, 3-Veronsky/Md 51:38, 4-Hagerman/Ohio 52:17, 5-Ray Menzie/WVTC 52:35...27-Ruth Anderson/NCS 61:47...53 finishers. /Ruth Anderson/

NATL. AAU SENIOR 15 KILO CHAMPIONSHIPS (Oct. 16, Manchester, N.H.): 1-Randy Thomas/GBTC 44:27, 2-Colon/NYAC 45:23, 3-Hodge/GBTC 45:38, 4-Jim Nuccio/WVTC 45:42, 5-Chuck Smead/AIA 46:02, 6-Foley/Summit 46:03, 7-Ron Wayne/BASC 46:05, 8-Duggan/GBTC 46:12, 9-Olson/NMC 46:15, 10-Tarkington/Summit 46:26...44 runners under 50 minutes! Teams: GBTC 2:29:57, Summit AC 2:36:09, Boston AA 2:42:14. /Bob Campbell; Stan Rosenfield/



Fritz Watson had a big win (and set a course record) at the Santa Barbara Marathon (2:25:02). Shown here winning Aptos Beach Run. /J. Sheretz/

SANTA BARBARA MARATHON (Oct. 16, Santa Barbara): (Only partial results available at this time...more local finishers when we get full results.) - /Open/ 1-Fritz Watson/WVTC 2:25:02.3 (Course Rcd.), 2-Ron Kurrle/SFV 2:27:08, 3-Ocana/CCAC 2:32:10, 4-Stripsky 2:39:27, 5-G. Johanson 2:39:30, 6-Hollister 2:39:52, 7-Ramirez 2:40:38, 8-See-ger 2:42:20, 9-Hemphill 2:43:23, 10-Mineau 2:43:41; /35-39/ 1-Coven-try 2:36:36, 2-Holland 2:49:19; /40-49/ 1-Fry 2:48:02, 2-Carmen 2:50:59, 3-Cline 2:53:54, 4-Sawyer 2:54:22, 5-Eddy 2:55:25; /50-59/ 1-Sheeran 2:56:52, 2-Nagelschmidt 3:00:39; /60+/ 1-Montgomery(71) 3:07:03, 2-Seekins 3:20:56; /Women/ 1-Sue Peterson 2:56:07, 2-Cooksey 2:58:47, 3-D.Anderson 3:00:52, 4-Halel 3:10:34; /40+ Women/ 1-Kiddy/ 3:23:32, 2-Hutchison 3:28:36. ---

There was a half-marathon in conjunction with the full marathon. Top times were: 1-Keith Jeffers 1:12:29, 2-Chase 1:13:07, 3-Lacie 1:14:58, 4-Shaffer 1:15:26, 5-Close 1:15:55, 6-Brennand/SBAA(40+) 1:16:34, 7-Smallen 1:16:44, 8-Cronin/STC (40+) 1:16:47, 9-Rudberg/STC(40+) 1:16:49. /John Brennand/

NEW YORK CITY MARATHON (Oct. 23, N.Y.C.): 1-Rodgers/GBTC 2:11:28, 2-Drayton/TOC 2:13:52, 3-Stewart/GB 2:13:56, 4-Tikkanen/Fin 2:14:32, 5-Bjorklund/UCTC 2:15:16...More---

(NYC Marathon, Cont'd.) 6-Thomas/GBTC 2:15:51, 7-Kolbeck/France 2:16:25, 8-Moore/OTC 2:16:28, 9-Orzell/Poland 2:16:48, 10-Ortega/NMTC 2:17:07, 11-Kardong/CNW 2:17:09, 12-Fleming/NYAC 2:17:11, 13-Thompson/GB 2:17:46, 14-Wayne/BASC 2:18:38, 16-Fierestad/Nor 2:18:46, 17-Viren/Fin 2:19:33, 18-Hill/GB 2:20:00, 19-Mora/Col 2:20:17, 20-Hatfield/WVaTC 2:20:31...Miki Gorman/SFV 2:42+ (we will list more finishers in next issue when complete results are available...approx. 5000 starters!). /San Jose Mercury/

LONG BEACH MARATHON PREP (Oct. 23, Long Beach): /16.2 Mi./ 1-Joe Carlson/CCAC 1:26:46, 2-Chambliss/BB 1:26:46, 3-Kurrie/SFV 1:27:28, 4-McDermott 1:27:38, 5-Rude/SLDC 1:29:32, 6-Cook/AIA 1:30:32, 7-Ramirez/Un 1:30:37, 8-Brotten/Un 1:31:15, 9-Perez/AZTL 1:31:31, 10-Duarte 1:32:20, 11-Burgasser/STC 1:33:48, 12-Effron/CCAC(40+) 1:34:38, 13-Shaffer/CCAC 1:35:15, 14-Brown 1:35:21, 15-Chavis 1:35:30, 16-Cronin/STC(40+) 1:35:43...48-Terry Hom/SMT 1:47:13, 51-Sue Peterson 1:47:57...190 finished. /E. Bole/

WOMEN'S NATIONAL AAU MARATHON (Oct. 23, St. Paul, MN): - This was the first-ever 'women's only' AAU Marathon, and the runners responded by setting a record for the most number of finishers ever under three hours (15 of them). To the best of our knowledge, the old record was 10 under that mark in the 1976 Women's International Marathon at Waldniel, West Germany. A good-sized contingent of Nor-Cal women went and took away the lion's share of prizes. Leading the onslaught was Judy Gumbs-Leydig (that's my wife!) with a new NorCal record of 2:50:40 in fourth spot. She led her WVTC teammates to their first-ever national team title (for women), as Penny DeMoss (2:55:24) set a PR and Joan Ulliot (2:58:17) dipped under the three hour mark for the umpteenth time. Marilyn Taylor's 3:01:59 was just off her best, as she completed WVTC's foursome (see cover photo). Other Nor-Cal runners who did very well were Diane Barrett of Fresno, who had placed second in 1976, with a 2:51:49, Tena Anex (with a PR 2:52:06), and Ruth Anderson (3:09:54), who won the National Masters' title. Californian's completed the sweep with Leal-Ann Reinhart taking top honors (2:46:34), taking four minutes from her best in the process. Leal-Ann is from the talented San Fernando Valley TC (she is only third-best on the club). In all, eight Californians were under three hours in this race. Temperatures were in the 40's and low 50's, ideal for records. --- Teams: WVTC 26 (8:44:21), TCTC 33 (8:55:01), SDTC 98 (10:33:54), NCSTC 164. 1-Reinhart/SFV 2:46:34, 2-Dalrymple/Hawaii 2:49:11, 3-Kuscik/NY 2:50:22, 4-Leydig/WVTC 2:50:40, 5-Hanson/TCTC 2:50:48, 6-Barrett/Fresno 2:51:49, 7-Anex/AGRC 2:52:06, 8-DeMoss/WVTC 2:55:24, 9-McKeachie/Mich 2:55:33, 10-Albert/RRR 2:55:40, 11-Arenz/TCTC 2:57:48, 12-Bange/Wisc 2:58:03, 13-Krenn/SDTC 2:58:06, 14-Ulliot/WVTC 2:58:17, 15-Tuthill/LAC 2:58:41, 16-Taylor/WVTC 3:01:59, 17-Lutter/TCTC 3:06:25, 18-Anderson/NCS 3:09:54...23-Skrimstad/Hawaii 3:15:57, 24-Gookin/SDTC(40+) 3:16:29, 29-Church/Ore. 3:23:38, 36-Diekmeier/SUND 3:32:25, 51-Blum/Cal 4:06:50, 61-Kostrubala/SDTC 4:19:19, 62-Clitsome/SD 4:20:52, 71-Marsh/NCS(40+) 4:52:53, 75-Atkinson/NCS(40+) 5:09:42 (missed one---50-Monsauret/Cal(40+) 4:06:47)...79 finishers. Leal Reinhart's splits: 31:06, 61:54, 1:21:25(half), 1:33:19, 2:05:22, 2:38:25. /Jim Ferstle/

RENO JOURNAL JOG (Oct. 23, Reno, Nev.): /5 Mi./ 1-Athol Barton 24:08, 2-Menet/Nev-R 24:18, 3-Dawcey/Susanville 25:06, 4-Dagg/Nev-R 25:28, 5-Sanchez/Reno 25:48, 6-Devine/Reno 25:55, 7-Cruz/Sparks 25:59, 8-Hernandez/Reno 26:00, 9-Madison/Reno 26:20, 10-Williams/Reno 26:20. /Masters/ 1-Bourbeau/WVJS 26:54, 2-Smith 28:03. /Women/ 1-Guyer/CarsonCity 30:10, 2-Klaben/Sparks 30:32, 3-Wong/Un 31:37, 4-Thomas/OV 32:12, 5-Reetz/Sparks 33:07...760 finishers! /Tom Mann/

MORE KENWOOD 10-KILO RESULTS (July 4, Kenwood): - A couple of people responded to my pleas for complete results of this race... the meet director wouldn't send them to me (just top divisional places)! Look on page 28 of the last issue for top women's and masters' marks. Here we'll list finishers fairly deep in the divisions below masters. /Paul Holmes; Glenn McCarthy/

*****OPEN MEN***(19-29)**

1-Jim Nuccio/WVTC 31:13
2-Brian Maxwell/BASC 32:20
3-Darren George/AIA 33:27
4-Tad Woliczko/PMK 33:50
5-Andy Clifford/PASC 34:10
6-Hersh Jenkins/ER 35:10
7-Dan Berry/Cal 35:21
8-Tim Swezey/PMK 35:39
9-Ron Kessecker/VMTC 36:13
10-Fred Kenyon/VMTC 36:59
11-Glenn McCarthy/ER 37:39
12-Ross Rowley/SUND 37:49
13-Ed Carr/VMTC 38:17

14-Dennis Doris/Un 38:42
15-Michael Swanson/Un 39:13
16-Rex Strommes/Un 39:51
17-Gary Crangle/Un 41:59
18-Tom Patterson/Un 41:59
19-Jack Potter/Un 42:30
20-Michael Reynolds/Un 43:10
*****SUBMASTERS MEN***(30-39)**
1-Daryl Zapata/WVTC 34:33
2-Dave Sjustedt/VMTC 36:04
3-Russell Kiernan/TAM 36:26
4-Jim Moore/ETC 36:42
5-Ernest Christopher/Un 37:03
6-Gene Schaumberg/ER 37:52



(Left) Tena Anex set a PR of 2:52:06 to finish seventh at the Nat'l. AAU Women's Marathon in St. Paul. /Ralph Gowen/ (Right) Homer Latimer repeated his 1976 Dipsea performance by winning for the second year in a row, this time in a PR 47:56, some 4 minutes in front of second place! /Sue Perry/

DIPSEA WINNER REPEATS PERFORMANCE (Oct. 23, Mill Valley): - In spite of having the race called off once because of hazardous fire conditions, the Mill Valley Jaycees managed to pull off a successful 67th running of the famed Dipsea run from Mill Valley to Stinson Beach. There was not as large a group as usual because many people didn't know when it was rescheduled (we didn't learn in time to put a notice in the NCR), and also the high school runners were missing. Amazing 38-year-old Homer Latimer grabbed the title for the second straight year, and had the fastest scratch time to boot, a sizzling 47:56, despite a supposedly longer course this year (200 yards). The Marin-based Tamalpa Runners had little trouble in winning the team title with Bob Bunnell (3rd), Darryl Beardall (4th), Byron Lowry (5th), Russ Kiernan (7th), and Bob Biancalana (8th)...this year there were several starts, based on previous marks and a handicap system as well. It seemed to go off well at the start but wonder if it'll take the usual year to get results mailed. Others in top ten (most times not known): 2-Don Chaffee/ETC 51:50, 6-Bob Malain/BC, 9-Don Pickett/TAM, 10-Jim Nicholson/PMK. /Marin Independent Journal/

DIPSEA TANKTOPS - \$4.00

This year the PA-AAU Long Distance Committee is making money for the travel fund by selling Dipsea "tanktops" instead of T-Shirts (same design as last year...4 colors!). We have a lot left over from the race, so help us get out of the hole and send for yours today. Price includes postage! Tanktops are light yellow with navy trim and come in sizes: S, M, L, XL. They are 50/50 material and very soft. -- Send a check payable to PA-AAU LDRC, c/o PO Box 1551, San Mateo, CA 94401. Specify sizes!



*****JR. BOYS***(16-18)**

1-Armand Moreno/VMTC 34:52
2-Frank Paula/LHH 37:08
3-Rudy Balli/LHH 37:21
4-Dave Royal/LHH 37:30
*****14-15 BOYS*****
1-Leo D'Acquisto/Noyo 37:45
2-Mike Judson/VMTC 38:16
3-Brian Hoyt/Un 39:51
*****13/UNDER BOYS*****
1-Eddy Nieto/VMTC 41:30
2-Chuck Haggard/VMTC 42:20
3-Matt Gunderson/VMTC 43:45
4-Adam Hirsh/Un 49:36



Start of the Daly City-Camino West 10-Kilometer Run at Westmoor High School. There were 181 finishers in first year. /Melandry/

DOUG McLEAN EDGES TEAMMATE TO GRAB BIATHLON TITLE (Aug. 14, Redwood City): - Over 300 runners participated in the 2nd Annual Redwood Shores Biathlon, co-sponsored by Mobil Oil Estates and Camino West TC. Of the starts, only 210 braved the cold waters to complete the course, which consisted of a 4-mile run and a 400-meter swim in the Bay. Doug McLean of West Valley TC won the overall title, just edging clubmate Craig Hochhaus of Clayton Valley High School in Concord, 29:33 to 29:39. Third placer was Don Roth, known for his swimming and pentathlon (modern) abilities, but obviously a very strong runner too. Jerry Lewis handily took the masters division from Ed Healy, 34:09 to 34:52, while Roxanne Bier had an even easier time in her division, clipping off a quick 35:47 to defeat Tracy Weber (36:52). Craig Wilson was the 12-and-under winner (41:45). First runner into the water was Craig Hochhaus, who clipped off the four miles in 21:05. He was followed closely by Doug McLean, who eventually passed him for the win. A very successful event! /Pete Michon/

1-Doug McLean/WVTC	29:33	19-G. Wimmer	32:49	37-H. Berggren	34:47	55-R. Fessenden	36:12
2-Craig Hochhaus/WVTC	29:39	20-T. Morse	32:54	38-P. Hugens	34:48	56-M. Healy	36:14
3-Don Roth/Un	29:39	21-M. Long	33:10	39-Ed Healy/AA	34:52*	57-T. Leland	36:16
4-K. McCormick	29:55	22-Dave Zumwalt	33:17	40-Ken Napier/WVJS	35:04*	58-R. Stirm	36:25
5-T. Labelle	30:00	23-Jon Gerrans	33:23	41-D. Towle	35:17	59-D. Lutz	36:29
6-C. Tempey	30:35	24-J. Jiminez	33:25	42-B. Healy	35:22	60-M. Kimberling	36:36
7-D. Harper	30:45	25-R. Worthington	33:37	43-R. Pearson	35:23	61-E. Lopez	36:36
8-Tom Lambie	30:46	26-K. Young	33:49	44-R. Lambert	35:31	62-B. Brown	36:36
9-I. Waters	31:22	27-C. Bannan	33:51	45-Ted Wilson	35:39*	63-Don Carpenter	36:36*
10-J. Sterbentz	31:31	28-D. Innis	34:00	46-Roxanne Bier/SJC	35:47	***WOMEN***	
11-J. Scott	31:36	29-P. McAhaney	34:02	47-S. Ulsh	35:53	46-Roxanne Bier/SJC	35:47
12-M. Leslie	31:51	30-S. Nelson	34:06	48-C. McNally	35:53	67-Tracy Weber/SJC	36:52
13-J. Farmer	32:13	31-Jerry Lewis	34:09*	49-Norm Shaskey	35:55	84-S. Schnell	37:53
14-R. Herzog	32:18	32-D. Hull	34:11	50-J. McCrillis	35:59	85-Cathy Demmelmaier/SJC	37:54
15-T. Schreck	32:23	33-G. Ray	34:13	51-D. Bogin	36:02	87-T. Chavez	38:05
16-J. Cvekso	32:25	34-D. Kraus	34:20	52-C. O'Connor	36:04	98-M. Champagne	39:05
17-Glenn Gaesser/WVTC	32:36	35-J. Bechet	34:23	53-W. Stenberg	36:08	99-T. Hollister	39:07
18-J. Willis	32:45	36-M. Norman	34:23	54-K. Cole	36:10	104-Irene Rudolf/WVTC	40:05

BADGLEY, BOWLES & LEYDIG IN DALY CITY 10-KILO VICTORIES (Aug. 20, Daly City): - New Zealand's Wayne Badgley, currently living in Stockton and running for the Sundance TC, waged a head-to-head battle with Camino West's John Moreno over the hills of Daly City near Skyline Blvd. and came out on top in the closing stages, 30:11 to 30:18 over a slightly shortened (runners took wrong turn) 10-Kilo course (was 9.835 Km.). Last year's NCR Point Winner, Ralph Bowles, showed he hasn't lost anything in grabbing the masters title from Ulrich Kaempf, 32:40 to 33:19. Judy Leydig started out slowly, then overhauled eventual second-placer Cheryl Williams at the top of the first long hill (at about a mile) and was never headed. Her 36:26 was a good half-lap ahead of the Livermore High graduate at the finishline. Penny DeMoss was a close third, just eight seconds back. The high school division produced the tightest divisional battle of the day as Jefferson's Glenn Dean got the nod over Carlmont's Kevin O'Connor, with both getting identical 33:01 clockings. Weather was damp (foggy) with temperatures about 60° as 181 runners finished. /Bob Miller; P. Michon/

1-Wayne Badgley/SUND	30:11	19-J. Romiguere	32:40	37-B. Weaver	34:46	55-M. Post	35:54
2-John Moreno/CW-SFS	30:18	20-Ralph Bowles/WVJS	32:40*	38-B. Gouviea	34:46	56-C. Mickey	35:56
3-Jim Van Dine/Boise St.	30:34	21-Dave Muela/etc	32:41	39-D. Bryan	34:50	57-R. Plant	36:13
4-Matt Yeo/AGRC	30:48	22-Glenn Dean/CW	33:01	40-Steve Deschler/PMK	34:54	58-Robert Schug	36:14
5-Ed Schelegle/AGRC	30:55	23-Kevin O'Connor	33:01	41-Ed Jerome/TRAC	34:54	59-G. Crangle	36:18
6-John Sheehan/WVTC	31:12	24-Bob Parades/LGP	33:12	42-J. Smith	35:00	60-Judy Leydig/WVTC	36:26
7-Bob Lange/CW	31:19	25-K. McCormick	33:18	43-D. Sanchez	35:01	61-Don Mohr	36:27
8-Dennis Tracy/WVTC	31:35	26-Ulrich Kaempf/TRAC	33:19*	44-L. Sperandeo	35:10	62-B. Williams	36:30
9-Boyd Tarin/WVTC-NevR	31:41	27-J. Roth	33:21	45-D. Moon	35:11	63-P. Horsefeld	36:30
10-Mike Smith/Un	31:44	28-Brian Hurdal/CW	33:26	46-F. Ruona	35:12	64-Jack Byrd/PMK	36:32*
11-T. Schreck	31:47	29-G. Green	33:42	47-Gary Grellman	35:13	65-Bob Cummings/WVTC	36:37
12-Steve Brooks	32:01	30-Stan Ross	33:51	48-D. Garcia	35:18	***WOMEN***	
13-Steve Palladino/CW	32:02	31-E. Rios	33:55	49-D. Wilkins	35:25	60-Judy Leydig/WVTC	36:26
14-Ernie Rivas/PMK	32:06	32-Pat McVeigh	34:03	50-Tom Robinson	35:26	77-Cheri Williams/SJC	37:08
15-P. Dolan	32:07	33-Roger Bryan/Un	34:11*	51-J. Batz	35:26	80-Penny DeMoss/WVTC	37:16
16-John McVeigh	32:27	34-S. Larson	34:24	52-I. Watts	35:34	85-Marilyn Taylor/Un	37:48
17-Dave Hull/CW	32:34	35-Tim Rostege/WVTC	34:32	53-Hal Crangle	35:37	99-Madelyn Roese/AGRC	39:17
18-G. McCarthy	32:35	36-H. Bashirrudin	34:39	54-D. Brusher	35:44	100-Peggy Lyman/WVTC	39:20

PAT FINN WINS TOP-OF-THE-STATE 7-MILER (Aug. 20, Weed): - Pat Finn of Chico and Robert Mazzei of Weed were the big winners in the 2nd Annual Top-of-the-State Seven-Miler in Weed. Finn, competing for the Chico R.C., clocked a good 40:23 over the hilly route, but was well off Leonard Hill's 1976 standard of 39:06. Mazzei, a junior at Weed High School, ran an unpressed time of 26:44 in a special 4-mile race that was run in conjunction with the longer race. His time was a new course record. On the distaff side, Jennifer Daniell of SWEAT ran 32:56 to win the 4-mile, while Barbara Becker and Kathy Sullivan tied it up at 52:48 in the longer event. Bruce Friend, College of the Siskiyous X-C coach, won the 40-49 division at 52:06. Rick Martinez was second overall in the 7-miler with a 40:41, and that also won the high school (17/Under) title. Tom Hayes took the 30-39 title in 43:52 and Carl Martin the 50-and-over award (46:40), after travelling all the way from the Bay Area. Fifty-three competed (next pg.). /Ferrero/

1-Pat Finn/Chico RC	40:23	8-Mark Burch/CRC	44:57	15-John Lanzavecchia/CRC	48:26	22-Rich Emerson/Un	51:22
2-Rick Martinez/SWEAT	40:41	9-Evan Quatse/Un	45:12	16-Marc Cullen/CRC	49:18	23-Bob Davis/CRC	51:31
3-Tom Olson/SWEAT	43:16	10-Don Richey/CRC	45:43	17-Norm Spencer/SWEAT	49:44	***WOMEN***	
4-Tom Hayes/SWEAT	43:52	11-Steve Daniels/SWEAT	46:05	18-Ron Webb/Un	49:59	28-Barbra Becker/CRC	52:48
5-Dick Look/SWEAT	44:14	12-Carl Martin/WVJS	46:40*	19-Scott London/Un	50:40	29-Kathy Sullivan/CRC	52:48
6-Walt Schafer/CRC	44:22	13-Glenn Reed/SWEAT	47:07	20-Harrison Smith/SWEAT	50:56*	30-Susan Prielipp/Un	53:20
7-Britt Brewer/CRC	44:31	14-V.I. Wexner/SWEAT	47:18	21-Pete Larko/SWEAT	51:15	33-Susan Condon/CRC	58:05

PAUL BURKE IN EASY LAFAYETTE RIM VICTORY; GUTHRIE SETS MASTERS MARK (Aug. 21, Lafayette): - Paul Burke, headed for UC Berkeley in the fall, tuned up for the cross-country season with an easy win over Jeff Cowling on the mountainous rim trail around Lafayette Reservoir. He was well off the 1974 best set by Tom Hale (36:20), but his quarter-mile victory was not conducive to pushing oneself into an all-out effort either. Kent Guthrie had to work some to keep his undefeated string going as teammate Ralph Bowles tried to make sure he wouldn't lose his course record (40:11). Well, both of them destroyed the record, with Kent coming out on top with his 39:08 (to 39:22 for Ralph), good enough for fourth (& fifth) overall! Kathy Way was runnerup to Nancy Pannell in the women's battle (51:17 to 52:43), but neither were close to Vicky Bray's 47:47 record from the previous year. Mike McManus was a two-minute victor in the junior class (over Zachary Caldwell). A good number of runners (154 finishers) turned out for this popular 'masochists delight'. /*CharLes MacMahon*/

1-Paul Burke/Cal	37:30	17-Craig MacMahon	42:20	33-Brian MacMahon	45:05	49-John Bell	48:01
2-Jeff Cowling	38:44	18-Ted Wilson/Un	42:28*	34-Mike McManus	45:10	50-George Kilian	48:06
3-Tom O'Neil/BC	39:06	19-Raynold Wieand/WDS	42:53	35-Tom Pinckard/NCS	45:27	51-Jim Finnerty	48:21
4-Kent Guthrie/WVJS	39:08*	20-Paul Holmes/BC	43:09*	36-Timothy Morse	45:38	52-Keith Doerge	48:27
5-Ralph Bowles/WVJS	39:22*	21-Michael Coke	43:14	37-Robert Hodge	45:47	53-Hank Davis	48:43
6-Mark Conover/Miramonte	39:30	22-Dean Harper	43:20	38-Frank Leeds	45:55	54-Thomas McManus	49:01
7-Gordy Vredenburg	39:56	23-Anthony Deichler	43:24	39-Joe Camisa	46:06	55-Stan Kowalczyk	49:06
8-Michael Graf	40:28	24-Ed Grueb	43:28*	40-Tim Chavez	46:38	***WOMEN***	
9-Mike Plummer/WVTC	40:52	25-Myron Nevraumont	43:33*	41-Russell Clough	46:40	71-Nancy Pannell	51:17
10-James Sterbentz	41:04	26-Robert Sorenson	43:37	42-Donald Diola	46:51	80-Kathy Way	52:43
11-Doug Rennie/BC	41:25	27-James Engle	44:03*	43-Joe Scarborough	47:05	88-Brooke Myers	54:21
12-Ross Rowley/SUND	41:31	28-Larry Arata	44:04	44-Zachary Caldwell	47:15	91-Marla Vaughn	54:34
13-David Zumwalt	41:34	29-Bryan Holmes/WVJS	44:20*	45-James Cross	47:31	104-Peggy Stok/WDS	56:19
14-Lloyd Sampson	42:01	30-Rudy Petri	44:31	46-Marvin Pettey	47:48	105-Karin Stok/WDS	56:19
15-Bruce Wolfe/WVTC	42:05	31-Charlie Eiriksson	44:33	47-Mike O'Neil	47:53*	106-Julia Wiley	56:45*
16-Dennis Killian	42:20	32-Mike Kimberling	44:55	48-Lee Sorenson	47:55*	122-Celeste Scanlon	59:35

BADGLEY HOT--DEFEATS FLORES AND NETS COURSE RECORD AT WILDWOOD 10-MILER (Sept. 3, Grass Valley): - Rounding into good shape for an attempt at the Sacramento Marathon, Wayne Badgley did some sharpening up by slicing a whopping 45 seconds from Ron Zarate's 1974 course standard with a quick 53:47 on a very tough and hilly circuit. He pulled along Pete Flores, almost too close for comfort, as the Aggie RC ace finished only eight seconds behind. No other major records were threatened, as Joe Sloan's 66:47 missed Ross Smith's mark by a literal mile, but it was still good enough for a mile victory over second master, Joe Dana. Sue Schnell of Sundance likewise had an easy go of it, winning by over four minutes. First sub-master was Al Hernandez of WVTC, although Wayne is over thirty but opted to enter the 'open' division. A total of 56 runners completed the scenic run. /*Calvin Piston*/

1-Wayne Badgley/SUND	53:47	8-Abe Underwood/BC	63:20	15-Larry Pugh/Un	69:01	22-Lyle Eufelt/Un	73:00
2-Pete Flores/AGRC	53:55	9-Lawrence Sumner/BC	63:57	16-Ron Prior/Ophir	69:45	23-Jim Gordon/GSTC	73:27
3-Al Hernandez/WVTC	58:00	10-Greg Tinloy/GSTC	65:53	17-Richard Browning/PBP	70:16	24-Don Seurer/Un	73:55
4-Jim Bowles/WVTC	59:15	11-Joe Sloan/Ophir	66:47*	18-Dave Cargill/Un	70:55	***WOMEN***	
5-Nick Vogt/GSTC	61:15	12-Jeff Nickalow/Un	67:54	19-Tony Baccelli/Un	71:30	42-Sue Schnell/SUND	86:41
6-Fraser Rasmussen/BC	62:17	13-Dennis Godby/Un	68:41	20-Bob Curtis/Un	72:00	46-Carol Ann Lane/Un	90:51
7-Lyle Freeman/Un	62:47	14-Dave Lampson/GSTC	68:49	21-Joe Dana/Un	72:11*	48-Kay Johnson/Un	91:04

RECORDS FALL AS ZARATE ZIPS TO SILVER STATE VICTORY (Sept. 4, nr. Reno, Nev.): - Reno's Ron Zarate was supposed to be 'just out for a workout', but the pace got to be pretty hot, as the final 2:30+ clocking indicates...not so impressive until you realize that Reno is nearly 5000 feet high! Ron pulled the top three runners under the old mark of 2:39, set by Bob Cooper in the 1976 race. Russ Jones' 2:33:33 and Brad Roy's 2:34:07 were both well under that time. Bob Bourbeau led the masters division with a superlative 2:46:42 clocking, but Roger Bryan wasn't far back at 2:48:48...not bad considering Bob lives in Reno and Roger is a lowlander. The women's race was also rather crisp...first-timer Melissa Duffy of Truckee went out hard and made Joan Ulyot and Laurie Crisp work a bit to catch her. Joan pressed on to a new Nevada State record of 3:10:26, while Laurie finally caught the fading Duffy, 3:14:52 to 3:15:34. It was Laurie's first marathon attempt too. She's a junior at Downey High in Modesto. Art Waggoner of Sacramento clocked a 3:07:02 to take top honors in the 50-and-over category. A total of 335 finished this ever-growing race that has a well-attended seminar in conjunction with it. /*Stephen Dow*/

1-Ron Zarate/Reno	2:30:19	20-Athol Barton/Reno	2:54:02	39-Jay Helgerson/FC	3:04:52
2-Russ Jones/Fallon	2:33:33	21-Charles Ferguson/Id	2:54:04	40-John Prewitt/Ore	3:05:31
3-Brad Roy/Carlsbad,CA	2:34:07	22-Kees Tuinzing/TAM	2:54:23	41-Allen Barry/B.C.	3:05:45
4-Clayton Steinke/Ore	2:42:25	23-Mike Catlin/Berk	2:54:34	42-Rick Sylvester/OV	3:05:47
5-Ted Pawlak/San Jose	2:45:37	24-Thomas Walsh/Minden	2:55:07	43-Robert Ogg/RanCordv	3:06:40
6-Frank Lemus/Reno	2:46:31	25-Ed Jerome/TRAC	2:56:22	44-Ed Dally/WVTC	3:06:44*
7-Bob Bourbeau/WVJS	2:46:42*	26-Tim Hicks/AngelsCmp	2:56:56	45-Art Waggoner/BC	3:07:02*
8-John Lavin/Reno	2:48:22	27-David Ferguson/Id	2:57:15	46-Bruce Jones/Pt.Rich.	3:07:10
9-Noel Linicome/Reno	2:48:40	28-David Challed/Nebr	2:58:15	47-Perry Linn/Orgyle	3:07:44
10-Roger Bryan/Un	2:48:48*	29-Sean Crom/Reno	3:00:00	48-Harold Rosen	3:07:55
11-Robert Hedges/Sacto	2:49:07	30-Bill Fraser/Idaho	3:00:50	49-Brian Stansauk	3:08:12
12-Terry Hughes/WalCrk	2:49:30	31-Jack Byrd/PMK	3:01:55*	50-Bill Foulk/Ore.	3:08:27
13-Gary Alderman/WalCrk	2:49:30	32-Michael Kimberling	3:03:15	51-Bob Luathati/NCS	3:09:20*
14-Richard Martinez	2:50:44	33-Michael Gourley/SLO	3:04:08	52-Don Richey/CRC	3:09:25
15-Joseph Maher/TAM	2:52:12	34-Rick Bowen/Reno	3:04:10	53-V.I. Wexner/SWEAT	3:09:35
16-Dennis Stansauk	2:52:30	35-Juneus Kendall	3:04:22*	54-Mike Rowerdink/SUND	3:09:52
17-Marc Hoschler	2:53:00	36-G. Van Hooser/Reno	3:04:25	55-Walt Calcagno/S.F.	3:10:00
18-Doug Peck/SLT	2:53:37	37-Bob MacLean/Trcke	3:04:30	56-Ray Binder/LasVegas	3:10:05
19-Robert Stauts/Reno	2:54:00	38-Mark Burch/CRC	3:04:39	57-Ken Crowe/SLT	3:10:09



Ron Zarate on his way to a 2:30 marathon win at 2nd Annual Silver State Marathon near Reno. /*Studio Kaminski*/

58-James Hamlin/CitHghts3:10:26
(More Results on Next Page...)

59-Joan Ulliyot/WVTC	3:10:26	26-De Armond Sharp/Reno	3:12:15	69-Parker Williams	3:12:44*	***WOMEN***
60-Steve Livingston/Az	3:10:45	65-Kent Robison/Reno	3:12:22	70-Jeff Collins/Sparks	3:12:57	59-Joan Ulliyot/WVTC
61-Ken Yocum/Reno	3:11:26	66-Barry Turner/NevCity	3:12:25	71-Don Lucero/WVTC	3:13:51*	74-Laurie Crisp/Downey
62-Jack Byrom/Reno	3:11:35	67-Britt Brewer/CRUC	3:12:29	72-Walt Currier/SLT	3:14:37*	76-Melissa Duffy/Trckce
63-Raul Hernandez/Reno	3:12:03	68-Mark Cardin/Truckee	3:12:36	73-Bert Borda/Reno	3:14:42	176-Martha Maricle/NCS

DOUBLE DIPSEA; BEARDALL WINS HANDICAP RACE; CHAFFEE COLLECTS FAST-TIME AWARD (Sept. 10, Stinson Beach): - This year's winner of the double trek over Mt. Tam was 40-year-old Darryl Beardall. His win in this year's Double Dipsea makes him the second person (after Homer Latimer) to have won both the Dipsea and Double Dipsea...Darryl won the regular Dipsea back in 1974. The fastest time this year was by Don Chaffee (1:47:52), who, at 38, is the oldest person to have won this honor (Homer Latimer is also 38, but he didn't run this year). Louise Burns, DSE newsletter co-editor (with husband Tom), was the quickest female entrant this year, running the course in 2:19:20. Handicaps ranged from 9 thru 30 minutes (except for those poor souls who had to run from scratch... 20-29 division); only 3 scratch runners in the top fifty finishers---you guys had better do something about the handicap system or you'll scare all that division away! A fairly small turnout this year (158 finishers). /Walt Stack; Don Chaffee/ (Actual Times)

1-Darryl Beardall/15	1:49:45*	13-Louise Burns/NCS/30	2:19:20	25-Bob Myers/PMK/9	2:02:21	37-Jeff Crane/0	1:57:55
2-Bob Malain/BC/25	2:03:44*	14-Edward Lee/9	1:59:03	26-John Soubier/20	2:13:28*	38-Keith Hastings/9	2:08:11
3-Don Chaffee/ETC/9	1:47:52	15-Mike O'Neill/53	2:15:04*	27-Tom Bennett/9	2:02:36	39-Cedric Collett/9	2:08:23
4-Bob Gormley/9	1:48:46	16-Ted Wilson/Un/40	2:05:28*	28-Barbara Magid/30	2:24:09	40-Colleen Fox/30	2:29:45
5-Mike Healy/DIRT/20	2:00:06*	17-ArnoId Knepper/20	2:10:41*	29-Martha Maricle/30	2:24:22*	41-Fraser Rasmussen/9	2:08:48
6-Russ Kiernan/TAM/9	1:51:25	18-Tom Lunne/9	2:00:32	30-K.Whittingslow/9	2:03:25	42-Tom Standing/9	2:09:12
7-Gene Fitzgerald/PK/9	1:51:27	19-John Emery/20	2:11:41*	31-William Main/25	2:19:34*	43-Carl Olsen/9	2:09:57
8-R.Paffenbarger/25	2:08:21*	20-Murray Anixt/0	1:51:52	32-Eileen McGowan/30	2:24:38*	44-Gregor Weiss/9	2:09:59
9-Dick Houston/NCS/25	2:08:38*	21-Jack Ball/9	2:00:58	33-Bill Dickerson/20	2:15:03*	45-Earl Norgard/15	2:16:41*
10-Hans Roenau/TAM/20	2:04:09*	22-Lloyd Sampson/9	2:01:17	34-Charles Cauldwell/9	2:05:00	46-Jim Miller/9	2:10:45
11-Ed Jerome/TRAC/9	1:55:57	23-Tom Mota/9	2:01:45	35-Tom Poulsen/0	1:57:33	47-Walt Schorno/15	2:16:48*
12-Orin Dahl/Un/15	2:02:10*	24-Dick Greenwald/9	2:01:46	36-Frank Evans/20	2:17:43*	48-Irene Rudolf/WV/30	2:31:49

NUCCIO BLITZES DISTRICT 25-KILO; GUTHRIE & BOWLES SET RECORD (Sept. 11, San Francisco): - Conditions were perfect for fast times, and that's just what happened. A starting field of over 400 featured a lot of depth and talent. In the open race, Jim Nuccio, Duncan Macdonald, and Paul Geis broke away from the pack early and were together through 15 kilometers before Geis had to pull back with a bad stitch. With about two miles to go, Macdonald made a move and opened up some 30-40 yards on Nuccio and it looked like it was all over. But the game PA 15-Kilo champ wasn't about to give it up yet. By the top of the last hill (less than 100 yards from the finish), Jim had pulled even and started to kick. All of a sudden Dunc stopped dead in his tracks and heaved up some of his breakfast (or was it dinner from the night before?). Guess the excitement was too much! Jim came across, not looking too great himself, in 1:17:22, with Dunc jogging through the line slowly. Both had obliterated Ron Wayne's 1974 course standard of 1:18:54, and Geis would have been under too without the stitch problems. As it was, he clocked a very credible 1:19:30. Ralph Bowles and Kent Guthrie ran neck-and-neck the whole way, and rather than expend energy with the National 25K coming up in a few weeks, decided wisely to tie it up. Still, they both broke the course record, held by Dick Bartek, by nearly a half-minute. Their 1:27:16's were good enough for a nineteenth place tie. Ray Menzie (1:30:31) was a distance third. In the women's race, Judy Leydig went out in nearly PR 10-Kilo pace, then slowed a bit, but still notched PR's at both 15 and 20K on her way to a sterling 1:36:35, just 1:21 off of Cyndy Poor's 1975 record. Penny DeMoss hung tough the whole way and was also well under 1:40 with her 1:38:05. Kathy Himmelberger just missed it with a 1:40:25 for third. Ruth Anderson was also in on the record-making, notching a 1:47:37 win in the women's masters division. West Valley TC took both the men's and women's team titles, with the West Valley Joggers annexing the masters men's crown, and the NorCal Seniors the masters women's trophy. /Jaak Leydig/

1-Jim Nuccio/WVTC	1:17:22	30-George Green/PMK	1:30:18	59-Dick Croteau/WVJS	1:35:00	88-Louis Daugherty/NVRC1	1:37:57
2-Duncan Macdonald/WV	1:17:30	31-Robert Wellck/Un	1:30:27	60-George Minarik/Un	1:35:06	89-Cliff Wolery/Un	1:37:58
3-Paul Geis/Un	1:19:30	32-Ray Menzie/WVTC	1:30:31*	61-Marty Post/Un	1:35:08	90-Penny DeMoss/WVTC	1:38:05
4-Bill Clark/WVTC	1:20:13	33-William Jenney/Un	1:30:32	62-Ross Rowley/SUND	1:35:17	91-David Black/Un	1:38:18
5-Pete Flores/AGRC	1:20:34	34-Michael Conroy/ETC	1:30:38	63-Bill Catanese/DIRT	1:35:33	92-Tony Deichler/Un	1:38:20
6-Steven Dean/Un	1:20:46	35-Mike Wheeler/Un	1:30:39	64-James Jacobs/NCS	1:35:39*	93-Anthony Helfet/CPTC	1:38:20
7-Gary Goettelmann/WV	1:23:06t	36-Greg Thomas/Un	1:31:37	65-Norm McAbee/PMK	1:35:43*	94-Fred Wellman/Un	1:38:27
8-Jan Sershen/ETC	1:23:06t	37-Keith Kruse/Un	1:31:37	66-Jim Doran/WVJS	1:35:46	95-Dave Mulford/DSE	1:38:37
9-Fritz Watson/WVTC	1:23:31	38-Bill Sevald/PMK	1:31:59	67-Sonny Reynaga/WVTC	1:35:47	96-Ted Levine/Un	1:38:38
10-Daryl Zapata/WVTC	1:23:48	39-Clyde Rockwell/ETC	1:32:07	68-Paul Orgeron/BASC	1:35:51	97-Jim Wurm/Un	1:39:07
11-Adam Ferreira/Un	1:24:43	40-Doug Black/Un	1:32:11	69-Fred Coleman/Un	1:35:53	98-Charles Eiriksson/Un1	1:39:08
12-John Sheehan/WVTC	1:25:00	41-Steve Deschler/PMK	1:32:12	70-Nicholas Winter/LVRC1	1:36:00	99-Derl Crowder/WVJS	1:39:13*
13-Kim Schauer/TAM	1:25:48	42-Bruce Jones/Un	1:32:26	71-Marco Martin/PMK	1:36:03	100-Mike Swanson/Un	1:39:45
14-Bruce Rider/WVJS	1:25:51	43-Phil Sanfilippo/WVJ	1:32:34	72-Russ Kiernan/TAM	1:36:06	101-Harold DeMoss/WVTC	1:39:47*
15-Michael Duncan/WVTC	1:25:52	44-Gordon Gane/LVRC	1:32:44*	73-Jim Nicholson/PMK	1:36:08*	102-H.P. Castellanos/Un	1:39:51
16-Paul Thompson/Un	1:26:11	45-Tom Robinson/PMK	1:33:25	74-Terry Mullen/WVJS	1:36:10	103-Michael Skiff/Un	1:40:05
17-Ernie Rivas/PMK	1:26:22	46-Arne Nelson/Un	1:33:27	75-Dennis Kroll/Un	1:36:24	104-Joel Caldwell/Un	1:40:07
18-Chris Hamer/WVTC	1:27:10	47-David Moon/TSRC	1:33:29	76-Marvin Winer/WVTC	1:36:26*	***WOMEN***	
19-Ralph Bowles/WVJS	1:27:16t*	48-Dan Williams/Un	1:33:49	77-George Rindout/DIRT	1:36:34	78-Judy Leydig/WVTC	1:36:35
20-Kent Guthrie/WVJS	1:27:16t*	49-Hoyt Walker/LVRC	1:33:58	78-Judy Leydig/WVTC	1:36:35	90-Penny DeMoss/WVTC	1:38:05
21-Jim Howell/WVTC	1:27:26	50-Tom Pierce/PMK	1:34:06*	79-Thomas Aldana/Un	1:36:53	108-Kathy Himmelberger	1:40:25
22-Brian Bonner/LVRC	1:27:37	51-Tim Rostege/WVTC	1:34:32	80-John Lilygren/AGRC	1:37:30	135-Peggy Lyman/WVTC	1:42:37
23-Brayn Foose/SFV	1:27:44	52-Jim Engle/DIRT	1:34:36*	81-Robert Plant/WDS	1:37:33	148-Pat Cutler/Un	1:43:40
24-Atkins Chun/Un	1:27:52	53-William Smith/Un	1:34:38	82-Mike Kimberling/MVS	1:37:34	154-Morijo Connelly/PMK	1:44:07
25-Victory Cary/Un	1:28:56	54-Dieter Diekmeyer/SUN1	1:34:43*	83-Ed Dally/WVTC	1:37:38*	197-Ruth Anderson/NCS	1:47:37*
26-Bill Spence/WVTC	1:29:04	55-Joe Maher/TAM	1:34:51	84-Thomas Estili/Un	1:37:41	204-Karen Diekmeyer/SUN	1:48:29
27-Greg Jewett/PMK	1:29:05	56-Art Riggs/Un	1:34:53	85-Frank Ruona/Un	1:37:47	223-Gail Campbell/WVJS	1:50:19
28-Keith Crowder/WVJS	1:29:06	57-Don Dugdale/Un	1:34:55	86-Thomas Knight/Un	1:37:49	224-Gail Gustafson/Un	1:50:23
29-Philip Kay/TAM	1:29:29	58-Myron Nevraumont/Un	1:34:59*	87-Raul Mendez/Un	1:37:54	227-Skip Swannack/WDS	1:50:46

MILLER WINS HANDILY AT PEACH BOWL PACERS 5-MILER (Sept. 11, Marysville): - Bob Miller of UC Davis and Camino West TC ran to an 18-second victory over Chico RC's David Wood at the Pacers' new 5-mile course just east of Marysville. His 27:57 will thus stand as a course record. Paul Holmes (30:41) and Sally Edwards (35:59) will likewise get credit for automatic marks in the masters and women's divisions, respectively. Larry Sumner of Citrus Heights, competing for the Buffalo Chips, was tops in the sub-masters category at 29:55, edging ahead of Walt Schaffer (Chico RC), who ran 30:04. David Maldonado of Sacramento was the first high school finisher, competing in the 16-17 division. His time of 29:58 was good enough for seventh place overall. There were a total of 108 finishers (120 starters). Places for the top finishers can be found on the opposite page, including the leading women. /Ed Williams/

1-Bob Miller/CW	27:57	12-Larry Pugh/Un	30:24	23-Doug Rennie/BC	31:23	34-Danilo Sanchez/CW	32:19
2-David Wood/CRC	28:15	13-Paul Holmes/BC	30:41*	24-Dave Cargill/Un	31:33	35-Mike Lambert/BC	32:40
3-Dave Robertson/WVTC	29:02	14-Gilbert Dean/CW	30:42	25-Steve Salandez/Un	31:34	36-David Nyquist/CRC	32:44
4-Mike Galligan/PBP	29:04	15-Glen Dean/CW	30:45	26-Joe Sloan/Ophir	31:40*	37-Pete Schoener/BC	32:47
5-Bill Galaviz/Un	29:24	16-Guy Ealey/AGRC	30:47	27-Glenn Reed/SWEAT	32:07	38-Andre Laforge/Un	32:59
6-Larry Sumner/BC	29:55	17-Chuck Nichols/BC	30:51	28-Ian Watts/PMK	32:10	39-Brian Newell/NVRC	33:08
7-David Maldonado/Un	29:58	18-Robert Felsch/Un	31:02	29-Don Mason/NVRC	32:12	***WOMEN***	
8-Walt Schafer/CRC	30:04	19-Ray Maldonado/Un	31:04	30-Steven Caudle/Un	32:13	59-Sally Edwards/Ophir	35:59
9-Lyle Freeman/Un	30:06	20-Bob Woodliff/Un	31:08	31-Fred Jackson/PMK	32:15	69-Brenda Shanks/Un	37:12
10-Bob Hedges/BC	30:10	21-Rick Browning/PBP	31:18	32-Don Seurer/Un	32:17	79-Sue Schnell/SUND	39:01
11-Barry Rounds/PBP	30:15	22-Bryan Holmes/WVJS	31:21*	33-P.J. Downey/Un	32:18	81-Nancy Pannell/PMK	39:07

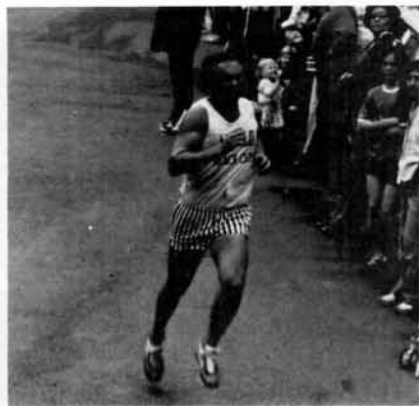


(Left) Chris Manning winning the Girls 12-13 Division at the Walnut Festival. (Center) Nanette Garcia winning in the 9/Under Division at the same meet. /Ralph Gowen Photos/ (Right) Tom O'Neil strides to victory in the 13-18 Boys Division. /Lois Gowen/

MIKE EMRY IN SOLO WALNUT FESTIVAL VICTORY (Sept. 18, Walnut Creek): - Aggie ace Mike Emry, a graduate of Clayton Valley High in Concord, won pretty much as he pleased in the 33rd annual running of the Walnut Festival Races. His time of 28:21 was a full minute off Jim Nuccio's 1975 standard (27:23), but still ranks as one of the better times ever run on the 5-loop course. Ex-Aggie John Sheehan, now competing for West Valley TC, was runnerup in 28:45. Jim O'Neil ran a quick 32:08 to beat Bryan Holmes and Bob Malain, but was a mile from George Martin's amazing 30:22 mark of last year in the masters division. Surprising Ruth Anderson took on all comers and wound up top female overall, despite her running in the masters division. Her 37:26 was a couple of minutes off Phyllis Olrich's 35:11 time from 1974. The Davis Aggies had an easy time over Sacramento State for the team title, winning 22-88 and placing their scoring five in the top seven spots. In addition to the race (5.575 Mi.), there were numerous age-group races and family runs. No times were kept in the boys 13/under run, but Jeff Rossman of Saratoga came out on top of Jack Kegg (Petaluma) and Richard Clark (Mtn. View). In the 13/18 division, Stanford frosh Tom O'Neil cruised to a 20-second margin of victory over Clayton Valley High's Craig Hochhaus, clocking 17:12 for the 3.345 mile course. Chris Hamer was another 35 seconds back. Other divisional placers are listed below. A smaller than normal group attended this year's festival, most likely because of the conflicting Bridge-to-Bridge Run, which turned out to have its troubles too (see page 39 for story). /A. MacCono/

GIRLS 9/U(1.5 Mi.)		***BOYS 13/18***(3.345 Mi.)		5-Javier Barragan/AGRC	30:02	20-Terry Hughes	33:06
1-Nanette Garcia/CY	9:22	1-Tom O'Neil/BC	17:12	6-Dirk Rohloff/AGRC	30:15	21-Bryan Holmes/WVJS	33:10*
2-Karen Himines/Concord	9:29	2-Craig Hochhaus/WVTC	17:33	7-Mike Sweeney/AGRC	30:28	22-Bob Malain/BC	33:34*
3-Shannon Clark/WalnutCrk	9:30	3-Chris Hamer/WVTC	18:07	8-Kevin Kirby/AGRC	30:35	23-Jim Carr	33:35
GIRLS 10/11(1.5 Mi.)		4-Rod Van Buskirk	18:54	9-Donald Lichten/AGRC	30:44	24-Brad Tarr/AGRC	33:40
1-Diana Rossman/LGatos	8:59	5-Paul Marquez	18:59	10-Tom Burns/Un	31:04	25-Paul Orgeron/BASC	33:50
2-Dina Davis/Eastshore	9:28	6-Scott Wilson	19:03	11-Gary Alderman/PMK	31:18	26-David Sebo/AGRC	33:57
3-Andrea Lepley/CY	9:33	7-Danyal Kasapligil/AGRC	19:08	12-Gary Singer	31:48	27-Larry Arata	34:17
GIRLS 12/13(1.5 Mi.)		8-Craig Fry	19:17	13-Ricky Delesik/SacSt	31:55	28-Joe Ferreira/SacSt	34:25
1-Chris Manning/OTC	8:38	9-Ralph Gowen/WVTC	19:29	14-Steve Ellis/SacSt	32:03	29-Jim Kallett/SacSt-WV	34:27
2-Sherrill Miller/CY	8:55	***OPEN RACE***(5.575 Mi.)		15-Jim O'Neil/SFOC	32:08*	30-Russell Escobedo	34:38
3-Karen Kwong/LGatos	9:01	1-Mike Emry/AGRC	28:21	16-Jeff Simons/AGRC	32:14	***WOMEN***	
GIRLS 14/OVER(3 Mi.)		2-John Sheehan/WVTC	28:45	17-Ross Rowley/SUND	32:27	45-Ruth Anderson/NCS	37:26*
1-Tena Anex/Davis	17:59	3-Peter Sweeney/AGRC	29:12	18-Tim Rostege/WVTC	32:30	55-Cindy Olavarri/PH	39:25
2-Rosemarie Laguna/CY	18:51	4-Jim Bowles/SacSt-WVTC	29:56	19-Mike Pratt/AGRC	32:59	64-Carolyn Tiernan/WVTC	40:52

ROUTH, KAEMPF & LEYDIG TAKE JAYCEES 10-KILO TITLES (Sept. 24, San Francisco): - Woodside Strider John Routh pulled away from John Clary over the last 5-Kilo loop to win the 1st Annual SF Jaycees event going away. Race was held on the well-known 5K loop near the Golden Gate Park Polo Fields. Judy Leydig was the women's winner, but times listed on next page are probably incorrect because of unofficial runners screwing things up. I think she is two places (timewise) ahead of where she should be, but then Pat Cutler's time (2nd woman) doesn't make sense, so your guess is as good as mine. Ulrich Kaempf and Jerry Lewis placed high in the standings (7th and 9th) to take the top two masters spots, with Kaempf recording a fine 33:30. Results on next page. /Jarva Petrovich/



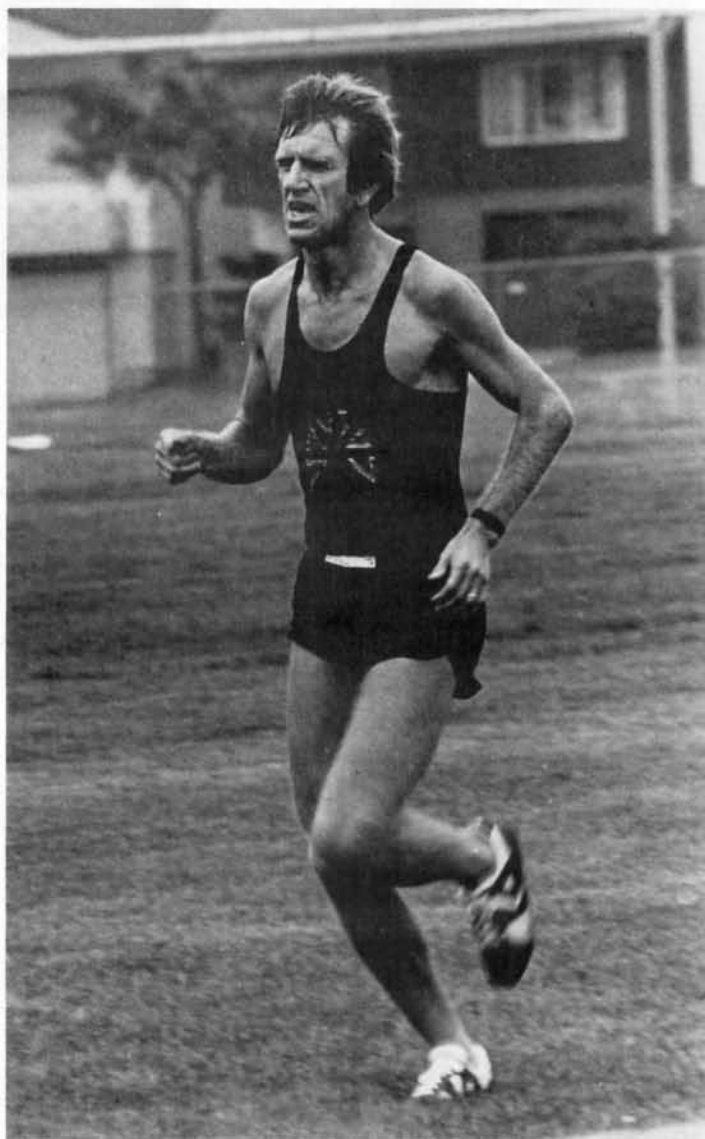
(Left) Pat Cutler, second place woman in the SF Jaycees 10-Kilo. /Sherets/
 (Above) John Routh shown heading for the finish in same race, which he won in 32:49. /Axon Perkins/

1-John Routh/WDS	32:49	7-Ulrich Kaempf/TRAC	33:30*
2-John Clary/WVJS	33:04	8-Byron Richardson/WVTC	33:46
3-Richard Stiller/WVJS	33:16	9-Jerry Lewis/Un	34:01*
4-John Bork/Un	33:20	10-James Willis	34:46
5-Bob Brunkan/Un	33:22	11-Geoff Henderson	35:11
6-Rick Brown	33:29	12-Roger Bryan/Un	35:27*

13-Jeff Smith	35:36	43-Pat McAnaney	39:21
14-Dennis Gustafson	35:37	44-Terence Clarke	39:22
15-Don Dugdale	35:39	45-Scott Thomason	39:42
16-Allen Robertson	35:47	46-Brad Iverson	39:47
17-Gary Crangle	35:49	47-Donald Kurtz	39:57
18-Jim Doran	35:50	48-Earl Norgard	40:09*
19-Norm McAbee/PMK	36:01*	49-Anne Hamilton	40:09
20-Doug Latimer	36:12	50-Joseph Campi	40:22
21-Timothy Treacy	36:14*	51-Gregg Harvey	40:29
22-Harold Rosen	36:15	52-Karl Bollinger	40:37*
23-Dick McCullough	36:18	53-Gail Campbell/WVJS	40:40
24-Rodney Horsfield	36:20	54-Thurman Cheatham	40:46*
25-Timothy Morse	36:46	55-Bruce Rynner	40:56
26-Michael Swanson	37:00	56-Norman Gatzert	40:57
27-Todd Watkins	37:13	57-Bruce Wint	41:04
28-Jeff Houston	37:23	58-William Brewster	41:12
29-Frank Smith	37:37	59-Gail Gustafson/Un	41:20
30-Carroll Holthaus	37:41	60-Peter Dahl	41:22*
31-Judy Leydig/WVTC	37:43	61-Bud Kaufman	41:23
32-David Cummins	37:52	62-Nicolas Epanchin	41:30
33-James Armstrong	38:19	63-Joseph Camisa	41:34
34-John Carlson	38:30	64-Jack Weiss	41:36
35-Don Lucero/WVTC	38:31*	***WOMEN***	
36-Carlton Beeson	38:32	31-Judy Leydig/WVTC	37:43
37-Patricia Cutler	38:33	37-Patricia Cutler/Un	38:33
38-Gary Nathanson	38:34	49-Anne Hamilton	40:09
39-Matt Chepin	38:35	53-Gail Campbell/WVJS	40:40
40-Steve McCain	38:40	59-Gail Gustafson/Un	41:20
41-Michael Korbholz	38:59*	71-Theresa Gilreath	42:11
42-Stan Kowalczyk	39:12	72-Susan Bugler	42:13

BADGLEY WINS ANOTHER...2:25:49 AT SACRAMENTO MARATHON (Oct. 2, Sacramento): - The first annual Sacramento Marathon had a couple of problems, primarily with the course (guides and markings), but the remainder of the race was conducted exceedingly well for a first-time effort. Temperatures kept performances a bit on the slow side (near 80°), but there were still a number of fine times, particularly by division winners. Sundance's Wayne Badgley, running virtually by himself for the majority of the race, recorded a fine 2:25:49, which would have probably been 3-5 minutes faster under cooler conditions. Gary Green (2:35:46) was his nearest competition. Paul Holmes broke 2:50 to easily take the over-40 prize locally...but he didn't count on Ed Almeida coming up from San Diego to run. Ed's 2:45:15 (age 55) is certainly one of the better times ever run, under any conditions, for that age. The women put on the best competitive show of the day as the first three finishers were only a little over four minutes apart. Sacramento's Sally Edwards dipped very close to three hours and knocked a big chunk from her PR by running a quick 3:03:33. Karen Rosenblatt was a surprise second place at 3:04:15, and Caron Schaumberg ran her best marathon in quite a few years with a 3:07:55. Despite the high temperatures, 305 marathoners managed to get themselves to the finishline. Below and on the following page are the top times from this race.

/John McIntosh/



Wayne Badgley, Sacramento Marathon winner. /Mike Ferner Photo/

1-Wayne Badgley/SUND	2:25:49	29-Fraser Rasmussen	2:53:35
2-Gary Green	2:35:46	30-Michael McLain	2:53:46
3-Adam Ferreira	2:36:42	31-Larry Pugh	2:54:05
4-Jim Bowles/WVTC	2:40:33	32-Thomas Estill	2:55:19
5-Rudy Dressendorf	2:40:47	33-Chuck Nichols	2:56:25
6-Chris Hamer/WVTC	2:42:22	34-Bruce King	2:57:10
7-Ernie Rivas/PMK	2:43:19	35-Michael Brown	2:57:19
8-Bob Cooper/WDS	2:43:19	36-James Finnegan	2:57:28
9-Tony Baccelli	2:44:01	37-David Hansen	2:57:29
10-Mark Reese	2:44:31	38-Douglas Peck	2:57:53
11-Dan Smolich	2:44:50	39-Frank Delgado	2:58:37*
12-Marc Hoschler	2:44:50	40-Larry Arata	2:58:43
13-Ed Almeida/SDTC	2:45:15*	41-Jonathan Brown	2:58:46
14-Jay Helgerson	2:46:17	42-Joe Sloan	2:58:51*
15-Larry Sumner/BC	2:46:38	43-John Bribiescos	2:59:11
16-Bill Sevald/PMK	2:46:53	44-Crosby Heafy	2:59:31
17-Kim Schaurer/TAM	2:47:11	45-John Ulate	2:59:44
18-Joe Maher/TAM	2:47:24	46-Steve Lyons	3:00:17
19-Bob Hedges	2:47:32	47-Jose Cortez/WDS	3:00:27
20-Mike Souza	2:48:21	48-Walt Betschart/BC	3:00:36*
21-Joe Delgado	2:48:52	49-Vikram Gosain	3:00:36
22-Tom Robinson/PMK	2:48:55	50-Don Lucero/WVTC	3:00:46*
23-Doug Rennie/BC	2:48:59	51-Perry Linn	3:00:57
24-Paul Holmes/BC	2:49:46*	52-Richard Hanna	3:01:10
25-Ross Rowley/SUND	2:50:06	53-Dave Mulford	3:01:20
26-Richard Herzog	2:50:39	54-Steven Silberberg	3:01:42
27-Kees Tuinzing/TAM	2:50:40	55-Dan Williams	3:01:55
28-Tim Hicks	2:52:54	56-Dave Donaldson	3:02:56

57-Mark Bullock	3:02:37	67-Michael Moore	3:05:38	77-Peter Stein/TRAC	3:08:38	87-Chris Delgado	3:11:31*
58-Ken Crowe	3:02:52	68-Glenn Bailey	3:05:46	78-William McGuire	3:08:43	88-Jim Brusstar/WVTC	3:11:35*
59-V.I. Wexner/SWEAT	3:03:06	69-Dan Davidson	3:06:13	79-Dick Fugett/WVTC	3:08:53*	***WOMEN***	
60-Sammy Truitt	3:03:17	70-Robert Felsch	3:06:17	80-Joe Schieffer	3:09:04	61-Sally Edwards/Ophr	3:03:33
61-Sally Edwards/Ophir	3:03:33	71-Roy Stone	3:06:18	81-Ray Maldonado	3:09:25	64-Karen Rosenblatt	3:04:15
62-Rick Silvester	3:03:38	72-Steve Woodcock	3:06:27	82-Web Chadwick	3:09:53	74-Caron Schaumberg	3:07:55
63-Richard Purdy	3:03:59	73-Stephen O'Donoghue	3:07:15	83-Pete Schoener	3:10:07	100-Candy Hearn	3:15:33
64-Karen Rosenblatt	3:04:15	74-Caron Schaumberg	3:07:55	84-Stephen Boutin	3:10:08	106-Joan Ulliyot/WVTC	3:17:45
65-Bruce LaBelle	3:05:37	75-George Minarik	3:08:09	85-Paul Reese/BC	3:10:39*	140-Andrea Carvey	3:27:00
66-Art Waggoner/BC	3:05:38*	76-Vic Crosetti/TRAC	3:08:27*	86-Joe Blenkle	3:11:01	146-Diane Williams/PBP3	29:07

GEIS WINS BIG AT BERKELEY WATERFRONT RUN (Oct. 8, Berkeley): - In a rematch from the recent PA-25K Championships, the trio of Jim Nuccio, Duncan Macdonald and Paul Geis went at it over a shorter distance (5 miles). This time the order of finished was reversed, with Geis' speed winning out over Nuccio's endurance. Macdonald stayed in the middle slot, although he was suffering from a slight cold that obviously affected his performance adversely. Paul's 23:49.2 was a new record, smashing Nuccio's 24:23 from 1975. That averages out to about 4:40 per mile...the course is 5.09 miles. The field was fast even after third, with both Bill Clark and Tom Laris also dipping under 25 minutes. Kent Guthrie produced his usual fine performance in winning the masters title in a 26:52, off Ralph Bowles' 26:44 standard. Paul Holmes of the Buffalo Chips was next at 27:43. The women were led by Judy Leydig's 30:17 record, which knocked twelve seconds from Joan Ulliyot's 1975 time. Joan was second today in 31:16. First junior finisher was WVTC's Mike Smith, ninth overall in 25:58. Weather conditions were perfect at 60° on a clear day with only a slight wind. The sponsoring Athletic Dept. & Sierra Designs gave out merchandise awards to top finishers at the finishline. A good crowd of 408 completed the run, which took place in Berkeley's waterfront area as the name implies. /Ron Wayne/



Paul Geis defeated a good field at the Berkeley Waterfront Run. /Mike Fenner/

1-Paul Geis/Un	23:49	37-Allen Robertson	28:55	73-Richard Houston	30:57*
2-Duncan Macdonald/WVTC	24:06	38-Bill Brusher	28:56	74-Robert Cummings/WVTC	30:58
3-Jim Nuccio/WVTC	24:34	39-Jay Juncosa	29:00	75-Daryl Preston	31:10
4-Bill Clark/WVTC	24:52	40-Marty Post	29:03	76-Frank Graetch	31:11
5-Tom Laris/WVTC	24:58	41-Randy Margo	29:05	77-Rod McKenzie	31:14*
6-Bill Seaver/WVTC	25:21	42-Dan Gustafson	29:06	78-Dave Cummins	31:15
7-Dennis Tracy/WVTC	25:52	43-Phil Wilder	29:07	79-Joan Ulliyot/WVTC	31:16
8-Victor Cary/WVTC	25:53	44-Dennis Kroll	29:08	80-Paul Curry	31:17
9-Mike Smith/WVTC	25:58	45-Dennis Coulter	29:11	81-Russ Langer	31:18
10-Jack Leydig/WVTC	26:26	46-Kevin Coulter	29:12	82-Ray Gatchlian	31:20
11-John Clary/WVJS	26:31	47-Paul Armstrong/WVTC	29:26	83-Peiter Visser	31:25
12-Jake White/WVJS	26:33	48-Dave Allen	29:29	84-Kevin Grady	31:26
13-James Tracy	26:47	49-Steve Simpson/WVTC	29:31	85-Walter Schorno	31:28*
14-Kent Guthrie/WVJS	26:52*	50-Ed Jerome/TRAC	29:34	86-Pat Doyle	31:30
15-Rick Brown	26:54	51-Mike White	29:39	87-Kathy Himmelberger/WV	31:31
16-Richard Stiller/WVJS	26:57	52-Dana Burall/WVTC	29:40	88-Jim Connerton	31:32
17-Mike Wheeler	27:02	53-Ron Brisco	29:44	89-Dan Hintz/WVTC	31:33
18-Don Hickman	27:41	54-Dan Zocchi	29:47	90-Mike Hofmayer	31:39
19-Paul Holmes/BC	27:43*	55-Don Capron/TAM	29:49	91-Glenn Olds	31:42
20-Bill Jenny	27:51	56-Joe Schieffer	30:02	92-Richard Mayers	31:43
21-Doug Rennie/BC	27:54	57-Don Elsener	30:14	93-Glen Harada	31:47
22-Jerome Lewis	27:56*	58-Kevin Peak	30:15	94-Walter Radloff	31:52
23-Jim Holben/WVTC	27:59	59-John Mohr/PMK	30:15	95-John Gonsalves	31:54
24-Ray Orwig/WVTC	28:04	60-Ed Tico/WVJS	30:16	96-Frank Smith	31:54
25-Dave Levitsky/WVTC	28:15	61-Judy Leydig/WVTC	30:17	97-Dan Hirano	31:55
26-Roger Bryan/Un	28:16*	62-Mark Grans	30:21	98-Richard Austin	32:00*
27-David Garcia	28:19	63-Charlie Erikson	30:29	99-Dennis Dougherty	32:01
28-Lloyd Sampson	28:20	64-Mike O'Donnell	30:31	100-Stan Kowalczyk	32:03
29-Bob Colboin	28:23	65-Brian Williams	30:37	101-Hank Davis	32:05
30-Bryan Holmes/WVJS	28:26*	66-Gary Upham	30:42	102-Jim O'Conner	32:08
31-Bob Woodliff	28:28	67-Dave Houston	30:43	103-Dave Engle	32:10
32-Rod Horsfield	28:33	68-John Foley	30:44	104-Alan French	32:14
33-Kurt Mayne	28:40	69-Lee Sorenson	30:45*	105-Rich Ludt	32:15
34-Roy Scellato	28:41	70-Dennis Lem	30:49	106-Monroe Rosenthal	32:25
35-Peter Demarias	28:47	71-Peter Fisher	30:53	107-Carolyn Tiernan/WVTC	32:26
36-Bruce Jones	28:54	72-Carroll Holthaus	30:54	108-Jim McKinnen	32:27
				109-Jack Hodges	32:28*

110-Mike Coffield	32:31
111-Sid Wolinsky	32:32*
112-Joe Dana	32:33*
WOMEN	
61-Judy Leydig/WVTC	30:17
79-Joan Ulliyot/WVTC	31:16
87-Kathy Himmelberger/WV	31:31
107-Carolyn Tiernan/WVTC	32:26
113-Gail Gustafson/Un	32:34
161-Barbara Pike	34:33
163-Martha Maricle	34:39*
164-Tina Chee	34:49

MAGALLANES SHATTERS GARLAND RANCH RECORD (Oct. 9, Carmel Valley): - Boise State's Emil Magallanes made quick work of Bill Clark's course record at this scenic Carmel Valley run by slicing more than two minutes from the old 36:36 standard. Clark's mark had come in slippery, wet conditions, but Emil's time was without a doubt far superior. Even fourth-placer Rich Stiller tied Clark's old time. His nearest competition was Steve Brooks' 36:08. Always strong Ulrich Kaempf ran away with an easy victory over Ross Smith in the masters race. His 37:27 was a new course record too. Judy Leydig failed to get Ann Trason's course record, but won handily, 43:10 to 44:38 for runner-up Patricia English. Martha Maricle's 49:24 was also a record in the masters women's category. In other divisions, Jim Christensen was first high school boy in 38:03, while Sean Greer was the winner in the boys 13/under group in 47:07. Nicole Chowenec's 1:05:30 was tops in the girls 13/under age-group. A total of 143 finishers made this the most successful race yet. Results of the top placers follow below and on the next page. /Skip Marquard; Gary & Gail GoetteImann/



Emil Magallanes winning Garland Ranch Run in record time. /Gail GoetteImann/

1-Emil Magallanes/Boise	34:30	8-Jim Christensen/Un	38:03	15-Roy Scellato/TRAC	40:24
2-Steve Brooks/Un	36:08	9-Ross Smith/WVJS	38:44*	16-Bob Malain/BC	40:29*
3-John Routh/WDS	36:23	10-Roger Bryan/WVJS	39:02*	17-John Brazinsky/MPAC	40:43
4-Richard Stiller/WVJS	36:36	11-Tim Rostege/WVTC	39:17	18-William Flodberg/WVJS	40:49*
5-Kurt Dicus/WVTC	36:58	12-Don Dugdale/MPAC	39:42	19-Mike Kimberling/Un	40:57
6-Doug Butt/WVTC	37:13	13-Robert Radovich/Un	39:48	20-Jeff Magallanes/Un	41:00
7-Ulrich Kaempf/TRAC	37:27*	14-Jay Cook/WVTC	39:56	21-Fred Coleman/Un	41:04

(NATL. J.O. X-C...Cont'd) (Boys' 9/Under) 7-Risley/EG 8:50, 8-Scott/Redding 8:51, 11-Whiteley/Irvine 8:54, 13-Wall/Susanville 8:59.4, 16-Schreder/Shasta 9:03, 23-Mertens/Concord 9:14, 39-Smith/SRosa 9:32. (GIRLS) 1-Shea/NC 17:09, 2-Sharpe/NY 17:17, 3-Craven/HSU 17:35...19-Guyser/CarsonCity 18:37, 21-Richter/Ch 18:41, 23-Rudolph/Susanville 18:47, 27-Symons/Chico 18:55, 29-Clairborne/Chico 18:59, 31-Pascoe/Stktn 19:02, 32-Shanks/Quincy 19:04. /14-15/ 1-Crystal/Co 14:07, 2-Hines/Tex 14:12...14-Bain/RA-Sacto 15:15, 24-Beauchamp/CN 15:30, 34-Dennison/CrescentCity 15:48, 40-Wong/Reno 16:01, 43-Farnsworth/SRosa 16:05, 47-Alcorn/CrescentCity 16:16, 48-Strangio/MSJ 16:17, 66-Felix/Antioch 17:13. /12-13/ 1-Gallager/Pa 11:04.4, 2-Arnold/La 11:14...25-Hollingworth/SRosa 12:08, 28-Reetz/Sparks 12:15, 36-Thompson/Reno 12:33, 41-Simmons/SLT 12:36, 45-Denison/CN 12:45, 55-Duran/RG 13:03, 61-Rapp/Fallon 13:12. /10-11/ 1-Frahm/Wa 8:36.4, 2-Donnelan/Pa 8:39.7, 3-Carter/Shasta 8:40.2...21-Schreder/Shasta 9:13, 28-S.Schreder/Shasta 9:21, 34-Cowan/Fairfield 9:29.5, 40-McDowell/Loomis 9:40, 42-McAfee/Loomis 9:41, 45-Martin/PaloCedro 9:43, 48-Veatch/Ridgecrest 9:51. /9-U/ 1-Russell/Pa 5:40, 2-Wozniak/Pa 5:44...22-Clark/Mill Vly 6:19, 23-Kinslow/Redding 6:19, 25-Wilson/Ridgecrest 6:20, 30-Berg/CitrusHghts 6:24, 31-Lee/Loomis 6:25, 33-Fong/Sacto 6:28, 38-Greer/Roseville 6:31, 41-Scott/Auburn 6:38. /Castlerock T.C./

LONG DISTANCE RESULTS

SANTA MONICA MARATHON (Aug. 28, Santa Monica): - /537 finished/ 1-Jim Captezzuto/BAA 2:32:13, 2-Ellis/Un 2:37:34, 3-Hemphill/SBAA 2:37:54, 4-Dobrenz/CCAC 2:38:50, 5-Bromwich/WRTC 2:42:47, 6-Smallen/Un 2:43:26, 7-Baxter/WHS 2:45:32, 8-Moody/CabrAC 2:45:43, 9-Cobos/SHS 2:45:43, 10-Sigala/Un 2:46:26, 11-Cohen/AZTL 2:47:02, 12-Berman/Un 2:48:12, 13-Hayes/Un 2:48:39, 14-Johnson/Un 2:49:16...30-Sue Peterson/Un 2:57:00, 52-Jeanne Abare/SDS 3:01:02, 59-Pam Firestone/SFV 3:02:45. /S.M. Rec. D./

15-KILO GREAT BELL RACE (Oct. 22, Merced): - /33 finishers/ 1-Curt Etia 50:52, 2-Craig Etia 51:07, 3-Grennier 52:08, 4-McLain 53:01, 5-Meidlinger 53:44, 6-Donaldson 54:18, 7-Waldman 56:36...13-Geurtsen(50+) 64:52, 22-Karen Gallagher 71:34. /3-Kilo/ 1-Jerry Baladad 10:26, 2-Nieto 10:40, 3-Carpenter (12/under) 10:52, 4-Vellarde 10:56, 5-Smith(40+) 11:08. /Dave Donaldson/

GREEK "POPULAR" MARATHON (Oct. 17, Greece): - /844 finishers/ 1-Kebede/Eth 2:14:40.8, 2-Dereje/Eth 2:14:49, 3-Tadesse/Eth 2:18:54, 4-Sylte/Nor 2:27:35...22-Talbot/US-Maine 2:41:37, 101-Bugler(40+)/Cal 3:01:57, 179-Guerin/Cal 3:19:03, 208-Collins/WVJS(40+) 3:23:20, 223-Aliza/Cal 3:26:30, 281-Virginia Collins/WVJS(40+) 3:34:39, 311-Wolinsky/S.F. 3:38:27, 338-Augustine/Cal 3:42:00, 350-Garcia/Cal 3:43:33, 468-B. Smith/Cal 3:59:33, 529-Sanfillipo/WVJS 4:05:45, 548-B. Swannack/DSE 4:10:05, 549-Stack/DSE 4:10:06, 607-Dulong/Cal 4:20+, 645-Abbott/Cal 4:27:36, 688-Thomson/Cal 4:41:10, 751-Clark/Cal 5:14:18, 754-Judy Dulong/Cal 5:16:11. /Seymour Collins/

DSE PRESIDIO ROLLER-COASTER RUN (Oct. 23, San Francisco): /229 Finishers/ 1-Rick Brown 13:07, 2-Fitzgerald/PMK 13:08, 3-Gormley 13:12, 4-Farelli 13:17, 5-Swezey/PMK 13:23, 6-Nelson 13:43, 7-Myers/PMK 13:44, 8-Notch 13:55, 9-McCullough 13:56, 10-Worthington 14:10...77-Peggy Lavelle 17:00, 88-Liz Vonhagon 17:25, 109-Tina Chee 18:15. /DSE Newsletter/

NATL. AAU 50-MILER (Nov. 5, New York City): - Haven't received the complete (or any) results yet from this one, but the big news we did hear was that Nina Kuscsik, just off a PR 2:50:22 (3rd) at the AAU Marathon on Oct. 23, set a new American record of 6:35:53 (might be a world record too; not sure). If anyone has results, please send them...we didn't get any response from the meet director when requesting results. Thank!

STREETS OF EUREKA FOOTRACE (Nov. 6, Eureka): /87 finishers/ 1-Rich Smith 33:04, 2-Schoff 34:27, 3-Hofhenke 35:24, 4-Davy 35:41, 5-Rocha 36:38, 6-Heistuman 36:53, 7-Cottrell 37:03, 8-Robin Smith 37:18, 9-Phillips 37:27, 10-Washington 37:29...12-Gilchrist(40+) 38:02, 15-Escarda(40+) 38:35, 29-Sheila Maskovich 41:09, 34-Jane Wooten 41:25, 38-Sue Grigsby 42:18.../6.5 Miles/. /SRRC Newsletter/

LAGRANGE DITCH RUN (Nov. 12, Weaverlyville): /6.43 miles/ 1-Richie Smith 38:29, 2-Robin Smith/OTC 39:31, 3-Claypoole/SWEAT 40:09, 4-Martinez/SWEAT 40:44, 5-Muir/AGRC 43:40...12-Schulz/SWEAT(40+) 50:31, 18-Chris Law 61:25. The Smith's, recent transplants from the East, took a convincing win over pre-race favorite, Scott Claypoole. /22 finishers/ /SRRC Newsletter/

SRI CHINMOY 10 KILO (Nov. 12, Lake Merritt in Oakland): - Finishers received t-shirts and ribbons and a lunch prepared by Dipti Nivas, and the top ten in each division received trophies. A very nicely run race with plenty for everyone! 1-Rick Brown 33:46.6, 2-McLain 34:34.5, 3-Post 35:22.6, 4-Estill 36:03, 5-Jeffries/SF08, 6-Jerome/TRAC 36:17, 7-Whittingslow/SFOC 36:29, 8-Knight 37:32, 9-Gayman 37:51, 10-Cooch 37:54, 11-Ed Healy/AA(40+) 38:03...17-Carolyn Tiernan/WVTC 39:35, 30-Pat Whittingslow/PMK 41:43, 43-Laury Belzer 44:22, 46-Debbie Link 44:31. /112 finishers/ /Sundari Michaelian/



Rick Brown was an easy winner in the Sri Chinmoy 10-Km. Run. /Don Melandry/

DSE YACHT HARBOR RUN (Nov. 13, San Francisco): /7.6 Miles/ 1-Mike Smith/WVTC 38:03, 2-Ken Phelps/WVTC 38:05, 3-Mike Gulli 38:57, 4-Sevald/PMK 39:19, 5-Wheeler 39:56, 6-Kay 40:03, 7-Faneli 40:29, 8-Notch/LMJS 40:41, 9-Robertson/WVTC 41:13, 10-Benz/WVTC 41:17, 11-Boschker 41:30, 12-Casey/ETC 41:48, 13-O'Brien 41:52, 14-Ford 41:56, 15-Wong 42:08, 16-Gustafson 42:11, 17-O'Conner 42:15, 18-Pruitt/PMK 42:48, 19-Weidinger/ETC 42:32, 20-Plymale/PMK 42:45. 21-Rushen 42:49, 22-May 42:52, 23-Martin/PMK 43:21, 24-Larsen 43:31, 25-Major 43:35...133-Pat Whittingslow 51:04, 178-Liana Wilson 53:05. /407 finishers! /DSE Newsletter/

PACK TRAIN RUN (Nov. 19, Arcata): /8.0 Miles/ 1-Chris Cole 41:29, 2-Robin Smith 42:10, 3-Borland 44:33, 4-Rocha 44:36, 5-Jones 45:40, 6-Lowry 45:48, 7-Trytek 46:05, 8-Sweesey 46:05, 9-Estes 46:10, 10-Harper 46:50, 11-Heistuman 47:00, 12-Dewey 47:06, 13-Ross 47:13, 14-Washington 47:14, 15-Crandell/SRRC (40+) 47:16...34-Sheila Maskovich 50:38, 50-Nancy Pandell 54:25, 54-Jane Wooten 55:35, 55-Liz Kemp 56:20. /113 finishers/ /SRRC Newsletter/

DAVIS MINI-MARATHON (Nov. 19, Davis): /13.1 Miles/ 1-Mike Buzbee 1:09:28, 2-Pat Buzbee 1:09:28, 3-Ray Hosler 1:09:45, 4-Laxson 1:11:18, 5-Rasmussen 1:11:37, 6-Peck 1:12:44, 7-Freeman 1:12:44, 8-Miller 1:13:12, 9-Hedges 1:13:49, 10-Crangler 1:14:11, 11-LaMoureaux 1:14:20, 12-DeMarco 1:14:22, 13-Duke 1:14:40, 15-Conzelman 1:14:49.../40+/ Walt Howard 1:17:21, Bill Adams 1:18:42, Dave Davis 1:19:27.../Women/ Connie Giannini 1:26:25, A. Chapman 1:27:24, Tina Chee 1:31:16, Debbie Bispo 1:34:45. /200+ finishers/ /Jeff Igelman/

SOUTH SAN FRANCISCO FUN-RUN (Nov. 19, S.S.F.): /5.3 Miles/ 1-Bob Lange/CW 26:42, 2-Hornstra/Skyl 27:14, 3-Amable/Skyl 27:26, 4-Cornejo/Skyl 27:37, 5-Dunbar 28:01, 6-Cowling 28:07, 7-Skiff 28:22, 8-Darling/ETC 28:30, 9-Rios 29:02, 10-Walding 29:25, 11-Tornes 29:41, 12-Baver 29:46, 13-Bob Cushen(40+) 29:47, 14-Gowen/WVTC 29:50, 15-Worthington 29:55, 16-Rios 29:56, 17-Portillo 30:00, 18-Lualhati(40+) 30:02, 19-Pierce/PMK(40+) 30:12, 20-Nelson 30:29, 21-Plymale/PMK 30:39, 22-Anderson 30:45, 23-Hernandez 30:50, 24-Keil 30:53, 25-Whittingslow/SFOC 31:12.../Women/ Pat Whittingslow/PMK 35:44, Lois Parsons 39:11, Kristine McCarthy 40:58. /200+ finishers/ /Ralph Gowen/

ALPINE TURKEY TROT (Nov. 19, Yreka): /5 Miles, hilly, 30° - 1-Hagadorn/Shasta 29:30, 2-Gordon/SWEAT 29:31, 3-Masterson/Un 29:46, 4-Haning/Un 30:22, 5-Middleton/SWEAT 30:26, 6-Reed/SWEAT 30:36, 7-Carey/COSisk 32:03, 8-Rose/SOS 32:17, 9-Keller/Redding 32:25, 10-Friend/Weed...22-Mary Curtin/Weed 37:56.../45 finishers/. /10 Miles/ 1-Lee Ferrero/SWEAT 56:10, 2-Griffin/CRC 59:09, 3-Harri/SOS 60:35, 4-Jordan/SWEAT 60:42, 5-Hayes/SWEAT 61:00, 6-Look/SWEAT 61:54, 7-Parr/Un 63:47, 8-Henry/SOS 66:53, 9-Wexner/SWEAT(40+) 67:37, 10-Tiger/SOS 68:27...13-Merill Cray /CRC 69:44, 15-Harrison Smith/SWEAT (1st 40+, made mistake on #9, above) 71:34. /33 finishers/ /Dennis McFadden/

DSE TURKEY TRIATHLON (Nov. 20, San Francisco): /7 Mile Bike, 4 Mile Run, 3/8 Mile Swim/ 1-Dave Scott 48:08, 2-Matheson 50:50, 3-Patty Scott-Baier (1st gal) 52:22, 4-Notch/LMJS 52:36, 5-Hemmersback(40+) 54:38, 6-Ball 55:21, 7-McDowell 56:06, 8-Major 57:30, 9-Amable/Skyl 57:42, 10-Brady 58:10...13-Richard Holloway(200#) 58:55, 23-Vicki Blankenship/PMK 63:54. /69 finishers/ -- Just a note of amazement regarding Patty Scott-Baier and her third-place performance (does anyone have a breakdown of her times for each of the legs?). John Notch is considered a good runner and swimmer and was beaten by her! /DSE News/

JEWISH COMMUNITY CENTER WOMEN'S BICENTENNIAL RUNS (Nov. 20, San Francisco - Lake Merced): - /4.92 Miles/ 1-Judy Leydig/WVTC 26:20, 2-Elaine Miller/PMK 28:48, 3-Pat Whittingslow/PMK 29:13, 4-Burns 29:49, 5-Atwood 30:15, 6-Waters/NCS(40+) 30:36, 7-Hooper 30:38, 8-Peterson 30:42, 9-Hernandez 30:43, 10-Healy/WOR 30:44 ... (no times for other finishers) 11-Higgins, 12-Neck, 13-Hall, 14-Marks, 15-Sheehan. /1.5 Miles/ 1-Marylou Baldwin 10:17, 2-Estelle Valkema 10:23, 3-Caryn Chaney 10:26, 4-Casper 10:30, 5-Digiesi 10:30, 6-Hirano 10:35, 7-Sauer 10:44, 8-K. Digiesi 10:47, 9-P. Digiesi 10:47, 10-Chaney 10:51, 11-Franklin 10:54, 12-Geli 11:05, 13-Brian 11:14, 14-Waters 11:24, 15-Barry 11:38. /Approx. 350 runners in short run and 287 in long run! - Course was a look around the lake, not including stretch to boathouse and back. /Trudy Zimmerman/

LAKE MERRITT ALL-COMERS RUNS (Nov. 20, Oakland): /5 Kilo/ 1-Harb 16:00, 2-Cross/WVTC 16:02, 3-Wheeler/LMJS 16:08, 4-Jenny/LMJS 16:11, 5-Guinee 16:35.../women/ 1-Brusher 20:04, 2-Gellner 20:08, 3-Sadofsky 20:09, 4-Thoreson 21:12, 5-Robben 21:26. /10 Kilo/ 1-Berg 35:05, 2-Orwig/WVTC 36:13, 3-Wesmith 37:35, 4-Booker 37:51, 5-0'Donnell 38:14.../women/ 1-Robben 49:47, 2-Jennings 52:27, 3-Brisco 54:45, 4-Rogers 55:25. /Harry Cross/

PORTLAND MARATHON (Nov. 26, Portland, Ore.): - Only partial results available at this time... anyone having complete results should send them to the NCR so we may print all local finishers. -- 1-Robert Ladum/Ore 2:23:07, 2-Frechette/Ore 2:28:15, 3-Phimister/Wash 2:29:29, 4-Hess/Mont 2:29:40, 5-Worthen/Ore 2:30:51...45-Rasmussen/Davis 2:44:57, 47-Burns/Portland(40+) 2:45:07, 53-Crandell/SRRC(40+) 2:47:16. /Ken Weidkamp/

SEATTLE MARATHON (Nov. 26, Seattle, Wash.): 1-Bill Glad/CNW 2:18:28, 2-Hill/SFU 2:20:27, 3-Holloway/CNW 2:21:41, 4-Shaw/Esq 2:24:18, 5-McIntosh/LGR 2:27:09, 6-Henderson/Un 2:27:34, 7-Scholl/Un 2:28:20, 8-Bacher/CNW 2:29:27, 9-Dowd/Un 2:29:36, 10-Pearson/CNW 2:29:52...15-Langenbach/Snoh 2:32:50, 16-Pratt/Snoh 2:33:06, 21-Whiting/Kaj 2:34:47 (all previous runners 40+)... 114-Gabriele Andersen 2:57:23, 133-Susan Rossiter 2:59:53, 163-Kelly Redman 3:04:33. /762 finishers! /Evan Shull/

(BIKE/RUN RELAYS...Cont'd) 37:47; Men/60-79: Rudy Escobedo/David Putnam 39:25; Men/80-99: Ulrich Kaempf/Attilio Melera 39:41; Men/100+: Paul E. & Paul A. Spangler 52:08. /Judy Matray & Pete Michon/

CHAMPION GOLD MINE RUN (Dec. 3, Nevada City): /8.2 Miles/ - 1-Skyler Jones/Un 43:29, 2-Mike Buzbee/Un 45:05, 3-Pat Buzbee /Un 45:35, 4-Bob Bourbeau/WVJS(40+) 45:39, 5-Bob Woodliff/WVJS 46:19, 6-Paul Holmes/BC(40+) 46:57, 7-Roger Stordahl/Un 47:13, 8-Gary Crangle/Un 47:31, 9-Kevin Stevens/PBP 47:37, 10-Cy Mas-sar/PBP 47:49, 11-Roger Bryan/WVJS(40+) 47:56, 12-Bob Malain/BC(50+) 48:53, 13-David Zarubin/Un 49:09, 14-Richard Browning/PBP 49:10, 15-Rick Sylvester/Un 49:30...34-Stacey Kearns/PBP 55:57, 43-Mary Gaffield/PMK 61:11, 45-Kay Johnson/OPHIR 61:24. /63 finishers/ /Cal Piston/

NATIONAL AAU 50-KILO CHAMPIONSHIPS (Dec. 3, Central Park, NYC): 1-Fritz Mueller/CPTC 2:58:57.8 (41 years old!), 2-Kirik/LIAC 3:02:56, 3-Brennan/CPTC 3:05:21, 4-Czachor/NYAC 3:07:52, 5-Bragg/NYAC 3:08:51, 6-Bozanich/USMC-Cal 3:11:35, 7-Lapidus/Shore 3:16:37, 8-Sweeney/CPTC 3:18:17, 9-Langsam/Van 3:18:18, 10-Yeter/Millrose(40+) 3:23:10...40 finishers; weather clear & 45°. /Joe Kleinerman; Bob Campbell/

POINT PINOLE 10-KILO (Dec. 3, Richmond): 1-Allen Edmonds 34:29, 2-Maher/TAM 34:51, 3-Faulkner 35:00, 4-Orwig/WVTC 35:03, 5-Duryear 35:18, 6-Jones 36:09, 7-Carleton 36:40, 8-Jones 36:45, 9-Greco 36:46, 10-Willman 36:53, 11-Ruiz 37:00, 12-Smith 37:19, 13-Peterson 37:20, 14-Whittingslow/SFOC 37:46, 15-Mayers 38:09 ...78-Barbara Robben 47:04.../121 finishers/. /Novice 2-Mile/ 1-Val Hoag 10:00, 2-Banks 10:43, 3-Stippich 10:56, 4-Edmonds 11:00, 5-Green 11:08...9-Faulkner(40+) 12:51, 12-Betsy Broun-son 13:21, 15-Gail Ladage 14:07.../81 finishers/. /John Mohr/



Dr. Paul Spangler, 78 (right) and his son, Paul A. Spangler, 40, relax following their victory in the over-100 (combined ages) division of the Redwood Shores Run & Bike Relays. The elder Spangler did the running. The 'kid' was the bike rider. They finished 71st out of 96 finish teams. /Barry Hemmings/



(Left) Ed Schelegle was first American at the National AAU Marathon (Culver City), coming in second to Hakan Spik, Finland's National Champion. /John Marooni/ (Right) Nick Nickols of Hollister H.S. won the Mt. Madonna Challenge. /K. Conring/

REDWOOD SHORES RUN & BIKE RELAYS (Nov. 27, Redwood City): - Overall winners: 1-Grimes/Nicklin 37:47, 2-Dietler/Dominguez 38:16, 3-Fitzgerald/Swint 38:19, 4-McQueeney/McDowell 38:24, 5-Royal/Aickseck 38:50, 6-Baldocchi/Kuklinsky 38:52, 7-Taylor/Booth 39:02, 8-Eberly/Butten 39:02, 9-Sandretti/Price 39:02, 10-Marcus/Knochenhauer 39:11, 11-Escudedo/Putman 39:25, 12-Campf/Melera 39:41, 13-Rios/Dely 39:42, 14-Ridou/Burns 39:44, 15-Boynton/Jackson 39:46. /Winners by Division/ Mixed: Marilyn Taylor/Tom Booth 39:02; Parent/Child: Lew & Jim McClellan 42:49; Combined Age Divisions--Women/26-35: Roxanne Bier/Cathy Demmaier 43:12; Women/36-59: Lisa Shattuck/Eileen Cunningham 43:13; Women/60-79: Peggy Feigenbaum/Valerie Franklin 52:54; Men/25-Under: Scott & Jeff Wallach 53:07; Men/26-35: Dave Royal/Tony Ricksecker 38:50; Men/36-59: Danny Grimes/Jeff Nicklin

MT. MADONNA CHALLENGE (Dec. 4, near Gilroy): - /12.1 Mi./ 1-Nick Nickols/HHS 1:12:38, 2-Frank Nolan/Un 1:18:29, 3-Canales /HHS 1:18:29, 4-Christensen/Un 1:19:43, 5-Felan/LOHS 1:20:00, 6-Soto/LOHS 1:21:13, 7-Saldivar/Una 1:22:28, 8-Aguire/HHS 1:22:41, 9-Slibsager/Un 1:24:21, 10-Garcia/Un 1:24:46, 11-Martin/WVJS(50+) 1:26:31...18-Wright/GTC(40+) 1:27:22, 45-Vir-ginia Collins/WVJS(40+) 1:43:14...69 finished. /Bill Flodberg/

WHITE ROCK MARATHON (Dec. 3, Dallas, Tex.): /Many locals ran, but only result I have is Penny DeMoss' 2:56:58, 2nd woman./

NATIONAL A.A.U. MARATHON (Dec. 4, Culver City): - We don't have complete results on this one yet, but the Aggie Running Club's Ed Schelegle, who had run a 2:18:44 earlier in 1977 (winning West Valley), improved to 2:18:11 in taking the runnerup spot here to Finland's Hakan Spik (2:17:48), that country's National Champion. That great finish should earn Ed some trips in 1978. If it doesn't, then what's the point of having a National Championships? And why do the 'studs' avoid our national title meet? Perhaps it's the lure of free trips to places like Honolulu and Fukuoka? At any rate, the fact that it wasn't the best of fields for a national race should not take anything away from Ed...they had the chance to come! Athol Barton, winner of a free trip to the Nationals from the PA-AAU LDR Committee's Travel Fund by virtue of his win earlier this year in the S.F. Marathon, did very well for himself, lowering his PR to a 2:21:54 and fifth place. In between Schelegle and Barton were Joe Carlson (2:20:13) and Dave Babiracki (2:20:38). Allen Rude was sixth (low 2:20's), but no time is available. Jackie Hansen has returned to good racing form, as she copped the women's title at 2:50:53, with Kathy Jewell second in 3:01:35. We hope to have full results for next issue...if any of our readers have a copy, please send it to us. Thanks. (See photo of Ed on previous page).

MT. TOM HILL CLIMB (Dec. 10, L.A. Area): /4 Miles/ 1-Ken Moffitt 27:18.6, 2-Dave Fricke 27:39, 3-Steve Chase 27:45, 4-Fiz-zanotti 28:35, 5-Rubino 28:35, 6-Arquilla/AIA 29:10, 7-Durand/STC 29:12, 8-Anderson 29:49, 9-Grosz 30:26, 10-Fremich 30:51... /40-49/ Bill Crum 31:15, Len Efron 31:35, Bill Thompson 32:19. /Women/ Vicki Cook/RRR 40:15, Karen King 43:37. /STC News/

COMPTON 6-MILER (Dec. 11, Compton): 1-Joe Carlson 28:55, 2-Dave Fricke 28:56, 3-D. Waltmire/AIA 29:31, 4-Caldwell 29:51, 5-Cook/AIA 30:16, 6-Alexander/CCAC 30:24, 7-Duarte 31:13, 8-Ramirez 31:35, 9-Barkeley 31:40, 10-Razo 31:47, 11-Shaffer/CCAC 31:55, 12-Blakeley 31:58, 13-Towers/STC 32:07, 14-Porter nt, 15-Agostinelli 32:38... /40-49/ Glenn Turner/STC 34:04, Andre Tocco 34:06, Bob Emmerling/MS 35:39. /STC News, Glenn Turner/

PA-AAU 100-KILOMETER CHAMPIONSHIPS (Dec. 11, Woodside): - A relative unknown burst into Northern California ultra-distance running prominence at the Pacific Association of the AAU's 100 Kilometer Championships, held on Woodside High's dirt (and wet too) track. Chris Hamer, of Sacramento (Citrus Heights) and the W... ley T.C., established a PA-AAU track record of 8:14:45 by running relentlessly through a chilly morning, a sunny afternoon, and a rainy early evening. Hamer, only 19, hasn't competed often, but has done well when he's run. He finished sixth in the Sacramento Marathon on Oct. 2 with a 2:42:22 clocking, and is also adept at shorter distances, having taken fourth in the PA-AAU Jr. 10-Kilo X-C in early December (a week before this race). Hamer passed the marathon mark at 3:04:19, the 50K at 3:38:44, and 50 miles at 6:13:35 on his way to the record. His average pace was 7:58 per mile for the distance, although he dropped off considerably over the last portion of the run. Race director Mike Ipsen said that all finishers would establish records if they were first in a certain category (PA records that is), as this was the District's first-ever 100-Kilo track event. We have no other results at this time. If anyone has a set of them, please get them to us by Feb. 15 (or sooner) for printing in next issue. Thanks for your help. /Reported by Gerry Beagan/

MADERA MARATHON (Dec. 17, Madera): - A small field showed up for this year's race, primarily due to a windy rainstorm that lashed the area during the day. Several of the starters of the marathon changed to the mini-marathon (13.1 miles) due to the weather conditions. 1-Ross Rowley/SUND 2:48:21, 2-Joe Dunbar/HSTC 2:54:04, 3-Bowen/Fresno 3:10:17, 4-Lajeunesse/Un 3:11:32, 5-Keller/FPTC 3:13:41, 6-Veron/SLDC 3:16:16...8-Ed Foley/King City & Richard Rozier/FJ (both 40+) 3:27:20...only 12 finished! /Mini-Marathon/ 1-Rubio/CPSSLO 68:57, 2-Bronzan/HSTC 70:56, 3-Higginbotham/Wings 71:22, 4-McLain/MH 76:18, 5-Stephenson/Visalia 77:00, 6-Garcia/FPTC 86:40.../Masters/ Len Thornton/HSTC 77:46, Delgado/FPTC 80:42, Lynch/FPTC 83:12, Toabe/HSTC 85:31.../High School/ Nick Nickols/Hollister 72:24, Thornton/Fresno 76:18, Hernandez/McLane 82:48.../Women/ Jeanette Burke/FJ 1:44:00...43 finished. /DeWitt/

LOS ALTOS MIDNIGHT RUN (Dec. 31, Los Altos): - Only report we received was from the newspaper, and that was the Invitational Race (the Fun Run started at midnight, while the 'fast' race was at 11:15). - Duncan Macdonald destroyed a good field that included Bill Rodgers, Marty Liquori, and Jerome Drayton, among others: 1-Macdonald/WVTC 23:05.2, 2-Rodgers/GBTC 23:19.8, 3-Liquori/Un 23:28, 4-Drayton/Canada 23:30, 5-Kimeto/WSU-Kenya 23:33, 6-Pinocci/WVTC 23:36, 7-Ruffatto/CTC 24:04, 8-Dave White 24:12, 9-Moreno/CW 24:14, 10-Porter/WVTC 24:19. /San Francisco Chronicle/

SAO SILVESTRE RACE (Dec. 31, Sao Paulo, Brazil): Tibaduiza/Col, Fleschen/WG, Uhlemann/WG, Meyer/US.



(Left) Start of the PA-AAU 100-Kilo Championships at Woodside High School. (Right) Chris Hamer, 19, won the race in 8:14:45, a PA-AAU track record, although a half-hour off Don Choi's road mark. /Gerry Beagan/

RECORDS TUMBLE AS THOUSAND ENTRIES COMPETE AT DAMMIT RUN (Aug. 27, Los Gatos): - With the Dipsea race cancelled because of the fire danger, the 4th Annual Dammit Run had an unexpected flood of late entries, and the meet organizers decided to break it into two separate races, with the 'open' division taking off first. Benton Hart and Mike Pinocci battled down to the wire, as Hart, who had opened a 15-20 yard lead going into the last 300 yards on the track, mistakenly headed down the middle of the field (which was meant for the 2nd race), then realized his error and ran back to the track, where Pinocci had made up the lost ground. The two were given the same time, but Hart was a clear victor by several yards in a scintillating 28:22, some 1:45 under Bill Clark's 1975 course standard. To indicate how fast the race really was, would you believe the top 8 finishers broke the old record! The hills took their toll on internationalist Duncan Macdonald, who managed only a fifth behind Camino West's Wally Montenegro and WVTC's Rod Berry, a senior at Redwood High. Homer Latimer, now 38, ran a super race in finishing 7th (29:50), ahead of name runners like Bill Seaver, Paul Burke, etc. Ann Wotherspoon did a double-take when Judy Leydig pulled up alongside her with less than a mile to go during the second race, but promptly responded by kicking away for a clean victory in 36:00, three seconds under Judy Graham's record of last year. Leydig finished in 36:18, with Cheri Williams another 26 seconds arrears. Kent Guthrie had a spirited battle with Ulrich Kaempf, sprinting to a 5-second victory in the closing stages, but missing Jim Shettler's 31:48 from two years before. To get an idea of the competition of the day, that time would have only placed him 41st in the 'other' race. The top finishers in each race are listed below and on the opposite page. /Olin Boshker/

1-Kent Guthrie/WVJS	32:22*	12-Deryl Crowder/WVJS	36:02*	23-R. Rolsten/Un	38:27*	34-Kerry Brogan/Un	39:20F
2-Ulrich Kaempf/TRAC	32:27*	13-Judy Leydig/WVTC	36:18F	24-Bob Paulin, Sr./Un	38:28*	35-Mike Korbholz/DSE	39:25*
3-Jerome Lewis/Un	33:09*	14-Cheri Williams/SJC	36:44F	25-R. Shilling/Un	38:32*	36-Joe Dana/Un	39:26*
4-Roger Bryan/WVJS	33:30*	15-John Flather/Un	37:05*	26-Kathy Himmelberger/WV	38:34F	37-L. Robinson/Un	39:28F
5-Len Thornton/HSTC	34:30*	16-S. Greer/EYAC	37:23	27-M. Gutierrez/WDS	38:42	38-C. Young/Un	39:30F
6-Carl Martin/WVJS(50+)	35:14*	17-C. Kiernan/Un	37:23	28-Ron Niedrauer/WVJS	38:51*	39-T. Cheatham/Un	39:34*
7-L. Lanini/Un	35:15*	18-Maynard Orme/WVJS	37:30*	29-P. Spiekerman/WVJS	38:56*	40-P. Heras/EVAC	39:34
8-J. Saldivar/Un	35:27	19-Penny DeMoss/WVTC	37:34F	30-C. Roskosz/WVJS	39:06*	41-Cathy Demmelmaier/SJC	39:34F
9-Peter Wood/NCS	35:51*	20-Don Egly/Un	37:36*	31-Dede Mavis/SJC	39:06F	42-Lupe Correa/Un	39:40*
10-Bill Flodberg/WVJS	35:56*	21-Vic Crosetti/TRAC	37:37*	32-Sally Edwards/OPHIR	39:13F	43-Gail Campbell/WVJS	39:44F
11-Ann Wotherspoon/SJC	36:00F	22-R. Lagunas/CY	38:06	33-Bob Romano/TRAC	39:19*	44-Maria King/Un	39:45F

1-Benton Hart/WVTC	28:22	31-T. Boynton/Un	31:49	61-R. Browning/Un	33:15	91-Glenn Gaesser/WVTC	34:39
2-Mike Pinocci/WVTC	28:22	32-Keith Kruse/Un	31:50	62-Brian Hurdal/CW	33:18	92-J. Colvin/Lynbrook	34:44
3-Wally Montenegro/CW	29:04	33-Mike Chastaine/WVTC	31:52	63-B. Joesph/Un	33:25	93-P. Carriere/Un	34:45
4-Rod Berry/WVTC-Redwood	29:08	34-J. Anderson/Un	32:00	64-Dave Hull/CW	33:27	94-T. Thibault/Un	34:47
5-Duncan Macdonald/WVTC	29:13	35-Dave Stock/WVTC	32:01	65-J. Liedtke/Un	33:35	95-D. Hickman/Un	34:51
6-Rich McCandless/Un	29:40	36-A. Rodriguez/Un	32:05	66-N. Gines/OverfeltHS	33:37	96-V. Hernandez/Lincoln	34:54
7-Homer Latimer/Un	29:50	37-G. Miller/Un	32:07	67-Olin Boshker/USN	33:38	97-D. Garcia/Un	34:54
8-Bill Seaver/WVTC	29:54	38-Bob Parades/Un	32:08	68-A. Gonzalez/Lincoln	33:44	98-Don Dugdale/MPAC	34:57
9-Paul Burke/Un	30:17	39-Joe Fabris/Un	32:12	69-Tim Rostege/WVTC	33:47	99-F. Ruona/Un	35:00
10-Gil Brooks/CW	30:36	40-Rich Kimball/Un	32:19	70-George Gilbert/Un	34:00	100-A. Welch/Lincoln	35:02
11-Bob Lange/CW	30:39	41-Bill Meinhardt/WVJS	32:23	71-Ian Waters/Un	34:02	101-D. Bryan/Un	35:03
12-Boyd Tarin/WVTC	30:42	42-Steve Strangio/WVTC	32:27	72-S. Larson/CW	34:07	102-M. Moriss/ESL	35:07
13-Mike Duncan/WVTC	31:00	43-Ian Mickle/Un	32:28	73-R. Gonzalez/Lincoln	34:10	103-D. Riffle/Un	35:08
14-Roy Hognlund/CW	31:02	44-J. Dixon/SUND	32:29	74-Manny Mahon/WVJS	34:12	104-Larry Pugh/Un	35:09
15-Bob Miller/CW	31:04	45-S. Hulce/Un	32:31	75-M. Willjard/WVJS	34:13	105-K. Carilli/Un	35:12
16-Mike Smith/WVTC	31:05	46-J. Ahnberg/AE	32:38	76-Glenn Pruitt/PMK	34:15	106-M. Huffman/DLM	35:15
17-Al Hernandez/WVTC	31:06	47-L. Hidalgo/Un	32:41	77-P. Sanchez/CW	34:17	107-Dan Hersh/Un	35:23
18-Paul Mello/CW	31:08	48-Mathews/TAM	32:45	78-Joe Green/WVTC	34:17	108-R. Cruz/Overfelt	35:28
19-Bill LaForge/Un	31:12	49-D. Acosta/Un	32:48	79-J. Hilbrink/LGP	34:18	109-E. Munoz/Un	35:29
20-Scott Thornton/HSTC	31:21	50-M. Gourler/CW	32:50	80-Sonny Reynaga/WVTC	34:23	110-L. Riggs/Un	35:33
21-Matt Sommer/ATC	31:23	51-Gary Alderman/PMK	32:52	81-J. Castro/LGP	34:25	111-M. Sullivan/Un	35:34
22-B. Horst/Un	31:24	52-Dan Cruz/CW	32:52	82-D. Garcia/Un	34:27	112-T. Gill/Un	35:37
23-P. Dolan/CW	31:25	53-P. McCarty/Un	32:56	83-G. Richardson/Un	34:29	113-D. Moore/Un	35:39
24-Dave Parish/WVTC	31:26	54-P. Moreton/LGP	32:59	84-R. Felsch/Un	34:30	114-Charles Fox/WVTC	35:40
25-Joe Salazar/SJCC	31:31	55-Gil Dean/CW	33:07	85-M. Morris/Un	34:31	115-C. Hutching/LGP	35:41
26-John Marden/MSJHS	31:32	56-T. Jordan/Un	33:08	86-R. Rivers/SilverCrk	34:31	116-J. Doran/WVJS	35:42
27-Glenn Dean/Un	31:36	57-R. Sanders/Un	33:11	87-M. Gilbert/Un	34:35	117-T. Massey/WVJS	35:47
28-Nick Nickols/Un	31:37	58-J. Altamirano/JLHS	33:12	88-Ed Jerome/TRAC	34:35	118-A. Deidler/Un	35:48
29-Paul Thompson/Un	31:44	59-Steve Nelson/WVTC	33:14	89-D. Stefarisko/Un	34:36	119-W. Jenkins/Un	35:49
30-C. Kadoch/WVJS	31:48	60-Doug Butt/WVTC	33:14	90-S. Ling/Un	34:37	120-R. Jeffery/Un	35:59

MACDONALD, GUTHRIE, DEMOSS & ANDERSON TAKE TIMES-9 VICTORIES (Sept. 5, Crystal Springs Course-Belmont): - A heavy turnout again made this relay and individual race(s) very successful, but high temperatures held down the performances considerably, with many of the runners purposely holding back for fear of possible collapse. Duncan Macdonald made it look easy (al-



Penny DeMoss won the Times-9 Ten-Kilo after running on the second-place women's relay team earlier in the day. She's shown here during the Christmas Relays. /Jim Engle/

though he said it wasn't very much fun) in winning with a very slowish 34:34.5 over the hilly terrain. NorCal's top masters runner, Kent Guthrie, looked a bit more refreshed in capturing the runnerup spot in 36:10, only 40 seconds slower than he ran on the same course in last year's National Championships. Mike Duncan, who runs better in the hillier races, grabbed third, only fifteen seconds back of Kent. Ulrich Kaempf was a full 80 seconds behind Guthrie for the silver medal in the over-40 division. Penny DeMoss, who had run on the second-place women's relay team only a short time earlier, decided to go for the 10K title and did so with relative ease, holding back a lot with a 44:33, but good enough for a nearly four-minute victory over Pat Cutler. Ruth Anderson led the masters women with her 50:52, and that was fast enough to place her fourth overall among the women. In the 9-mile relay race, a mixed team of Bill Clark, Tom Laris and Paul Geis coasted (again holding something back because of the heat) to a 25-second victory over the Camino West "B" team (who happened to your "A" team fellas?). Two WVTC women's teams took top honors in that division, with only 26 seconds separating them. The team was composed of Phyllis Olrich, Kathy Himmelberger and Peggy Lyman (I think!). A total of 96 3-person teams completed the relay, while 123 managed to sweat through the individual race. There were also a few races for the younger set, making it a 'something for everyone' day. Results of the shorter races are below, while the 10K and Relay results are on the next page. /Len Wallach/

*****TOTS RACE***(99 Yds.)**

1-W. Clark	0:51.1
2-B. Laucher	0:55.6
3-G. Israel	0:56.7
4-K. Wolden	0:57.9
5-R. Teurfs	0:58.5

*****TODDLERS RACE***(99 Yds.)**

1-T. Anderson	0:35.5
2-M. Rosenbaum	0:36.0
3-J. Holloszy	0:36.2
4-P. Phipps	0:36.4
5-H. Kellum	0:36.6

*****JOGGERS RACE***(999 Yds.)**

1-Sharon Yaninek/SJC	3:05.9	7-R. Rush	3:55.8
2-P. Stefanisko	3:09.0	8-J. Nickel	4:01.6
3-D. Smith	3:19.2	9-D. Lloyd	4:06.5
4-H. Miller	3:24.8	10-C. Baugh	4:07.8
5-I. Polansky	3:44.6	11-K. Quinane	4:07.9
6-J. Greene	3:46.8	12-T. Clark	4:09.3
		13-V. Shahrok	4:13.4

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 We re-ordered this year's shirts and have some left over after our initial re-orders were filled. Indicate below the sizes you would like and add to the total above.

1977 XMAS RELAYS ___ XS ___ S ___ M ___ L ___ XL (3-Colors)

10-KILO (Times-9, Cont'd)		16-Sonny Reynaga/WVTC	41:04	52-Pat Whittingslow/PMK	48:46	12-WVJS O-A	54:13
1-Duncan Macdonald/WVTC	34:35	17-Orin Dahl/Un	41:27*	64-Ruth Anderson/NCS	50:52*	13-State Penn Cell C	54:22
2-Kent Guthrie/WVJS	36:10*	18-Paul Orgeron	41:34	68-Nancy Pannell	51:39	14-Jones Team	54:31
3-Michael Duncan/WVTC	36:25	19-Pete Ild/CSM	41:48	70-Sharon Yaninek/SJC	51:54	15-Piedmont	54:40
4-Rick Brown	37:06	20-Keith Whittingslow/OC	42:44	***9-MILE RELAY***			
5-P. Jones	37:19	21-K. Coulter	42:49	1-Clark/Laris/Geis	48:28	16-Serramonte 3	55:22
6-Ulrich Kaempf/TRAC	37:30*	22-W. Jenkins	43:07	2-Camino West "B"	48:52	17-Ferd's Herd	56:00
7-Dave Robertson/WVTC	37:49	23-Bill Mott	43:14*	3-WWTG	49:22	18-D. Black Team	56:04
8-Jerome Lewis/Un	38:07*	24-Peter Wood	43:39*	4-Camino West "A"	49:57	19-CAMWST/Menlo TC	56:05*
9-Boyd Tarin/WVTC	38:32	25-A. Bravo	43:44	5-WVJS 30-A	51:08	20-WVJS 40-A	56:07*
10-Tim Rostege/WVTC	39:22	26-Carl Martin/WVJS	43:56*	6-WVJS 30-B	51:22	21-Coyote Striders	56:11
11-Andy Takaha/CSM	40:17	27-E. Lopez	44:13	7-Newark News	51:48	22-Coyote Striders "B"	56:19
12-J. Colvin	40:29	28-Penny DeMoss/WVTC	44:33	8-Pamadog A	52:36	23-Three for the Road	57:12
13-E. Ryona	40:41	---WOMEN---		9-Maranon	52:55	24-G. Gonzales Team	57:47
14-D. Slefansko	40:51	28-Penny DeMoss/WVTC	44:33	10-Camino West "C"	53:30	33-WVTC Women	61:08
15-Ed Jerome/TRAC	40:54	45-Pat Cutler/Un	48:15	11-Woodside Striders	53:42	38-WVTC (DeMoss' Team)	61:35

YEO AND JONES ANNEX FIRST ANNUAL MARINE AIR RESERVE RACES (Sept. 10, Alameda): - Over 550 runners showed up for the first running of the Marine Air Reserve runs at the Naval Air Station in Alameda, with about the same number of runners entering both the 3-mile and 6-mile races. Matt Yeo was an easy winner in the longer run, with high schooler Danny Martinez of Newark finishing second, a full 45 seconds back with a solid 31:10 clocking. Barry Foose of Southern California was 31:26 for third, as he was also the first sub-master to cross the line. Paul Holmes and Roger Bryan had a very tight battle in the masters division, with the former coming out the winner, 33:08 to 33:12. If you take the last names of the first two winners in that division, you'll have the third-placer, Bryan Holmes, who was timed in 34:10. Nancy Pannell had little trouble in winning the women's division with a time of 40:09. Ruth Anderson and Linda Skinner had identical times of 40:53 for the runnerup spot (did they intentionally tie?), as Ruth was also the first woman over 40. The 3-mile action was a bit tighter, as Russell Jones of Nevada upended Frank Leeds, a 16-year-old high school student, 15:15 to 15:25. Don MacDonald averaged 5:30's to win the masters division quite handily over Al Zatrian's 18:21, as most of the good over-40 runners opted for the longer race. Diane Kenny, a 16-year-old student at Novato High School, took a 26-second victory over another high schooler, Deena Pearson, who is a year younger and runs for San Lorenzo Valley High in Felton. Her winning time was 18:30. Results follow: /Roland Root; Bill Reinka; John Clary; Paul Holmes/

3-MILE		14-Don MacDonald/PMK	16:30*	28-Ed Tico/WVJS	17:36	42-A. Labrie	18:32*
1-Russell Jones/Nevada	15:15	15-Danny Greco	16:33	29-Roger Shane	17:39	43-Gregg Talbert	18:33
2-Frank Leeds	15:25	16-Vernon Lask	16:44	30-Pat McAnaney	17:42	44-David Rennaker	18:34
3-Richard Stiller/WVJS	15:30	17-Richard Pierson	16:51	31-Craig Hochhaus	17:44	45-Al Smith	18:42*
4-Reynaldo Corona	15:31	18-Ralph Gowen/WVTC	16:54	32-Wesley Fujii	17:46	46-Joseph Gadiosh	18:50
5-Ian Watts	15:35	19-Allan O'Reilly	17:03	33-Jeff Sillivan	17:50	***WOMEN***	
6-Doug Butt/WVTC	15:45	20-Marty Watkins	17:14	34-Raymond Dean	17:58	41-Diane Kenny/NovatoHS	18:30
7-Raymond Aver	15:54	21-Michael O'Donnel	17:18	35-Evan Tottle	18:05	50-Deena Pearson/SLVHS	18:56
8-Harry Cross/WVTC	15:55	22-Kevin Coon/MSJ	17:19	36-Darrell Coon	18:15	62-Kerrila Croix	19:28
9-Archie Bowles	15:58	23-John Spriggs	17:21	37-Juan Garcia	18:16	63-Sandy Kutlas	19:29
10-Dennis King	16:08	24-Jon Mohr/PMK	17:22	38-Brad Zarker	18:18	69-Holly Himenes/WDS	19:46
11-Bill Jenney	16:09	25-James Mullany	17:23	39-Al Zatrian	18:21*	80-Karen Stok/WDS	20:13
12-Rod Horsfield	16:11	26-Jim Cross	17:25	40-Jo Than Coleman	18:25	82-Tina Chee	20:19
13-Mike Chilton	16:28	27-Steve Dean	17:32	41-Diane Kenny/NovatoHS	18:30	83-Peggy Stok/WDS	20:21

6-MILE		22-Thomas Varela	33:57	44-Jeffrey Rogers	36:02	64-Stan Kowalezyk	37:43
1-Matt Yeo	30:25	23-Olin Boschker	33:59	45-Howard Jacobson	36:03	65-Tim Chavey	37:44
2-Dan Martinez/NwkHS	31:10	24-Mike Zamma	34:02	46-Pete Schoener	36:16	66-Bruce Laforge	38:01
3-Barry Foose	31:26	25-John Clark	34:04	47-Rand Drewes	36:17	67-Robert Hoyt	38:07
4-Gary Singer/SUND	31:51	26-Ross Rowley/SUND	34:05	48-Dennis Lem	36:37	68-Alan Spitzer	38:09
5-John Clary/WVJS	31:55	27-Dennis Kroll	34:08	49-Tim Ketrone	36:38	69-Peter Fisher	38:24
6-Jeff Cowling/DVC	31:56	28-Bryan Holmes/WVJS	34:10*	50-Carlos Jacobo	36:39	70-Peter Stern	38:31
7-Jake White/WVJS	31:59	29-James Willis	34:29	51-Edward Silva	36:44	71-Chao Breshears	38:33
8-Craig Hochhaus/WVTC	32:21	30-Paul Orgeron	34:38	52-Pat Cunneen/PMK	36:44*	72-W. Dawkins	38:36
9-Bob Miller/CW	32:23	31-Joe Conte	35:02	53-Tom Dorst	36:48	***WOMEN***	
10-Rick Brown	32:31	32-Chris Hickey	35:13	54-Richard ??	36:53	91-Nancy Pannell	40:09
11-Glenn Dean/CW	32:52	33-Grady Wright	35:14	55-Andy Howard	36:56	101-Ruth Anderson/NCS	40:53*
12-Dete Kraus	32:58	34-Larry Arata	35:17	56-Glen Jacoby	37:01	102-Linda Skinner	40:53
13-Niel Berg	33:03	35-Danilo Sanchez	35:27	57-Bradley Wilson	37:02	117-Kathy Way	41:21
14-Paul Holmes/BC	33:08*	36-Al Stanbridge	35:30	58-Tom Masterson	37:05	128-Ellen Sadofsky	42:04
15-Roger Bryan/WVJS	33:12*	37-Harold Crangle	35:31	59-Norman Unean	37:10	132-Colleen Scannell	42:16
16-David Sullivan	33:20	38-Kurt Mayne	35:33	60-David Sabo	37:11	147-Stephanie Atwood	43:03
17-Jeff Smith	33:23	39-Larry Dulse	35:40	61-Tom Mann/ETC	37:18	151-Carroll O'Conner/NCS	43:15*
18-Larry Summer	33:25	40-Wes Hurlburt	35:48	62-Eric Peterson	37:19	158-Jennifer Estes	43:52
19-Ray Orwig/WVTC	33:46	41-Bob Bailey	35:49	63-Jim Smith	37:35	176-Susan Laird	44:52
20-Kevin Coulter	33:48	42-Brad Kearns	35:53				
21-Mark Sigmon	33:53	43-Dave Houston	35:56				

DIPSEA TANKTOPS - \$4.00

This year the PA-AAU Long Distance Committee is making money for the travel fund by selling Dipsea "tanktops" instead of T-Shirts (same design as last year...4 colors!). We have a lot left over from the race, so help us get out of the hole and send for yours today. Price includes postage! Tanktops are light yellow with navy trim and come in sizes: S, M, L, XL. They are 50/50 material and very soft. -- Send a check payable to PA-AAU LDRC, c/o PO Box 1551, San Mateo, CA 94401. Specify sizes!



Start of Pamakid Lake Merced Run (see opposite pg.). /L. Gowen/

(BERKELEY-TO-MORAGA RESULTS)

1-Steve Slawson/BASC	70:43	25-Hoyt Walker/LVRC	80:35	50-Larry Pugh	83:04	75-William Harrison	87:36
2-Homer Latimer/Un	70:47	26-Bob Woodliff/WVJS	80:39	51-Bob Felsch	83:08	76-Orville Fisher	87:47
3-Jan Serhsen/ETC	71:38	27-David Zumwalt	80:41	52-Cliff Wolery	83:11	77-James Jacobs/PMK	87:48*
4-Gary Blume/Cal	72:48	28-Bruce Rider/WVJS	80:49	53-Jim Nicholson/PMK	83:18*	78-Jeff Rogers	87:53
5-Mark Proteau/AGRC	73:18	29-Bryan Holmes/WVJS	80:56*	54-Tom Aldana	83:28	79-Tom Mota	88:06
6-Paul Thompson/Un	73:45	30-Pete Kraus	80:58	55-Hashim Bashiruddin	83:37	80-Jack Simonton	88:14*
7-Paul Burke/Cal	73:47	31-Chuck Keck	80:59	56-Walt Van Zant/WVJS	83:38	81-Myron Neuraumont/Un	88:15*
8-Hersh Jenkins/ER	73:56	32-David Hornig	81:06	57-Bill Catanese/TAM	84:23	82-Richard Houston/NCS	88:22*
9-Bob Gormley/Un	74:15	33-Edward Greub	81:12*	58-Glen Richarson	84:35	83-Don Lucero/WVTC	88:25*
10-Greg Jewett/PMK	75:28	34-John Dressler	81:15	59-Kurt Mayne	84:36	84-David Sharp	88:26
11-Tom Cathcart/LVRC	76:01	35-Santos Reynaga/WVTC	81:20	60-Jim Carr	84:41	85-Dan Hintz/WVTC	88:44
12-Ralph Bowles/WVJS	76:08*	36-David Moon/TSTC	81:28	61-Mike Brown	84:51	86-Grady Wright	88:47
13-Bob Page	76:16	37-Jack Knebel/WVTC	81:30	62-Marv Winer/WVTC	84:54*	87-David Eck	89:01
14-Keith Kruse/Un	76:53	38-Jeff Wall/PMK	81:31	63-Charlie Eiriksson	85:30	88-Charles Putnam	89:02
15-Dick Ratliff	77:30	39-William Sevald/PMK	81:32	64-Bill Brusher	85:31	***WOMEN***	
16-Mike Wheeler	77:53	40-Eric Nelson	81:34	65-David Innes	85:34	126-Caron Schaumberg/ER	93:06
17-Doug Butt/WVTC	78:05	41-Bert Johnson	81:39	66-Ted Lerine	85:35	139-Carolyn Tiernan/WVTC	94:01
18-Nick Winter	79:01	42-Gene Schaumberg/ER	81:54	67-Mike McManus	85:43	145-Gail Gustafson/Un	94:35
19-William Jenney	79:07	43-Tim Rostege/WVTC	81:58	68-Ted Wilson/Un	86:04*	178-Elaine Miller/PMK	97:47
20-Bob Myers/PMK	79:18	44-Mike Fanelli	81:59	69-Olin Boschner	86:14	184-Jane Sowersby	98:18
21-Jim O'Neil/SFOC	79:27*	45-Allen Robertson	82:15	70-Orin Dahl/Un	86:17*	195-Martha Maricle/NCS	99:13*
22-Mark Stoker	79:36	46-Kevin Coulter	82:26	71-Christian Niegoff	86:30	198-Lucy Shapiro	100:10
23-Lloyd Sampson	80:19	47-Ross Rowley/SUND	82:39	72-Stephen Evans	86:46	199-Sue Vinella-Brusher	100:16
24-Dan Williams	80:29	48-Dennis Kroll	82:44	73-Joe Schieffer	87:03	221-Kim Daniels	103:01
		49-Dennis Gustafson	82:51	74-Bart Simmons	87:24	223-Pat Whittingslow/PMK103:11	

MIXUP AT FOOTHILL COLLEGE 4-MILER--LEADERS GO EXTRA DISTANCE (Oct. 22, Los Altos Hills): - Taking the lead immediately were two distinguished track veterans, Mike Boit and Mark Schilling. In mid-race there was a quarter-mile loop at the top of a hill which the runners were supposed to go around twice. Despite a map and verbal instructions at the start, many runners became confused, especially on the second lap when the faster runners started mixing with the slower ones. The 'honor system' worked against Mike Boit, as he failed to get out after the two laps. Even though he ran three laps, he still finished third overall behind Joe Fabris (20:40) and Jim Howell (20:42) in a quick 20:54 (would have been 19:40 or so). Those that did the extra 'handicap' lap besides Boit were Schilling (withdrew), Kent Guthrie (withdrew), Rich Stiller (withdrew), and others, noted with a "3" in italics on the results below. There may have been others, but our 'reporter', Jerry Lewis, said he was pretty sure of at least those we have listed. With Guthrie going the extra distance and withdrawing, Ulrich Kaempff wound up the masters winner in sixth place overall (21:28), well ahead of Jerry Lewis' 22:02. Amy Haberman outclassed the other women in the field with her 24:33. Jean Williams was a very distant second 32:43 in second. A rather small finishing field consisted of 79 runners (including some of those that officially withdrew). /Hank Ketels; Jerome Lewis/

1-Joe Fabris/Un	20:40	13-Dave Levitsky/WVTC	22:36	25-Joe Henderson	23:33	37-Stephen Chepkwony/Un	24:40
2-Jim Howell/WVTC	20:42	14-Olin Boschner	22:37	26-Keith Whittingslow/OC	23:40	38-Bruce Rider/WVJS (3)	24:41
3-Mike Boit (3)	20:54	15-Paul Thompson (3)	22:40	27-Paul Armstrong/WVTC	23:52	39-Robert Miller	24:44
4-Luis Hidalgo/Un	21:05	16-Jim Gorman	22:40	28-Steve Simpson	23:53	40-Jerry Strong	24:47
5-Peter Churney/Un	21:13	17-Manny Mahon/WVJS	22:45	29-Tim Chavez	24:02	41-Mike Troedson	24:50
6-Ulrich Kaempff/TRAC	21:28*	18-Dennis Lem/PMK	22:52	30-Alex Hinz	24:06	42-Raymond Ruiz	24:59
7-Wayne Hurst	21:30	19-Jesus Garza	22:57	31-Douglas Fischer	24:07	43-Jerry Barrack	25:15
8-Jerome Lewis/TRAC	22:02*	20-Wayne Glusker/WVTC (3)	22:58	32-Jim Simpson/WVJS	24:10*	44-Michael Korbholz	25:15*
9-Joe Salazar/Un	22:16	21-Dave Unger	23:00	33-Thomas Knight/Un	24:20	45-Jeff Bowles	25:23
10-Bob Henderson/WVTC	22:20	22-Ed Jerome/TRAC	23:11	34-Norm Shaskey/WVTC	24:22	***WOMEN***	
11-Terry Mullen/Un	22:28	23-Robert Jeffery	23:20	35-Amy Haberman/WVTC	24:33	35-Amy Haberman/WVTC	24:33
12-Roger Bryan/WVJS	22:34*	24-Tim Chalmers	23:31	36-Ken Paul/WVTC	24:39*	76-Jean Williams	32:43

SWANNACK KICKS TO VICTORY AT GOLDEN GATE WOMEN'S RUN (Oct. 22, San Francisco): - In what turned out to be a 'kicker-take-all' race, Skip Swannack and Carolyn Tiernan battled it out for the entire 10-kilo distance in this first annual event, consisting of two 5-kilo laps on the certified Golden Gate Park Polo Field loop. It wasn't until the top of the final hill that Swannack took off, leaving a bewildered Tiernan a full seven seconds back in just over hundred yards. Her winning time was 39:33. Peggy Lyman, running by herself for most of the race, held down third place with a 39:57, while Gail Gustafson continued to pull off surprises, finishing fourth, ahead of Janet Calmels and Pat Cutler. Martha Maricle had little trouble in capturing the over-40 crown with her 43:57, which was good enough for twelfth overall. A total of 152 finishers for this new race! /S. Vinella-Brusher/

1-Skip Swannack/WDS	39:33	21-Judy Peterson	45:31
2-Carolyn Tiernan/WVTC	39:40	22-Debbie Redifer	45:35
3-Peggy Lyman/WVTC	39:57	23-Eva Leong-Casey	45:44
4-Gail Gustafson/Un	40:45	24-Susan Griffin	45:56
5-Janet Calmels/PMK	41:08	25-Linda Wilkins	46:01
6-Pat Cutler/Un	41:31	26-Sheila Neck	46:37
7-Vicki Blankenship/PMK	41:49	27-Rain Dessayer	46:46
8-Pat Whittingslow/PMK	42:31	28-Stephanie Atwood	46:50
9-Louise Burns/NCS	43:03	29-Linda Dodds	46:54
10-Tina Chee	43:34	30-Dana Hooper	46:55
11-Sue Vinella-Brusher	43:42	31-Jane Fletcher	47:06
12-Marty Maricle/NCS	43:57*	32-Sally Ride	47:15
13-Sharron Daeley	44:02	33-Kas Pilon	47:16
14-Margo Elson	44:04	34-Linden Ferrar	47:27
15-Mary Jilka	44:15	35-Lois Parsons	47:34
16-Mary Healy/WOR	44:44	36-Valerie Coppes	47:41
17-Irene Higgins	45:11	37-Janet Hollenbach	47:42
18-Mary Ann Buxton	45:23	38-Marsha Mangiaracina	47:46
19-Laury Belzer	45:24	39-Sally Edwards/OPHIR	47:48
20-Grethe Brodersen	45:31*	40-Bettina Brownstein	47:49



Skip Swannack leads Carolyn Tiernan at halfway. /J. Sheretz/

PINOCCI BLITZES FIELD AT HALLOWEEN RUN (Oct. 30, Los Gatos): - Mike Pinocci had little trouble in breaking away from ex-Stanislaus State star, Steve Brooks in this first annual event, sponsored by the West Valley Mental Health & Alcohol Center. His 25:11.3 becomes an automatic course record. Brooks was a well-beaten 25:59. Ulrich Kaempf took his second masters win in as many weeks with little competition for his 27:46. Ken Napier was nearly a full minute back but ran the best race he's had in many a month, clipping teammate Roger Bryan by five seconds. DeAnza College's April Powers cruised to a 32:13 win over Karen Devine's 33:06. The course may have been a bit long, but we haven't heard anything definite to that effect. We received results for only the top 100 finishers since there was a foulup in putting times on the finish-tags which made many of the times irrelevant. /Baumgardner/

1-Mike Pinocci/WVTC	25:11	21-Ken Napier/WVJS	28:43*	41-John Ulate	31:05	61-William Shimmin	32:49
2-Steve Brooks/Un	25:59	22-Roger Bryan/WVJS	28:58*	42-Walter Van Zant/WVJS	31:21	62-Randy Maple	33:02
3-David Parish/WVTC	26:33	23-Charles Fox/WVTC	28:58	43-John Deagen	31:25	63-Michael Fenner	33:04
4-Jim Howell/WVTC	26:34	24-Richard Herzog	29:05	44-John Gianotti	31:34	64-Robert Lopez	33:05
5-John Clary/WVJS	26:39	25-John Hellman/WVTC	29:07	45-Martin Robinson	31:37	65-Karen Devine	33:06
6-James Tracy/ETC	26:47	26-Dete Kraus	29:11	46-Edward Tico/WVJS	31:37	66-W.L. Hitch	33:06*
7-Mike Plummer/WVTC	27:03	27-David Garcia	29:14	47-Robert Smith	31:45	67-Jeff Rossman	33:10
8-Vance Eberly	27:17	28-Glen Richardson	29:17	48-Danny Moon	31:52	68-Richard Fletcher	33:14
9-Jake White/WVJS	27:21	29-James Gorman	29:23	49-Richard Collins	31:55	69-Robert Stubbe	33:15
10-Bill Meinhardt/WVJS	27:35	30-Jessie Coluin	29:55	50-Dennis Smith	31:59	70-Gary Gibson	33:17
11-Wayne Glusker/WVTC	27:37	31-Ed Tico/WVJS	29:58	51-David Johnson	32:10	71-Greg Farman	33:21
12-Ulrich Kaempf/TRAC	27:46*	32-Grant Foster	30:03	52-April Powers/DA	32:13	72-Frank Butera	33:28
13-Mike Smith/WVTC	27:48	33-Carl Martin/WVJS	30:10*	53-Dave Branning	32:19	73-Ricky Smith	33:32
14-Keith Kruse/Un	27:51	34-William Jenkins	30:22	54-Edwin Pearce	32:20	74-Ruben Santos	33:38
15-Dan Cruz/CW	27:55	35-Santos Reynaga/WVTC	30:26	55-Rob Lee	32:28	75-Rodney Sellard	33:41
16-Jeff Farmer	27:58	36-Dave Unger	30:35	56-Bill Flint	32:32	76-Bill Sullivan	33:42
17-Richard Antal	28:06	37-Rudolph Escobedo	30:45	57-Paul Anderson/WVTC	32:33	77-Edward Brodd	33:42
18-Robert Radovich	28:07	38-Ron Briscoe	30:49	58-D.R. Fitzsimmons	32:34	***WOMEN***	
19-Steven Specker	28:20	39-Doug Rodamer	30:53	59-Bob Ernst	32:43	52-April Powers/DA	32:13
20-Terry Mullen	28:35	40-B.E. Hollins	30:56	60-Maynard Orme/WVJS	32:45*	66-Karen Devine	33:06

WALL OUTLASTS FIELD AT SONOMA STATE MARATHON (Oct. 30, Rohnert Park): - Jeff Wall, a toxicologist from Daly City, was the winner of the 3rd Annual Wrong Turn Marathon. Jan Sershen had a supposedly insurmountable lead when unknown (to us) leg problems forced him to a sudden halt towards the latter part of the run. Wall, who runs for the Pamakids of San Francisco, just missed his best marathon time by recording a 2:36:16, while runnerup Michael Wheeler chopped a whopping 13 minutes from his previous PR in clocking 2:37:50. Norm McAbee, also running for the Pamakids, was a three minute victor over Redding's Harry Daniell, 2:51:41 to 2:54:55, with Ted Wilson slipping in for the bronze at 2:56:10. Peggy Lyman, who hadn't run a marathon in almost a year, recorded her best time in many years with a 3:06:12 to annex the women's title. Teammate Irene Rudolf also came through with a good effort, knocking two-and-a-half minutes from her previous best time by coming across in 3:09:42 for runnerup spot. Vicki Blankenship's 3:11:38 for the bronze was also a personal best (3:15:18 was old PR). Frances Sackerman, who had been pointing for a sub-3:30 to qualify for Boston, did just that, but with only five seconds to spare, as she garnered the top over-40 award for women with her 2:29:55. A record 270 finished the 26-mile grind. /Bob Lynde/



Jeff Wall was surprise winner at Wrong Turn Marathon, just missing his PR by 16 seconds. /Don McLandry/

1-Jeffrey Wall/PMK	2:36:16	32-Gary Alderman	2:58:28	63-Arthur Waggoner/BC	3:10:08*
2-Michael Wheeler	2:37:50	33-Dan Goodwin	2:58:33	64-Dan Preston	3:10:25
3-John Lodin	2:38:53	34-Rick Sylvester	2:58:47	65-Joe Schieffer	3:10:34
4-Larry Sellers	2:39:57	35-Douglas Stevens	2:59:03	66-Dave Eck	3:10:49
5-Edward Cohn	2:40:53	36-Gary Nathanson	2:59:54	67-Peter Forsberg	3:10:57*
6-Rodney Mowbray	2:42:51	37-Mark Carlin	3:00:08	68-Vikram Gosain	3:10:58
7-Douglas Black	2:43:01	38-Joseph Campi	3:01:15	69-Larry Goldstein	3:11:01
8-Merle Frazier	2:45:21	39-Tom Bennett	3:01:35	70-Dick Fugett/WVTC	3:11:35*
9-Gene Schaumberg	2:47:23	40-Alan Cresetto	3:02:04	71-Vicki Blankenship	3:11:38
10-Dan Williams	2:47:48	41-Tom Bowen	3:02:24	72-John Blankenship	3:11:38
11-Andrew Lewis	2:48:37	42-Server Sadik	3:02:58	73-Kent Robison	3:12:25
12-Peter Demariais	2:48:45	43-Steve Deschler/PMK	3:03:15	74-Vic Crosetti/TRAC	3:12:25*
13-Dan Jenkins	2:49:06	44-Jim Nicholson/PMK	3:03:23*	75-Paul Martin	3:12:48
14-Joseph Helgerson	2:51:05	45-Ed Jerome/TRAC	3:03:39	76-Oscar Orozco	3:13:27
15-Bob Woodliff/WVJS	2:51:08	46-Glen Krawiec	3:03:50	77-Dan Hintz/WVTC	3:13:57
16-Norm McAbee/PMK	2:51:41*	47-Dave Donaldson/MTC	2:04:06	78-Jerry Bourne	3:14:20
17-Bill Sevald/PMK	2:51:42	48-Kelvin Buchanan	3:04:21	79-Richard Bernstein	3:14:21
18-Ross Rowley/SUND	2:51:50	49-Chuck Berg	3:04:26	80-Richard Houston/NCS	3:14:35*
19-Dennis Kroll	2:53:02	50-Frank Roberts	3:04:55	81-Frederick Garcy	3:15:35
20-Donald Schultz	2:54:39	51-Orin Dahl	3:05:45*	82-Gary Kelsberg	3:15:48
21-Harry Daniell/SWEAT	2:54:55	52-Peggy Lyman/WVTC	3:06:12	83-Caron Schaumberg/ER	3:15:51
22-Don Dugdale	2:55:08	53-Robert Laroque	3:07:18	84-Vince Mathews	3:16:12
23-Larry Martin	2:55:24	54-Michael Levin	3:07:43	85-Robert Davis	3:16:56
24-Phil Sanfilippo/WVJS	2:55:35	55-Bob Burgoon	3:08:19	***WOMEN***	
25-Ted Wilson	2:56:10*	56-Roy Swartout	3:08:24	52-Peggy Lyman/WVTC	3:06:12
26-Ken Howe	2:56:24	57-Bill Catanese/TAM	3:08:35	62-Irene Rudolf/WVTC	3:09:42
27-Greg Thomas	2:56:36	58-Joe Wakabayashi	3:08:44*	71-Vicki Blankenship	3:11:38
28-Gregory Nelson	2:56:49	59-Ed Fuller	3:09:37	83-Caron Schaumberg/ER	3:15:51
29-Dennis Doris	2:56:56	60-Daniel Zocchi	3:09:39	100-Lucy Shapiro	3:20:44
30-Roy Scellato	2:57:40	61-Dennis Gulbransen	3:09:41	106-Gail Gustafson/Un	3:21:42
31-Jack Byrd/PMK	2:58:09*	62-Irene Rudolf/WVTC	3:09:42	141-Frances Sackerman/NC3	2:29:55*

BRASS POLE RUN A TREMENDOUS SUCCESS (Oct. 30, Oakland): - It isn't often that a first-year attempt at putting on a BIG race turns out well. This had to be the exception. With a total of 1131 finishers, one would have expected a nightmare over a 10-kilometer course, but due to the efficient planning and excellent raceday help, this race will no doubt turn into one of the premier events on the NorCal running schedule. All proceeds from the race were for the benefit of the Alta Bates Burn Center & Northern California Burn Council. One advantage the sponsoring Oakland Fire Department had...lots of cooperation from the Oakland Police Dept.!! Nearly every intersection down busy Broadway was blocked off for the runners, and would you believe a cop actually drove his motor cycle in front of a freight train so that it wouldn't stop the runners (the train appeared only about a minute before the lead runner came through)? It certainly helps to have the law on the runners' side! --- For what happened in the race, see next page!

(BRASS POLE RUN...Cont'd) - Bill Seaver took a 40-second victory over West Valley teammate, Dennis Tracy, clocking a swift 30:14.7 on the predominantly downhill course that goes from Lake Temescal in the Oakland Hills, down thru the Oakland business district, and out to Jack London Square. Kent Guthrie, an even two minutes behind Seaver, was the first over-40 finisher, with Paul Weggenmann (34:56) and Don MacDonald (34:58) further than that behind Kent. Teri Hagerty likewise made a shambles of the women's field, flying to a quick 36:31, over two minutes ahead of Merrill Cray's 38:44. In the special Fire Department team competition, the San Francisco squad of Scalmanini, Posedel, Batz, Millard and Anderson made it a runaway over the Contra Costa County team with a score of 284 to 557! The Richmond F.D., led by Gene Fitzgerald's third place overall, slipped in for third. Although the downhill might be a bit hard on the legs, we highly recommend this race for a good time with fees going to a very worthwhile cause. /Ray Gatchalian/

1-Bill Seaver/WVTC	30:15	28-Paul Orgeron	34:33	56-Floyd Nedmon	36:25	84-Terry Millard	37:27
2-Dennis Tracy/WVTC	30:55	29-Kevin Coulter	34:43	57-Mike Manus	36:26	85-Walt Schorno	37:28*
3-Gene Fitzgerald/PMK	31:26	30-Bill Brusher	34:46	58-Teri Hagerty/SUND	36:31	86-David Cummins	37:29
4-Boyd Tarin/WVTC	31:38	31-Robert Colborn	34:50	59-David Rodrigues	36:31	87-Richard Finger	37:32
5-Ken Swenson/Un	32:13	32-Bill Posedel	34:52	60-Myron Neuraumont/Un	36:33*	88-Robert Williams	37:40
6-Kent Guthrie/WVJS	32:14*	33-Gary Crangle	34:53	61-Roy Lambertson	36:37	89-Zachary Caldwell	37:43
7-James Robinson	32:31	34-Allen Robertson	34:54	62-Sam Rojas	36:37	90-Bob Rolston	37:45*
8-Ken Scalmanini/SFPD	32:34	35-Paul Weggenmann	34:56*	63-Robert Cummings/WVTC	36:40	91-Lorenzo Chambliss	37:37
9-John Notch/LMJS	32:57	36-Richard Alvarez	34:57	64-Glen A. Jacoby	36:44	92-Skip Marquard/WVTC	37:50
10-Peter Jensen	33:19	37-Don MacDonald/PMK	34:58*	65-Terry Higgins	36:48	93-Patrick McCarthy	37:51
11-Stephen Puryear	33:24	38-Ray Batz	35:03	66-Jack Ferguson	36:49	94-John Monteverdi	37:53
12-Dennis Gustafson	33:26	39-Ronald Sova	35:06	67-Don Huff	36:49	95-Stephen Steven	37:53
13-Olin Boschker	33:40	40-Bryan Holmes/WVJS	35:09*	68-Bob Gannon	36:50	96-Alan Winkley	37:54
14-Harvey Ferrill/SUND	33:48	41-Edward Lee	35:28	69-Wayne Cottrell	36:53	97-Mark White	37:59
15-Jeff Porto	33:51	42-Michael Coke/GPPMB	35:34	70-Reg Garcia	36:57	98-Jack Lininger	38:00
16-Harry Cross/WVTC	34:01	43-Tim Chavez	35:37	71-Jeffrey Rogers	36:57	99-Evan Golder	38:00
17-Don Hickman	34:04	44-Chuck Putnam	35:43	72-Derrick Hamilton	36:59	***WOMEN***	
18-Glen Walder	34:06	45-Larry Duke	35:44	73-Jeffrey Slaight	37:00	58-Teri Hagerty/SUND	36:31
19-Nad Ocerg	34:11	46-Mike Kimberling/MVS	35:49	74-Anthony Gatchalian	37:02	127-Merill Cray/CRC	38:44
20-Richard deGlymes	34:15	47-Clyde Rockwell	35:51	75-Tom Mann/ETC	37:02	137-Carolyn Tiernan/WVTC	39:00
21-John Thompson	34:19	48-Mike White	35:54	76-Richard Hanna	37:02	174-Valerie Franklin/PMK	40:00
22-Phil Wilder	34:20	49-Dino Cardiasmenos	35:56	77-Scott MacTavish	37:05	175-Kelly Jones	40:03
23-Charles Griffin	34:20	50-Russel Clough	36:01	78-Mike Clinkenbeard	37:10	207-Vicki Misner	40:41
24-Kurt Mayne	34:21	51-Harold Crangle	36:07	79-Ralph Walker	37:12	223-Betsy Giannini	41:03
25-Dennis Coulter	34:25	52-James Batz	36:07	80-Michael Hofmayer	37:16	234-Sue Vinella-Brusher	41:21
26-Martin Wright	34:28	53-Roger Ramedios	36:08	81-Van Bronkhorst	37:21	244-Marilyn Mendle	41:37
27-Tom Mota	34:31	54-Brad Kearns	36:18	82-Joe King	37:23*	251-Linda Skinner	41:43
		55-Tom Callander	36:23	83-Ray Gatchalian	37:27	279-Ruth Anderson/NCS	42:20*

FERRERO AND WOOD ARE EASY ALMOND BOWL VICTORS (Nov 5, Chico): - Almost 500 runners showed up for the most successful Almond Bowl races ever staged. Lee Ferrero of Weed clipped off a quick 14:30 for the shorter 3-mile run, with Jim Price a distant second in 15:04. The 6-miler was won by Dave Wood of Chico in 29:21, just four seconds off of Dennis Swart's 1975 course record. Daryl Zapata travelled all the way from San Francisco and was rewarded with a second place finish and a sub-30 minute clocking of 29:57. Nearly all the good masters runners chose the longer distance, and Paul Holmes of the Buffalo Chips clocked 32:05 for tenth place overall in defeating Joe Sloan of Auburn (33:52). Walt Betschart was a slim nine seconds behind that time to take the bronze medal. Don Fridshal of Chico was tops over-40 in the shorter run with a 17:43. Amazing Ray Mahannah of Modesto was next at 19:06, not so remarkable until you realize that Ray is in his sixties! Merrill Cray led a strong field of women in the 6-miler with a fine 35:42, while Sally Edwards got second at 36:19. Diane Williams rounded out the medal winners with her 36:57. Kathy Spence of Chico did 17:42 for nearly a two-minute victory in the shorter race. /Walt Schafer/

3-MILE		12-V.I. Wexner	17:27	24-Doug Riggle	18:04
1-Lee Ferrero/SWEAT	14:30	13-Mike Andrews	17:27	25-Sean Alles	18:10
2-Jim Price	15:04	14-Steven Caudle	17:35	26-Rich Gobey	18:22
3-Paul Resignato	15:39	15-Erik Ferry	17:36	27-Gary La Pado	18:34
4-Walt Schafer/CRC	15:46	16-Jim Horner	17:40	28-Mason Nichols	18:35
5-Bob Gordon	16:27	17-Roberto Chavas	17:41	29-Charlie Main	18:38
6-Gary Crangle	16:37	18-Kathy Spence	17:42	30-Bill Steinbrook	18:40
7-Rolf Himpler	16:42	19-Don Fridshal	17:43*	31-Jeff Johnson	18:40
8-Glenn Reed	16:44	20-Estiban Nava	17:45	***WOMEN***	
9-Mike Lambert	17:11	21-Jerry L. Lilly	17:47	18-Kathy Spence	17:42
10-Sam Wilson	17:20	22-John Lanzavechia	17:48	46-Sabrina Schreder	19:36
11-Mac Forbes	17:24	23-Richard Henneman	17:49	56-Barbara Davis	19:52
6-MILE		19-Bob Hedges	32:57	38-J.K. Pedrotti	34:43
1-Dave Wood/Chico	29:21	20-David Swayne	33:10	39-James Claesgens	34:45
2-Daryl Zapata/WVTC	29:57	21-Ed Shomvere	33:15	40-Bob Rusk	34:59
3-Pat Buzbee/Un	30:58	22-Jim Middleton	33:17	41-Dave Cargill	35:02
4-Mike Buzbee/Un	30:58	23-Roland Chell	33:22	42-Dave Nyquist	35:09
5-Dan Smolich	30:59	24-Larry Duke	33:26	43-Bill Blackburn	35:13
6-Lyle Freeman	31:01	25-Don Richey/CRC	33:45	44-Rob Rusk	35:14
7-Arvid Kretz/WVTC	31:41	26-B. Fricke	33:50	45-E.J. Rusk	35:17
8-Mike Souza	31:47	27-Joe Sloan	33:52*	46-Sam Simmons	35:19
9-Perry Linn	31:49	28-Walt Betschart/BC	34:01*	47-P.J. Downey	35:20
10-Paul Holmes/BC	32:05*	29-Dick Look	34:05	48-Richard Doty	35:25
11-Larry Sumner	32:13	30-Mike Bradley	34:20	49-Richard Hanna	35:29
12-Lloyd Sampson	32:20	31-Robert Felsch	34:31	***WOMEN***	
13-Tom Hannickel	32:29	32-Robert Seals	34:32	50-Merill Cray/CRC	35:42
14-Jim Holben/WVTC	32:31	33-Charles Hansell	34:32	56-Sally Edwards/OPHIR	36:19
15-Larry Pugh	32:34	34-David Blue	34:33	62-Diane Williams/PBP	36:57
16-Tom Hayes	32:41	35-James Davis	34:37	86-Kathy Kaiser	38:56
17-Steve Daniels	32:49	36-John Lundquist	34:39	96-Barbro Lauri-Beckett	39:36
18-David Haubert	32:56	37-Herb Bladorn	34:42	101-Joan Gregg	39:56



Paul Holmes won the masters division in the Almond Bowl 6-Miler. /Jim Engle/

112-Elona Schreder	40:24
113-Kim Carter	40:25
115-Wendy Rosin	40:35

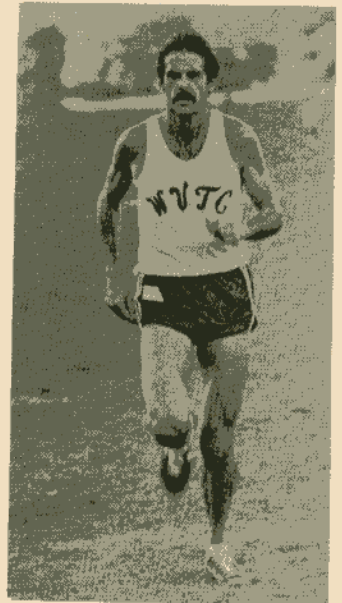
NOTCH TIPS BOWLES FOR SERVICE GUILD WIN (Nov. 5, Lafayette): - John Notch bested 1976 PA-AAU "Master of the Year", Ralph Bowles, by 21 seconds in winning the 1st Annual Family Service Guild Turkey Run around Lafayette Reservoir. John's 33:42 works out to a 5:25 mile pace. Bowles just edged out Bill Sevald of the Pamakid Runners to grab the runnerup spot, and naturally, the masters division. Ted Wilson, who recently moved to Lafayette from Oakland, was over a half-mile back of the fast-moving Bowles. Carolyn Tiernan was virtually unchallenged in her division, being timed in 40:42, but besting the second woman finisher, M. Landers of Orinda, by eight full minutes! Actually, the second over-40 finisher was M. McClain of Madera, which is out of the Pacific Association. McClain finished seventh overall with a fine 35:29. Considering this race didn't get on the regular LDR Schedule and had little pre-race publicity, as well as much competition from other races that weekend, the 111 finishers was really quite impressive. Incidentally, for those that aren't familiar with the Lafayette Reservoir, two laps around is 10-kilometers, which was the length of this run. /Sherrian Morris; Ralph Bowles/

1-John Notch/LMJS	33:42	11-T. Kuta	36:37	21-J. Cross	39:13	31-Tom McManus, Jr.	40:52
2-Ralph Bowles/WVJS	34:03*	12-A. Robertson	36:52	22-D. Sheldon	39:18	32-J. McKinnon	41:03
3-Bill Sevald/PMK	34:04	13-C. Healy	37:17	23-G. Leese	39:51	33-P. Doyle	41:12
4-Rick Brown/SRRRC	34:28	14-C. Eiriksson	37:25	24-Z. Caldwell	40:32	34-T. Elsasser/Penna.	41:14
5-Peter Jensen	35:20	15-Ted Wilson/Un	37:26*	25-R. Anderson	40:38	35-Michael Coke/GPPMB	42:06
6-D. Mills	35:26	16-M. Brown	37:42	26-R. Paul	40:41	36-R. Gilmore	42:20
7-M. McClain/Madera	35:29*	17-T. Varela	37:45	27-Carolyn Tiernan/WVTC	40:42	37-G. Flynn	42:48
8-Ross Rowley/SUND	35:34	18-R. Clough	37:59	28-Walt Schorno	40:44*	***WOMEN***	
9-Olin Boschker	36:25	19-Marv Winer/WVTC	38:34*	29-R. Talavera	40:48	27-Carolyn Tiernan/WVTC	40:42
10-Dennis Gustafson	36:31	20-Lee Sorenson	38:56*	30-Keith Whittingslow/OC	40:50	69-M. Landers/Orinda	48:42



(Above) Start of the PA-AAU X-Country Championships. /Lois Engle/

MACDONALD BEATS TOUGH FIELD AT X-COUNTRY CHAMPIONSHIPS (Nov. 6, Carmel Valley): - On perhaps the most beautiful place you could ever hope to have a cross-country meet, WVTC's Duncan Macdonald scored a solid victory over fellow 1976 Olympian, Paul Geis over 10-kilometers in 29:57.8. Geis was exactly 21 seconds back. After the first two miles on the scenic Carmel Valley Golf & Country Club, Dunc broke up a group that was still in contention, and by the halfway point it was obvious that nobody was going to catch him. Mike Pinocci gamely hung onto Geis until less than two miles to go, when the gap slowly widened to just over seven seconds by the finishline. With Nevada not sending down a team this year (because the meet was moved back one week earlier this year rather than conflict with the District 30K), West Valley had little trouble in winning the team scoring over the West Valley Joggers. In fact, it was more like an intrasquad meet, with everyone trying to get a last chance at qualifying for the Nationals in Houston. In the Masters division, Darryl Beardall put the screws to Kent Guthrie, as did newcomer Bob Welck, as this obviously was not one of Kent's better days. Beardall's 32:49 was only nine seconds in front of the WVJS ace, and that set the stage for a close team battle between Tamalpa (Dipsea Indians, as their over-40 division is called) and the WV Joggers. The San Jose based club came out on top. Ruth Anderson won the masters women's division as she pleased, 41:27 to 44:15 for runnerup Martha Maricle. Els Tuinzing was first over fifty. For the men, it was Bob Malain who took top honors in Division II (50 & over), while Paul Reese was the Division III winner (39:52). Patricia English of WVTC was first woman overall, however there was no PA Championships for Sr. Women here because it would have conflicted with the PA-AAU Women's 5-Kilo Championships. Although the field was kept to a small number (probably by the distance), it certainly did not lack quality, and so we'll list a higher percentage of finishers below and on the next page because of it. Thanks to Gail & Gary Goettelmann and Skip Marquard, who spent many hours measuring the course and securing the Golf Course in the first place. Word has it that they've invited us back in 1978! /Goettelmann's/



(Left) Darryl Beardall beat a strong field to win the Masters PA-AAU X-C title. /Jim Engle/ (Right) Duncan Macdonald as he wins PA-AAU X-C Championships over Paul Geis, among others. His win won him a free PA-AAU sponsored trip to the National AAU Championships in Houston. /Lois Engle/

1-Duncan Macdonald/WVTC	29:58	6-Bill Seaver/WVTC	31:09	11-Lester Devoe/WVTC	32:06	16-Fritz Watson/WVTC	32:36
2-Paul Geis/TS	30:19	7-Kurt Dicus/WVTC	31:32	12-Ramsay Thomas/WVTC	32:07	17-Jim Howell/WVTC	32:39
3-Mike Pinocci/WVTC	30:26	8-Bill Clark/WVTC	31:33	13-Atkins Chun/Un	32:17	18-Gary Goodstein/WDS	32:43
4-Athol Barton/Un	30:41	9-Tom Laris/WVTC	31:44	14-John Sheehan/WVTC	32:18	19-Al Hernandez/WVTC	32:47
5-Mike Porter/WVTC	31:05	10-Wayne Hurst/Un	31:57	15-Hal Tompkins/WVTC	32:29		

(More results on next page...)

20-Allen Sandretti/Un	32:49	34-Gerald Haslam/TAM	34:02*	48-Andy Takaha/Un	35:36	62-Don Pickett/TAM	38:09*
21-Darryl Beardall/TAM	32:49*	35-John Clary/WVJS	34:09	49-Ken Napier/WVJS	35:41*	63-Jim Engle/TAM	38:14*
22-Bruce Rider/WVJS	32:53	36-Ulrich Kaempf/TRAC	34:17*	50-George Minarik/Un	35:52	64-Ed Jerome/TRAC	38:38
23-Bob Wellck/WVJS	32:58*	37-David Cortez/WDS	34:39	51-Bruce Caradine/TAM	36:04*	65-Floy Dawson/Un	38:41*
24-Ken Swenson/Un	33:11	38-Bill Spence/WVTC	34:43	52-Mark Graves/Un	36:11	66-Richard Bawcom/Un	38:46*
25-Bryan Tracy/AGRC	33:13	39-Jerome Lewis/TRAC	34:45*	53-Mike Healy/TAM	36:19*	67-Robert Romano/TRAC	38:50*
26-Peter Churney/CW	33:23	40-John Bork/Un	34:53	54-Robert Malain/BC	36:32*	68-Robert Terczak/Un	38:55
27-Richard Stiller/WVJS	33:31	41-Terry Mullen/WVJS	34:57	55-Ray Wieand/WDS	36:41	***WOMEN***	
28-John Routh/WDS	33:32	42-Tim Rostege/WVTC	35:01	56-Fred Coleman/Un	36:46	70-Patricia English/WV	39:15
29-Bill Morgan/Un	33:33	43-Roger Bryan/WVJS	35:08*	57-Joe Henderson/Un	36:48	82-Ruth Anderson/NCS	41:27*
30-Jake White/WVJS	33:38	44-Luis Hidalgo/Un	35:15	58-John Brazinsky/Un	36:55	84-Carol Young/Un	43:15
31-Bill Meinhardt/WVJS	33:44	45-Dave Levitsky/WVTC	35:20	59-Carl Martin/WVJS	37:09*	89-Martha Maricle/TAM	44:15*
32-Kent Guthrie/WVJS	33:50*	46-Bryan Holmes/WVJS	35:24*	60-Bill Flodberg/WVJS	37:27*	94-Myrrha Eberly/WVJS	45:20*
33-Kees Tuinzing/TAM	33:57	47-Jay Cook/WVTC	35:28	61-John Flather/TRAC	38:03*	96-Frances Conley/WVTC	45:58

BIG TURNOUT FOR WEST END RUN (Nov. 6, San Francisco): - On a cool overcast morning, an unexpectedly large number of runners competed in the Excelsior TC's 10-kilometer West End Race in Golden Gate Park. Cal's Gary Blume outran second placer, Ed Schelegle, by 18 seconds. Blume was just seven seconds short of the course record which he shares with Wolfgang Schmulewicz and Jim Nuccio when the three tied for first place in 1976 with a time of 31:02. Judy Gumbs-Leydig won the women's race in 38:38, as Joan Ulyot slipped in for second spot (39:21) ahead of Hawaii's June Chun (39:40). The Pamakid masters decided to skip the PA Championships in Carmel Valley and swept four out of the first five places in that division, however, Johnny Faerber of Hawaii ran off with top honors at 35:38, while Norm McAbee (36:42) and Bill Jensen (36:55) led the local finishers. Carroll O'Conner won the women's masters division with a 46:50 clocking. A total of 519 finished the race, despite having to compete with the District Championships the same day (in Carmel Valley). /John Weidinger/

1-Gary Blume/Cal	31:09	26-Patrick Knapman/Un	35:29	55-J.R. Morse/Un	37:28	82-Simon Lew/Un	38:32
2-Ed Schelegle/AGRC	31:27	29-David Moon/TSRC	35:35	56-Aley Shelketinsky/BA	37:31	83-M. Lambert/Un	38:33
3-Brian Maxwell/BASC	31:50	30-Johnny Faerber/Hawaii	35:38*	57-Kevin Peak/Un	37:36	84-Judy Leydig/WVTC	38:38
4-Dave Boyet/AGRC	31:55	31-Joe Ferreira/CSUS	35:39	58-Russel Cotton/DSE	37:39	85-Jon Mohr/PMK	38:39
5-Mark Proteau/AGRC	32:29	32-Dennis Kroll/Un	35:44	59-Jim Nicholson/PMK	37:40*	86-Dick Fugett/WVTC	38:40*
6-Mike Smith/WVTC	32:52	33-Charles Kock/Un	35:45	60-Robert Van Harris/Un	37:42	87-Stevie Twesten/Un	38:44
7-Chris Hamer/WVTC	33:05	34-Olin Boschker/Navy	35:58	61-John Bilbert/TAM	37:47	88-Carl Olsen/AdobeRC	38:44
8-Timothy Chain/Un	33:11	35-Edward Sayre/CHP	36:02	62-Bruce Von Borster/TAM	37:55	89-James Batz/PMK	38:46
9-Tom Trimble/CPSSLO	33:15	36-Glen Richardson/Un	36:05	63-Kevin Gillette/WVTC	38:00	90-Bradley Wilson/DSE	38:52
10-Bruce Degen/TAM	33:28	37-Dave Unger/Un	36:16	64-Robert Nash/Un	38:02	91-Leonard Pugh/Un	38:52
11-Robert Brunkan/Un	33:34	38-Chris Martin/CSUS	36:16	65-Tom Masterson/DSE	38:03	92-Steven Deschler/PMK	38:54
12-Jim Tracy/ETC	33:36	39-Chris Smith/Un	36:27	66-Peter Eisenberg/WVTC	38:04	93-Walt Basinger	38:59
13-Mike Plummer/WVTC	33:40	40-Rich Fishbaugh/Cal	36:31	67-Joe Schieffer/Un	38:04	94-Karl Machschefes/Un	39:07
14-Greg Mandanis/WDS	33:45	41-Geoffrey Kurland/Un	36:37	68-Brian Newell/NVRC	38:07	95-Brad Meegan/ShamTC	39:07
15-Jim Bowles/WVTC	34:08	42-David Smith/Cal	36:38	69-Marco Martin/PMK	38:08	96-Pat Cunneen/PMK	39:10*
16-Gerry Capron/Cal	34:20	43-Andy Harris/CSUS	36:38	70-Jeff Houston/Cal	38:10	***WOMEN***	
17-Doug Haake/Cal	34:25	44-Tom Bennett/PMK	36:41	71-Tim Chavez/WDS	38:12	86-Judy Leydig/WVTC	38:38
18-Kim Schaurer/TAM	34:33	45-Norm McAbee/PMK	36:42*	72-Mike Kimberling/MVS	38:12	107-Joan Ulyot/WVTC	39:21
19-Mike Conroy/ETC	34:39	46-Wayne Plymale/PMK	36:51	73-Al Stanbridge/PMK	38:15	111-June Chun/Hawaii	39:40
20-Phillip Kay/Un	34:48	47-Bill Jensen/PMK	36:55*	74-Christian Niehoff/Un	38:17	134-Cindy Olavarri/Un	40:23
21-Mike Fanelli/PMK	34:58	48-Tom Mota/LMJS	37:00	75-David Inners/Un	38:20	139-Susan Coppock/DHPFAC	40:46
22-Mike Stanfield/Cal	35:00	49-Greg Thomas/Un	37:03	76-Larry Guinee/AA	38:20	142-Joni Pagala/Hawaii	40:53
23-Thomas Kennedy/Un	35:01	50-John Anderson/Un	37:05	77-Gough Reinhardt/LVRC	38:21*	161-Betsy Shaw/Un	41:34
24-Richardo Bray/CSUS	35:05	51-Ray Batz/PMK	37:09*	78-Bill Brusher/BASC	38:21	162-Andrea Carvey/CSUS	41:34
25-Steve Ellis/CSUS	35:06	52-George Ridout/TAM	37:11	79-Bill Bugler/Un	38:29*	163-Margaret Hockaday/HI	41:40
26-Tim Sweezy/Un	35:15	53-Michael Brown	37:20	80-Tom Martz/DSE	38:30	171-Cindy Haney/Hawaii	42:02
27-Dennis Gustafson/SFPAC	35:25	54-Tom Aldana/Un	37:24	81-Walter Cambra/Un	38:31	179-Ulla Root/DSE	42:14

PINOCCI RIPS GOOD FIELD AT PA-AAU 30K (Nov. 13, Stockton): - After having graduated from college, Mike Pinocci seemed to like running longer distances better, and if the past few months are any indication, you can expect a lot to be heard from Mike in the next year. At the District 30-Kilo Championships, he turned back a very talented field to win quite easily in 1:36:02. Wayne Badgley finished second, a quarter-mile behind, in 1:37:22, while 2:14 marathoner Brian Maxwell was content for third (1:38:31). Jan Sershen (1:39:02) and Fritz Watson (1:39:15) also dipped under the magic 1:40 barrier. Ulrich Kaempf showed his versatility by moving up from the shorter distances, which he has been running most of the fall, to capture the masters title from Ray Menzie, 1:49:02 to 1:50:42. The women's competition was weaker than usual, and Diane Williams' 2:10:40 was good enough to win the title by an eight minute margin! Martha Maricle annexed the women's over-40 title with a 2:23:08, finishing third overall among the fair sex. The West Valley TC pulled off a double team victory, easily winning the senior men's title over Livermore Valley RC (by some ten minutes per runner), and then just barely edging the Pamakid masters in an extremely exciting battle. Only ten seconds separated the total team times of the two clubs, and to make things even a bit more exciting, the Buffalo Chips were another 70 seconds back in third place. In conjunction with the 30K Championships, the sponsoring Sundance T.C. held a 3-mile race too. Henry Perez had a tight battle with John Clary, whose 14:51 was just five seconds back of the winner. Teri Hagerty raced a good 17:33 to run away with the women's race, with Karen Diekmeyer back at 19:15 in second. Seems that all the masters of note ran the 30K, as Ray Mahannah (who is over 60) grabbed the first-place prize with an 18:50...178 finished the race, and 149 finished the 30K Championships. /Frank Hagerty/ ---3 mile results below; 30K results on opposite page---

1-Henry Perez/SUND	14:46	10-Scott Robertson/Un	16:48	19-Anthony Pacheco/SM	17:31
2-John Clary/WVJS	14:51	11-Russell Seyfried/Un	16:48	20-Daniel Fitch/Un	17:32
3-Jeff Baker/SUND	15:13	12-Kevin Boston/SUND	17:12	21-Henry Bertulert/Un	17:32
4-Rick Baker/SUND	15:17	13-Craig Wells/SUND	17:12	22-Teri Hagerty/SUND	17:33
5-Jack Dixon/SUND	15:23	14-Max Perez/SUND	17:15	23-Tony Carvalho/DeltaJC	17:34
6-Richard Stiller/WVJS	15:34	15-Ken Wright	17:17	24-Allen Cooper/Un	17:37
7-Tom Burns/Un	15:40	16-Michael Simas	17:26	***WOMEN***	
8-Dave Swan/SUND	15:51	17-David Jimenez	17:30	22-Teri Hagerty/SUND	17:33
9-Dan Williams/UNK	16:18	18-George Barraza/MerTC	17:31	26-Karen Diekmeyer/SUND	19:15



Ulrich Kaempf, winner of the PA-30K Masters title (shown at Livermore). /John Sheretz/

(AUTUMN RIDGE RUN...Cont'd)	7-Don Dugdale/MPAC	70:18	14-James Saldivar	73:13	21-Jeff Tindall	76:29
1-Joe Salazar/SJCC	8-Bob Malain/BC	71:46*	15-Bill Flodberg/WVJS	73:53*	22-Carl Martin/WVJS	77:42*
2-Nick Nickols/Hollister	9-Ross Rowley/SUNC	71:49	16-David Bartholomew	73:57	23-Garrett Grant	78:24
3-Tom Cathcart/LVRC	10-Bob Trocha	72:06	17-Mike Niles	74:30	24-Ed Jerome/TRAC	78:29
4-Keith Kruse/Un	11-Roy Scellato	72:17	18-William Jenkins	74:57	25-C. Bannan	79:08
5-Steve Marks	12-Roger Remedios	72:49	19-Glen Richardson	75:10	***WOMEN***	
6-Jerry Lewis/TRAC	13-Sonny Reynaga/WVTC	73:12	20-Jim Wurf	76:12	67-Edie Matthews	98:57

MAXWELL WINS CUP & SAUCER RUN; MASTERS RUNNERS DOMINATE FIELD
 (Oct. 20, Napa): - Cal's distance coach, Brian Maxwell, had an easy time of it at the 8.7 mile Cup & Saucer Run, chugging to a 44:54 victory (record is 44:15 by Pete Flores last year) over Darryl Beardall (46:45). Darryl lowered his own record from the previous year by a whopping 47 seconds (maybe you get better as you get older?). Masters runners gobbled up the next two places as Ross Smith (47:52) and Mike Healy (49:22) shut out the kids. As a matter of fact, there was only one other runner under 30 in the top ten places besides Maxwell, and that was John Meyers in ninth! Catherine Smith was first woman finisher in 65:47, but we don't have any records so we don't know if that's the best on the books. Catherine is also over forty. Karen Gallagher was nearly a full minute behind for runnerup spot. Some 55 runners made this a nice 'uncluttered' race. /Brian Newell; R. Bryan/

1-Brian Maxwell/BASC	44:54	9-John Meyers	51:02
2-Darryl Beardall/TAM	46:45*	10-Grady Wright	51:06
3-Ross Smith/WVJS	47:52*	11-Robert Felsch	51:24
4-Mike Healy/TAM	49:22*	12-Dave Cargill	51:51
5-Larry Pugh	49:27	13-Keith Golding	52:01
6-Lou Daugherty	49:44	***WOMEN***	
7-Jim Engle/TAM	49:50*	35-Catherine Smith	65:47*
8-Roger Bryan/WVJS	50:20*	38-Karen Gallagher	66:43

MAXWELL IS SURPRISE WINNER AT PEPSI 20-MILER (Nov. 27, Clarksburg): - Jim Nuccio was well on his way to becoming the 1977 Pepsi-20 winner having passed the turnaround point with a big lead. But the 'call of nature' beckoned on the return trip, and by the time Jim got his pants up, Brian Maxwell had made up the lost ground. He had not seen him dash into the bushes, and when he turned to see Jim running on his shoulder, he made that extra effort and pulled to an 11-second victory, made mostly in the last mile (or so we hear). Brian's 1:45:09 was well off of Steve Dean's 1:43:44 mark of 1975. Had it not been for the pit-stop, Nuccio would probably have had it with ease. The next two spots were filled by sub-masters Jan Sershen (1:46:28 record) and Fritz Watson (1:46:47). Last year's winner, Pete Flores, was fifth in 1:47:52. Darryl Beardall took a fairly close victory over still-dangerous Ross Smith, 1:56:04 to 1:56:39, in the masters division. Jim O'Neil's 1:58:23 was third. He was first in the 50-and-over division. Ann Trason, entered unofficially, ran a 2:03+ clocking which was faster than Tina Anex's winning time of last year. Kathy Himmelberger was the first official

1-Brian Maxwell/BASC	1:45:09	33-Rick Brown/SRRC	1:56:09
2-Jim Nuccio/WVTC	1:45:20	34-Jim Casper	1:56:12
3-Jan Sershen/ETC	1:46:28	35-Tom Standing	1:56:21
4-Fritz Watson/WVTC	1:46:47	36-Mike Wheeler	1:56:23
5-Pete Flores/AGRC	1:47:52	37-Kevin Kirby/AGRC	1:56:34
6-Dennis Rinde	1:48:31	38-Ross Smith/WVJS	1:56:39*
7-Michael Van Horn	1:50:05	39-Chris Little	1:56:57
8-Bruce McInturf	1:50:15	40-Adam Ferreira	1:57:01
9-Tim Farrell	1:51:10	41-Walt Lange/BC	1:57:34
10-Tom Laris/WVTC	1:51:14	42-Peter Demarais	1:57:42
11-Art Baudendistel	1:51:51	43-Michael Conroy/ETC	1:57:46
12-Gary Goettelmann/WV	1:52:03	44-Bob Myers/PMK	1:57:51
13-Jim Barker/WVTC	1:52:08	45-Bert Johnson	1:57:57
14-John Swift	1:52:10	46-Jim Hopkins	1:58:14
15-Tim Donovan	1:52:25	47-Jim O'Neil/SFOC	1:58:23*
16-Tom O'Neil/BC	1:52:47	48-Doug Butt/WVTC	1:58:23
17-Nick Nickols/HHS	1:52:51	49-Patrick Buzbee	1:58:37
18-Chris Hamer/WVTC	1:53:03	50-Bob Bourbeau/WVJS	1:58:37*
19-Jan Makowski	1:53:25	51-Tony Baccelli	1:58:54
20-David Dunbar	1:53:37	52-Doug Rennie/BC	1:59:05
21-Greg Jewett	1:53:55	53-Dennis Gustafson	1:59:07
22-Ron Barker	1:54:07	54-Ken Harvey	1:59:26
23-David Kiley (whlchr)	(2:04:07)	55-Abraham Sun	1:59:31
24-Mike Smith/WVTC	1:54:15	56-Paul B. Hamilton	1:59:33
25-Michael Buzbee	1:54:43	57-Ralph Anievas	1:59:39
26-Bradley Brown	1:55:13	58-Jay Cook/WVTC	1:59:43
27-David Bronzan/HSTC	1:55:15	59-Frank Lemus	1:59:47
28-Paul Thompson	1:55:24	60-Larry Pugh	1:59:48
29-Michael Gulli	1:55:33	61-Rodney Mowbray	2:00:09
30-Terry Hughes	1:55:52	62-Chris Samson	2:00:22
31-Mike Wright	1:55:58	63-Keith Kruse	2:00:31
32-Darryl Beardall/TAM	1:56:04*	64-Bill Gregg	2:00:32



Start of this year's Pepsi 20-Miler, which saw a whopping 1081 finishers! /Photo by Lani Bader/

woman finisher at 2:17:34. She had nearly a four-minute margin over Ruth Anderson's 2:21:13, and Ruth, naturally, took top honors in the over-40 women's division. Nick Nickols of Hollister High School was the first finisher in the junior/senior division. He was timed in 1:52:51. He had a big lead over Chris Little's 1:56:57. In the high school sophomore division, Mike Warr's 2:03:36 took top honors, while Britt Brewer of Chico was an easy victor in the age 12 to ninth grade division, although his time of 2:03:49 was not a division record. H.G. Ainsleigh set a division record for 'heavyweights' with his 2:18:47. John Foley took command of the 11-and-under group with his 2:25:56 clocking. There was even a special wheelchair handicap division that got off to a 10-minute headstart. That didn't seem like much, but the top finisher in that division, David Kiley, had an actual elapsed time of 2:04:07, while finishing 24th overall! Now that is pretty impressive I think, especially considering the course is next to dead flat! So, another successful Pepsi-20 is now history. I'm sure the runners feel the same way when we call this one of the very best in NorCal. /Elaine Hocking, Paul Reese/

65-Bill Andrews	2:00:34	97-Ricky Buck	2:03:57
66-Perry Linn	2:00:36	98-Stan Suderow	2:04:05
67-Sonny Reynaga/WVTC	2:00:42	99-Jim Carr	2:04:07
68-Ed Nicholson	2:00:43	100-Jack Zarkarian	2:04:10
69-Robert Hedges	2:00:47	***MASTERS***	
70-William Jenney	2:01:01	107-Mike Healy/TAM	2:04:40*
71-Robert Wellck/WVJS	2:01:04*	147-Richard Keene/NCS	2:08:08*
72-Tom Hayes	2:01:11	150-Ted Wilson/Un	2:08:22*
73-Michael Garrett	2:01:15	163-Bob Lualhati/NCS	2:09:27*
74-Dan Houchell	2:01:15	164-Joe Sloan	2:09:29*
75-Richard Martinez	2:01:24	166-John Graham	2:09:33*
76-Paul Holmes/BC	2:01:56*	172-Myron Neuraumont	2:09:56*
77-Abe Underwood/BC	2:02:05	181-Dieter Diekmeyer	2:10:37*
78-Robert Coleman	2:02:13	184-Timothy Treacy/PK	2:10:42*
79-Kees Tuinzing/TAM	2:02:14	190-Walt Betschart/BC	2:11:12*
80-Jack Hackmann/VMTCC	2:02:26	192-Marvin Winer/WVTC	2:11:21*
81-Michael Deatherage	2:02:32	***WOMEN***	
82-Bob Costa	2:02:33	273-Kathy Himmelberger	2:17:34
83-Steve Finn	2:02:38	336-Ruth Anderson/NCS	2:21:13*
84-Frank Hutchinson	2:02:39	350-Carolyn Tiernan	2:22:35
85-Tom Arnez	2:02:57	358-Rita Scalise	2:22:58
86-Dan Williams	2:03:02	381-Gail Gustafson	2:25:02
87-Tom Hannickel	2:03:09	397-Karen Diekmeyer	2:26:09
88-Dennis Dillie	2:03:12	406-Elaine Miller/PK	2:26:47
89-Douglas Latimer	2:03:25	417-Betsy Giannini	2:27:46
90-Harold Crangle	2:03:27	443-Eileen Burger	2:29:25
91-Scott Molina	2:03:33	450-Janet Calmels/PMK	2:29:56
92-Mike Warr	2:03:36	458-Lucy Shapiro	2:30:37
93-Frank Turner/Clfx	2:03:39	469-Ellen Sadofsky	2:31:15
94-Dennis Kroll	2:03:44	470-Pat Whittingslow	2:31:19
95-Britt Brewer/CRC	2:03:49	492-Sue V-Brusher	2:32:10
96-Jim Bowles/WVTC	2:03:49	514-Merill Cray/CRC	2:33:23

EDITOR'S NOTE: - You're probably wondering if we changed typeface all of a sudden on this and the last page (#46). - Well, along about 4 a.m. on Saturday morning, all of a sudden...whamo! The drive cable in my electric typewriter decided it was fatigued and snapped in two. So, since the deadline for the printer was Monday morning, and the IBM service center didn't open until then, I proceeded to borrow another typewriter (also electric) on Saturday from Dave Shrock. However, after sleeping most of Saturday away and starting up again that evening, I discovered that the carbon ribbons had a bad coating and wouldn't work properly...all the stores were then closed! So, the reason this seems darker than the opposite page is because I'm using a fabric ribbon. We'll see if it's easier to read once it's reduced 70%. Heck, maybe we'll stay with this type of ribbon if it looks better. Any comments on aesthetics can be directed to the editor!

LEYDIG OUTLASTS HEHNER AT SPRING LAKE WOMEN'S 10-KILO (Dec. 3, Santa Rosa): - Maintaining the lead she had established on the first of two laps at this first annual women's-only event, Judy Leydig went on to win a hard-earned victory over 1976 NCCR "Point Champion", Sharon Furtado-Hehner. Her 37:39 time works out to 6:04's, while Hehner's 37:46 is a second per mile slower. Marilyn Taylor made it a clean sweep for the West Valley Track Club as she grabbed third place in 39:03. Kathryn Rankin of Healdsburg, who had won the Empire 15-Kilo last month, was fourth in 39:38, and Sheila Maskovich came all the way down from Arcata to also dip under 40 minutes with 39:52. Ruth Anderson's 41:15 led the masters competitors and was also good enough for sixth place overall. Caron Schaumburg (41:31) led all finishers in the 30-39 group. A very well-conducted and attended race that will obviously draw larger fields in the future, despite its being a bit out of the way for Bay Area runners. A total of 80 runners finished the race. /Teresa Jenkins/

1-Judy Leydig/WVTC	37:39	12-Linda Coon/MSJHS	43:05	23-Donna Chavez	48:52
2-Sharon Hehner/WVTC	37:46	13-Derry Elijah	43:15	24-Louisa Fraser	49:09
3-Marilyn Taylor/WVTC	39:03	14-Liana Wilson	43:26	25-Sandy McDade	49:21
4-Kathryn Rankin/ER	39:38	15-Liz Kemp	44:17	26-Donna Crowley	49:39
5-Sheila Maskovich	39:52	16-Noel Schumacher	45:25	27-Karen Gallagher	49:41
6-Ruth Anderson/NCS	41:15*	17-Margaret Oakes	45:54*	28-Lynn Davis	49:47
7-Bekkie Simmie/ER	41:21	18-Colleen Fox	46:26	***MASTERS***	
8-Caron Schaumburg/ER	41:31	19-Garima Hoffman	46:46	6-Ruth Anderson/NCS	41:15*
9-Gail Campbell/WVJS	42:19	20-Candy Brehmer	46:51	17-Margaret Oakes	45:54*
10-Nancy Pannell	42:56	21-Jan Vincent	48:12	30-Barbara Easterling	50:31*
11-Kim Daniels	42:57	22-Diane Schrock	48:39	48-Edie Roland/ER	53:41*

BERRY AND O'NEIL WIN HALF-FARE TO JR. INTERNATIONAL TRIALS (Dec. 4, Belmont): - Rod Berry, who was out most of the early season due to mono, and Tom O'Neil, a frosh at Stanford, both 'ran for the money' and received half airfare to the Jr. Internat'l Trials by virtue of their one-two finish at the PA Jr. 10K here. Funds come from the PA-AAU LDR Travel Fund. Warm weather was not conducive to fast times, but Berry's 32:51 was still plenty quick on this taxing course. Defending WVTC had a tough battle with Camino West, as they again took the team title, 2:50:07 to 2:50:36. Woodside Striders were third at 3:02:54. A small but talented field saw only 38 finishers this year. /Jack Leydig/

1-Rod Berry/WVTC	32:51	15-Dan Martinez/WDS	35:26
2-Tom O'Neil/BC	32:59	16-Ken Hurst/WVTC	35:41
3-Dan Harvey/CW"A"	33:24	17-Mike Gulli/Uri-Skyline	36:13
4-Chris Hamer/WVTC	33:36	18-Ray Castro/WDIS	36:15
5-Paul Burke/WVTC	33:45	19-David Cortez/WDS	36:27
6-Rick Pincombe/CW"A"	33:47	20-Kevin O'Connor/CW"A"	36:56
7-Bob Paulin/CW"A"	34:06	21-Eric Munoz/Un	37:07
8-Bob Love/CW"A"	34:34	22-David Smith/BASC	37:15
9-Doug Avrit/CW"A"	34:46	23-Ray Wieand/WDS	37:15
10-Craig Hochhaus/WVTC	34:56	24-Marcus Jones/WDS	37:30
11-Glenn Dean/CW"B"	34:57	25-Tracy Booth/Sierra	37:38
12-Joe Green/WVTC	34:59	26-Glenn Sutor/Sierra	38:02
13-Joe Salazar/SJCC	35:03	27-Ian Waters/CW"B"	38:11
14-Gil Dean/CW"B"	35:09	28-John Hoch/CW"B"	38:33

JOHN MORSE WINS MISTY REDWOOD RUN; BRIAN MAXWELL IS FAST-TIME WINNER (Dec. 11, Oakland Hills): -

Thirteen year old John Morse took full advantage of his ten-minute handicap and ran off with a minute victory in the First Annual Misty Redwood Run. The 7.6-mile course, which ran along canyon streams through dense forests was held in Redwood Regional Park (Oakland) and co-sponsored by the Alameda County Lung Association and East Bay Regional Park District. Fastest time of the day went to Brian Maxwell at 42:46, although he finished only seventh overall. Kent Guthrie had the fastest time (scratch) for a master at 45:17, which was good enough for the fifth fastest scratch time overall. Phyllis Olrich did 53:27 to easily win the fast-time award for women, with teammate Carolyn Tiernan next at 56:10. A total of 152 runners completed the testing course. Following are the top finishers, with actual time listed (handicap in parentheses). /Bill Bgeelow/

1-John Morse (10)	48:21	8-Bob Martinez (5)	49:19
2-Danny Martinez (5)	44:25	9-Pat Scannell (5)	49:35
3-Kent Guthrie/WVJ (5)	45:17*	10-Dave Boyet/AGRC (0)	44:59
4-Bob Malain/BC (10)	50:19*	11-Ray Mahannah (15)	60:03*
5-Scott Molina/DLS (5)	46:50	12-Mike Plummer/WV (0)	45:17
6-Sharon Yaninek (15)	57:20F	13-Mike Duncan/WVTC (0)	45:27
7-Brian Maxwell (0)	42:46	14-Bryan Tracy/AGRC (0)	45:41
		15-Ray Cooper (5)	50:42
		16-Paul Thompson (0)	45:58
		17-Jim Chaney (10)	55:59
		18-Chris Svendsgaard(0)	47:05
		19-Steve Callahan (10)	57:08
		20-Mary Ann Morse (15)	62:09F
		21-Ed Healy (5)	52:19*
		22-Danny Greco (5)	52:26
		23-Stacey Kearns/PBP(10)	57:32F
		24-Bryan Holmes/WVJ (5)	52:49*
		25-Phyllis Olrich/WV (5)	53:27F
		26-Joe Scarborough (5)	53:46*
		27-Charlie Eriksson (0)	49:40
		28-Bill Spence/WVTC (0)	49:44
		29-Bob Coleman (0)	49:55
		30-Marty Maricle/NCS(10)	60:13F
		31-Glenn Gaesser/WV (0)	50:18
		32-Chris Manning (10)	60:47F
		33-Carolyn Tiernan/WV(5)	56:10F
		34-Per Aagard (0)	51:19
		35-Line Johansen (10)	61:22F
		36-Jon Johansen (0)	51:22
		37-Roy Lambertson (5)	56:44

Judy Leydig at end of first lap on her way to victory at Spring Lake Women's 10-Kilo. /Sheretz/



Start of the Misty Redwood Handicap Run (7.6 Miles) in the Oakland Hills. /Mac Slee Photo/

JAN REMAK A SURPRISE WINNER AT CAMPBELL DECEMBERFEST (Dec. 11, Campbell): - Lewis & Clark College's Jan Remak broke away from the field after several miles into the race and had little trouble lengthening his margin over the closing stages to win handily in 29:38. Runnerup Steve Brooks, a graduate of Stanislaus State, was second, several hundred yards back, in 30:13. Darren George's 30:20 slipped in for third. Resurgent Ken Napier, preparing for the indoor season and the Examiner Games, took the masters division by over a minute, clocking 33:47 over the flat 6-miler. Myron Neuraumont of Fremont followed in 34:58, just edging out 50-year-old Carl Martin by a second. Roxanne Bier of the San Jose Cindergals by way of Independence High in San Jose, proved easily the class of the field as she blitzed to a 34:11 clocking, leaving Marilyn Taylor over two minutes to the rear at 36:33. Maria King finished next in 36:37, although her and Marilyn's times may be questionable since the editor saw the race and the gap was clearly more than four seconds on the tape...maybe unofficial runners fouling up the finishline again? Maria was tops in the 14-and-under women's division. Rich Read of WVTC and Mission San Jose was seventh overall in winning the high school (15-18) division with a fine 30:45, while Ed Tico took 31:56 for second. C. Acosta proved the fastest over J. Saldivar in the boys' 14-and-under race, 34:30 to 34:36. (Your editor would like to call runners by their first names, but many meet directors still fail to print full names in the results...the only way to change this is to have runners make known to meet directors their displeasure with this method. I don't know everyone's first name, and I'm sure our readers don't. For a standardized method of printing up race results, please see this issue's "This & That" section. Also, this race only listed finish place by division, with no place numbers at that...only order of finish. I simply don't have time to re-order the results by overall order of finish, so I've listed results by division below.) /Robert Culp/

BOYS' 14/UNDER		6-Bill Hotchkiss	34:57
1-C. Acosta	34:30	7-Myron Neuraumont/Un	34:58*
2-J. Saldivar	34:36	8-D. Zocchi	35:42
3-N. Bernal	35:59	9-Bob Blonder/WVJS	35:49
4-K. Aperson	36:08	10-John Ulate	35:55
5-V. Jajewski	36:35	11-T. Higgins	36:08
BOYS' 15-18		12-Ed Tico/WVJS	36:11
1-Richard Read/WVTC-MSJ	30:45	13-D. Tovas	36:13
2-Ed Tico/WVJS	31:56	14-John McCrillis	36:42
3-Pat Shaughnessy/WVTC	32:02	15-J. Ham	36:45
4-E. Flory	32:57	16-J. Strong	36:49
5-G. Aguirol	33:03	17-Maynard Orme	37:01*
6-C. Cummings	33:06	18-G. Covell	37:26
7-J. Colvin	33:15	19-B. Comport	37:30
8-R. Vamora	33:45	20-J. Wedgwood	37:40
9-R. Canales	33:53	***MEN 50/OVER***	
10-S. Larson	33:55	1-Carl Martin/WVJS	34:59*
11-R. Radovich	33:57	2-Don Lucero/WVTC	37:16*
MEN 19-34		3-Keith Campbell/WVJS	37:24*
1-Jan Remak/Lewis & Clark	29:38	4-J. Elliott	40:03*
2-Steve Brooks/Un	30:13	5-Otto Sommerauer/PMK	40:28*
3-Darren George/AIA	30:20	***GIRLS' 14/UNDER***	
4-Tim Minor/MPC	30:36	1-Maria King/SJC	36:37
5-Tim Chai	30:44	2-A. Heimbecker	36:58
6-Jim Tracy/ETC	30:45	3-Kathy Demmelmaier/SJC	37:24
7-Bruce Rider/WVJS	30:52	4-Mary Gaffield/PMK	39:46
8-Roy Hoglund/CW	31:26	5-S. West	40:21
9-G. Galloway	31:42	***GIRLS' 15-18***	
10-Dan Cruz/CW	31:47	1-Roxanne Bier/SJC	34:11
11-J. Barrigan	31:56	2-J. Fox	37:24
12-Wayne Glusker/WVTC	32:01	3-Vicky Bray/SJC	38:28
13-S. Tamagari	32:39	4-Deena Pearson/SLVHS	39:17
14-A. Lewis	32:48	5-L. Blake	40:10
15-M. Niles	32:51	***WOMEN 19-34***	
16-J. Thias	33:08	1-Marilyn Taylor/WVTC	36:33
17-T. Baker	33:20	2-K. Perkins	36:45
18-John Hellman/WVTC	33:33	3-Cindy Olavarri	37:16
19-Gary Alderman	33:46	4-Amy Haberman/WVTC	38:21
20-Don Dougdale/MPAC	33:49	5-Gail Campbell/WVJS	38:32
MEN 35-49		***WOMEN 35-49***	
1-Homer Latimer/Un	30:52	1-J. Fox	38:33
2-Bill Meinhardt/WVJS	32:23	2-D. Young	40:26
3-John Weidinger/ETC	32:54	3-Ruth Waters/NCS	40:28*
4-Tim Rostege/WVTC	33:11	4-Myrrha Eberly	40:54*
5-Ken Napier/WVJS	33:47*	5-Carroll O'Conner/NCS	43:06*

QUINTANA HUSTLES TO SHORELINE PARK VICTORY (Dec. 17, Mt. View): - WVTC's Ted Quintana sped to a 24:49 clocking on a rainy morning over an approximately 4.8 mile course. The original 5-mile distance was shortened at the last minute when wet ground made it necessary to alter the course slightly. Dave Royal of Petaluma High ran a strong second at 25:21, while Mike Plummer, Ted Quintana's West Valley teammate, clocked 25:57 for third. In the over-40 category, fast-improving Ken Paul pushed Jerry Lewis to a 27:42 clocking, with Ken finishing only 16 seconds behind...2:44 marathoner John Armstrong grabbed a 28:59 in third. Celia Peterson impressed with a swift 28:19 to easily defeat Cindergal standout Vicky Bray, who although admittedly a bit off her usual form, still managed a solid 29:00 performance. James Saldivar took a 15-second margin of victory over Rich Hanna to claim the grade school title with a quick 27:32. In a very successful first-year turnout, 189 sloshed to the finishline in the Mountain View Jaycees' sponsored event. Not bad at all considering they had to contend with the Christmas Relays on the next day (that drew 1750+ entries). /Norm Shaskey/

1-Ted Quintana/WVTC	24:49	31-Robert Cummings/WVTC	28:48
2-Dave Royal/Petaluma HS	25:21	32-Tim Chalmers	28:51
3-Mike Plummer/WVTC	25:57	33-Robert Smith	28:56
4-Frank Goss	26:22	34-Ricky Smith	28:58
5-Rudy Balli/Petaluma HS	26:25	35-John Armstrong	28:59*
6-Frank Paula	26:30	36-Vicky Bray/SJC	29:00
7-Robert ??	26:39	37-Ken Apperson	29:08
8-Dan Powers	26:48	38-John McCrillis	29:09
9-David Garcia	26:52	39-Steve McCain	29:10
10-Chris Hickey	26:57	40-Gary Todd	29:13
11-Wayne Plymale/PMK	27:01	41-Marshall Clark/Stan	29:24*
12-Bo Long	27:10	42-Richard Huerta	29:25
13-Jim Doran	27:15	43-John Warren	29:31
14-Ray Orwig/WVTC	27:20	44-Walter Radloff	29:36
15-Jose Felan	27:24	45-John Carey	29:39
16-William Jenkins	27:30	46-Geoff Schork	29:39
17-James Saldivar	27:32	47-Jim Chaney	29:45
18-Joe Quesada	27:36	48-Bob Butchart/PMK	29:57
19-Jerry Lewis/TRAC	27:42*	49-Dan Fitzsimmons	29:58
20-Rich Hanna	27:47	50-Patrick Doyle	30:01
21-Ken Paul/WVTC	27:58*	51-Joe Hutchins	30:16
22-Richard Pearson	27:59	52-Greg Evans	30:14
23-Kurt Sterling	28:00	53-Michael Korbholz	30:23*
24-Scott Brock	28:01	54-Joaquin Duarte	30:26
25-Dale Nelson	28:03	55-Mark Ausbrooks	30:27
26-Allen Flemming	28:16	56-Michael Cruddas	30:28
27-Celia Peterson	28:19	57-Don Peterson	30:32*
28-Chris Freckmann	28:24	58-Gregg Harvey	30:37
29-Walter Tijiboy	28:36	59-Don Barber	30:38
30-Terry Higgins	28:42	60-Robert Smith	30:41

LATE GNUS



gnu (4 1/2 ft. high at shoulder)

Editor's Note: - We've had a couple of readers ask... "What is a GNUS?" Well, according to Webster's, it's the hairy animal to the left, pronounced noos. If you check the dictionary, the word NEWS has the same pronunciation! So if you say it and don't look at it, it's all the same thing...and much prettier than the beast at the left. Ahh, the wonder of the English language!

NOW, ON TO THE GOOD STUFF: - We still do not have the results of a couple of big road races, so we can't print them up...pretty smart, eh? If anyone has the results of the New York City, Hawaiian or Culver City Marathons, please send them right away. We don't have the Livermore Marathon results yet either, but expect to have them shortly. Fritz Watson won that one in a big PR 2:21 (running solo the entire way), about two miles ahead of his nearest competitor. The UAL Friendship Races (30K & Relays) we may never print because of the problems (see 'Letters to the Editor' this issue). We'll see if we ever get results at all! The 100-Kilo we have only partial results on...anyone have complete results? In the Hawaiian (Honolulu) Marathon, won by Jeff Wells in something under 2:20, Sundance TC's Wayne Badgley took second in a star-studded field of 3000 runners in 2:20 and some change. Nice going Wayne! The Christmas Relays proved another success with 250 7-person teams! At publication time we were still working on the splits...so hang tight for a full report next issue. Athletes in Action came up from L.A. to win in 4:14:42, well off the record. Camino West and Aggie RC took 2nd and 3rd...WVTC missed an exchange and got only 4th. San Jose Cindergals took a 30-second victory over WVTC's women.

HAPPY GNU YEAR!